

1 - ONMK 2016 kb sessie 1

21-01-2016 - 13:30

Programmanr. 1

Heren, 1500m vrije slag

Masters Open
Resultaten

21-01-2016 - 13:30

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Jeffrey Camphens	DWT	17:57.40	199503113	17:39.95	+0,56
	50m: 31.21	31.21	450m: 5:09.19	34.88	850m: 9:52.73	35.90
	100m: 1:05.37	34.16	500m: 5:44.24	35.05	900m: 10:29.04	36.31
	150m: 1:39.82	34.45	550m: 6:19.49	35.25	950m: 11:05.47	36.43
	200m: 2:14.67	34.85	600m: 6:54.76	35.27	1000m: 11:41.44	35.97
	250m: 2:49.65	34.98	650m: 7:30.16	35.40	1050m: 12:17.23	35.79
	300m: 3:24.54	34.89	700m: 8:05.99	35.83	1100m: 12:53.32	36.09
	350m: 3:59.49	34.95	750m: 8:41.39	35.40	1150m: 13:29.82	36.50
	400m: 4:34.31	34.82	800m: 9:16.83	35.44	1200m: 14:05.09	35.27
2.	Pieter Pijnenburg	De Warande	18:20.07	199305227	18:10.78	+0,73
	50m: 30.67	30.67	450m: 5:16.85	36.27	850m: 10:11.86	37.03
	100m: 1:05.19	34.52	500m: 5:53.47	36.62	900m: 10:48.85	36.99
	150m: 1:40.56	35.37	550m: 6:30.03	36.56	950m: 11:25.75	36.90
	200m: 2:16.43	35.87	600m: 7:07.07	37.04	1000m: 12:02.59	36.84
	250m: 2:52.13	35.70	650m: 7:43.88	36.81	1050m: 12:39.93	37.34
	300m: 3:28.05	35.92	700m: 8:20.95	37.07	1100m: 13:17.42	37.49
	350m: 4:04.44	36.39	750m: 8:57.86	36.91	1150m: 13:53.79	36.37
	400m: 4:40.58	36.14	800m: 9:34.83	36.97	1200m: 14:31.38	37.59
3.	Arjen Zijlstra	Hydrofiel	21:51.06	199203309	21:37.37	+0,75
	50m: 32.13	32.13	450m: 6:09.97	43.92	850m: 12:05.42	44.93
	100m: 1:10.13	38.00	500m: 6:54.36	44.39	900m: 12:49.02	43.60
	150m: 1:49.90	39.77	550m: 7:38.63	44.27	950m: 13:33.71	44.69
	200m: 2:31.80	41.90	600m: 8:23.02	44.39	1000m: 14:18.07	44.36
	250m: 3:14.69	42.89	650m: 9:07.46	44.44	1050m: 15:02.53	44.46
	300m: 3:57.94	43.25	700m: 9:52.02	44.56	1100m: 15:47.90	45.37
	350m: 4:41.37	43.43	750m: 10:36.72	44.70	1150m: 16:32.58	44.68
	400m: 5:26.05	44.68	800m: 11:20.49	43.77	1200m: 17:17.06	44.48
4.	Daniel van den Wildenberg	Eurode KZC	23:09.39	199206491	23:15.44	+0,70
	50m: 36.03	36.03	450m: 6:36.40	47.55	850m: 12:57.68	48.97
	100m: 1:17.51	41.48	500m: 7:23.31	46.91	900m: 13:46.39	48.71
	150m: 2:01.76	44.25	550m: 8:10.35	47.04	950m: 14:33.74	47.35
	200m: 2:47.09	45.33	600m: 8:58.11	47.76	1000m: 15:22.43	48.69
	250m: 3:31.76	44.67	650m: 9:44.99	46.88	1050m: 16:10.97	48.54
	300m: 4:17.24	45.48	700m: 10:33.19	48.20	1100m: 16:58.99	48.02
	350m: 5:03.02	45.78	750m: 11:21.24	48.05	1150m: 17:46.29	47.30
	400m: 5:48.85	45.83	800m: 12:08.71	47.47	1200m: 18:34.65	48.36
5.	Danny Vochtelo	ZZG De Boskikkers	24:55.89	199207251	24:37.07	+1,18
	50m: 44.91	44.91	450m: 7:18.70	50.46	850m: 13:55.95	49.47
	100m: 1:30.87	45.96	500m: 8:08.55	49.85	900m: 14:45.51	49.56
	150m: 2:19.55	48.68	550m: 8:58.40	49.85	950m: 15:34.41	48.90
	200m: 3:09.24	49.69	600m: 9:48.25	49.85	1000m: 16:23.75	49.34
	250m: 3:58.89	49.65	650m: 10:37.97	49.72	1050m: 17:12.77	49.02
	300m: 4:48.95	50.06	700m: 11:27.30	49.33	1100m: 18:02.67	49.90
	350m: 5:38.57	49.62	750m: 12:16.92	49.62	1150m: 18:51.97	49.30
	400m: 6:28.24	49.67	800m: 13:06.48	49.56	1200m: 19:41.88	49.91

Masters 25+

1.	Tim Bunnik	Triton	17:59.42	199000505	17:45.77	+0,76
	50m: 30.01	30.01	450m: 5:16.51	35.90	850m: 10:03.19	35.28
	100m: 1:04.54	34.53	500m: 5:52.87	36.36	900m: 10:39.04	35.85
	150m: 1:40.60	36.06	550m: 6:28.57	35.70	950m: 11:15.05	36.01
	200m: 2:16.46	35.86	600m: 7:04.61	36.04	1000m: 11:50.76	35.71
	250m: 2:52.57	36.11	650m: 7:41.09	36.48	1050m: 12:26.90	36.14
	300m: 3:28.59	36.02	700m: 8:16.82	35.73	1100m: 13:01.85	34.95
	350m: 4:04.45	35.86	750m: 8:52.82	36.00	1150m: 13:37.21	35.36
	400m: 4:40.61	36.16	800m: 9:27.91	35.09	1200m: 14:13.22	36.01
2.	Wessel Everloo	De Veene	17:46.64	198906597	18:10.84	+0,96
	50m: 31.48	31.48	450m: 5:20.04	36.34	850m: 10:09.76	36.30
	100m: 1:06.55	35.07	500m: 5:56.85	36.81	900m: 10:46.96	37.20
	150m: 1:43.23	36.68	550m: 6:33.04	36.19	950m: 11:23.61	36.65
	200m: 2:19.07	35.84	600m: 7:09.59	36.55	1000m: 12:00.91	37.30
	250m: 2:55.34	36.27	650m: 7:46.35	36.76	1050m: 12:37.34	36.43
	300m: 3:32.56	37.22	700m: 8:20.76	34.41	1100m: 13:14.67	37.33
	350m: 4:08.32	35.76	750m: 8:58.70	37.94	1150m: 13:51.97	37.30
	400m: 4:43.70	35.38	800m: 9:33.46	34.76	1200m: 14:29.18	37.21

Programmanr. 1, Heren, 1500m vrije slag, Masters 75+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Rudolf Degenaar	PSV	30:55.89	193900033	31:32.28			
	50m: 54.88	54.88	450m: 9:24.06	1:03.49	850m: 17:51.17	1:04.14	1250m: 26:18.66	1:02.42
	100m: 2:00.40	1:05.52	500m: 10:27.58	1:03.52	900m: 18:53.53	1:02.36	1300m: 27:21.41	1:02.75
	150m: 3:06.26	1:05.86	550m: 11:31.64	1:04.06	950m: 19:57.37	1:03.84	1350m: 28:26.10	1:04.69
	200m: 4:10.08	1:03.82	600m: 12:34.79	1:03.15	1000m: 21:00.54	1:03.17	1400m: 29:29.51	1:03.41
	250m: 5:14.37	1:04.29	650m: 13:37.41	1:02.62	1050m: 22:05.12	1:04.58	1450m: 30:33.57	1:04.06
	300m: 6:16.02	1:01.65	700m: 14:41.20	1:03.79	1100m: 23:08.69	1:03.57	1500m: 31:32.28	58.71
	350m: 7:17.82	1:01.80	750m: 15:44.57	1:03.37	1150m: 24:10.32	1:01.63		
	400m: 8:20.57	1:02.75	800m: 16:47.03	1:02.46	1200m: 25:16.24	1:05.92		

Programmanr. 2
21-01-2016 - 16:55

Dames, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Lindi Verkooijen	ZC Aquadream	18:39.71	199503826	19:06.60	+0,65		
	50m: 32.80	32.80	450m: 5:32.89	38.07	850m: 10:40.95	39.17	1250m: 15:53.37	39.37
	100m: 1:09.11	36.31	500m: 6:11.01	38.12	900m: 11:19.55	38.60	1300m: 16:32.72	39.35
	150m: 1:46.34	37.23	550m: 6:49.16	38.15	950m: 11:58.59	39.04	1350m: 17:11.52	38.80
	200m: 2:23.85	37.51	600m: 7:27.54	38.38	1000m: 12:37.55	38.96	1400m: 17:50.48	38.96
	250m: 3:01.56	37.71	650m: 8:05.99	38.45	1050m: 13:16.88	39.33	1450m: 18:29.42	38.94
	300m: 3:39.34	37.78	700m: 8:44.69	38.70	1100m: 13:55.64	38.76	1500m: 19:06.60	37.18
	350m: 4:17.06	37.72	750m: 9:23.03	38.34	1150m: 14:34.35	38.71		
	400m: 4:54.82	37.76	800m: 10:01.78	38.75	1200m: 15:14.00	39.65		
2.	Moniek Heemsker	LZ 1886	19:16.70	199601964	19:17.59	+0,75		
	50m: 32.77	32.77	450m: 5:39.45	39.03	850m: 10:51.75	39.15	1250m: 16:06.04	38.45
	100m: 1:09.70	36.93	500m: 6:18.35	38.90	900m: 11:30.77	39.02	1300m: 16:44.71	38.67
	150m: 1:47.62	37.92	550m: 6:57.03	38.68	950m: 12:10.29	39.52	1350m: 17:22.96	38.25
	200m: 2:26.36	38.74	600m: 7:35.84	38.81	1000m: 12:50.14	39.85	1400m: 18:01.56	38.60
	250m: 3:04.87	38.51	650m: 8:14.92	39.08	1050m: 13:29.75	39.61	1450m: 18:40.03	38.47
	300m: 3:43.31	38.44	700m: 8:54.26	39.34	1100m: 14:08.97	39.22	1500m: 19:17.59	37.56
	350m: 4:21.62	38.31	750m: 9:33.70	39.44	1150m: 14:48.67	39.70		
	400m: 5:00.42	38.80	800m: 10:12.60	38.90	1200m: 15:27.59	38.92		
3.	Beau Rijpers	Swol 1894	19:56.47	199402638	19:50.81	+0,75		
	50m: 33.93	33.93	450m: 5:43.95	39.81	850m: 11:03.64	40.47	1250m: 16:28.57	40.69
	100m: 1:10.69	36.76	500m: 6:23.53	39.58	900m: 11:43.97	40.33	1300m: 17:09.15	40.58
	150m: 1:48.60	37.91	550m: 7:03.34	39.81	950m: 12:24.59	40.62	1350m: 17:49.96	40.81
	200m: 2:27.23	38.63	600m: 7:42.93	39.59	1000m: 13:04.89	40.30	1400m: 18:30.78	40.82
	250m: 3:06.05	38.82	650m: 8:23.01	40.08	1050m: 13:45.73	40.84	1450m: 19:11.48	40.70
	300m: 3:45.50	39.45	700m: 9:02.91	39.90	1100m: 14:26.40	40.67	1500m: 19:50.81	39.33
	350m: 4:24.81	39.31	750m: 9:43.31	40.40	1150m: 15:06.99	40.59		
	400m: 5:04.14	39.33	800m: 10:23.17	39.86	1200m: 15:47.88	40.89		
4.	Anouk Kuijlaars	PSV	20:13.35	199401700	20:20.79	+0,76		
	50m: 34.71	34.71	450m: 5:51.17	40.94	850m: 11:21.20	41.07	1250m: 16:53.96	42.12
	100m: 1:12.79	38.08	500m: 6:32.59	41.42	900m: 12:02.44	41.24	1300m: 17:35.67	41.71
	150m: 1:51.42	38.63	550m: 7:13.49	40.90	950m: 12:43.69	41.25	1350m: 18:17.50	41.83
	200m: 2:30.38	38.96	600m: 7:54.98	41.49	1000m: 13:25.33	41.64	1400m: 18:59.48	41.98
	250m: 3:09.81	39.43	650m: 8:36.33	41.35	1050m: 14:06.98	41.65	1450m: 19:40.86	41.38
	300m: 3:49.40	39.59	700m: 9:17.49	41.16	1100m: 14:48.51	41.53	1500m: 20:20.79	39.93
	350m: 4:29.69	40.29	750m: 9:59.07	41.58	1150m: 15:30.40	41.89		
	400m: 5:10.23	40.54	800m: 10:40.13	41.06	1200m: 16:11.84	41.44		
5.	Denise van Zetten	Octopus	20:10.61	199600932	20:42.55			
	50m: 33.59	33.59	450m: 5:54.98	42.37	850m: 11:36.78	43.15	1250m: 17:18.32	42.69
	100m: 1:10.62	37.03	500m: 6:37.45	42.47	900m: 12:19.19	42.41	1300m: 17:59.63	41.31
	150m: 1:48.92	38.30	550m: 7:20.11	42.66	950m: 13:01.79	42.60	1350m: 18:41.80	42.17
	200m: 2:28.21	39.29	600m: 8:03.04	42.93	1000m: 13:44.53	42.74	1400m: 19:23.85	42.05
	250m: 3:08.54	40.33	650m: 8:45.63	42.59	1050m: 14:27.10	42.57	1450m: 20:04.31	40.46
	300m: 3:49.55	41.01	700m: 9:28.27	42.64	1100m: 15:09.58	42.48	1500m: 20:42.55	38.24
	350m: 4:30.88	41.33	750m: 10:10.79	42.52	1150m: 15:52.84	43.26		
	400m: 5:12.61	41.73	800m: 10:53.63	42.84	1200m: 16:35.63	42.79		
6.	Lieke Janssen	NIMO	21:35.09	199305954	21:33.30	+0,92		
	50m: 36.10	36.10	450m: 6:15.40	43.52	850m: 12:04.39	43.67	1250m: 17:56.15	44.14
	100m: 1:15.87	39.77	500m: 6:58.85	43.45	900m: 12:48.06	43.67	1300m: 18:40.35	44.20
	150m: 1:57.51	41.64	550m: 7:42.24	43.39	950m: 13:31.94	43.88	1350m: 19:24.76	44.41
	200m: 2:40.06	42.55	600m: 8:25.59	43.35	1000m: 14:16.10	44.16	1400m: 20:08.45	43.69
	250m: 3:22.61	42.55	650m: 9:09.23	43.64	1050m: 15:00.00	43.90	1450m: 20:51.83	43.38
	300m: 4:05.81	43.20	700m: 9:53.62	44.39	1100m: 15:44.09	44.09	1500m: 21:33.30	41.47
	350m: 4:49.09	43.28	750m: 10:37.07	43.45	1150m: 16:27.93	43.84		
	400m: 5:31.88	42.79	800m: 11:20.72	43.65	1200m: 17:12.01	44.08		

Programmanr. 2, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
7.	Marjan Rikken	ZVV	22:24.94	199206114	22:32.12	+0,92		
	50m: 39.01	39.01	450m: 6:32.56	44.77	850m: 12:34.41	45.32	1250m: 18:44.02	46.30
	100m: 1:21.66	42.65	500m: 7:17.48	44.92	900m: 13:20.32	45.91	1300m: 19:30.68	46.66
	150m: 2:05.08	43.42	550m: 8:02.61	45.13	950m: 14:06.24	45.92	1350m: 20:17.28	46.60
	200m: 2:48.98	43.90	600m: 8:47.78	45.17	1000m: 14:52.01	45.77	1400m: 21:03.35	46.07
	250m: 3:33.26	44.28	650m: 9:32.91	45.13	1050m: 15:38.74	46.73	1450m: 21:49.04	45.69
	300m: 4:17.91	44.65	700m: 10:18.13	45.22	1100m: 16:24.77	46.03	1500m: 22:32.12	43.08
	350m: 5:02.68	44.77	750m: 11:03.59	45.46	1150m: 17:11.22	46.45		
	400m: 5:47.79	45.11	800m: 11:49.09	45.50	1200m: 17:57.72	46.50		

Masters 25+

1.	Linde Herreman	KZK	17:53.16	21020/90	17:50.71	+0,68		
	<i>Kampioenschaps Record</i>							
	50m: 33.77	33.77	450m: 5:20.50	35.64	850m: 10:04.95	35.34	1250m: 14:51.37	35.85
	100m: 1:10.13	36.36	500m: 5:55.92	35.42	900m: 10:40.66	35.71	1300m: 15:27.38	36.01
	150m: 1:46.11	35.98	550m: 6:31.21	35.29	950m: 11:16.41	35.75	1350m: 16:03.39	36.01
	200m: 2:22.09	35.98	600m: 7:06.80	35.59	1000m: 11:52.13	35.72	1400m: 16:39.22	35.83
	250m: 2:57.58	35.49	650m: 7:42.44	35.64	1050m: 12:28.12	35.99	1450m: 17:15.40	36.18
	300m: 3:33.27	35.69	700m: 8:18.08	35.64	1100m: 13:03.84	35.72	1500m: 17:50.71	35.31
	350m: 4:09.08	35.81	750m: 8:53.93	35.85	1150m: 13:39.84	36.00		
	400m: 4:44.86	35.78	800m: 9:29.61	35.68	1200m: 14:15.52	35.68		
2.	Sunanda van Heteren	De Geul	20:56.53	198901728	20:42.67	+0,97		
	50m: 34.50	34.50	450m: 6:00.11	41.89	850m: 11:38.17	42.56	1250m: 17:15.76	42.37
	100m: 1:12.65	38.15	500m: 6:42.21	42.10	900m: 12:20.51	42.34	1300m: 17:57.71	41.95
	150m: 1:52.19	39.54	550m: 7:24.52	42.31	950m: 13:02.51	42.00	1350m: 18:40.03	42.32
	200m: 2:32.73	40.54	600m: 8:06.67	42.15	1000m: 13:44.40	41.89	1400m: 19:22.81	42.78
	250m: 3:14.27	41.54	650m: 8:48.87	42.20	1050m: 14:26.77	42.37	1450m: 20:04.44	41.63
	300m: 3:55.76	41.49	700m: 9:30.91	42.04	1100m: 15:09.06	42.29	1500m: 20:42.67	38.23
	350m: 4:36.79	41.03	750m: 10:13.06	42.15	1150m: 15:51.45	42.39		
	400m: 5:18.22	41.43	800m: 10:55.61	42.55	1200m: 16:33.39	41.94		
3.	Maaïke van Diggele	ZPB H&L Productions	21:15.07	198700868	21:04.08	+0,84		
	50m: 36.36	36.36	450m: 6:09.59	42.18	850m: 11:43.45	41.54	1250m: 17:26.44	43.97
	100m: 1:16.56	40.20	500m: 6:51.83	42.24	900m: 12:25.46	42.01	1300m: 18:09.86	43.42
	150m: 1:57.56	41.00	550m: 7:33.61	41.78	950m: 13:07.56	42.10	1350m: 18:53.67	43.81
	200m: 2:39.07	41.51	600m: 8:15.29	41.68	1000m: 13:49.94	42.38	1400m: 19:37.63	43.96
	250m: 3:21.16	42.09	650m: 8:56.98	41.69	1050m: 14:32.53	42.59	1450m: 20:21.42	43.79
	300m: 4:03.21	42.05	700m: 9:38.89	41.91	1100m: 15:15.94	43.41	1500m: 21:04.08	42.66
	350m: 4:45.21	42.00	750m: 10:20.48	41.59	1150m: 15:59.08	43.14		
	400m: 5:27.41	42.20	800m: 11:01.91	41.43	1200m: 16:42.47	43.39		
4.	Liset de Veer	Aqua-Novio'94	22:50.33	198704190	21:56.07	+0,84		
	50m: 38.28	38.28	450m: 6:25.17	43.76	850m: 12:18.24	43.83	1250m: 18:15.21	44.93
	100m: 1:20.47	42.19	500m: 7:08.75	43.58	900m: 13:02.79	44.55	1300m: 19:00.02	44.81
	150m: 2:03.71	43.24	550m: 7:52.72	43.97	950m: 13:47.37	44.58	1350m: 19:45.25	45.23
	200m: 2:47.10	43.39	600m: 8:36.36	43.64	1000m: 14:33.05	45.68	1400m: 20:30.12	44.87
	250m: 3:30.48	43.38	650m: 9:21.03	44.67	1050m: 15:17.36	44.31	1450m: 21:13.49	43.37
	300m: 4:13.92	43.44	700m: 10:04.93	43.90	1100m: 16:01.45	44.09	1500m: 21:56.07	42.58
	350m: 4:57.35	43.43	750m: 10:49.50	44.57	1150m: 16:45.98	44.53		
	400m: 5:41.41	44.06	800m: 11:34.41	44.91	1200m: 17:30.28	44.30		
5.	Lisette van den Bos	Poseidon'56	23:35.16	198700468	22:53.43			
	50m: 38.93	38.93	450m: 6:43.80	47.01	850m: 12:53.84	45.69	1250m: 19:04.85	46.13
	100m: 1:22.45	43.52	500m: 7:30.56	46.76	900m: 13:40.24	46.40	1300m: 19:51.13	46.28
	150m: 2:07.07	44.62	550m: 8:17.35	46.79	950m: 14:26.93	46.69	1350m: 20:37.43	46.30
	200m: 2:52.43	45.36	600m: 9:03.54	46.19	1000m: 15:13.39	46.46	1400m: 21:23.86	46.43
	250m: 3:37.77	45.34	650m: 9:49.99	46.45	1050m: 15:59.78	46.39	1450m: 22:09.96	46.10
	300m: 4:23.48	45.71	700m: 10:36.16	46.17	1100m: 16:46.01	46.23	1500m: 22:53.43	43.47
	350m: 5:09.76	46.28	750m: 11:22.33	46.17	1150m: 17:32.19	46.18		
	400m: 5:56.79	47.03	800m: 12:08.15	45.82	1200m: 18:18.72	46.53		

Masters 30+

1.	Ramona Linting	AZC	22:00.82	198301274	20:02.89	+0,72		
	50m: 34.00	34.00	450m: 5:51.19	40.32	850m: 11:13.96	40.30	1250m: 16:40.75	41.13
	100m: 1:12.18	38.18	500m: 6:31.53	40.34	900m: 11:54.80	40.84	1300m: 17:21.25	40.50
	150m: 1:51.04	38.86	550m: 7:12.05	40.52	950m: 12:35.40	40.60	1350m: 18:01.52	40.27
	200m: 2:31.15	40.11	600m: 7:52.56	40.51	1000m: 13:16.01	40.61	1400m: 18:42.97	41.45
	250m: 3:11.01	39.86	650m: 8:32.74	40.18	1050m: 13:56.86	40.85	1450m: 19:23.57	40.60
	300m: 3:50.62	39.61	700m: 9:13.08	40.34	1100m: 14:37.72	40.86	1500m: 20:02.89	39.32
	350m: 4:30.66	40.04	750m: 9:53.83	40.75	1150m: 15:18.81	41.09		
	400m: 5:10.87	40.21	800m: 10:33.66	39.83	1200m: 15:59.62	40.81		

Programmanr. 2, Dames, 1500m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Denise de Riet	ZZ&PC De Devel	21:41.73	198402040	21:31.93	+0,97		
	50m: 37.87	37.87	450m: 6:19.18	43.06	850m: 12:04.26	42.93	1250m: 17:54.40	44.03
	100m: 1:19.23	41.36	500m: 7:02.29	43.11	900m: 12:47.66	43.40	1300m: 18:38.17	43.77
	150m: 2:01.85	42.62	550m: 7:45.39	43.10	950m: 13:31.29	43.63	1350m: 19:22.11	43.94
	200m: 2:44.57	42.72	600m: 8:28.57	43.18	1000m: 14:15.03	43.74	1400m: 20:05.78	43.67
	250m: 3:27.54	42.97	650m: 9:11.64	43.07	1050m: 14:58.42	43.39	1450m: 20:49.09	43.31
	300m: 4:10.46	42.92	700m: 9:54.82	43.18	1100m: 15:42.35	43.93	1500m: 21:31.93	42.84
	350m: 4:53.27	42.81	750m: 10:38.00	43.18	1150m: 16:26.38	44.03		
	400m: 5:36.12	42.85	800m: 11:21.33	43.33	1200m: 17:10.37	43.99		

3.	Sandra Schellekens	SWNZ (SG)	22:15.62	198503416	21:55.54	+0,88		
	50m: 35.41	35.41	450m: 6:18.82	43.99	850m: 12:13.44	44.71	1250m: 18:13.12	45.56
	100m: 1:15.30	39.89	500m: 7:03.08	44.26	900m: 12:57.83	44.39	1300m: 18:58.42	45.30
	150m: 1:57.31	42.01	550m: 7:47.23	44.15	950m: 13:42.51	44.68	1350m: 19:43.32	44.90
	200m: 2:39.87	42.56	600m: 8:31.67	44.44	1000m: 14:27.62	45.11	1400m: 20:28.32	45.00
	250m: 3:23.09	43.22	650m: 9:16.01	44.34	1050m: 15:12.64	45.02	1450m: 21:13.77	45.45
	300m: 4:06.77	43.68	700m: 10:00.31	44.30	1100m: 15:57.33	44.69	1500m: 21:55.54	41.77
	350m: 4:50.92	44.15	750m: 10:44.60	44.29	1150m: 16:42.28	44.95		
	400m: 5:34.83	43.91	800m: 11:28.73	44.13	1200m: 17:27.56	45.28		

Masters 35+

1.	Severine Bayre	CNSW	21:54.92	004275/78	21:29.28	+0,91		
	<i>Belgisch Masters Record</i>							
	50m: 37.65	37.65	450m: 6:15.59	42.98	850m: 12:04.72	43.36	1250m: 17:53.42	44.00
	100m: 1:17.69	40.04	500m: 6:58.42	42.83	900m: 12:48.70	43.98	1300m: 18:37.47	44.05
	150m: 1:59.28	41.59	550m: 7:42.26	43.84	950m: 13:32.52	43.82	1350m: 19:21.39	43.92
	200m: 2:41.41	42.13	600m: 8:26.28	44.02	1000m: 14:15.85	43.33	1400m: 20:05.27	43.88
	250m: 3:23.98	42.57	650m: 9:09.75	43.47	1050m: 14:59.32	43.47	1450m: 20:48.30	43.03
	300m: 4:06.70	42.72	700m: 9:53.55	43.80	1100m: 15:43.04	43.72	1500m: 21:29.28	40.98
	350m: 4:49.54	42.84	750m: 10:37.88	44.33	1150m: 16:26.11	43.07		
	400m: 5:32.61	43.07	800m: 11:21.36	43.48	1200m: 17:09.42	43.31		

Masters 40+

1.	Kirsten Cameron	East Leeds	17:01.66	1160788	17:09.60	+0,78		
	<i>Kampioenschaps Record</i>							
	50m: 32.43	32.43	450m: 5:09.78	34.47	850m: 9:44.30	34.29	1250m: 14:19.01	34.28
	100m: 1:06.15	33.72	500m: 5:44.48	34.70	900m: 10:18.56	34.26	1300m: 14:53.65	34.64
	150m: 1:41.03	34.88	550m: 6:18.60	34.12	950m: 10:53.05	34.49	1350m: 15:28.12	34.47
	200m: 2:16.11	35.08	600m: 6:52.84	34.24	1000m: 11:27.28	34.23	1400m: 16:02.52	34.40
	250m: 2:51.07	34.96	650m: 7:27.23	34.39	1050m: 12:01.28	34.00	1450m: 16:36.79	34.27
	300m: 3:25.77	34.70	700m: 8:01.49	34.26	1100m: 12:35.77	34.49	1500m: 17:09.60	32.81
	350m: 4:00.48	34.71	750m: 8:35.89	34.40	1150m: 13:10.38	34.61		
	400m: 4:35.31	34.83	800m: 9:10.01	34.12	1200m: 13:44.73	34.35		
2.	Grith Sigsgaard	DWK	18:11.24	197200772	18:54.52	+0,95		
	50m: 33.76	33.76	450m: 5:31.91	37.78	850m: 10:33.94	37.77	1250m: 15:41.03	38.38
	100m: 1:10.73	36.97	500m: 6:09.40	37.49	900m: 11:12.01	38.07	1300m: 16:19.78	38.75
	150m: 1:48.08	37.35	550m: 6:46.98	37.58	950m: 11:50.37	38.36	1350m: 16:58.40	38.62
	200m: 2:25.16	37.08	600m: 7:24.83	37.85	1000m: 12:28.81	38.44	1400m: 17:36.87	38.47
	250m: 3:01.98	36.82	650m: 8:02.71	37.88	1050m: 13:07.01	38.20	1450m: 18:15.91	39.04
	300m: 3:39.13	37.15	700m: 8:40.24	37.53	1100m: 13:45.99	38.98	1500m: 18:54.52	38.61
	350m: 4:16.34	37.21	750m: 9:18.01	37.77	1150m: 14:23.88	37.89		
	400m: 4:54.13	37.79	800m: 9:56.17	38.16	1200m: 15:02.65	38.77		
3.	Liselotte Joling	PSV	18:59.64	197500268	19:02.85	+0,85		
	50m: 33.92	33.92	450m: 5:34.12	37.72	850m: 10:40.79	38.34	1250m: 15:50.61	39.14
	100m: 1:11.08	37.16	500m: 6:12.24	38.12	900m: 11:19.59	38.80	1300m: 16:29.49	38.88
	150m: 1:48.64	37.56	550m: 6:50.39	38.15	950m: 11:58.09	38.50	1350m: 17:08.05	38.56
	200m: 2:26.38	37.74	600m: 7:28.60	38.21	1000m: 12:36.71	38.62	1400m: 17:47.12	39.07
	250m: 3:03.54	37.16	650m: 8:07.12	38.52	1050m: 13:15.25	38.54	1450m: 18:25.93	38.81
	300m: 3:41.03	37.49	700m: 8:45.25	38.13	1100m: 13:53.90	38.65	1500m: 19:02.85	36.92
	350m: 4:18.42	37.39	750m: 9:23.58	38.33	1150m: 14:32.61	38.71		
	400m: 4:56.40	37.98	800m: 10:02.45	38.87	1200m: 15:11.47	38.86		
4.	Pascalie Janssen	De Roersoppers	22:44.18	197300852	22:39.37	+0,93		
	50m: 38.95	38.95	450m: 6:42.40	46.01	850m: 12:47.40	45.96	1250m: 18:53.25	45.83
	100m: 1:22.54	43.59	500m: 7:27.96	45.56	900m: 13:33.21	45.81	1300m: 19:39.00	45.75
	150m: 2:07.79	45.25	550m: 8:13.97	46.01	950m: 14:18.81	45.60	1350m: 20:24.85	45.85
	200m: 2:53.30	45.51	600m: 8:59.35	45.38	1000m: 15:04.69	45.88	1400m: 21:10.73	45.88
	250m: 3:38.97	45.67	650m: 9:44.73	45.38	1050m: 15:50.11	45.42	1450m: 21:56.53	45.80
	300m: 4:24.67	45.70	700m: 10:30.46	45.73	1100m: 16:35.77	45.66	1500m: 22:39.37	42.84
	350m: 5:10.44	45.77	750m: 11:15.69	45.23	1150m: 17:21.82	46.05		
	400m: 5:56.39	45.95	800m: 12:01.44	45.75	1200m: 18:07.42	45.60		

Programmanr. 2, Dames, 1500m vrije slag

Masters 45+

1. Karin Stein	ZVVS	19:12.49	197100554	19:17.36	+0,78
<i>Nederlands Masters Record, 800m NMR</i>					
50m: 34.97	34.97	450m: 5:39.24	38.81	850m: 10:50.19	38.93
100m: 1:12.28	37.31	500m: 6:17.88	38.64	900m: 11:29.70	39.51
150m: 1:50.04	37.76	550m: 6:56.62	38.74	950m: 12:08.52	38.82
200m: 2:28.15	38.11	600m: 7:35.41	38.79	1000m: 12:47.50	38.98
250m: 3:06.20	38.05	650m: 8:14.33	38.92	1050m: 13:26.93	39.43
300m: 3:44.18	37.98	700m: 8:53.44	39.11	1100m: 14:05.91	38.98
350m: 4:22.27	38.09	750m: 9:32.33	38.89	1150m: 14:45.37	39.46
400m: 5:00.43	38.16	800m: 10:11.26	38.93	1200m: 15:24.79	39.42
2. Annette de Visser	Oceanus	19:53.60	197100602	20:15.11	
50m: 35.69	35.69	450m: 6:00.50	40.87	850m: 11:27.32	40.71
100m: 1:14.80	39.11	500m: 6:41.24	40.74	900m: 12:07.94	40.62
150m: 1:55.39	40.59	550m: 7:22.35	41.11	950m: 12:48.93	40.99
200m: 2:36.07	40.68	600m: 8:03.35	41.00	1000m: 13:29.79	40.86
250m: 3:16.89	40.82	650m: 8:44.03	40.68	1050m: 14:10.26	40.47
300m: 3:57.62	40.73	700m: 9:25.09	41.06	1100m: 14:50.82	40.56
350m: 4:38.58	40.96	750m: 10:06.19	41.10	1150m: 15:31.49	40.67
400m: 5:19.63	41.05	800m: 10:46.61	40.42	1200m: 16:12.16	40.67
3. Annet Kootstra	Swol 1894	24:46.09	197100344	23:31.82	+0,95
50m: 40.54	40.54	450m: 6:51.11	47.45	850m: 13:09.68	47.77
100m: 1:25.62	45.08	500m: 7:38.65	47.54	900m: 13:57.05	47.37
150m: 2:11.33	45.71	550m: 8:26.15	47.50	950m: 14:44.77	47.72
200m: 2:57.07	45.74	600m: 9:12.88	46.73	1000m: 15:32.76	47.99
250m: 3:43.43	46.36	650m: 10:00.06	47.18	1050m: 16:20.58	47.82
300m: 4:29.80	46.37	700m: 10:47.19	47.13	1100m: 17:08.42	47.84
350m: 5:16.66	46.86	750m: 11:34.57	47.38	1150m: 17:56.10	47.68
400m: 6:03.66	47.00	800m: 12:21.91	47.34	1200m: 18:43.83	47.73
4. Hetty Smalheer	SCOM	24:32.20	196700352	24:43.75	+0,99
<i>100m*, 800m*</i>					
50m: 42.41	42.41	450m: 7:16.28	50.16	850m: 13:57.78	49.36
100m: 1:29.28	46.87	500m: 8:06.27	49.99	900m: 14:49.28	51.50
150m: 2:18.05	48.77	550m: 8:57.23	50.96	950m: 15:39.29	50.01
200m: 3:06.68	48.63	600m: 9:47.46	50.23	1000m: 16:29.15	49.86
250m: 3:56.32	49.64	650m: 10:36.59	49.13	1050m: 17:18.95	49.80
300m: 4:46.13	49.81	700m: 11:26.90	50.31	1100m: 18:09.44	50.49
350m: 5:35.98	49.85	750m: 12:17.89	50.99	1150m: 18:59.07	49.63
400m: 6:26.12	50.14	800m: 13:08.42	50.53	1200m: 19:49.68	50.61
5. Ymke Snellen van Vollenhoven	PSV	26:03.02	196800836	25:38.00	
50m: 43.00	43.00	450m: 7:29.37	50.96	850m: 14:22.75	51.88
100m: 1:31.03	48.03	500m: 8:20.78	51.41	900m: 15:14.41	51.66
150m: 2:21.14	50.11	550m: 9:12.13	51.35	950m: 16:07.43	53.02
200m: 3:11.19	50.05	600m: 10:03.36	51.23	1000m: 16:59.57	52.14
250m: 4:02.80	51.61	650m: 10:55.05	51.69	1050m: 17:51.62	52.05
300m: 4:54.79	51.99	700m: 11:46.36	51.31	1100m: 18:43.87	52.25
350m: 5:47.16	52.37	750m: 12:38.49	52.13	1150m: 19:36.55	52.68
400m: 6:38.41	51.25	800m: 13:30.87	52.38	1200m: 20:27.70	51.15
6. Greta Wyma-Teitsma	DWK	27:55.46	197100696	26:49.75	+0,80
50m: 45.89	45.89	450m: 7:48.14	53.71	850m: 14:59.67	53.20
100m: 1:37.45	51.56	500m: 8:42.31	54.17	900m: 15:53.00	53.33
150m: 2:29.45	52.00	550m: 9:35.65	53.34	950m: 16:47.69	54.69
200m: 3:21.30	51.85	600m: 10:30.53	54.88	1000m: 17:40.78	53.09
250m: 4:14.49	53.19	650m: 11:24.23	53.70	1050m: 18:34.07	53.29
300m: 5:07.06	52.57	700m: 12:18.01	53.78	1100m: 19:29.27	55.20
350m: 6:01.66	54.60	750m: 13:13.24	55.23	1150m: 20:24.40	55.13
400m: 6:54.43	52.77	800m: 14:06.47	53.23	1200m: 21:19.67	55.27

Masters 50+

1. Wilna Heijman	Steenwijk 1934	21:38.54	196400506	21:32.56	+0,88
50m: 37.50	37.50	450m: 6:16.20	42.72	850m: 12:01.56	43.24
100m: 1:18.31	40.81	500m: 6:58.92	42.72	900m: 12:45.79	44.23
150m: 1:59.95	41.64	550m: 7:41.90	42.98	950m: 13:29.49	43.70
200m: 2:42.46	42.51	600m: 8:24.87	42.97	1000m: 14:13.10	43.61
250m: 3:24.82	42.36	650m: 9:08.03	43.16	1050m: 14:56.97	43.87
300m: 4:07.64	42.82	700m: 9:51.20	43.17	1100m: 15:40.77	43.80
350m: 4:50.54	42.90	750m: 10:34.89	43.69	1150m: 16:24.75	43.98
400m: 5:33.48	42.94	800m: 11:18.32	43.43	1200m: 17:08.85	44.10

Programmanr. 2, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	K. van Nassau van den Heuvel	Old Dutch	23:43.49	196600188	24:05.44	+0,94		
	50m: 42.86	42.86	450m: 7:03.70	48.69	850m: 13:33.38	48.56	1250m: 20:01.04	47.76
	100m: 1:29.18	46.32	500m: 7:51.90	48.20	900m: 14:22.31	48.93	1300m: 20:50.43	49.39
	150m: 2:16.02	46.84	550m: 8:40.64	48.74	950m: 15:11.08	48.77	1350m: 21:39.69	49.26
	200m: 3:03.48	47.46	600m: 9:29.38	48.74	1000m: 16:00.40	49.32	1400m: 22:29.70	50.01
	250m: 3:50.99	47.51	650m: 10:19.39	50.01	1050m: 16:48.52	48.12	1450m: 23:18.32	48.62
	300m: 4:38.83	47.84	700m: 11:07.86	48.47	1100m: 17:36.72	48.20	1500m: 24:05.44	47.12
	350m: 5:26.70	47.87	750m: 11:56.45	48.59	1150m: 18:24.82	48.10		
	400m: 6:15.01	48.31	800m: 12:44.82	48.37	1200m: 19:13.28	48.46		

3.	Nicky Slinger	HPC	24:42.68	196600316	24:09.32	+0,98		
	50m: 40.65	40.65	450m: 7:00.71	48.90	850m: 13:31.64	48.64	1250m: 20:05.72	49.72
	100m: 1:25.37	44.72	500m: 7:49.97	49.26	900m: 14:20.69	49.05	1300m: 20:54.81	49.09
	150m: 2:11.52	46.15	550m: 8:38.54	48.57	950m: 15:10.25	49.56	1350m: 21:44.14	49.33
	200m: 2:58.95	47.43	600m: 9:27.62	49.08	1000m: 15:59.62	49.37	1400m: 22:33.47	49.33
	250m: 3:46.63	47.68	650m: 10:16.77	49.15	1050m: 16:48.82	49.20	1450m: 23:22.46	48.99
	300m: 4:34.76	48.13	700m: 11:05.20	48.43	1100m: 17:37.73	48.91	1500m: 24:09.32	46.86
	350m: 5:23.44	48.68	750m: 11:53.83	48.63	1150m: 18:26.84	49.11		
	400m: 6:11.81	48.37	800m: 12:43.00	49.17	1200m: 19:16.00	49.16		

Masters 55+

1.	Patty Verhagen	PSV	21:14.97	195900146	22:00.32	+0,94		
	50m: 40.03	40.03	450m: 6:29.39	44.33	850m: 12:23.31	44.08	1250m: 18:18.86	44.35
	100m: 1:22.74	42.71	500m: 7:13.78	44.39	900m: 13:07.83	44.52	1300m: 19:03.67	44.81
	150m: 2:05.91	43.17	550m: 7:57.93	44.15	950m: 13:51.78	43.95	1350m: 19:48.52	44.85
	200m: 2:49.58	43.67	600m: 8:42.62	44.69	1000m: 14:36.04	44.26	1400m: 20:32.89	44.37
	250m: 3:33.35	43.77	650m: 9:26.60	43.98	1050m: 15:20.84	44.80	1450m: 21:17.27	44.38
	300m: 4:17.21	43.86	700m: 10:10.79	44.19	1100m: 16:05.60	44.76	1500m: 22:00.32	43.05
	350m: 5:00.92	43.71	750m: 10:55.05	44.26	1150m: 16:50.23	44.63		
	400m: 5:45.06	44.14	800m: 11:39.23	44.18	1200m: 17:34.51	44.28		

2.	Katinka Elders	Oceanus	24:33.62	196000292	24:32.02	+0,82		
	50m: 41.90	41.90	450m: 7:10.03	49.24	850m: 13:46.14	49.74	1250m: 20:26.05	50.60
	100m: 1:28.29	46.39	500m: 7:59.66	49.63	900m: 14:36.83	50.69	1300m: 21:15.96	49.91
	150m: 2:16.54	48.25	550m: 8:48.88	49.22	950m: 15:26.42	49.59	1350m: 22:05.69	49.73
	200m: 3:05.07	48.53	600m: 9:38.46	49.58	1000m: 16:16.56	50.14	1400m: 22:55.67	49.98
	250m: 3:54.06	48.99	650m: 10:27.57	49.11	1050m: 17:05.82	49.26	1450m: 23:46.25	50.58
	300m: 4:43.46	49.40	700m: 11:17.42	49.85	1100m: 17:56.44	50.62	1500m: 24:32.02	45.77
	350m: 5:32.06	48.60	750m: 12:06.71	49.29	1150m: 18:45.74	49.30		
	400m: 6:20.79	48.73	800m: 12:56.40	49.69	1200m: 19:35.45	49.71		

3.	Jennie Resink-Lindeboom	DWK	25:59.59	196000142	25:10.60			
	50m: 43.54	43.54	450m: 7:29.04	50.68	850m: 14:15.38	50.14	1250m: 21:02.63	51.19
	100m: 1:32.56	49.02	500m: 8:20.00	50.96	900m: 15:06.62	51.24	1300m: 21:53.26	50.63
	150m: 2:22.77	50.21	550m: 9:10.86	50.86	950m: 15:57.10	50.48	1350m: 22:43.97	50.71
	200m: 3:13.55	50.78	600m: 10:01.32	50.46	1000m: 16:48.14	51.04	1400m: 23:34.49	50.52
	250m: 4:04.55	51.00	650m: 10:52.12	50.80	1050m: 17:38.68	50.54	1450m: 24:24.28	49.79
	300m: 4:56.31	51.76	700m: 11:43.02	50.90	1100m: 18:29.36	50.68	1500m: 25:10.60	46.32
	350m: 5:47.40	51.09	750m: 12:34.32	51.30	1150m: 19:20.39	51.03		
	400m: 6:38.36	50.96	800m: 13:25.24	50.92	1200m: 20:11.44	51.05		

4.	Marjan Spoelstra	Swol 1894	25:16.27	196000236	26:03.82	+0,87		
	50m: 46.01	46.01	450m: 7:41.72	52.24	850m: 14:40.08	52.04	1250m: 21:41.56	52.47
	100m: 1:36.25	50.24	500m: 8:34.25	52.53	900m: 15:32.15	52.07	1300m: 22:33.41	51.85
	150m: 2:27.87	51.62	550m: 9:26.48	52.23	950m: 16:24.60	52.45	1350m: 23:25.95	52.54
	200m: 3:19.94	52.07	600m: 10:18.89	52.41	1000m: 17:17.52	52.92	1400m: 24:18.69	52.74
	250m: 4:11.91	51.97	650m: 11:11.27	52.38	1050m: 18:09.83	52.31	1450m: 25:11.37	52.68
	300m: 5:04.16	52.25	700m: 12:03.58	52.31	1100m: 19:02.92	53.09	1500m: 26:03.82	52.45
	350m: 5:56.65	52.49	750m: 12:55.98	52.40	1150m: 19:56.34	53.42		
	400m: 6:49.48	52.83	800m: 13:48.04	52.06	1200m: 20:49.09	52.75		

Masters 60+

1.	Ineke Weekers	PSV	21:51.85	195300050	22:17.34	+0,81		
	50m: 40.42	40.42	450m: 6:35.90	45.04	850m: 12:33.63	44.63	1250m: 18:33.48	45.23
	100m: 1:24.29	43.87	500m: 7:20.68	44.78	900m: 13:18.18	44.55	1300m: 19:18.42	44.94
	150m: 2:08.34	44.05	550m: 8:05.60	44.92	950m: 14:03.16	44.98	1350m: 20:03.45	45.03
	200m: 2:52.98	44.64	600m: 8:50.37	44.77	1000m: 14:48.21	45.05	1400m: 20:48.28	44.83
	250m: 3:37.32	44.34	650m: 9:35.14	44.77	1050m: 15:33.37	45.16	1450m: 21:33.43	45.15
	300m: 4:21.70	44.38	700m: 10:19.68	44.54	1100m: 16:18.27	44.90	1500m: 22:17.34	43.91
	350m: 5:06.41	44.71	750m: 11:04.30	44.62	1150m: 17:03.48	45.21		
	400m: 5:50.86	44.45	800m: 11:49.00	44.70	1200m: 17:48.25	44.77		

Programmanr. 2, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Margriet Pasma	Inktvis-De Pinquin (SG)	22:53.43	195500088	23:04.42	+0,98		
	50m: 41.92	41.92	450m: 6:52.60	46.41	850m: 13:03.87	46.72	1250m: 19:14.91	46.37
	100m: 1:27.48	45.56	500m: 7:39.33	46.73	900m: 13:49.68	45.81	1300m: 20:01.10	46.19
	150m: 2:13.66	46.18	550m: 8:25.79	46.46	950m: 14:36.01	46.33	1350m: 20:47.61	46.51
	200m: 3:00.54	46.88	600m: 9:12.45	46.66	1000m: 15:22.18	46.17	1400m: 21:33.72	46.11
	250m: 3:46.85	46.31	650m: 9:58.89	46.44	1050m: 16:08.78	46.60	1450m: 22:19.72	46.00
	300m: 4:33.19	46.34	700m: 10:44.60	45.71	1100m: 16:55.17	46.39	1500m: 23:04.42	44.70
	350m: 5:19.69	46.50	750m: 11:30.66	46.06	1150m: 17:41.86	46.69		
	400m: 6:06.19	46.50	800m: 12:17.15	46.49	1200m: 18:28.54	46.68		

3.	Monica Bakker	ZVZ	22:54.02	195600082	23:59.46	+1,01		
	50m: 42.14	42.14	450m: 7:03.01	48.28	850m: 13:30.53	48.23	1250m: 19:59.11	49.02
	100m: 1:28.00	45.86	500m: 7:51.64	48.63	900m: 14:18.56	48.03	1300m: 20:47.73	48.62
	150m: 2:14.65	46.65	550m: 8:39.90	48.26	950m: 15:07.21	48.65	1350m: 21:36.40	48.67
	200m: 3:01.55	46.90	600m: 9:28.65	48.75	1000m: 15:55.76	48.55	1400m: 22:25.09	48.69
	250m: 3:49.45	47.90	650m: 10:16.80	48.15	1050m: 16:44.39	48.63	1450m: 23:12.80	47.71
	300m: 4:37.47	48.02	700m: 11:05.48	48.68	1100m: 17:33.02	48.63	1500m: 23:59.46	46.66
	350m: 5:26.29	48.82	750m: 11:53.50	48.02	1150m: 18:21.42	48.40		
	400m: 6:14.73	48.44	800m: 12:42.30	48.80	1200m: 19:10.09	48.67		

Masters 65+

1.	Gonnie Bak	PSV	28:48.82	195100064	28:54.87	+1,02		
	50m: 49.54	49.54	450m: 8:28.68	58.34	850m: 16:13.54	57.80	1250m: 24:03.64	59.58
	100m: 1:46.01	56.47	500m: 9:27.25	58.57	900m: 17:12.81	59.27	1300m: 25:01.78	58.14
	150m: 2:42.81	56.80	550m: 10:25.51	58.26	950m: 18:11.87	59.06	1350m: 26:01.12	59.34
	200m: 3:40.71	57.90	600m: 11:23.66	58.15	1000m: 19:10.42	58.55	1400m: 26:59.96	58.84
	250m: 4:38.07	57.36	650m: 12:21.29	57.63	1050m: 20:08.85	58.43	1450m: 27:58.27	58.31
	300m: 5:35.09	57.02	700m: 13:20.13	58.84	1100m: 21:07.34	58.49	1500m: 28:54.87	56.60
	350m: 6:32.65	57.56	750m: 14:18.29	58.16	1150m: 22:06.40	59.06		
	400m: 7:30.34	57.69	800m: 15:15.74	57.45	1200m: 23:04.06	57.66		

Masters 70+

1.	Annie Smits	PSV	31:43.56	194600016	30:21.97	+1,37		
	50m: 56.31	56.31	450m: 9:09.04	1:02.00	850m: 17:21.91	1:00.84	1250m: 25:26.75	1:00.10
	100m: 1:56.09	59.78	500m: 10:10.82	1:01.78	900m: 18:22.70	1:00.79	1300m: 26:26.76	1:00.01
	150m: 2:57.43	1:01.34	550m: 11:12.84	1:02.02	950m: 19:23.38	1:00.68	1350m: 27:26.01	59.25
	200m: 3:59.24	1:01.81	600m: 12:14.83	1:01.99	1000m: 20:24.11	1:00.73	1400m: 28:25.51	59.50
	250m: 5:01.32	1:02.08	650m: 13:16.91	1:02.08	1050m: 21:24.96	1:00.85	1450m: 29:25.26	59.75
	300m: 6:03.30	1:01.98	700m: 14:18.40	1:01.49	1100m: 22:25.90	1:00.94	1500m: 30:21.97	56.71
	350m: 7:05.24	1:01.94	750m: 15:19.90	1:01.50	1150m: 23:26.27	1:00.37		
	400m: 8:07.04	1:01.80	800m: 16:21.07	1:01.17	1200m: 24:26.65	1:00.38		
2.	Matty van der Veen	Old Dutch	30:15.56	194400020	32:12.41	+1,22		
	50m: 52.69	52.69	450m: 9:06.08	1:03.49	850m: 17:44.96	1:05.81	1250m: 26:35.19	1:06.33
	100m: 1:49.77	57.08	500m: 10:10.09	1:04.01	900m: 18:50.24	1:05.28	1300m: 27:43.27	1:08.08
	150m: 2:50.29	1:00.52	550m: 11:14.48	1:04.39	950m: 19:55.63	1:05.39	1350m: 28:50.36	1:07.09
	200m: 3:51.56	1:01.27	600m: 12:19.41	1:04.93	1000m: 21:02.35	1:06.72	1400m: 29:57.85	1:07.49
	250m: 4:53.28	1:01.72	650m: 13:23.67	1:04.26	1050m: 22:08.72	1:06.37	1450m: 31:05.76	1:07.91
	300m: 5:55.79	1:02.51	700m: 14:28.33	1:04.66	1100m: 23:14.78	1:06.06	1500m: 32:12.41	1:06.65
	350m: 6:59.07	1:03.28	750m: 15:33.94	1:05.61	1150m: 24:21.63	1:06.85		
	400m: 8:02.59	1:03.52	800m: 16:39.15	1:05.21	1200m: 25:28.86	1:07.23		

Masters 80+

1.	Annie de Vos	Old Dutch	38:07.43	193400004	36:34.78			
	<i>Kampioenschaps Record</i>							
	50m: 1:05.07	1:05.07	450m: 10:42.48	1:13.00	850m: 20:29.87	1:13.52	1250m: 30:21.52	1:14.60
	100m: 2:15.17	1:10.10	500m: 11:54.92	1:12.44	900m: 21:42.96	1:13.09	1300m: 31:35.15	1:13.63
	150m: 3:27.56	1:12.39	550m: 13:08.65	1:13.73	950m: 22:56.31	1:13.35	1350m: 32:50.05	1:14.90
	200m: 4:39.41	1:11.85	600m: 14:21.86	1:13.21	1000m: 24:10.66	1:14.35	1400m: 34:04.78	1:14.73
	250m: 5:51.82	1:12.41	650m: 15:35.90	1:14.04	1050m: 25:24.60	1:13.94	1450m: 35:20.19	1:15.41
	300m: 7:05.09	1:13.27	700m: 16:49.56	1:13.66	1100m: 26:38.42	1:13.82	1500m: 36:34.78	1:14.59
	350m: 8:17.36	1:12.27	750m: 18:02.76	1:13.20	1150m: 27:52.31	1:13.89		
	400m: 9:29.48	1:12.12	800m: 19:16.35	1:13.59	1200m: 29:06.92	1:14.61		

2 - ONMK 2016 kb sessie 2

22-01-2016 - 9:00

Programmanr. 4
22-01-2016 - 9:00

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Melissa van der Geld	AquAmigos	4:46.83	199506250	4:42.60	+0,68
	50m: 30.87 100m: 1:04.78	30.87 33.91	150m: 1:40.63 200m: 2:17.28	250m: 2:53.91 300m: 3:30.72	350m: 4:07.68 400m: 4:42.60	36.96 34.92
2.	Fraukje Puts	HZ&PC Heerenveen	4:51.33	199206470	4:43.67	+0,81
	50m: 31.90 100m: 1:06.50	31.90 34.60	150m: 1:41.85 200m: 2:17.91	250m: 2:54.29 300m: 3:31.09	350m: 4:07.95 400m: 4:43.67	36.86 35.72
3.	Désirée Emmen	De Warande	4:45.51	199204862	4:47.98	+0,71
	50m: 32.11 100m: 1:07.58	32.11 35.47	150m: 1:43.54 200m: 2:20.21	250m: 2:56.87 300m: 3:33.78	350m: 4:11.51 400m: 4:47.98	37.73 36.47
4.	Iris Pijtak	ZPC AMERSFOORT	4:38.90	199300602	4:54.08	+0,78
	50m: 32.51 100m: 1:08.52	32.51 36.01	150m: 1:45.94 200m: 2:23.37	250m: 3:01.36 300m: 3:39.75	350m: 4:17.77 400m: 4:54.08	38.02 36.31
5.	Janine de Groot	Nova	5:02.19	199500092	4:54.10	
	50m: 32.85 100m: 1:09.40	32.85 36.55	150m: 1:46.72 200m: 2:24.20	250m: 3:01.89 300m: 3:39.55	350m: 4:17.38 400m: 4:54.10	37.83 36.72
6.	Moniek Heemskerk	LZ 1886	4:52.72	199601964	4:55.99	+0,70
	50m: 32.68 100m: 1:09.30	32.68 36.62	150m: 1:46.77 200m: 2:24.51	250m: 3:02.45 300m: 3:40.26	350m: 4:18.21 400m: 4:55.99	37.95 37.78
7.	Beau Rijpers	Swol 1894	4:56.99	199402638	5:00.23	+0,73
	50m: 33.41 100m: 1:09.95	33.41 36.54	150m: 1:47.61 200m: 2:25.81	250m: 3:04.33 300m: 3:43.24	350m: 4:22.12 400m: 5:00.23	38.88 38.11
8.	Amber Reijm	The Hague Swimming (SG)	5:08.11	199405434	5:01.06	+0,82
	50m: 34.58 100m: 1:12.27	34.58 37.69	150m: 1:50.73 200m: 2:29.16	250m: 3:07.56 300m: 3:46.33	350m: 4:24.99 400m: 5:01.06	38.66 36.07
9.	Aylin van Uffelen	ZPB H&L Productions	4:56.66	199600352	5:05.16	+0,75
	50m: 34.37 100m: 1:11.69	34.37 37.32	150m: 1:49.52 200m: 2:27.82	250m: 3:06.87 300m: 3:46.57	350m: 4:26.65 400m: 5:05.16	40.08 38.51
10.	Naomi van Gool	LZ 1886	5:29.89	199505166	5:26.52	+0,77
	50m: 34.56 100m: 1:13.80	34.56 39.24	150m: 1:54.70 200m: 2:36.65	250m: 3:19.33 300m: 4:01.95	350m: 4:45.07 400m: 5:26.52	43.12 41.45
11.	Lieke Janssen	NIMO	5:22.43	199305954	5:29.47	+0,90
	50m: 35.66 100m: 1:16.18	35.66 40.52	150m: 1:57.44 200m: 2:39.60	250m: 3:22.50 300m: 4:05.30	350m: 4:48.21 400m: 5:29.47	42.91 41.26
12.	Romy Pansters	ZPC AMERSFOORT	5:27.80	199605900	5:30.98	+0,80
	50m: 37.47 100m: 1:18.53	37.47 41.06	150m: 2:01.11 200m: 2:43.97	250m: 3:25.85 300m: 4:08.57	350m: 4:50.76 400m: 5:30.98	42.19 40.22
13.	Nieske Janssen	NIMO	5:26.16	199601328	5:31.66	+0,86
	50m: 36.29 100m: 1:17.48	36.29 41.19	150m: 1:59.08 200m: 2:41.55	250m: 3:24.51 300m: 4:07.11	350m: 4:49.38 400m: 5:31.66	42.27 42.28
14.	Ilse Blankvoort	Steenwijk 1934	5:50.45	199204458	5:40.48	+0,74
	50m: 38.00 100m: 1:19.14	38.00 41.14	150m: 2:00.96 200m: 2:44.39	250m: 3:28.27 300m: 4:12.72	350m: 4:57.42 400m: 5:40.48	44.70 43.06
15.	Djamari Oetringer	Hydrofiel	5:46.75	199600546	5:49.29	+0,80
	50m: 36.47 100m: 1:18.04	36.47 41.57	150m: 2:01.91 200m: 2:46.54	250m: 3:32.18 300m: 4:18.88	350m: 5:04.97 400m: 5:49.29	46.09 44.32
16.	Rebecca Evers	ZOB'66	5:44.11	199207916	5:51.65	+0,86
	50m: 38.18 100m: 1:20.70	38.18 42.52	150m: 2:04.96 200m: 2:50.15	250m: 3:35.56 300m: 4:21.44	350m: 5:07.21 400m: 5:51.65	45.77 44.44
17.	Daniëlle de Klein	DWF	5:51.81	199404786	6:00.60 *	+0,87
	50m: 38.55 100m: 1:22.53	38.55 43.98	150m: 2:07.81 200m: 2:54.30	250m: 3:39.92 300m: 4:27.29	350m: 5:15.09 400m: 6:00.60	47.80 45.51
18.	Talitha Boelen	DWF	6:06.00	199502910	6:14.52	+0,84
	50m: 41.74 100m: 1:27.85	41.74 46.11	150m: 2:14.93 200m: 3:02.29	250m: 3:50.58 300m: 4:39.86	350m: 5:28.86 400m: 6:14.52	49.00 45.66
19.	Cynthia van Veen	ZPC Woerden	6:25.32	199606736	6:15.34	+0,73
	50m: 38.31 100m: 1:22.56	38.31 44.25	150m: 2:08.56 200m: 2:57.47	250m: 3:46.80 300m: 4:36.27	350m: 5:26.14 400m: 6:15.34	49.87 49.20

Programmanr. 4, Dames, 400m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
20.	Claudia Creemers	RZ	6:10.64	199202864	6:52.17	+0,77		
	50m: 40.22	40.22	150m: 2:18.62	51.07	250m: 4:07.36	55.39	350m: 5:59.52	55.87
	100m: 1:27.55	47.33	200m: 3:11.97	53.35	300m: 5:03.65	56.29	400m: 6:52.17	52.65

Masters 25+

1.	Marlijn Hendriksen	Arethusa	4:41.05	198806828	4:36.04	+0,71		
	50m: 33.39	33.39	150m: 1:44.04	35.38	250m: 2:53.49	34.76	350m: 4:02.56	34.38
	100m: 1:08.66	35.27	200m: 2:18.73	34.69	300m: 3:28.18	34.69	400m: 4:36.04	33.48
2.	Wendan Poelstra	TriVia	4:40.42	199102496	4:38.93	+0,72		
	50m: 31.99	31.99	150m: 1:42.97	35.71	250m: 2:53.85	35.23	350m: 4:04.16	35.27
	100m: 1:07.26	35.27	200m: 2:18.62	35.65	300m: 3:28.89	35.04	400m: 4:38.93	34.77
3.	Maaïke Vooren	DAW	4:37.62	199103324	4:39.78	+0,70		
	50m: 32.13	32.13	150m: 1:43.23	35.79	250m: 2:54.57	35.50	350m: 4:05.56	35.36
	100m: 1:07.44	35.31	200m: 2:19.07	35.84	300m: 3:30.20	35.63	400m: 4:39.78	34.22
4.	Linde Herreman	KZK	4:40.62	21020/90	4:40.67	+0,70		
	50m: 31.78	31.78	150m: 1:42.27	35.58	250m: 2:53.71	35.75	350m: 4:05.42	36.05
	100m: 1:06.69	34.91	200m: 2:17.96	35.69	300m: 3:29.37	35.66	400m: 4:40.67	35.25
5.	Cora van Dorst	De Krabben	4:46.96	199106218	4:43.73	+0,66		
	50m: 31.34	31.34	150m: 1:41.19	35.36	250m: 2:53.59	36.30	350m: 4:07.84	37.29
	100m: 1:05.83	34.49	200m: 2:17.29	36.10	300m: 3:30.55	36.96	400m: 4:43.73	35.89
6.	Mandy Verbakel	ZPC Woerden	5:11.88	199003908	5:03.01	+0,69		
	50m: 33.18	33.18	150m: 1:48.72	38.55	250m: 3:06.97	39.17	350m: 4:25.38	39.25
	100m: 1:10.17	36.99	200m: 2:27.80	39.08	300m: 3:46.13	39.16	400m: 5:03.01	37.63
7.	Ilse van den Wijngaard	ZPC Woerden	5:05.71	198904736	5:06.10	+0,78		
	50m: 32.53	32.53	150m: 1:48.69	38.91	250m: 3:08.38	39.72	350m: 4:28.22	39.40
	100m: 1:09.78	37.25	200m: 2:28.66	39.97	300m: 3:48.82	40.44	400m: 5:06.10	37.88
8.	Martje Godschalk	De IJsel	4:58.26	199001186	5:08.71	+0,68		
	50m: 34.06	34.06	150m: 1:50.51	38.83	250m: 3:09.92	39.78	350m: 4:29.64	39.82
	100m: 1:11.68	37.62	200m: 2:30.14	39.63	300m: 3:49.82	39.90	400m: 5:08.71	39.07
9.	Liset de Veer	Aqua-Novio'94	5:52.97	198704190	5:28.72	+0,79		
	50m: 37.10	37.10	150m: 1:59.37	41.39	250m: 3:23.35	42.09	350m: 4:48.13	42.20
	100m: 1:17.98	40.88	200m: 2:41.26	41.89	300m: 4:05.93	42.58	400m: 5:28.72	40.59
10.	Madeleine Silemann	De Fuut	5:31.10	199106166	5:40.52	+0,92		
	50m: 36.86	36.86	150m: 1:59.27	42.43	250m: 3:27.61	44.53	350m: 4:56.59	44.26
	100m: 1:16.84	39.98	200m: 2:43.08	43.81	300m: 4:12.33	44.72	400m: 5:40.52	43.93
11.	Relinda Baas	GZVW	5:48.06	198900144	5:47.42	+0,62		
	50m: 38.37	38.37	150m: 2:04.13	43.51	250m: 3:32.78	44.35	350m: 5:03.28	45.39
	100m: 1:20.62	42.25	200m: 2:48.43	44.30	300m: 4:17.89	45.11	400m: 5:47.42	44.14

Masters 30+

1.	Nadya Putter	ZVVS	4:52.31	198301630	4:50.47	+0,75		
	50m: 34.20	34.20	150m: 1:46.72	36.51	250m: 2:59.81	36.50	350m: 4:13.52	37.01
	100m: 1:10.21	36.01	200m: 2:23.31	36.59	300m: 3:36.51	36.70	400m: 4:50.47	36.95
2.	Ramona Linting	AZC	5:04.71	198301274	5:02.23	+0,75		
	50m: 34.05	34.05	150m: 1:50.01	38.40	250m: 3:07.80	38.96	350m: 4:25.17	38.40
	100m: 1:11.61	37.56	200m: 2:28.84	38.83	300m: 3:46.77	38.97	400m: 5:02.23	37.06
3.	Linda Hoogendam	WVZ	5:18.75	198300892	5:11.14	+0,78		
	50m: 35.31	35.31	150m: 1:55.04	40.16	250m: 3:14.91	39.54	350m: 4:35.00	39.37
	100m: 1:14.88	39.57	200m: 2:35.37	40.33	300m: 3:55.63	40.72	400m: 5:11.14	36.14
4.	Annette Vogelsang	ZV De Bron	5:30.44	198402632	5:26.36	+0,86		
	50m: 33.18	33.18	150m: 1:50.35	39.91	250m: 3:15.43	42.88	350m: 4:43.29	43.77
	100m: 1:10.44	37.26	200m: 2:32.55	42.20	300m: 3:59.52	44.09	400m: 5:26.36	43.07
5.	Sandra Schellekens	SWNZ (SG)	5:27.02	198503416	5:26.91	+0,77		
	50m: 35.02	35.02	150m: 1:56.00	41.26	250m: 3:19.62	41.94	350m: 4:45.46	43.13
	100m: 1:14.74	39.72	200m: 2:37.68	41.68	300m: 4:02.33	42.71	400m: 5:26.91	41.45
6.	Aafke Groot	De Geul	6:04.20	198302748	5:56.23	+0,95		
	50m: 38.94	38.94	150m: 2:07.56	44.86	250m: 3:38.90	46.26	350m: 5:11.50	45.98
	100m: 1:22.70	43.76	200m: 2:52.64	45.08	300m: 4:25.52	46.62	400m: 5:56.23	44.73
7.	Marijke Dirkse	IJZPC	5:52.04	198403480	6:29.98	+1,08		
	50m: 41.00	41.00	150m: 2:16.19	49.25	250m: 3:58.34	51.30	350m: 5:40.84	49.94
	100m: 1:26.94	45.94	200m: 3:07.04	50.85	300m: 4:50.90	52.56	400m: 6:29.98	49.14

Programmanr. 4, Dames, 400m vrije slag

Masters 35+

1.	Yvonne Gerritsen	WVZ	5:20.72	198000342	5:15.41	+0,83
	50m: 34.30 34.30	150m: 1:53.27 40.03	250m: 3:14.29 40.65	350m: 4:36.28 41.15		
	100m: 1:13.24 38.94	200m: 2:33.64 40.37	300m: 3:55.13 40.84	400m: 5:15.41 39.13		
2.	Agnes van Brug	DAW	5:37.60	198001726	5:19.75	+0,81
	50m: 35.81 35.81	150m: 1:55.61 40.64	250m: 3:18.70 41.79	350m: 4:41.10 40.60		
	100m: 1:14.97 39.16	200m: 2:36.91 41.30	300m: 4:00.50 41.80	400m: 5:19.75 38.65		
3.	Chantal Verhoeff	Old Dutch	5:36.06	197900912	5:24.73	+0,93
	50m: 35.03 35.03	150m: 1:56.26 41.57	250m: 3:18.79 41.27	350m: 4:42.99 41.72		
	100m: 1:14.69 39.66	200m: 2:37.52 41.26	300m: 4:01.27 42.48	400m: 5:24.73 41.74		
4.	Eveline Hacquebord	IJZPC	5:44.56	197901206	5:41.26	+0,97
	50m: 36.59 36.59	150m: 1:59.58 42.10	250m: 3:27.96 44.76	350m: 4:58.05 45.20		
	100m: 1:17.48 40.89	200m: 2:43.20 43.62	300m: 4:12.85 44.89	400m: 5:41.26 43.21		
5.	Clementine van Bruxvoort	ZPB H&L Productions	6:44.03	197700138	6:46.09	+0,80
	50m: 45.62 45.62	150m: 2:28.91 52.73	250m: 4:12.44 51.66	350m: 5:56.02 51.80		
	100m: 1:36.18 50.56	200m: 3:20.78 51.87	300m: 5:04.22 51.78	400m: 6:46.09 50.07		
6.	Rianne van Vegchelen	Deltasteur	6:46.33	198101530	6:55.09	+1,18
	50m: 46.25 46.25	150m: 2:30.22 52.95	250m: 4:15.43 51.79	350m: 6:02.72 53.65		
	100m: 1:37.27 51.02	200m: 3:23.64 53.42	300m: 5:09.07 53.64	400m: 6:55.09 52.37		
DIS	Severine Bayre	CNSW	5:30.76	004275/78		
	AA - Started before the starting signal					

Masters 40+

1.	Kirsten Cameron	East Leeds	4:24.42	1160788	4:26.54	+0,64
	<i>Kampioenschaps Record</i>					
	50m: 30.87 30.87	150m: 1:37.55 33.75	250m: 2:45.03 33.76	350m: 3:53.54 34.15		
	100m: 1:03.80 32.93	200m: 2:11.27 33.72	300m: 3:19.39 34.36	400m: 4:26.54 33.00		
2.	Liselotte Joling	PSV	4:46.27	197500268	4:47.54	+0,86
	50m: 33.84 33.84	150m: 1:45.91 35.91	250m: 2:58.71 35.91	350m: 4:11.78 36.38		
	100m: 1:10.00 36.16	200m: 2:22.80 36.89	300m: 3:35.40 36.69	400m: 4:47.54 35.76		
3.	Evelien van Klaarbergen	HZ&PC Heerenveen	5:20.99	197200964	5:10.20	+0,64
	50m: 35.18 35.18	150m: 1:53.76 39.49	250m: 3:12.72 39.59	350m: 4:32.08 39.95		
	100m: 1:14.27 39.09	200m: 2:33.13 39.37	300m: 3:52.13 39.41	400m: 5:10.20 38.12		
4.	Pascalie Janssen	De Roersoppers	5:47.53	197300852	5:48.48	
	50m: 37.19 37.19	150m: 2:02.13 43.26	250m: 3:32.12 45.32	350m: 5:03.92 46.51		
	100m: 1:18.87 41.68	200m: 2:46.80 44.67	300m: 4:17.41 45.29	400m: 5:48.48 44.56		
5.	Yulia Trofimova	Black Sepia	5:56.81	034010	5:53.32	+0,79
	50m: 38.24 38.24	150m: 2:04.83 44.40	250m: 3:35.39 45.54	350m: 5:07.75 46.32		
	100m: 1:20.43 42.19	200m: 2:49.85 45.02	300m: 4:21.43 46.04	400m: 5:53.32 45.57		
6.	Jantiene Hannessen	Zwemvereniging Hoogland	6:13.60	197300946	6:06.17	+1,02
	50m: 38.85 38.85	150m: 2:06.65 45.06	250m: 3:41.90 48.38	350m: 5:19.18 48.99		
	100m: 1:21.59 42.74	200m: 2:53.52 46.87	300m: 4:30.19 48.29	400m: 6:06.17 46.99		
7.	Inge Lolkema-Soeters	Steenwijk 1934	6:33.43	197300934	6:33.41	+0,92
	50m: 42.96 42.96	150m: 2:19.56 49.43	250m: 4:01.97 50.95	350m: 5:44.40 51.37		
	100m: 1:30.13 47.17	200m: 3:11.02 51.46	300m: 4:53.03 51.06	400m: 6:33.41 49.01		
8.	Evelien Breman-Alers	Nautilus	6:41.29	197200878	6:37.01	+0,74
	50m: 39.87 39.87	150m: 2:15.19 49.38	250m: 3:59.92 52.58	350m: 5:45.84 53.00		
	100m: 1:25.81 45.94	200m: 3:07.34 52.15	300m: 4:52.84 52.92	400m: 6:37.01 51.17		

Masters 45+

1.	Karin Stein	ZVVS	4:53.40	197100554	4:56.19	+0,80
	50m: 34.73 34.73	150m: 1:48.41 36.84	250m: 3:02.80 37.39	350m: 4:18.84 38.28		
	100m: 1:11.57 36.84	200m: 2:25.41 37.00	300m: 3:40.56 37.76	400m: 4:56.19 37.35		
2.	Heidi van Stein	LZ 1886	4:58.82	196900864	4:59.84	+0,64
	50m: 33.52 33.52	150m: 1:47.99 37.54	250m: 3:04.09 38.20	350m: 4:21.88 39.14		
	100m: 1:10.45 36.93	200m: 2:25.89 37.90	300m: 3:42.74 38.65	400m: 4:59.84 37.96		
3.	Annette de Visser	Oceanus	5:03.45	197100602	5:05.16	+0,82
	50m: 33.95 33.95	150m: 1:49.58 38.19	250m: 3:07.53 39.30	350m: 4:26.77 39.50		
	100m: 1:11.39 37.44	200m: 2:28.23 38.65	300m: 3:47.27 39.74	400m: 5:05.16 38.39		
4.	Jolanta Duleviciene	Kauno Takas	5:39.98		5:32.29	
	<i>Lithuanian Masters Record</i>					
	50m: 37.88 37.88	150m: 2:02.36 42.91	250m: 3:27.55 42.29	350m: 4:52.14 42.49		
	100m: 1:19.45 41.57	200m: 2:45.26 42.90	300m: 4:09.65 42.10	400m: 5:32.29 40.15		

Programmanr. 4, Dames, 400m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Annet Kootstra	Swol 1894	5:59.04	197100344	6:00.72	+0,86
	50m: 40.68 40.68	150m: 2:10.70 45.40	250m: 3:43.68 46.77	350m: 5:16.24 46.10		
	100m: 1:25.30 44.62	200m: 2:56.91 46.21	300m: 4:30.14 46.46	400m: 6:00.72 44.48		
6.	Marijke Campfens	De Geul	5:56.01	196900960	6:10.44	
	50m: 40.20 40.20	150m: 2:09.29 45.39	250m: 3:43.90 47.51	350m: 5:21.50 49.16		
	100m: 1:23.90 43.70	200m: 2:56.39 47.10	300m: 4:32.34 48.44	400m: 6:10.44 48.94		
7.	Peggi Hurenkamp	HZ&PC Heerenveen	6:07.17	196900922	6:11.30	+0,88
	50m: 40.08 40.08	150m: 2:11.94 46.73	250m: 3:48.11 48.16	350m: 5:24.12 47.97		
	100m: 1:25.21 45.13	200m: 2:59.95 48.01	300m: 4:36.15 48.04	400m: 6:11.30 47.18		
8.	Kristien Van de Moortel	ShaRK	6:11.82	20315/69	6:16.31	+0,73
	50m: 42.68 42.68	150m: 2:18.41 48.06	250m: 3:53.68 47.69	350m: 5:30.07 48.35		
	100m: 1:30.35 47.67	200m: 3:05.99 47.58	300m: 4:41.72 48.04	400m: 6:16.31 46.24		
9.	Ingeborg Stokx	DAW	6:29.17	196700666	6:18.70	+0,79
	50m: 41.36 41.36	150m: 2:17.58 48.89	250m: 3:55.39 48.91	350m: 5:32.81 48.07		
	100m: 1:28.69 47.33	200m: 3:06.48 48.90	300m: 4:44.74 49.35	400m: 6:18.70 45.89		
10.	Nathasja Konijn	WIDEX GZC DONK	6:44.51	197100992	6:21.82	+0,91
	50m: 40.55 40.55	150m: 2:13.46 47.96	250m: 3:50.76 49.39	350m: 5:31.34 50.66		
	100m: 1:25.50 44.95	200m: 3:01.37 47.91	300m: 4:40.68 49.92	400m: 6:21.82 50.48		
11.	Hetty Smalheer	SCOM	6:11.74	196700352	6:25.59	
	50m: 42.35 42.35	150m: 2:18.91 49.26	250m: 3:59.01 50.02	350m: 5:37.98 49.37		
	100m: 1:29.65 47.30	200m: 3:08.99 50.08	300m: 4:48.61 49.60	400m: 6:25.59 47.61		
12.	Roselinda van der Vlugt 100m*	Zwemvereniging Woestduin	7:00.09	196700710	7:01.57	+1,12
	50m: 47.69 47.69	150m: 2:32.92 54.44	250m: 4:21.80 54.50	350m: 6:09.67 54.32		
	100m: 1:38.48 50.79	200m: 3:27.30 54.38	300m: 5:15.35 53.55	400m: 7:01.57 51.90		

Masters 50+

1.	Petra Casteleijn	ZPC AMERSFOORT	5:22.77	196600098	5:40.03	+0,85
	50m: 35.78 35.78	150m: 1:58.01 42.61	250m: 3:26.73 44.59	350m: 4:57.07 45.36		
	100m: 1:15.40 39.62	200m: 2:42.14 44.13	300m: 4:11.71 44.98	400m: 5:40.03 42.96		
2.	Susanne Prins - Molenwijk	De Geul	5:33.67	196600284	5:43.76	+0,77
	50m: 38.34 38.34	150m: 2:04.19 43.47	250m: 3:31.65 43.65	350m: 5:00.52 44.21		
	100m: 1:20.72 42.38	200m: 2:48.00 43.81	300m: 4:16.31 44.66	400m: 5:43.76 43.24		
3.	Ellen Parma	Triton	6:39.43	196200366	6:43.42	
	50m: 41.60 41.60	150m: 2:21.47 50.86	250m: 4:05.76 52.62	350m: 5:53.12 53.70		
	100m: 1:30.61 49.01	200m: 3:13.14 51.67	300m: 4:59.42 53.66	400m: 6:43.42 50.30		
4.	Erica Muller	De Geul	6:46.68	196400412	6:54.50	+0,84
	50m: 44.93 44.93	150m: 2:26.50 51.83	250m: 4:12.28 53.24	350m: 6:01.35 54.65		
	100m: 1:34.67 49.74	200m: 3:19.04 52.54	300m: 5:06.70 54.42	400m: 6:54.50 53.15		
5.	Marie-Jeanne Vandormael	GZVN	7:47.13	21035/63	7:12.21	
	50m: 47.18 47.18	150m: 2:36.23 55.04	250m: 4:27.19 55.31	350m: 6:17.57 55.01		
	100m: 1:41.19 54.01	200m: 3:31.88 55.65	300m: 5:22.56 55.37	400m: 7:12.21 54.64		
6.	Annemarie Straetemans	De Geul	7:16.29	196300508	7:15.75	
	50m: 47.37 47.37	150m: 2:37.54 55.86	250m: 4:28.64 55.80	350m: 6:21.17 56.23		
	100m: 1:41.68 54.31	200m: 3:32.84 55.30	300m: 5:24.94 56.30	400m: 7:15.75 54.58		
DIS	Jacqueline Rolloos-Bakkers	De Lansingh	5:28.95	196300222		
	<i>AA - Started before the starting signal</i>					
AFGEM	Katrin Pennings	PSV	5:42.55	196400570		

Masters 55+

1.	Patty Verhagen	PSV	5:30.76	195900146	5:35.60	+0,89
	50m: 39.21 39.21	150m: 2:03.35 42.14	250m: 3:28.14 42.49	350m: 4:54.07 42.66		
	100m: 1:21.21 42.00	200m: 2:45.65 42.30	300m: 4:11.41 43.27	400m: 5:35.60 41.53		
2.	Olga Kedrova	Poseidon	5:57.65	037010	5:45.63	+0,90
	50m: 39.22 39.22	150m: 2:05.19 43.19	250m: 3:32.86 44.12	350m: 5:02.29 44.55		
	100m: 1:22.00 42.78	200m: 2:48.74 43.55	300m: 4:17.74 44.88	400m: 5:45.63 43.34		
3.	Marlien Wijnhof	Nat Utrecht	5:50.21	196100300	5:54.11	
	50m: 40.18 40.18	150m: 2:09.60 44.95	250m: 3:40.26 45.19	350m: 5:10.19 45.43		
	100m: 1:24.65 44.47	200m: 2:55.07 45.47	300m: 4:24.76 44.50	400m: 5:54.11 43.92		
4.	Jennie Resink-Lindeboom	DWK	6:29.93	196000142	6:28.97	+1,01
	50m: 42.31 42.31	150m: 2:20.92 50.15	250m: 4:02.41 50.58	350m: 5:42.13 49.95		
	100m: 1:30.77 48.46	200m: 3:11.83 50.91	300m: 4:52.18 49.77	400m: 6:28.97 46.84		

Programmanr. 4, Dames, 400m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Marjan Spoelstra	Swol 1894	6:23.73	196000236	6:39.66	+0,70
	50m: 43.37 43.37	150m: 2:22.81 50.42	250m: 4:05.69 51.59	350m: 5:49.61 51.94		
	100m: 1:32.39 49.02	200m: 3:14.10 51.29	300m: 4:57.67 51.98	400m: 6:39.66 50.05		
6.	Wil Ponsoen-van Mil 200m*	AZC	7:12.22	196100402	7:13.99	+1,09
	50m: 44.92 44.92	150m: 2:29.19 53.42	250m: 4:22.90 57.46	350m: 6:18.28 57.82		
	100m: 1:35.77 50.85	200m: 3:25.44 56.25	300m: 5:20.46 57.56	400m: 7:13.99 55.71		
7.	Karien Musters	Old Dutch	8:00.08	195800236	9:07.27	+0,62
	50m: 54.05 54.05	150m: 3:03.36 1:07.50	250m: 5:29.10 1:13.95	350m: 7:54.31 1:12.77		
	100m: 1:55.86 1:01.81	200m: 4:15.15 1:11.79	300m: 6:41.54 1:12.44	400m: 9:07.27 1:12.96		

Masters 60+

1.	Ineke Weekers	PSV	5:34.32	195300050	5:41.56	+0,83
	50m: 40.60 40.60	150m: 2:05.67 43.12	250m: 3:32.13 43.38	350m: 4:59.16 43.61		
	100m: 1:22.55 41.95	200m: 2:48.75 43.08	300m: 4:15.55 43.42	400m: 5:41.56 42.40		
2.	Margriet Pasma	Inktvis-De Pinquin (SG)	5:49.64	195500088	6:02.33	+0,95
	50m: 40.38 40.38	150m: 2:11.66 46.28	250m: 3:44.31 46.20	350m: 5:17.87 46.52		
	100m: 1:25.38 45.00	200m: 2:58.11 46.45	300m: 4:31.35 47.04	400m: 6:02.33 44.46		

Masters 65+

1.	Conny Boer-Buys <i>Europees Masters Record</i>	ZVVS	5:41.30	195000006	5:46.56	+0,95
	50m: 38.01 38.01	150m: 2:05.40 44.74	250m: 3:34.77 44.81	350m: 5:04.09 44.41		
	100m: 1:20.66 42.65	200m: 2:49.96 44.56	300m: 4:19.68 44.91	400m: 5:46.56 42.47		
2.	Gonnie Bak	PSV	7:25.91	195100064	7:23.06	+0,96
	50m: 47.35 47.35	150m: 2:41.40 57.53	250m: 4:35.34 56.96	350m: 6:27.68 55.88		
	100m: 1:43.87 56.52	200m: 3:38.38 56.98	300m: 5:31.80 56.46	400m: 7:23.06 55.38		

Masters 70+

1.	Mieke Strijbis-v.d.Kroft	DAW	7:41.63	194500004	7:39.70	+1,16
	50m: 53.57 53.57	150m: 2:50.60 58.90	250m: 4:47.71 58.18	350m: 6:43.48 57.57		
	100m: 1:51.70 58.13	200m: 3:49.53 58.93	300m: 5:45.91 58.20	400m: 7:39.70 56.22		

Masters 75+

1.	Bep van Riessen	Aquapoldro	9:16.24	193700006	9:32.81	+1,16
	50m: 1:02.49 1:02.49	150m: 3:26.84 1:12.77	250m: 5:56.75 1:15.28	350m: 8:23.78 1:13.53		
	100m: 2:14.07 1:11.58	200m: 4:41.47 1:14.63	300m: 7:10.25 1:13.50	400m: 9:32.81 1:09.03		

Masters 80+

1.	Annie de Vos <i>Kampioenschaps Record</i>	Old Dutch	9:48.91	193400004	9:23.21	
	50m: 1:04.43 1:04.43	150m: 3:23.96 1:10.28	250m: 5:47.02 1:11.66	350m: 8:11.06 1:12.11		
	100m: 2:13.68 1:09.25	200m: 4:35.36 1:11.40	300m: 6:58.95 1:11.93	400m: 9:23.21 1:12.15		

Programmanr. 5
22-01-2016 - 10:14

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Lars Schoffelman	ZPB H&L Productions	4:18.82	199501907	4:19.57	+0,74
	50m: 28.43 28.43	150m: 1:33.84 33.14	250m: 2:39.94 32.77	350m: 3:47.23 33.58		
	100m: 1:00.70 32.27	200m: 2:07.17 33.33	300m: 3:13.65 33.71	400m: 4:19.57 32.34		
2.	Jeffrey Camphens	DWT	4:24.78	199503113	4:23.32	+0,67
	50m: 29.03 29.03	150m: 1:34.91 33.28	250m: 2:42.94 34.21	350m: 3:50.75 33.94		
	100m: 1:01.63 32.60	200m: 2:08.73 33.82	300m: 3:16.81 33.87	400m: 4:23.32 32.57		

Programmanr. 5, Heren, 400m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Thijs van den End	ZPC Woerden	4:31.84	199306803	4:34.50	+0,98		
	50m: 29.66	29.66	150m: 1:36.93	33.86	250m: 2:46.37	35.10	350m: 3:58.72	36.45
	100m: 1:03.07	33.41	200m: 2:11.27	34.34	300m: 3:22.27	35.90	400m: 4:34.50	35.78
4.	Vincent Dermaux	ZC Aquadream	4:32.71	199600599	4:39.53	+0,77		
	50m: 29.29	29.29	150m: 1:37.96	35.11	250m: 2:49.95	36.36	350m: 4:04.42	37.20
	100m: 1:02.85	33.56	200m: 2:13.59	35.63	300m: 3:27.22	37.27	400m: 4:39.53	35.11
5.	John van Heteren	DWF	5:26.15	199305017	5:43.15	+0,96		
	50m: 36.35	36.35	150m: 2:00.30	42.85	250m: 3:28.57	44.46	350m: 4:58.34	44.61
	100m: 1:17.45	41.10	200m: 2:44.11	43.81	300m: 4:13.73	45.16	400m: 5:43.15	44.81

Masters 25+

1.	Erik Simons	d'ELFT WAVE (SG)	4:10.02	198902845	4:08.39	+0,76		
	50m: 26.99	26.99	150m: 1:27.86	30.46	250m: 2:31.22	31.53	350m: 3:36.39	32.81
	100m: 57.40	30.41	200m: 1:59.69	31.83	300m: 3:03.58	32.36	400m: 4:08.39	32.00
2.	Tim Bunnik	Triton	4:32.07	199000505	4:25.09	+0,77		
	50m: 28.51	28.51	150m: 1:35.64	34.17	250m: 2:44.63	34.55	350m: 3:52.39	33.68
	100m: 1:01.47	32.96	200m: 2:10.08	34.44	300m: 3:18.71	34.08	400m: 4:25.09	32.70
3.	Maik Steenkamp	Montferland	4:36.19	199103847	4:32.02	+0,75		
	50m: 29.76	29.76	150m: 1:36.69	33.91	250m: 2:46.56	35.15	350m: 3:57.65	35.65
	100m: 1:02.78	33.02	200m: 2:11.41	34.72	300m: 3:22.00	35.44	400m: 4:32.02	34.37
4.	Niels Albrechts	MGO (SG)	4:37.36	198800039	4:34.33	+0,73		
	50m: 30.25	30.25	150m: 1:38.95	34.83	250m: 2:49.81	35.54	350m: 4:00.78	35.63
	100m: 1:04.12	33.87	200m: 2:14.27	35.32	300m: 3:25.15	35.34	400m: 4:34.33	33.55
5.	Wessel Everloo	De Veene	4:29.46	198906597	4:37.32	+0,82		
	50m: 31.69	31.69	150m: 1:42.79	35.15	250m: 2:54.24	34.85	350m: 4:04.94	34.70
	100m: 1:07.64	35.95	200m: 2:19.39	36.60	300m: 3:30.24	36.00	400m: 4:37.32	32.38
6.	Rens Post	WVZ	4:49.22	199101827	4:48.01	+0,75		
	50m: 30.95	30.95	150m: 1:42.98	36.69	250m: 2:56.13	36.18	350m: 4:11.76	37.87
	100m: 1:06.29	35.34	200m: 2:19.95	36.97	300m: 3:33.89	37.76	400m: 4:48.01	36.25
7.	Patrick de Jonge	ZPC Woerden	5:29.76	198906635	5:14.79	+0,80		
	50m: 32.43	32.43	150m: 1:48.56	39.18	250m: 3:11.13	42.09	350m: 4:34.31	41.74
	100m: 1:09.38	36.95	200m: 2:29.04	40.48	300m: 3:52.57	41.44	400m: 5:14.79	40.48
AFGEM	Klaas van Beek	ZV Haerlem	4:25.95	198805941				
AFGEM	Alex Schelvis	LZ 1886	4:02.28	198702927				

Masters 30+

1.	Erik Schröder	TriVia	4:10.97	198402025	4:17.31	+0,87		
	50m: 28.32	28.32	150m: 1:32.11	32.43	250m: 2:37.99	32.88	350m: 3:44.65	33.22
	100m: 59.68	31.36	200m: 2:05.11	33.00	300m: 3:11.43	33.44	400m: 4:17.31	32.66
2.	Kristiaan Lenos	LZ 1886	4:15.02	198301331	4:25.63	+0,63		
	50m: 28.54	28.54	150m: 1:32.93	32.74	250m: 2:40.76	34.26	350m: 3:50.94	35.19
	100m: 1:00.19	31.65	200m: 2:06.50	33.57	300m: 3:15.75	34.99	400m: 4:25.63	34.69
3.	Jim Geestman	RSW (SG)	4:35.63	198300699	4:36.40	+0,95		
	50m: 30.39	30.39	150m: 1:37.93	34.36	250m: 2:48.69	35.55	350m: 4:01.61	36.94
	100m: 1:03.57	33.18	200m: 2:13.14	35.21	300m: 3:24.67	35.98	400m: 4:36.40	34.79
4.	Robert Dekker	De Veene	4:40.27	198400443	4:38.73	+0,80		
	50m: 30.06	30.06	150m: 1:38.88	34.92	250m: 2:50.48	35.91	350m: 4:03.08	36.56
	100m: 1:03.96	33.90	200m: 2:14.57	35.69	300m: 3:26.52	36.04	400m: 4:38.73	35.65
5.	Frank van der Voordt	MGO (SG)	4:40.84	198302259	4:48.91	+0,78		
	50m: 31.27	31.27	150m: 1:41.72	35.67	250m: 2:55.52	37.06	350m: 4:11.32	38.11
	100m: 1:06.05	34.78	200m: 2:18.46	36.74	300m: 3:33.21	37.69	400m: 4:48.91	37.59
6.	Rob van Wanrooy	Gay Swim Amsterdam	5:45.44	198202627	5:22.43	+0,66		
	50m: 34.35	34.35	150m: 1:53.90	40.77	250m: 3:17.11	41.73	350m: 4:41.36	42.26
	100m: 1:13.13	38.78	200m: 2:35.38	41.48	300m: 3:59.10	41.99	400m: 5:22.43	41.07

Programmanr. 5, Heren, 400m vrije slag

Masters 35+

1.	Ivo Roozeboom		WVZ		4:24.75	197700801		4:27.36	+0,79			
	50m:	29.41	29.41	150m:	1:36.71	33.88	250m:	2:44.92	34.02	350m:	3:53.87	34.40
	100m:	1:02.83	33.42	200m:	2:10.90	34.19	300m:	3:19.47	34.55	400m:	4:27.36	33.49
2.	Marcel Reefhuis		WS Twente		4:33.27	198101381		4:34.80	+0,77			
	50m:	30.29	30.29	150m:	1:38.23	34.46	250m:	2:48.69	35.35	350m:	4:00.40	35.96
	100m:	1:03.77	33.48	200m:	2:13.34	35.11	300m:	3:24.44	35.75	400m:	4:34.80	34.40
3.	Heijmen van Vliet		Wiekslag		4:51.46	198001637		4:47.42	+0,72			
	50m:	31.80	31.80	150m:	1:43.17	35.94	250m:	2:56.95	36.99	350m:	4:11.65	37.32
	100m:	1:07.23	35.43	200m:	2:19.96	36.79	300m:	3:34.33	37.38	400m:	4:47.42	35.77
4.	Raymond Oosterbaan		WIDEX GZC DONK		4:56.14	197700711		4:57.71	+0,90			
	50m:	32.07	32.07	150m:	1:46.24	37.69	250m:	3:03.86	38.95	350m:	4:20.78	38.29
	100m:	1:08.55	36.48	200m:	2:24.91	38.67	300m:	3:42.49	38.63	400m:	4:57.71	36.93
5.	Gerrit Klaas van der Vaart		De Haaien		5:08.83	198001551		4:59.20	+0,80			
	50m:	31.83	31.83	150m:	1:44.84	37.04	250m:	3:01.52	38.67	350m:	4:19.98	39.66
	100m:	1:07.80	35.97	200m:	2:22.85	38.01	300m:	3:40.32	38.80	400m:	4:59.20	39.22
6.	Jeroen Vogelsang		DAW		4:47.36	198001645		5:03.17	+0,84			
	50m:	32.70	32.70	150m:	1:45.31	37.46	250m:	3:02.30	38.81	350m:	4:23.05	40.97
	100m:	1:07.65	35.15	200m:	2:23.49	38.18	300m:	3:42.08	39.78	400m:	5:03.17	40.12
7.	Michel Wigbers		DWT		5:14.49	198001743		5:03.97	+0,81			
	50m:	33.01	33.01	150m:	1:47.86	37.79	250m:	3:05.33	38.87	350m:	4:24.69	39.71
	100m:	1:10.07	37.06	200m:	2:26.46	38.60	300m:	3:44.98	39.65	400m:	5:03.97	39.28
8.	Harm Jan Otter		De Zandstuve		5:01.86	198101283		5:12.76				
	50m:	33.24	33.24	150m:	1:50.15	39.36	250m:	3:11.93	41.25	350m:	4:33.31	41.08
	100m:	1:10.79	37.55	200m:	2:30.68	40.53	300m:	3:52.23	40.30	400m:	5:12.76	39.45

Masters 40+

1.	Egbert Stolk		d'ELFT WAVE (SG)		4:22.86	197600889		4:19.38	+0,72			
	<i>Nederlands Masters Record</i>											
	50m:	29.29	29.29	150m:	1:34.24	32.69	250m:	2:40.59	33.32	350m:	3:47.08	33.09
	100m:	1:01.55	32.26	200m:	2:07.27	33.03	300m:	3:13.99	33.40	400m:	4:19.38	32.30
2.	John Cobussen		De Gelenberg		4:40.61	197501323		4:30.87	+0,76			
	50m:	29.13	29.13	150m:	1:35.35	33.55	250m:	2:44.61	34.77	350m:	3:55.59	35.68
	100m:	1:01.80	32.67	200m:	2:09.84	34.49	300m:	3:19.91	35.30	400m:	4:30.87	35.28
3.	Alex Damen		DAW		4:50.36	197501371		4:44.50	+0,88			
	50m:	31.70	31.70	150m:	1:41.93	35.35	250m:	2:53.78	36.07	350m:	4:08.11	37.39
	100m:	1:06.58	34.88	200m:	2:17.71	35.78	300m:	3:30.72	36.94	400m:	4:44.50	36.39
4.	Joeri Stoffels		AZC		4:55.07	197300851		4:48.71	+0,87			
	50m:	32.20	32.20	150m:	1:44.46	36.64	250m:	2:57.71	37.19	350m:	4:11.78	37.00
	100m:	1:07.82	35.62	200m:	2:20.52	36.06	300m:	3:34.78	37.07	400m:	4:48.71	36.93
5.	Casper van den Burgh		LZ 1886		5:05.68	197201413		4:51.05	+0,86			
	50m:	32.52	32.52	150m:	1:44.83	36.71	250m:	2:59.63	37.51	350m:	4:14.99	37.53
	100m:	1:08.12	35.60	200m:	2:22.12	37.29	300m:	3:37.46	37.83	400m:	4:51.05	36.06
6.	Kasper van den Bergh		Swol 1894		5:12.96	197301125		5:14.58	+0,73			
	50m:	34.36	34.36	150m:	1:51.50	39.33	250m:	3:12.58	40.74	350m:	4:35.56	41.41
	100m:	1:12.17	37.81	200m:	2:31.84	40.34	300m:	3:54.15	41.57	400m:	5:14.58	39.02
7.	Wouter van der Stelt		Den Doorn		5:18.60	197200889		5:25.55	+0,90			
	50m:	35.18	35.18	150m:	1:54.50	40.63	250m:	3:17.87	41.82	350m:	4:42.86	42.60
	100m:	1:13.87	38.69	200m:	2:36.05	41.55	300m:	4:00.26	42.39	400m:	5:25.55	42.69
8.	Rogier Becker		De Dinkel		5:13.64	197301439		5:27.95	+0,94			
	50m:	34.89	34.89	150m:	1:52.88	39.90	250m:	3:16.13	42.07	350m:	4:44.10	44.50
	100m:	1:12.98	38.09	200m:	2:34.06	41.18	300m:	3:59.60	43.47	400m:	5:27.95	43.85
9.	Arjan Aalbers		Swol 1894		5:21.53	197500001		5:40.06	+0,81			
	50m:	32.88	32.88	150m:	1:51.62	40.75	250m:	3:20.93	45.61	350m:	4:53.44	47.00
	100m:	1:10.87	37.99	200m:	2:35.32	43.70	300m:	4:06.44	45.51	400m:	5:40.06	46.62
10.	Bas van Gool		De Geul		6:30.75	197201435		6:34.83	+0,83			
	50m:	39.58	39.58	150m:	2:13.08	47.70	250m:	3:55.17	51.89	350m:	5:41.51	53.37
	100m:	1:25.38	45.80	200m:	3:03.28	50.20	300m:	4:48.14	52.97	400m:	6:34.83	53.32

Programmanr. 5, Heren, 400m vrije slag

Masters 45+

1.	Erlend Alstad	I.L. Varg	4:23.08		4:28.37	+0,76
	50m: 30.46 100m: 1:03.49	150m: 1:37.38 200m: 2:12.03	250m: 2:46.06 300m: 3:20.59	34.03 34.53	350m: 3:54.98 400m: 4:28.37	34.39 33.39
2.	Glen le Clercq	De Rog	4:47.33	196800177	4:31.85	+0,78
	50m: 30.21 100m: 1:03.99	150m: 1:38.79 200m: 2:13.79	250m: 2:47.14 300m: 3:21.28	33.35 34.14	350m: 3:56.15 400m: 4:31.85	34.87 35.70
3.	Arjan Bellaart	Het Y	4:37.17	196900079	4:44.30	+0,72
	50m: 30.78 100m: 1:05.59	150m: 1:41.18 200m: 2:17.38	250m: 2:53.79 300m: 3:30.50	36.41 36.71	350m: 4:07.73 400m: 4:44.30	37.23 36.57
4.	René Beetsma	HZ&PC Heerenveen	4:45.57	196900069	4:47.74	
	50m: 31.49 100m: 1:06.26	150m: 1:43.12 200m: 2:20.11	250m: 2:57.17 300m: 3:34.42	37.06 37.25	350m: 4:11.65 400m: 4:47.74	37.23 36.09
5.	Konstantin Sklyar	TG Lage 1862	4:52.03	321129	4:50.47	+0,79
	50m: 32.21 100m: 1:07.99	150m: 1:44.52 200m: 2:21.86	250m: 2:59.73 300m: 3:37.22	37.87 37.49	350m: 4:15.03 400m: 4:50.47	37.81 35.44
6.	Kees Akershoek	MGO (SG)	5:00.74	196900009	4:59.64	+0,77
	50m: 32.93 100m: 1:09.44	150m: 1:47.07 200m: 2:25.58	250m: 3:04.58 300m: 3:43.24	39.00 38.66	350m: 4:21.98 400m: 4:59.64	38.74 37.66
7.	Marcel Brittijn	De Duinkickers	5:52.39	196900159	5:49.83	+0,68
	50m: 35.35 100m: 1:16.64	150m: 2:01.03 200m: 2:46.37	250m: 3:33.00 300m: 4:19.22	46.63 46.22	350m: 5:06.84 400m: 5:49.83	47.62 42.99
8.	Jeff van Loon	De Geul	6:05.01	197001687	6:24.97	+0,56
	50m: 41.65 100m: 1:25.95	150m: 2:11.88 200m: 2:58.93	250m: 3:47.62 300m: 4:38.41	48.69 50.79	350m: 5:30.94 400m: 6:24.97	52.53 54.03

Masters 50+

1.	Johan Remmits	ZPC Woerden	4:36.52	196201159	4:35.41	+0,74
	50m: 30.40 100m: 1:03.88	150m: 1:38.83 200m: 2:14.24	250m: 2:50.07 300m: 3:25.86	35.83 35.79	350m: 4:01.21 400m: 4:35.41	35.35 34.20
2.	Jan Brink	ZPC De Zeeuwse Kust	4:34.32	196200091	4:37.47	+0,77
	50m: 30.37 100m: 1:04.81	150m: 1:40.08 200m: 2:15.67	250m: 2:51.16 300m: 3:27.31	35.49 36.15	350m: 4:03.45 400m: 4:37.47	36.14 34.02
3.	Sergey Makarychev	Poseidon	4:46.30	037018	4:41.33	+0,77
	50m: 32.34 100m: 1:07.18	150m: 1:42.35 200m: 2:18.05	250m: 2:54.25 300m: 3:30.31	36.20 36.06	350m: 4:06.19 400m: 4:41.33	35.88 35.14
4.	Hans Kwaks	De Krabben	4:57.24	196400443	4:59.39	+0,73
	50m: 32.63 100m: 1:10.16	150m: 1:48.54 200m: 2:26.93	250m: 3:05.51 300m: 3:43.95	38.58 38.44	350m: 4:22.59 400m: 4:59.39	38.64 36.80
5.	Rob Verheul	TRB-RES	5:08.90	196601571	5:00.47	+0,79
	50m: 32.74 100m: 1:07.95	150m: 1:44.85 200m: 2:22.84	250m: 3:00.66 300m: 3:39.20	37.82 38.54	350m: 4:19.58 400m: 5:00.47	40.38 40.89
6.	Kees-Jan van Overbeeke	WWV	4:59.11	196200489	5:04.93	+0,93
	50m: 33.53 100m: 1:10.86	150m: 1:49.57 200m: 2:28.70	250m: 3:07.65 300m: 3:46.88	38.95 39.23	350m: 4:26.62 400m: 5:04.93	39.74 38.31
7.	Nico Paasse	MGO (SG)	5:17.62	196501463	5:05.91	+0,87
	50m: 32.39 100m: 1:08.81	150m: 1:47.93 200m: 2:28.17	250m: 3:07.95 300m: 3:48.28	39.78 40.33	350m: 4:27.23 400m: 5:05.91	38.95 38.68
8.	Wiljam Nijenhuis	De IJsel	5:43.70	196400547	5:06.56	+0,93
	50m: 33.75 100m: 1:10.63	150m: 1:49.26 200m: 2:28.97	250m: 3:08.64 300m: 3:48.48	39.67 39.84	350m: 4:28.48 400m: 5:06.56	40.00 38.08
9.	Fred Dijkshoorn	Zwemvereniging Westland	5:34.99	196501539	5:24.92	+0,79
	50m: 35.53 100m: 1:16.25	150m: 1:59.10 200m: 2:41.93	250m: 3:23.95 300m: 4:05.63	42.02 41.68	350m: 4:45.96 400m: 5:24.92	40.33 38.96
10.	Jan Smalheer	SCOM	5:34.24	196400701	5:32.06	+1,03
	50m: 36.44 100m: 1:16.12	150m: 1:57.96 200m: 2:40.16	250m: 3:22.82 300m: 4:06.17	42.66 43.35	350m: 4:49.83 400m: 5:32.06	43.66 42.23
11.	Eric Tijms	OEZA	5:57.86	196401125	5:53.58	+0,84
	50m: 36.35 100m: 1:17.40	150m: 2:01.69 200m: 2:47.87	250m: 3:34.19 300m: 4:21.87	46.32 47.68	350m: 5:09.13 400m: 5:53.58	47.26 44.45
12.	Casper Dollekamp	Steenwijk 1934	5:42.04	196301341	5:54.23	+0,76
	50m: 35.43 100m: 1:15.80	150m: 1:59.02 200m: 2:43.47	250m: 3:30.06 300m: 4:18.16	46.59 48.10	350m: 5:07.24 400m: 5:54.23	49.08 46.99

Programmanr. 5, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Gert Sikkema	ZIGNEA	4:56.60	196300687		
AFGEM	Bob de Vries	Aquapoldro	4:52.37	196601101		
AFGEM	Davy Aerts	ShaRK	5:12.20	10452/64		

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	4:30.73	195800149	4:47.94	+0,71		
	50m: 32.17	32.17	150m: 1:45.33	37.14	250m: 3:00.65	37.46	350m: 4:12.88	35.99
	100m: 1:08.19	36.02	200m: 2:23.19	37.86	300m: 3:36.89	36.24	400m: 4:47.94	35.06
2.	Gustav van den Berg	TriVia	4:47.20	196100991	4:48.50	+0,85		
	50m: 32.96	32.96	150m: 1:45.12	36.63	250m: 2:59.60	37.52	350m: 4:13.52	36.78
	100m: 1:08.49	35.53	200m: 2:22.08	36.96	300m: 3:36.74	37.14	400m: 4:48.50	34.98
3.	Lex Hoogendam	MNC Dordrecht	5:44.05	195700541	5:59.83	+1,05		
	50m: 37.13	37.13	150m: 2:05.38	45.60	250m: 3:39.12	47.07	350m: 5:13.91	47.51
	100m: 1:19.78	42.65	200m: 2:52.05	46.67	300m: 4:26.40	47.28	400m: 5:59.83	45.92
4.	Dirk Crok	OEZA	6:30.53	195800547	6:26.06	+1,15		
	50m: 40.88	40.88	150m: 2:15.60	48.44	250m: 3:55.16	49.58	350m: 5:36.66	51.30
	100m: 1:27.16	46.28	200m: 3:05.58	49.98	300m: 4:45.36	50.20	400m: 6:26.06	49.40
5.	Herbert Katgert	WS Twente	7:00.10	195900739	6:32.19	+1,23		
	50m: 41.49	41.49	150m: 2:18.80	49.88	250m: 3:59.66	50.03	350m: 5:40.86	50.08
	100m: 1:28.92	47.43	200m: 3:09.63	50.83	300m: 4:50.78	51.12	400m: 6:32.19	51.33

Masters 60+

1.	Jean-Marie Cadiat	CNSW	4:57.87	000243/53	5:02.36	+0,92		
	<i>Kampioenschaps Record</i>							
	50m: 34.31	34.31	150m: 1:50.55	37.82	250m: 3:06.98	38.25	350m: 4:24.74	39.28
	100m: 1:12.73	38.42	200m: 2:28.73	38.18	300m: 3:45.46	38.48	400m: 5:02.36	37.62
2.	Henk Slomp	Inktvis-De Pinquin (SG)	5:21.41	195500359	5:31.03	+0,83		
	50m: 35.35	35.35	150m: 1:59.27	42.77	250m: 3:26.78	43.39	350m: 4:52.02	42.49
	100m: 1:16.50	41.15	200m: 2:43.39	44.12	300m: 4:09.53	42.75	400m: 5:31.03	39.01
3.	Dré Klaassen	ZOB'66	6:42.11	195600141	7:01.38			
	50m: 45.01	45.01	150m: 2:27.87	52.44	250m: 4:17.27	55.30	350m: 6:08.50	55.70
	100m: 1:35.43	50.42	200m: 3:21.97	54.10	300m: 5:12.80	55.53	400m: 7:01.38	52.88

Masters 65+

1.	Piet Schop	De Bevelanders	6:07.86	195000109	6:05.50	+0,55		
	50m: 39.69	39.69	150m: 2:12.17	48.24	250m: 3:47.33	47.68	350m: 5:21.46	47.30
	100m: 1:23.93	44.24	200m: 2:59.65	47.48	300m: 4:34.16	46.83	400m: 6:05.50	44.04
2.	Hilbert Prins	OEZA	6:18.47	195100223	6:12.45	+1,02		
	50m: 40.97	40.97	150m: 2:12.94	47.03	250m: 3:48.38	47.70	350m: 5:24.47	47.92
	100m: 1:25.91	44.94	200m: 3:00.68	47.74	300m: 4:36.55	48.17	400m: 6:12.45	47.98
3.	Ludwig Lorenz	SV Gladbeck 13	6:37.64	127866	6:40.21	+0,93		
	100m*							
	50m: 45.95	45.95	150m: 2:29.02	52.03	250m: 4:12.80	51.38	350m: 5:52.70	49.66
	100m: 1:36.99	51.04	200m: 3:21.42	52.40	300m: 5:03.04	50.24	400m: 6:40.21	47.51
4.	Mar van Geel	Old Dutch	7:23.09	194700135	7:54.78	+1,24		
	50m: 50.65	50.65	150m: 2:48.55	1:01.44	250m: 4:52.00	1:01.75	350m: 6:55.48	1:01.30
	100m: 1:47.11	56.46	200m: 3:50.25	1:01.70	300m: 5:54.18	1:02.18	400m: 7:54.78	59.30

Masters 70+

1.	Alexander Bashmakov	Poseidon	5:54.12	037001	5:50.01	+0,95		
	<i>Russian Masters Record</i>							
	50m: 38.96	38.96	150m: 2:04.62	43.05	250m: 3:33.57	44.11	350m: 5:04.65	45.87
	100m: 1:21.57	42.61	200m: 2:49.46	44.84	300m: 4:18.78	45.21	400m: 5:50.01	45.36
2.	Willem Putter	ZVVS	6:28.79	194500135	6:26.72	+0,98		
	50m: 41.47	41.47	150m: 2:16.24	48.78	250m: 3:56.19	49.87	350m: 5:37.55	50.85
	100m: 1:27.46	45.99	200m: 3:06.32	50.08	300m: 4:46.70	50.51	400m: 6:26.72	49.17
3.	Rob Hanou	PSV	6:32.01	194300109	6:29.47	+1,10		
	50m: 42.27	42.27	150m: 2:21.94	50.24	250m: 4:03.56	50.77	350m: 5:43.32	49.43
	100m: 1:31.70	49.43	200m: 3:12.79	50.85	300m: 4:53.89	50.33	400m: 6:29.47	46.15

Programmanr. 5, Heren, 400m vrije slag, Masters 70+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Geza Kaltenecker	AZC	6:46.51	194200065	7:08.99	+0,95		
	50m: 43.09	43.09	150m: 2:30.66	55.82	250m: 4:23.84	56.95	350m: 6:16.64	56.29
	100m: 1:34.84	51.75	200m: 3:26.89	56.23	300m: 5:20.35	56.51	400m: 7:08.99	52.35

Masters 75+

1.	Joaquin Canales de Mendoza	R.C. Mediterraneo	5:45.85		5:49.36			
	<i>Europees Masters Record</i>							
	50m: 38.54	38.54	150m: 2:06.81	45.11	250m: 3:38.26	46.00	350m: 5:07.69	44.84
	100m: 1:21.70	43.16	200m: 2:52.26	45.45	300m: 4:22.85	44.59	400m: 5:49.36	41.67
2.	Frederik Hendrik De Bruijn	CN Aquamasters	6:28.63	0X0345415	6:07.91	+1,22		
	50m*: 42.01	42.01	150m: 2:14.54	46.68	250m: 3:47.81	46.68	350m: 5:22.00	46.24
	100m: 1:27.86	45.85	200m: 3:01.13	46.59	300m: 4:35.76	47.95	400m: 6:07.91	45.91
3.	Nic Geers	Z&PC De Gouwe	6:07.53	193800007	7:04.03			
	50m: 47.39	47.39	150m: 2:36.21	55.03	250m: 4:24.45	53.84	350m: 6:14.02	54.47
	100m: 1:41.18	53.79	200m: 3:30.61	54.40	300m: 5:19.55	55.10	400m: 7:04.03	50.01
4.	Gregor Pompen	Aqua-Novio'94	7:43.06	193700021	8:07.05	+1,03		
	50m: 51.21	51.21	150m: 2:48.22	59.73	250m: 4:51.83	1:01.86	350m: 6:57.77	1:02.91
	100m: 1:48.49	57.28	200m: 3:49.97	1:01.75	300m: 5:54.86	1:03.03	400m: 8:07.05	1:09.28

Programmanr. 6
22-01-2016 - 11:30

Dames, 100m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+								
1.	Nicole Bennis	WVZ	1:12.48	199600470	1:12.47	+0,69	33.60	1:12.47
	<i>Nederlands Masters Record</i>							
2.	Yvon Versteeg	De Veene	1:14.60	199201864	1:15.74	+0,75	35.33	1:15.74
3.	Chantal van der Horst	De Meer	1:16.47	199400616	1:16.62	+0,74	36.55	1:16.62
4.	Karin Groen	Nova	1:20.48	199502440	1:18.56	+0,69	36.46	1:18.56
5.	Carmen Seesing	NDD	1:16.58	199406220	1:19.03	+0,75	36.34	1:19.03
6.	Eline van Gemert	De Meer	1:18.87	199505458	1:20.05	+0,69	37.37	1:20.05
7.	Moniek Heemsker	LZ 1886	1:19.04	199601964	1:20.72	+0,69	37.87	1:20.72
8.	Karin Verbeek	Nautilus	1:21.78	199201848	1:21.71	+0,58	38.64	1:21.71
9.	Aylin van Uffelen	ZPB H&L Productions	1:22.40	199600352	1:24.00	+0,78	39.64	1:24.00
10.	Rebecca Evers	ZOB'66	1:27.39	199207916	1:27.80	+0,66	41.56	1:27.80
11.	Nieske Janssen	NIMO	1:34.05	199601328	1:31.54	+0,83	42.98	1:31.54
	AFGEM Anouchka Hoogstraten	De Veene	1:28.23	199600824				

Masters 25+

1.	Marlijn Hendriksen	Arethusa	1:13.14	198806828	1:13.43	+0,73	34.47	1:13.43
	<i>Nederlands Masters Record</i>							
2.	Jacyntha Plat	De Golfbreker	1:15.29	199002956	1:16.68	+0,76	36.26	1:16.68
3.	Chantal Meyerink	De Grunte	1:18.97	199105212	1:17.10	+0,78	35.90	1:17.10
4.	Aniek Huijsman	De Lansingh	1:19.21	198801932	1:17.61	+0,72	35.98	1:17.61
5.	Elmi Roelofsen	ZVV	1:19.11	199008198	1:20.71	+0,81	38.12	1:20.71
6.	Linda Janssen	ZPB H&L Productions	1:24.42	198802088	1:23.97	+0,86	39.70	1:23.97
7.	Isabelle Massar	WVZ	1:19.97	199102034	1:24.64	+0,76	37.98	1:24.64
8.	Eline Roeland	MGO (SG)	1:25.91	198805970	1:26.61	+0,85	41.18	1:26.61
9.	Evelien Terpstra	EZC	1:27.70	199005654	1:28.17	+0,73	41.52	1:28.17
10.	Liesbeth van Mill	DWK	1:29.39	198702786	1:29.49	+0,93	42.34	1:29.49
11.	Carola Hompes	Budel	1:31.23	198801868	1:32.02	+0,87	44.31	1:32.02
12.	Kelly Bockting	Montferland	1:32.80	199104050	1:33.01	+0,85	44.06	1:33.01
13.	Janneke Wynia	WS Twente	1:36.73	199005500	1:39.90	+1,00	47.33	1:39.90
	AFGEM Tara Keijzer	Steenwijk 1934	1:34.12	199108498				

Programmanr. 6, Dames, 100m schoolslag

Masters 30+

1. Roos van Esch	d'ELFT WAVE (SG)	1:22.82	198200468	1:21.46	+0,77	38.67	1:21.46
2. Nadya Putter	ZVVS	1:23.12	198301630	1:22.05	+0,72	39.39	1:22.05
3. Esther Versteeg	Van Vliet-Barracuda	1:25.19	198302112	1:25.21		40.70	1:25.21
4. Renee de Kok	PSV	1:26.98	198403350	1:25.91	+0,73	39.89	1:25.91
5. A. Reefhuis-de Vries	WS Twente	1:24.95	198603908	1:26.00	+0,72	39.86	1:26.00
6. Aafke Groot	De Geul	1:36.35	198302748	1:28.66	+0,98	42.33	1:28.66
7. Josse van Geffen	GZVW	1:31.63	198604730	1:31.56	+0,83	42.86	1:31.56
8. Annette Vogelsang	ZV De Bron	1:28.82	198402632	1:32.80	+0,90	43.46	1:32.80

Masters 35+

1. Yvonne Gerritsen	WVZ	1:28.97	198000342	1:25.67		40.09	1:25.67
2. Eveline Hacquebord	IJZPC	1:30.92	197901206	1:29.50	+0,96	42.67	1:29.50
3. Petra Verstegen	WVZ	1:32.58	197700906	1:31.26	+0,87	42.82	1:31.26

Masters 40+

1. Nadège van Meeteren	De Meer	1:21.29	197400736	1:24.17	+0,83	39.38	1:24.17
2. Pascale Janssen	De Roersoppers	1:29.09	197300852	1:31.58	+0,99	42.01	1:31.58
3. Marian Nederlof	DWF	1:28.69	197600950	1:31.90	+0,85	42.69	1:31.90
4. Ursula Spoelstra-de Groot	WS Twente	1:41.48	197200952	1:42.04	+0,98	46.88	1:42.04
AFGEM Ilona Hogerheyde	DAW	1:29.29	197400224				
AFGEM Chantal Gerritsen-Driesen	Old Dutch	1:32.14	197601074				

Masters 45+

1. Marjo Goelema-Koek	De Biesboschwimmers	1:19.36	196900192	1:19.36	+0,79	36.94	1:19.36
	<i>Nederlands Masters Record</i>						
2. Karin Stein	ZVVS	1:19.86	197100554	1:21.33	+0,79	38.70	1:21.33
3. Annette Wijnja-Visser	De Biesboschwimmers	1:20.29	196700528	1:23.22	+0,74	39.12	1:23.22
4. Desiree van der Lem	Vereniging Swimcademy	1:25.78	196800282	1:28.26	+0,87	41.34	1:28.26
5. Iris van Aurich	DWK	1:31.88	196900866	1:30.06	+0,64	42.49	1:30.06
6. Annette Korving-Leijenaar	Aqualero	1:30.66	196700662	1:31.00	+0,79	42.74	1:31.00
7. Helena Mels	ZVVS	1:35.03	196901036	1:36.09	+0,89	44.85	1:36.09
8. Annet Kootstra	Swol 1894	1:40.20	197100344	1:40.77	+0,85	47.66	1:40.77
9. Greta Wyma-Teitsma	DWK	1:43.42	197100696	1:44.21	+0,88	49.41	1:44.21
10. Judith van der Heijden	Budel	1:52.14	197001012	1:48.96	+0,92	52.50	1:48.96
AFGEM Marja Verwoerd	ZPC Woerden	1:36.79	196900954				

Masters 50+

1. Jacqueline Tuin	DAW	1:29.02	196600690	1:29.10	+0,71	40.91	1:29.10
2. Carla Mol	ZPCH	1:31.30	196600244	1:31.79	+0,83	43.14	1:31.79
3. Annemarie Vuist	Swol 1894	1:30.94	196300282	1:33.75	+0,90	45.02	1:33.75
4. K. van Nassau van den Heu	Old Dutch	1:34.44	196600188	1:40.68	+0,90	47.71	1:40.68
5. Gonnje Paas	ZVVS	1:42.93	196200418	1:46.53	+0,85	49.24	1:46.53

Masters 55+

1. Olga Kedrova	Poseidon	1:37.87	037010	1:32.98	+0,89	43.29	1:32.98
2. Marijke Kraak-Beckers	WS Twente	1:35.59	196000240	1:34.16	+0,68	44.76	1:34.16
3. Marina Novikova	Poseidon	1:34.48	101996	1:34.28	+1,05	45.14	1:34.28
4. Marijke van Hoek	ZPC De Zeeuwse Kust	1:41.87	195800050	1:36.01	+0,84	45.43	1:36.01
5. Claire Anthony	CNSW	1:43.21	001351/57	1:40.35	+0,94	48.51	1:40.35
6. Janny van Eijk	ZV De Bron	1:43.82	195800022	1:44.03		49.21	1:44.03
7. Marjan Spoelstra	Swol 1894	1:46.71	196000236	1:48.46	+1,06	52.53	1:48.46

Masters 60+

1. Ineke Weekers	PSV	1:33.49	195300050	1:34.48	+0,85	46.01	1:34.48
2. Tineke van Diggelen	ZPCH	1:53.71	195200048	1:55.33	+0,92	55.82	1:55.33
3. Corine Kalbfleisch	DWT	1:51.98	195200024	2:05.00	+1,15	58.04	2:05.00
4. Geerdien Meerwaldt	De Geul	2:04.44	195200058	2:08.93	+1,08	1:00.42	2:08.93

Programmanr. 6, Dames, 100m schoolslag

Masters 65+

1. Grete Heugl	SU Generali Salzburg	1:35.82	23350	1:37.62	+0,63	45.43	1:37.62
<i>Austrian Masters Record</i>							
2. Bea Swijnenberg	Swol 1894	1:37.45	194900010	1:43.47		49.64	1:43.47
3. Nini van Dongen-de Paepe	ZZ&PC De Devel	2:11.27	195100044	2:12.70	+1,07	1:02.36	2:12.70

Masters 70+

1. A. Verhoeven - Steggerda	De Duinkickers	1:58.61	194600024	1:56.17	+1,06	53.73	1:56.17
<i>Kampioenschaps Record</i>							
2. Mieke Strijbis-v.d.Kroft	DAW	1:59.50	194500004	2:03.15	+1,25	1:00.22	2:03.15

Masters 85+

1. Agnes Van Obberghen	AZSC	1:57.51	20696/31	1:56.68	+1,09	55.12	1:56.68
<i>Wereld Masters Record, WMR en EMR 50m tt</i>							

Masters 90+

1. Marianne Maandonks	PSV	3:22.05	192600004	3:29.73		1:37.78	3:29.73
<i>Nederlands Masters Record, NMR 50m tt</i>							

Programmanr. 7
22-01-2016 - 11:53

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+							
1. Wimar Lindenberg	Hieronymus	1:04.06	199601857	1:03.26	+0,57	29.11	1:03.26
<i>Nederlands Masters Record</i>							
2. Romero Hennep	De Kempvis	1:05.24	199304929	1:06.38	+0,60	30.61	1:06.38
3. Roald Blok	Octopus	1:05.42	199302685	1:06.79	+0,70	31.28	1:06.79
4. Martino Valentijn	DIO	1:13.66	199403913	1:10.13	+0,68	32.54	1:10.13
5. Pieter Pijnenburg	De Warande	1:10.18	199305227	1:11.58	+0,73	33.67	1:11.58
6. Jordy Jongenelen	ZC Aquadream	1:15.40	199504995	1:16.11	+0,67	35.69	1:16.11
7. Yorick Kreuwel	De Veene	1:20.38	199402225	1:21.12	+0,82	38.20	1:21.12
8. John van Heteren	DWF	1:28.41	199305017	1:30.84	+0,75	42.27	1:30.84
9. Jelle Hatenboer	RSW (SG)	1:31.67	199207309	1:32.36	+0,72	43.47	1:32.36
AFGEM Mike Koelewijn	Steenwijk 1934	1:13.14	199303597				

Masters 25+

1. Erik Simons	d'ELFT WAVE (SG)	1:05.01	198902845	1:04.94	+0,75	30.79	1:04.94
2. Maik Steenkamp	Montferland	1:11.26	199103847	1:11.54	+0,77	33.60	1:11.54
3. Patrick Creemers	RZ	1:07.92	199000579	1:11.56	+0,76	33.24	1:11.56
4. Herman van Dijk	De Wellerobben	1:11.29	198900691	1:12.22	+0,90	33.43	1:12.22
5. Stefan van de Grift	Octopus	1:12.83	198701121	1:14.49	+0,81	34.33	1:14.49
6. Boy Heijnekamp	LZ 1886	1:17.54	198901161	1:17.32	+0,76	36.64	1:17.32
7. Daniël Kunne	UZSC	1:17.23	199001709	1:17.63	+0,75	36.35	1:17.63
8. Dennis Kraakman	DAW	1:21.60	198705325	1:18.30	+0,70	35.81	1:18.30
9. Wouter van 't Klooster	ZPC AMERSFOORT	1:19.00	198806159	1:20.98	+0,86	37.65	1:20.98
10. Harmen Reemst	ZOB'66	1:22.15	198702715	1:24.41	+0,77	38.43	1:24.41
DIS Patrick Holthuijzen	d'ELFT WAVE (SG)	1:33.84	199107681				
<i>SS - Touched turn or finish with hands over each other</i>							

Programmanr. 7, Heren, 100m schoolslag

Masters 30+

1. Tim van den Berg	MNC Dordrecht	1:06.31	198500157	1:09.07	+0,77	32.41	1:09.07
2. Lauren Vis	Steenwijk 1934	1:10.68	198201883	1:10.10	+0,64	32.26	1:10.10
3. Ivan van Omme	De Geul	1:10.03	198201263	1:10.50	+0,66	32.55	1:10.50
4. Kristiaan Lenos	LZ 1886	1:09.36	198301331	1:11.38	+0,81	33.30	1:11.38
5. Yuri van Omme	Zwemvereniging Hoogland	1:12.07	198501887	1:12.20	+0,81	32.78	1:12.20
6. Jim Geestman	RSW (SG)	1:13.39	198300699	1:14.79	+0,97	34.94	1:14.79
7. Ferry Blangé	ZOB'66	1:14.70	198300185	1:15.22	+0,71	34.75	1:15.22
8. Wouter Zijlstra	DAW	1:18.07	198202077	1:16.73	+0,78	35.41	1:16.73
9. Rob van Wanrooy	Gay Swim Amsterdam	1:15.04	198202627	1:17.84	+0,68	35.44	1:17.84
10. David Verlek	De Geul	1:19.27	198402381	1:20.16	+0,88	36.71	1:20.16
11. Sven Schutte	Zwemlust-den Hommel	1:19.22	198604713	1:21.14	+0,83	37.35	1:21.14
12. Constant van Ewijk	De Gelsenberg	1:25.80	198303025	1:28.19	+0,80	40.32	1:28.19

Masters 35+

1. Joost Hoetjes	DAW	1:10.39	197800425	1:08.76	+0,72	32.61	1:08.76
2. Simon van Ravesteijn	WVZ	1:08.00	198002263	1:08.95	+0,77	32.24	1:08.95
3. Dennis van den Berg	UZSC	1:08.22	198100089	1:09.33	+0,83	32.24	1:09.33
4. Vincent Versteeg	Zwemlust-den Hommel	1:09.56	197701003	1:09.92	+0,77	32.30	1:09.92
5. Freddie Geerlings	NIMO	1:11.60	197900379	1:12.37	+0,78	33.97	1:12.37
6. Victor Barnar	GoSwim	1:10.40	197801805	1:13.52	+0,73	33.85	1:13.52
7. Kars Luttkik	DAW	1:16.52	197800675	1:15.16	+0,73	34.99	1:15.16
8. Harm Jan Otter	De Zandstuve	1:14.79	198101283	1:16.37	+0,82	35.31	1:16.37
9. Berry van Holland	TriVia	1:16.28	198000603	1:17.21	+0,75	35.78	1:17.21
10. Michiel Brinkman	DAW	1:24.16	198001991	1:19.73	+0,93	38.05	1:19.73
11. Jeroen Vogelsang	DAW	1:22.12	198001645	1:20.72	+0,90	38.26	1:20.72
12. Rogier van Gent	IJZPC	1:24.08	198000405	1:24.43	+0,84	37.97	1:24.43
13. Marnix Cornelisse	LZ 1886	1:29.81	198002343	1:28.81	+0,81	42.00	1:28.81
14. Robin Roskam	De Duinkickers	1:33.52	197801831	1:29.01	+0,88	40.95	1:29.01
DIS Nol van Thull	d'ELFT WAVE (SG)	1:21.77	198001513				
<i>SR - Made more than one butterfly kick after start or turn</i>							
AFGEM Hans Cligge	De Futen	1:19.87	198100315				

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	1:07.40	197600889	1:07.20	+0,76	31.67	1:07.20
<i>Kampioenschaps Record</i>							
2. Sergey Petrov	Poseidon	1:11.62	102211	1:11.85	+0,72	33.56	1:11.85
3. Jiri Geers	AZK	1:09.99	10011/74	1:12.48	+0,71	34.30	1:12.48
4. Jimmy Swiggers	BEST	1:17.37	11027/74	1:17.65	+0,91	36.99	1:17.65
5. Arnoud van Royen	TriVia	1:26.77	197201515	1:30.00	+0,83	41.30	1:30.00
6. Bas van Gool	De Geul	1:38.60	197201435	1:44.65	+0,92	48.25	1:44.65

Masters 45+

1. Harry Cornet	De Biesboschwimmers	1:08.34	197100175	1:08.83	+0,77	31.89	1:08.83
<i>Nederlands Masters Record</i>							
2. Marcel van Winssen	De Gelsenberg	1:12.39	197101477	1:11.18	+0,80	33.01	1:11.18
3. Harold Matla	PSV	1:09.37	196800591	1:11.32	+0,88	34.03	1:11.32
4. Erlend Alstad	I.L. Varg	1:15.42		1:11.44	+0,73	34.25	1:11.44
5. Richard Rickson	NIMO	1:13.45	197000841	1:12.90	+0,84	34.44	1:12.90
6. Paul van den Heuvel	Arethusa	1:14.65	197000441	1:14.73	+0,82	35.50	1:14.73
7. Roeland van der Heijden	PSV	1:15.49	196701389	1:17.42	+0,76	35.09	1:17.42
8. Hans Schoenmakers	DAW	1:18.70	196900863	1:18.59	+0,76	36.32	1:18.59
9. Arjan Bellaart	Het Y	1:18.47	196900079	1:18.76	+0,71	36.74	1:18.76
10. Jeroen Kort	DAW	1:19.16	196801543	1:18.99	+0,79	36.65	1:18.99
11. Rob Janssen	De Gelsenberg	1:19.16	197001467	1:19.49	+0,80	36.88	1:19.49
12. Huyb Stegeman	Steenwijk 1934	1:22.66	196701535	1:23.42	+0,85	38.42	1:23.42
13. Joop Weenink	WS Twente	1:22.40	196801535	1:24.46	+0,99	40.17	1:24.46
14. Marco van Rooijen	Arethusa	1:26.55	196901755	1:24.77	+0,90	39.74	1:24.77
15. Gertjan van der Vaart	ZVVS	1:31.15	196801529	1:30.52	+0,78	41.87	1:30.52
16. Martijn de Jong	DAWK	1:39.10	197101659	1:34.14	+0,77	44.66	1:34.14
AFGEM Marcel Jonkman	Aqualero	1:15.09	196801389				
AFGEM Korstiaan de Boer	Steenwijk 1934	1:32.46	197101629				

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Masters 50+

1. Ron Dekker	ZV Haerlem	1:11.98	196600155	1:11.39	+0,92	33.40	1:11.39
<i>Nederlands Masters Record</i>							
2. Hans Kwaks	De Krabben	1:16.42	196400443	1:16.67	+0,84	35.97	1:16.67
3. Arno Schrauwen	De Roersoppers	1:16.88	196501355	1:17.03	+0,82	36.74	1:17.03
4. Bertjan Schelhaas	DWT	1:16.58	196501577	1:17.76	+0,80	35.98	1:17.76
5. Theo Bakker	TriVia	1:17.70	196401231	1:18.69	+0,79	36.59	1:18.69
6. Ron Korzelius	ZPC AMERSFOORT	1:16.50	196500513	1:19.32	+0,75	36.79	1:19.32
7. Vadim Ezkov	Pregel	1:21.16	10020	1:20.28	+0,72	37.03	1:20.28
8. Eric de Haas	De Treffers	1:20.66	196501275	1:22.21	+0,93	38.92	1:22.21
9. Ivo Buchholz	WS Twente	1:28.67	196401165	1:24.14	+0,83	39.67	1:24.14
10. Roy le Clercq	De Rog	1:28.29	196401041	1:26.76	+0,88	40.37	1:26.76
11. Erwin Beringen	GoSwim	1:29.30	196601515	1:27.06	+0,73	40.98	1:27.06
12. Willem Jannink	Swol 1894	1:29.67	196500423	1:29.85	+0,88	41.50	1:29.85
13. Eric Tijms	OEZA	1:30.91	196401125	1:32.96		43.69	1:32.96
14. Marco Schoenmakers	ZVVS	1:32.65	196401375	1:33.43	+0,86	42.25	1:33.43
15. Hans van Scheepen	Steenwijk 1934	1:37.29	196201245	1:36.97	+0,84	43.88	1:36.97
AFGEM Gert Sikkema	ZIGNEA	1:15.36	196300687				
AFGEM Peter Fölker	Aqua-Novio'94	1:22.09	196401021				

Masters 55+

1. Ralph Caster	RZ	1:18.05	196100069	1:18.05	+0,83	36.23	1:18.05
2. Ronald Grove	Oceanus	1:22.12	196100161	1:21.55	+0,76	37.99	1:21.55
3. Arlandas Juodeska	Kauno Takas	1:21.31		1:21.58	+0,75	38.77	1:21.58
<i>Lithuanian Masters Record</i>							
4. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:22.09	196000931	1:22.52	+0,74	38.18	1:22.52
5. Rob Hemesath	PSV	1:23.19	196100189	1:24.53	+0,86	39.73	1:24.53
6. Durand Lammers	ESCA Zwemmen	1:29.42	196001071	1:29.32	+0,97	41.01	1:29.32
7. Marten de Groot	HZ&PC Heerenveen	1:20.49	195800149	1:31.06	+0,70	41.82	1:31.06
8. Jos Zentjens	Budel	1:38.05	195700569	1:34.01	+0,91	44.90	1:34.01
9. Harry Paas	ZVVS	1:35.50	195800689	1:37.06	+0,98	45.28	1:37.06
10. Sorin Beschia	De Geul	1:45.64	195700573	1:39.32	+0,92	47.81	1:39.32
11. Jan Timmerman	IJZPC	1:42.85	195700347	1:41.33	+0,93	47.74	1:41.33
12. Herbert Katgert	WS Twente	1:43.01	195900739	1:43.58	+1,19	48.48	1:43.58
13. Jos van Sleuwen	Nautilus	1:45.14	195700323	1:44.49	+1,30	48.40	1:44.49
14. Dirk Crok	OEZA	1:41.99	195800547	1:45.26	+1,18	49.05	1:45.26
15. Adrie van der Gracht	OEZA	1:45.82	195700485	1:51.55	+1,22	53.05	1:51.55

Masters 60+

1. Hans Wijsman	PSV	1:23.73	195500427	1:23.05		39.70	1:23.05
2. Paul Bunnik	Triton	1:23.69	195600413	1:23.55	+0,97	38.29	1:23.55
3. Laurens Klein Breteler	WWV	1:28.42	195400109	1:28.59	+0,86	40.83	1:28.59
4. Dré Klaassen	ZOB'66	1:33.08	195600141	1:37.74	+0,91	45.62	1:37.74
5. Nikolay Dronov	Troyka	1:39.41	003037	1:45.86	+1,15	49.43	1:45.86
6. Nello Spiteri	DAW	1:52.11	195200295	1:46.03	+0,73	49.25	1:46.03

Masters 65+

1. Piet Schop	De Bevelanders	1:30.78	195000109	1:29.06	+0,62	41.96	1:29.06
2. Oleg Ershov	Meshera	1:28.87		1:29.76	+0,94	41.88	1:29.76
3. Mar van Geel	Old Dutch	1:50.32	194700135	1:57.07	+1,21	56.21	1:57.07
4. Nico van Dongen	ZZ&PC De Devel	2:07.20	194800159	2:02.33	+1,01	54.12	2:02.33

Masters 70+

1. Rob Hanou	PSV	1:34.03	194300109	1:36.14	+1,03	45.07	1:36.14
2. Tom Meijnen	UZSC	1:45.62	194400087	1:40.54	+0,96	46.20	1:40.54
3. Nico Baay	Old Dutch	1:39.14	194200053	1:42.17	+0,79	47.81	1:42.17
4. Kevork Boyrazian	CNSW	2:00.71	002620/44	2:02.33	+1,46	1:00.89	2:02.33
5. Peter Ouweneel	RSW (SG)	2:07.83	194500077	2:03.16	+1,13	56.13	2:03.16

Programmanr. 7, Heren, 100m schoolslag

Masters 75+

1. Jan Eichhorn	ZV Haerlem	1:51.95	193700015	2:07.18	+1,19	59.53	2:07.18
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3 - ONMK 2016 kb sessie 3

22-01-2016 - 13:30

Programmanr. 8
22-01-2016 - 13:30

Dames, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Stéphanie Bergsma	Dedemsvaart-AC	199203374	2:32.50	+0,66		32.31	1:11.12	1:51.25	2:32.50
2. Kimberley Kranenberg	ZPC De Hof	199400292	2:40.70	+0,82		33.96	1:13.48	1:55.90	2:40.70
3. Giulia Rolloos	Van Vliet-Barracuda	199500946	2:46.53	+0,89		35.83	1:16.97	2:01.21	2:46.53
4. Chantal van der Horst	De Meer	199400616	3:01.37	+0,78		38.01	1:23.99	2:12.92	3:01.37
AFGEM Evy Ulijn	Arethusa	199604100							
Masters 25+									
1. Marlijn Hendriksen	Arethusa	198806828	2:24.98	+0,78		32.60	1:09.53	1:46.49	2:24.98
2. Chantal Meyerink	De Grunte	199105212	2:41.74	+0,83		35.29	1:16.55	1:59.53	2:41.74
3. Linda Janssen	ZPB H&L Productions	198802088	2:54.69	+0,94		37.56	1:21.07	2:06.78	2:54.69
4. Liset de Veer	Aqua-Novio'94	198704190	2:57.02	+0,77		36.78	1:20.57	2:08.70	2:57.02
5. Liesbeth van Mill	DWK	198702786	2:58.37	+0,94		36.99	1:21.16	2:08.01	2:58.37
6. Maaïke van Diggele	ZPB H&L Productions	198700868	3:02.76	+0,81		35.19	1:15.64	2:03.23	3:02.76
Masters 30+									
1. Roos van Esch	d'ELFT WAVE (SG)	198200468	2:29.11	+0,84		33.74	1:11.20	1:50.07	2:29.11
2. Linda Hoogendam	WVZ	198300892	3:02.40	+0,79		39.94	1:27.25	2:15.55	3:02.40
3. Sandra Schellekens	SWNZ (SG)	198503416	3:07.69	+0,92		37.28	1:22.53	2:13.41	3:07.69
4. Annette Vogelsang	ZV De Bron	198402632	3:09.28	+0,88		38.51	1:24.33	2:15.61	3:09.28
Masters 35+									
1. Tonia Ruybroek	Poseidon'56	198101290	2:48.21	+0,94		36.97	1:19.37	2:03.26	2:48.21
2. Chantal Verhoeff	Old Dutch	197900912	3:01.52	+0,87		37.11	1:22.68	2:10.05	3:01.52
3. Patricia Vos	TRB-RES	198001730	3:05.25	+0,94		39.58	1:26.98	2:16.41	3:05.25
4. Carmen Haan	ZZG De Boskickers	197901458	3:32.56	+0,96		44.45	1:38.15	2:35.20	3:32.56
5. Cindy Klomp	AquaAmigos	197801324	3:44.76	+1,02		44.60	1:40.82	2:42.79	3:44.76
6. Rianne van Vegchelen	Deltasteur	198101530	4:12.91	+1,14		54.16	1:58.53	3:06.13	4:12.91
Masters 40+									
1. Liselotte Joling	PSV	197500268	2:43.33	+0,74		36.04	1:17.56	2:00.38	2:43.33
2. Evelien van Klaarbergen	HZ&PC Heerenveen	197200964	2:53.33	+0,85		37.62	1:21.60	2:07.15	2:53.33
Masters 45+									
1. Jeanne Petit	De Dinkel	197001020	2:49.58	+0,90		36.32	1:17.86	2:01.98	2:49.58
2. Cynthia Noordermeer	Het Y	197000358	3:04.85	+0,84		41.11	1:26.93	2:15.49	3:04.85
3. Tanya Lyvbarskaya	SCOM	197101000	3:17.28	+0,87		40.68	1:29.41	2:22.54	3:17.28
4. Hetty Smalheer	SCOM	196700352	3:46.00	+1,06		47.73	1:45.25	2:45.80	3:46.00
Masters 50+									
1. M. Grove-Lingeman	Oceanus	196200080	3:02.79	+0,76		38.29	1:24.38	2:12.34	3:02.79
2. Nicky Slinger	HPC	196600316	3:29.16	+0,95		42.77	1:35.33	2:31.18	3:29.16
3. Loreta Kabasinskiene	Kauno Takas		3:33.38	+1,01		44.83	1:38.19	2:35.36	3:33.38
	<i>Lithuanian Masters Record</i>								
Masters 55+									
1. Janny van Eijk	ZV De Bron	195800022	3:26.08	+0,95		43.26	1:35.97	2:31.73	3:26.08
2. Patty Verhagen	PSV	195900146	3:28.44	+1,27		41.06	1:36.66	2:32.42	3:28.44
3. Claire Anthony	CNSW	001351/57	3:29.83	+0,87		42.90	1:37.38	2:35.22	3:29.83

Programmanr. 9
22-01-2016 - 13:45

Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Lars Schoffelmeer	ZPB H&L Productions	199501907	2:15.99	+0,61		29.21	1:03.60	1:39.18	2:15.99
2. Christiaan Zwaal	MSV-Zeemacht	199503881	2:20.14	+0,67		29.76	1:04.98	1:42.05	2:20.14
3. Pieter Pijnenburg	De Warande	199305227	2:29.05	+0,75		32.42	1:10.05	1:49.39	2:29.05
4. Jordy Jongenelen	ZC Aquadream	199504995	2:29.31	+0,67		33.13	1:11.13	1:50.56	2:29.31
5. Christiaan Iuga	Poseidon'56	199405939	2:49.85	+0,81		33.70	1:14.55	2:00.03	2:49.85
6. Hans Stoffers	Triton Putten	199604027	2:52.14	+0,72		33.57	1:16.25	2:02.93	2:52.14
Masters 25+									
1. Kevin Eltink	DWK	199100589	2:06.59	+0,74		27.22	58.68	1:31.60	2:06.59
<i>Nederlands Masters Record</i>									
2. Tim Bunnik	Triton	199000505	2:22.83	+0,78		31.36	1:07.30	1:44.76	2:22.83
3. Maik Steenkamp	Montferland	199103847	2:24.41	+0,78		31.15	1:07.99	1:46.38	2:24.41
4. Roy Pattipeiluhu	RSW (SG)	199101761	2:40.36	+0,73		33.27	1:11.23	1:52.10	2:40.36
Masters 30+									
1. Erik Schröder	TriVia	198402025	2:26.05	+0,87		31.16	1:07.73	1:47.31	2:26.05
2. Rick Driezen	Steenwijk 1934	198600713	2:27.37	+0,86		31.75	1:07.87	1:46.14	2:27.37
3. Thommy Nickel	Van Vliet-Barracuda	198401627	2:32.59	+0,88		33.47	1:12.21	1:52.12	2:32.59
4. Frank van der Voordt	MGO (SG)	198302259	2:39.15	+0,78		31.84	1:08.90	1:51.09	2:39.15
DIS Rob van Wanrooy	Gay Swim Amsterdam	198202627							
<i>2 keer schoolslag benen op 1 keer vlinderslag armen (Masters art.B4.9)</i>									
Masters 35+									
1. Freddie Geerlings	NIMO	197900379	2:45.41	+0,86		35.47	1:16.89	1:59.98	2:45.41
2. Jeroen Vogelsang	DAW	198001645	3:01.60	+0,93		34.78	1:19.02	2:09.10	3:01.60
3. Harm Jan Otter	De Zandstuve	198101283	3:05.77	+0,95		36.47	1:22.49	2:13.60	3:05.77
Masters 40+									
1. Kelvin Isselt	RZ	197601119	2:42.83	+0,92		34.50	1:14.08	1:57.75	2:42.83
Masters 45+									
1. Harry Cornet	De Biesboschwemmers	197100175	2:23.01	+0,81		31.06	1:07.43	1:44.97	2:23.01
2. Antwan van Engen	De Ward	197101577	2:28.03	+0,76		31.28	1:06.90	1:45.30	2:28.03
3. Paul van den Heuvel	Arethusa	197000441	2:37.95	+0,93		35.73	1:15.37	1:57.36	2:37.95
4. Frank v Nobelen	Sassenheim	196900753	2:44.58	+0,82		35.24	1:16.43	1:59.13	2:44.58
5. Konstantin Sklyar	TG Lage 1862	321129	2:45.03	+0,85		36.80	1:18.53	2:03.14	2:45.03
6. Arvydas Burinskas	Kauno Takas		2:54.65	+0,76		36.75	1:19.30	2:05.23	2:54.65
7. Hans Schoenmakers	DAW	196900863	3:00.93	+0,76		35.90	1:21.81	2:11.34	3:00.93
AFGEM Stefan Holmstrom	DAW	196701671							
AFGEM Gijsbert van der Leden	PSV	196700597							
Masters 50+									
1. Rene de Boer	DAW	196400087	2:40.41	+0,78		34.73	1:15.08	1:57.34	2:40.41
2. Roy le Clercq	De Rog	196401041	3:18.93	+0,87		40.55	1:30.47	2:25.94	3:18.93
Masters 55+									
1. Jan Willem Heuten	WS Twente	196000883	3:23.79	+0,94		42.35	1:33.86	2:28.67	3:23.79

Programmanr. 9, Heren, 200m vlinderslag

Masters 60+

1. Paul Bunnik	Triton	195600413	3:06.28	+1,01	41.20	1:28.84	2:18.48	3:06.28
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Masters 70+

1. Rob Hanou	PSV	194300109	3:52.01	+1,13	49.38	1:49.81	2:52.30	3:52.01
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Programmanr. 10
22-01-2016 - 13:59

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Jamilla van Veen	ZPC Woerden	29.86	199603192	30.58	+0,67
2.	Melissa van der Geld	AquAmigos	31.50	199506250	31.32	+0,79
3.	Henriette ten Bokkel	NDD	31.38	199402764	31.65	+0,80
4.	Stéphanie Bergsma	Dedemsvaart-AC	31.02	199203374	31.79	+0,62
5.	Yvon Versteeg	De Veene	31.41	199201864	31.90	+0,91
6.	Désirée Emmen	De Warande	31.65	199204862	32.36	+0,68
7.	Eva Engelen	NDD	32.24	199405514	32.71	+0,78
8.	Iris Pijtak	ZPC AMERSFOORT	33.16	199300602	32.88	+0,70
9.	Carmen Seesing	NDD	32.21	199406220	32.90	+0,72
10.	Eva Kattouw	De Ward	33.18	199407168	33.41	+0,71
11.	Janine de Groot	Nova	33.98	199500092	33.44	+0,67
12.	Merel van der Kieft	EZC	32.95	199200920	33.45	+0,63
13.	Michelle Bellekom	WZK Zwemmen	33.82	199606484	33.69	+0,70
14.	Karen van Dee	SCOM	32.80	199604074	33.79	+0,72
15.	Eline van Gemert	De Meer	35.06	199505458	35.02	+0,57
16.	Krista Kostwinder	SCOM	34.61	199401058	35.72	+0,80
17.	Naomi van Gool	LZ 1886	35.17	199505166	35.79	+0,87
18.	Giulia Rolloos	Van Vliet-Barracuda	35.39	199500946	36.04	+0,68
19.	Inge Koopman	ZV Haerlem	37.50	199303382	37.54	+0,75
20.	Rebecca van Eeren	SCOM	38.45	199306910	38.03	+0,70
21.	Ramona Noordermeer	ZVVS	37.64	199401746	38.08	+0,73
22.	Lieke Janssen	NIMO	38.81	199305954	38.23	+0,87
23.	Cynthia van Veen	ZPC Woerden	39.25	199606736	40.86	+0,72
24.	Daniëlle de Klein	DWF	40.07	199404786	41.25	+0,72
AFGEM	Carmen Muilwijk	De Geul	32.87	199502700		

Masters 25+

1.	Charlotte Groeneveld	UZSC	31.20	198701404	31.97	+0,77
2.	Jacyntha Plat	De Golfbreker	31.98	199002956	32.32	+0,78
3.	Monique Lindenberg	De Bevelanders	32.57	199002360	33.03	+0,76
4.	Aniek Huijsman	De Lansingh	32.58	198801932	33.45	+0,80
5.	Sabine Lina	ZPC Woerden	32.54	198902680	33.46	+0,82
6.	Joyce Raemaekers	Budel	34.73	199106106	35.30	+0,67
7.	Evelien Terpstra	EZC	34.61	199005654	35.40	+0,71
8.	Diana Lammers	De Veene	35.53	198902572	35.64	+0,74
9.	Lindsey Hol	De Meer	35.91	199008088	36.59	+0,67
10.	Lonneke Oenema	Steenwijk 1934	36.86	199102314	37.22	+0,71
11.	Whitley Rens	MGO (SG)	37.47	199007520	37.84	+0,77
12.	Annebeth van Ark	Octopus	40.90	198805588	39.38	+0,77
13.	Elly Scheepers	Budel	38.09	199102728	39.47	+0,74
14.	Eline den Boer	Strijen	50.57	199104948	46.42	+0,65

Programmanr. 10, Dames, 50m rugslag

Masters 30+

1.	Marije Jansen <i>Kampioenschaps Record</i>	Aquarijn	31.72	198504088	32.10	+0,73
2.	Marije van Manen	ZPC AMERSFOORT	35.42	198602386	33.87	+0,62
3.	Wieteke Elzinga	DAW	33.74	198601038	34.47	+0,69
4.	Esther Versteeg	Van Vliet-Barracuda	34.66	198302112	34.76	+0,71
5.	Miranda Pijnenburg	De Treffers	37.26	198301216	37.62	+0,73
6.	Dian van Pelt	De Biesboschzwemmers	40.25	198502296	39.72	+0,77
7.	Fabienne Jeukens	Zwemvereniging Hoogland	41.20	198401156	41.43	+0,79

Masters 35+

1.	Janneke Harmsen-Bakker	De Berkelduikers	32.42	197700938	32.67	+0,74
2.	Marjon van Kempen	MGO (SG)	33.57	198000578	33.36	+0,75
3.	Tonia Ruybroek	Poseidon'56	33.68	198101290	34.63	+0,68
4.	Petra Verstegen	WVZ	36.25	197700906	37.69	+0,84
5.	Carmen Haan	ZZG De Boskikkers	37.57	197901458	37.88	+0,81
AFGEM	Laura Ensing	De Fuut	48.39	197801326		

Masters 40+

1.	Edith Janssen-Koolen	TRB-RES	33.70	197300898	33.88	+0,77
2.	Jacqueline de Rooter-Wijnolst	WIDEX GZC DONK	37.43	197400446	37.49	+0,80
3.	Christa Verploeg	De Meer	39.57	197400896	39.70	+0,70
4.	Evelien Naatje	WS Twente	48.69	197200838	47.53	+0,85

Masters 45+

1.	Annette Wijnja-Visser	De Biesboschzwemmers	37.36	196700528	37.01	+0,83
2.	Caroline Schreuder	Triton	36.97	196700550	37.32	+0,98
3.	Ellen van Wingerden-Dijkhuizen	DWK	40.02	196900970	38.02	+0,74
4.	Henriëtte Manting	GZVW	38.82	197100246	38.29	+0,68
5.	Annette van Dok	MSV-Zeemacht	42.43	196800742	42.23	+0,90
6.	Antoinette Kant	Den Doorn	41.34	196900920	42.71	+0,76
7.	Pauline Tromp-de Lang	ZZ&PC De Devel	47.72	197001032	44.15	+0,84
8.	Nathasja Konijn	WIDEX GZC DONK	43.72	197100992	45.01	+0,76

Masters 50+

1.	Allie Price <i>Kampioenschaps Record</i>	Cardiff Masters	34.82	547582	34.99	+0,69
2.	Wilna Heijman	Steenwijk 1934	37.67	196400506	38.90	+0,83
3.	Katrin Pennings	PSV	38.98	196400570	39.49	+0,74
4.	Jolanda Knippenberg	Budel	42.12	196600688	43.53	+0,75
5.	Ellen Parma	Triton	44.97	196200366	43.86	+0,85
6.	Annemarie Vuist	Swol 1894	41.19	196300282	44.16	+0,91
7.	Gonnie Paas	ZVVS	44.36	196200418	45.64	+0,70
8.	Riekie Schra	Steenwijk 1934	1:03.67	196400404	1:10.57	
AFGEM	Haya van Blommestein-Mellema	Aquapoldro	53.31	196600482		S7

Masters 55+

1.	Marijke Kraak-Beckers	WS Twente	40.26	196000240	39.44	+0,77
2.	Mathilde Vink	Swol 1894	39.52	195800128	43.55	+0,99
3.	Lia Bijkerk	WIDEX GZC DONK	49.15	196000014	46.90	+0,71

Masters 60+

1.	Patty Krupiarz	PLONS	40.82	195400074	42.11	+0,76
2.	Tineke Brouwer-Maat	Zwemvereniging Westland	46.12	195300074	46.40	+0,78
3.	Tineke van Diggelen	ZPCH	50.22	195200048	49.97	+0,84
AFGEM	Anne De Sauvage	CNSW	43.24	005093/55		

Programmanr. 10, Dames, 50m rugslag

Masters 65+

1.	Valentina Ulybysheva	Poseidon	48.45	037036		47.94	+0,74
2.	Antoinette Gilding-Tussaud	WS Twente	46.68	195000038		48.96 *	+0,84
3.	Nini van Dongen-de Paepe	ZZ&PC De Devel	1:06.26	195100044		1:04.62	+0,86

Masters 70+

1.	Corrie Verhoeven <i>Nederlands Masters Record</i>	PSV	44.15	194600026		44.50	+0,41
2.	Loekie v. Huissteden	ZPC AMERSFOORT	54.49	194500002		54.68	+0,92
3.	Leny Kamp	Aquapoldro	56.54	194400008		57.95	+0,69
4.	Annet Verhoeven - Steggerda	De Duinkickers	1:00.29	194600024		1:03.18 *	+0,97

Masters 75+

1.	Truus Ruiters	Old Dutch	1:05.69	194000004		1:07.11	+0,72
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Masters 80+

1.	Lottie Geurts <i>Nederlands Masters Record</i>	PSV	53.17	193500006		55.58	+0,95
2.	Alice Lindhout	PSV	54.51	193500010		55.86 *	+0,75

Programmanr. 11
22-01-2016 - 14:12

Heren, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.		tijd	RT
Masters 20+							
1.	Nick Cleintuar	ZVVS	27.10	199503781		27.72	+0,54
2.	Joey Stokx	DAW	29.78	199301251		29.65	+0,66
3.	Vincent Dermaux	ZC Aquadream	29.93	199600599		30.50	+0,72
4.	Thijs van den End	ZPC Woerden	31.69	199306803	S9	31.97	+0,77
5.	Leon de Vries	ZPB H&L Productions	32.93	199603371		33.00	+0,72
6.	Lex Wortman	AZC	32.32	199503563		33.45	+0,74
7.	Michiel van Vliet	ZPC Woerden	32.86	199503875		33.54	+0,72
8.	Jelle Hatenboer	RSW (SG)	40.17	199207309		41.41	+0,66
Masters 25+							
1.	Jeffrey Breedijk	De Haaien	29.23	198900451		28.06	+0,75
2.	Jeffrey van 't Schip	De Amstel	30.36	199102035		30.26	+0,62
3.	Remco van de Berkt	De Haaien	32.56	198900215		31.30	+0,73
4.	Wessel Everloo	De Veene	31.48	198906597	S14	31.96	+0,87
5.	Joël Dam	EZC	32.21	198800699		32.34	+0,50
6.	Daniël Kunne	UZSC	33.23	199001709		33.57	+0,65
7.	Harmen Reemst	ZOB'66	35.31	198702715		35.79	+0,51
AFGEM	Klaas van Beek	ZV Haerlem	30.21	198805941			
AFGEM	Juan Vinagre Sendino	CNSW	31.13	005255/90			
Masters 30+							
1.	Martijn Giezen	Montferland	28.79	198500813		28.95	+0,66
2.	Ivan van Omme	De Geul	28.65	198201263		28.96	+0,64
3.	Lauren Vis	Steenwijk 1934	29.34	198201883		29.72	+0,69
4.	Robert Dekker	De Veene	30.62	198400443		30.39	+0,74
5.	Robert Braad	Steenwijk 1934	30.13	198600407		30.94	+0,86

Programmanr. 11, Heren, 50m rugslag

Masters 35+

1.	Ivo Roozeboom	WVZ	29.28	197700801	29.54	+0,70
2.	Mark Hensen	Van Vliet-Barracuda	30.57	197900497	30.65	+0,66
3.	Marcel Reefhuis	WS Twente	31.26	198101381	31.82	+0,59
4.	Marco van Antwerpen	Strijen	33.75	198000027	34.15	+0,84
5.	Gino Martijn	RZ	33.65	197901865	34.44	+0,59
6.	Rogier van Gent	IJZPC	37.59	198000405	34.65	+0,64
7.	Robin Roskam	De Duinkickers	42.35	197801831	41.36	+0,75

Masters 40+

1.	Valerijs Minakovs	Jelgavas SPS	28.07		28.69	+0,62
2.	John Cobussen	De Gelenberg	31.11	197501323	30.72	+0,70
3.	Roger Flinterman	WVZ	31.99	197601261	31.88	+0,72
4.	Ramon de Bondt	ZPB H&L Productions	32.92	197300105	33.14	+0,85
5.	Gertjan van der Knaap	De Duck	34.41	197300459	34.48	+0,66
6.	Arjan Aalbers	Swol 1894	34.18	197500001	34.49	+0,69
7.	Jimmy Swiggers	BEST	37.21	11027/74	34.67	+0,73
8.	Michael Go	AZC	37.36	197501397	35.79	+0,69

Masters 45+

1.	Guido Keutgen	AZC	29.80	196801551	30.73	+0,75
2.	Linas Kersevicius	Kauno Takas	30.69		30.94	+0,77
	<i>Lithuanian Masters Record</i>					
3.	Martin Kaptein	DWK	32.26	196701677	31.47	+0,69
4.	René Beetsma	HZ&PC Heerenveen	31.17	196900069	32.17	+0,80
5.	Nico Swart	Den Doorn	33.54	196801475	33.46	+0,72
6.	Harold Matla	PSV	33.75	196800591	33.75	+0,73
7.	Paul van den Heuvel	Arethusa	33.79	197000441	33.95	+0,74
8.	Michel van Wingerden	DWK	34.59	196701629	34.46	+0,70
9.	Ton Peters	De Haaïen	34.79	196901777	34.85	+0,77
10.	Ferdinand Teitink	Montferland	38.24	197001583	36.93	+0,65
AFGEM	Korstiaan de Boer	Steenwijk 1934	36.85	197101629		

Masters 50+

1.	Peter Bernsen	De Rog	30.31	196301119	29.46	+0,61
	<i>Nederlands Masters Record</i>					
2.	John Stokx	DAW	32.63	196401341	33.43	+0,71
3.	Otto Jansen	LZ 1886	34.17	196501403	33.89	+0,93
4.	Fred Dijkshoorn	Zwemvereniging Westland	34.99	196501539	35.26	+0,86
5.	Fred Heemstra	DAW	34.05	196500357	35.41	+0,74
6.	Erik Saan	De Duck	35.53	196500769	35.80	+0,76
7.	Casper Dollekamp	Steenwijk 1934	35.34	196301341	36.58	+0,60
8.	Jack Barends	WS Twente	38.63	196201011	38.74	+0,90
AFGEM	Edzo Huisman	Aquapoldro	39.84	196301029		

Masters 55+

1.	Dmitry Kromskiy	Poseidon	32.91	037011	32.79	+0,82
2.	Arlandas Juodeska	Kauno Takas	32.66		33.50	+0,71
	<i>Lithuanian Masters Record</i>					
3.	Nico van Maanen	De Duck	38.22	196100371	37.15	+0,69
4.	Harry Paas	ZVVS	40.59	195800689	40.06	+0,64
5.	André Schutte	ZPC De Zeeuwse Kust	39.48	196000521	40.43	+0,90
6.	Jos van Sleuwen	Nautilus	46.97	195700323	46.24	+0,72
7.	Herbert Katgert	WS Twente	45.70	195900739	47.59	+1,03
AFGEM	Andre Pantekoek	ZZ&PC De Devel	43.92	195800321		

Programmanr. 11, Heren, 50m rugslag

Masters 60+

1.	Nartano Glijn	UZSC	35.95	195500449	34.68	+0,78
2.	Ruud Ruiter	WWV	34.58	195300169	37.23	+0,74
3.	Evertjan Masurel	PLONS	36.64	195600495	37.24	+0,77
4.	Sjoerd van de Berg	De Rog	46.62	195400355	45.76	+0,94

Masters 65+

1.	Jos Kamps	Zwemvereniging Hoogland	42.10	195100085	43.59	+0,71
2.	Nico van Dongen	ZZ&PC De Devel	1:00.37	194800159	56.50	+1,10
DIS	Ale van Veen	HPC	37.33	194900159		

RC - Left back position during the race without starting the turn

Masters 70+

1.	Mikhail Ulybyshev	Poseidon	40.19	037037	39.92	+0,77
2.	Nico Baay	Old Dutch	53.40	194200053	51.44	+0,71
3.	Peter Ouweneel	RSW (SG)	1:00.61	194500077	58.40	+0,87
AFGEM	Frans van der Walle	Old Dutch	52.73	194300089		

Masters 75+

1.	Frans van Enst	WS Twente	37.65	194000011	39.10	+0,63
2.	Jan Eichhorn	ZV Haerlem	48.56	193700015	50.46	+0,86

Programmanr. 12
22-01-2016 - 14:23

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1.	Nicole Bennis	WVZ	59.06	199600470	58.95	+0,70
2.	Maud Hoofs	The Hague Swimming (SG)	58.71	199501206	58.97	+0,68
3.	Fraukje Puts	HZ&PC Heerenveen	1:00.67	199206470	1:00.43	+0,82
4.	Karin Groen	Nova	1:01.27	199502440	1:01.27	+0,64
5.	Janine de Groot	Nova	1:04.01	199500092	1:02.92	+0,82
6.	Julia Wortman	AZC	1:04.29	199603666	1:03.58	+0,84
7.	Eva Engelen	NDD	1:02.16	199405514	1:03.91	+0,66
8.	Moniek Heemsker	LZ 1886	1:03.02	199601964	1:04.05	+0,70
9.	Carmen Seesing	NDD	1:02.84	199406220	1:04.07	+0,78
10.	Marissa Minkman	ZC Aquadream	1:02.42	199306054	1:04.10	+0,66
11.	Karin Verbeek	Nautilus	1:03.03	199201848	1:04.69	+0,71
12.	Karen van Dee	SCOM	1:01.08	199604074	1:04.72	+1,15
13.	Larissa Jansen	De Bevelanders	1:04.58	199500660	1:05.22	+0,78
14.	Eva Kattouw	De Ward	1:04.58	199407168	1:05.57	+0,78
15.	Nikki Hoogeboom	De IJsel	1:04.67	199301196	1:05.73	+0,84
16.	Mariëtte Bulman	ZC Aquadream	1:05.55	199506846	1:06.46	+0,65
17.	Charine de Ruiter	Steenwijk 1934	1:09.91	199403668	1:08.27	+0,86
18.	Inge Koopman	ZV Haerlem	1:08.69	199303382	1:08.96	+0,85
19.	Ramona Noordermeer	ZVVS	1:08.42	199401746	1:09.54	+0,78
20.	Anne Aarts	Aqua-Novio'94	1:12.48	199207942	1:10.17	+0,71
21.	Marjan Rikken	ZVV	1:11.20	199206114	1:10.63	+0,84
22.	Lieke Janssen	NIMO	1:10.65	199305954	1:11.25	+0,93
23.	Nieske Janssen	NIMO	1:09.16	199601328	1:11.94	+0,82
24.	Rebecca van Eeren	SCOM	1:10.97	199306910	1:13.12	+0,82
25.	Ilse Blankvoort	Steenwijk 1934	1:16.39	199204458	1:13.34	+0,85
26.	Daphne Meijer	Montferland	1:10.70	199303850	1:13.39	+0,97
27.	Cynthia van Veen	ZPC Woerden	1:17.30	199606736	1:17.91	+0,69
28.	Talitha Boelen	DWF	1:17.15	199502910	1:19.32	+0,93
29.	Daniëlle de Klein	DWF	1:16.44	199404786	1:20.24	+0,90
RES	Lianne Molkenboer	EZC	1:03.83	199602034		
AFGEM	Anouchka Hoogstraten	De Veene	1:12.96	199600824		

Programmanr. 12, Dames, 100m vrije slag, Masters 20+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
AFGEM Wendy de Bruin	ZOB'66	1:02.37	199206320				
AFGEM Carmen Muilwijk	De Geul	1:04.36	199502700				
AFGEM Evy Ulijn	Arethusa	59.04	199604100				
AFGEM Amber Reijm	The Hague Swimming (SG)	1:04.18	199405434				

Masters 25+

1. Cora van Dorst	De Krabben	1:02.66	199106218	59.03	+0,59	28.73	59.03
2. Wendan Poelstra	TriVia	59.67	199102496	59.98	+0,72	29.05	59.98
3. Elmi Roelofsen	ZVV	1:01.26	199008198	1:01.23	+0,81	29.61	1:01.23
4. Monique Lindenbergh	De Bevelanders	1:02.59	199002360	1:01.70	+0,79	30.00	1:01.70
5. Sabine Lina	ZPC Woerden	1:01.88	198902680	1:02.76	+0,75	30.31	1:02.76
6. Mandy Verbakel	ZPC Woerden	1:03.62	199003908	1:03.13	+0,81	30.70	1:03.13
7. Isabelle Massar	WVZ	1:01.65	199102034	1:04.50	+0,80	29.95	1:04.50
8. Ilse van den Wijngaard	ZPC Woerden	1:04.32	198904736	1:04.67	+0,78	30.45	1:04.67
9. Nienke van Stipriaan	PSV	1:06.28	198703970	1:05.42	+0,95	31.92	1:05.42
10. Diana Lammers	De Veene	1:07.51	198902572	1:09.10	+0,80	33.08	1:09.10
11. Henrike de Vries	WS Twente	1:08.95	198907460	1:10.10	+0,97	33.82	1:10.10
12. Lindsey Hol	De Meer	1:07.44	199008088	1:10.17	+0,73	32.98	1:10.17
13. Tamara Nordin	ZPC De Zeeuwse Kust	1:11.50	198702996	1:11.23	+0,80	34.07	1:11.23
14. Kelly Bockting	Montferland	1:12.14	199104050	1:12.70	+0,82	35.44	1:12.70
15. Mariska Zaal	AZC	1:16.32	198806916	1:14.50	+0,80	35.79	1:14.50
16. Lonneke Oenema	Steenwijk 1934	1:10.20	199102314	1:15.89	+0,76	35.02	1:15.89
17. Lisette Van Sinttruije	DWF	1:17.60	199108554	1:16.60	+0,80	35.21	1:16.60
18. Eline den Boer	Strijen	1:25.09	199104948	1:26.10	+0,87	40.22	1:26.10
AFGEM Tonny Klop-Methorst	De Biesboschwimmers	1:03.27	198802998				

Masters 30+

1. Pauline Gouwens	DWK	57.53	198400790	57.02	+0,69	27.65	57.02
<i>Nederlands Masters Record</i>							
2. Marije Jansen	Aquarijn	1:00.57	198504088	1:00.95	+0,67	29.03	1:00.95
3. Nadya Putter	ZVVS	1:02.62	198301630	1:02.79	+0,70	30.76	1:02.79
4. Olga Volman-Maiorova	NDD	1:05.83	1985504188	1:03.72	+0,84	30.37	1:03.72
5. Marije van Manen	ZPC AMERSFOORT	1:06.70	198602386	1:05.58	+0,68	31.35	1:05.58
6. A. Reefhuis-de Vries	WS Twente	1:03.68	198603908	1:05.70	+0,74	31.89	1:05.70
7. Auke de Lange	AZC	1:05.75	198602226	1:05.84	+0,86	30.74	1:05.84
8. Sandra Pannekeet	DAW	1:06.04	198403458	1:07.22	+0,76	31.60	1:07.22
9. Renee de Kok	PSV	1:09.20	198403350	1:08.04	+0,73	32.34	1:08.04
10. Miranda Pijnenburg	De Treffers	1:07.95	198301216	1:09.16	+0,85	33.96	1:09.16
11. Paulien Schokker	WS Twente	1:07.41	198302876	1:09.25	+0,90	33.39	1:09.25
12. Marijke Dirkse	IJZPC	1:15.43	198403480	1:23.47	+0,98	38.25	1:23.47

Masters 35+

1. Janneke Harmsen-Bakker	De Berkelduikers	1:00.85	197700938	1:00.91	+0,77	29.31	1:00.91
2. Nathalie Blondeel	CNSW	1:02.73	004784/77	1:02.73	+0,68	30.39	1:02.73
3. Angela Koekkoek	Triton	1:05.81	197901516	1:05.48	+0,80	30.49	1:05.48
4. Chantal Verhoeff	Old Dutch	1:07.93	197900912	1:05.81	+0,89	31.29	1:05.81
5. Agnes van Brug	DAW	1:09.87	198001726	1:09.65	+0,80	33.07	1:09.65
6. Natasja Forat	ZPC De Zeeuwse Kust	1:10.01	197701186	1:10.07	+0,85	32.60	1:10.07
7. Patricia Vos	TRB-RES	1:10.07	198001730	1:12.59	+0,80	34.18	1:12.59
8. Severine Bayre	CNSW	1:14.67	004275/78	1:14.27	+1,00	35.92	1:14.27
9. Sandra de Bruijne	Onderdak	1:21.66	197801310	1:19.92	+0,76	37.91	1:19.92
10. Clementine van Bruxvoort	ZPB H&L Productions	1:25.32	197700138	1:28.66	+0,88	42.67	1:28.66
AFGEM Laura Ensing	De Fuut	1:30.50	197801326				

Programmanr. 12, Dames, 100m vrije slag

Masters 40+

1. Edith Janssen-Koolen	TRB-RES	1:04.21	197300898	1:04.36	+0,76	30.93	1:04.36
2. Yvette Ratering	De Ward	1:09.38	197200990	1:07.03	+0,87	32.07	1:07.03
3. Marian Nederlof	DWF	1:07.08	197600950	1:10.25	+0,88	33.89	1:10.25
4. Jantiene Hannessen	Zwemvereniging Hoogland	1:19.64	197300946	1:18.95	+0,97	37.72	1:18.95
5. Evelien Berman-Alers	Nautilus	1:21.87	197200878	1:21.37	+0,87	37.41	1:21.37
6. Inge Lolkema-Soeters	Steenwijk 1934	1:20.78	197300934	1:22.01	+0,83	38.85	1:22.01
DIS Jessica Riemsdijk	ZPCH	1:06.00	197600830				
<i>AA - Started before the starting signal</i>							
RES Evelien Naatje	WS Twente	1:22.38	197200838				
AFGEM Ilona Hogerheyde	DAW	1:06.33	197400224				

Masters 45+

1. Heidi van Stein	LZ 1886	1:04.22	196900864	1:04.97	+0,79	31.23	1:04.97
2. Marjo Goelema-Koek	De Biesboschzwemmers	1:04.51	196900192	1:06.09	+0,77	31.40	1:06.09
3. Jolanta Duleviciene	Kauno Takas	1:11.17		1:09.84	+0,83	33.15	1:09.84
<i>Lithuanian Masters Record</i>							
4. Inken Wemheuer	DWT	1:14.82	197101016	1:11.28	+0,73	33.64	1:11.28
5. Marion Broekhuis	WS Twente	1:11.20	196800060	1:12.89	+0,74	34.80	1:12.89
6. Arianne Hamakers	De Rog	1:15.02	196700714	1:15.63	+0,88	35.06	1:15.63
7. Marijke Campfens	De Geul	1:20.54	196900960	1:16.28	+0,94	36.12	1:16.28
8. Kristien Van de Moortel	ShaRK	1:19.29	20315/69	1:18.30	+0,86	37.55	1:18.30
9. Zilla Fokke	De Futen	1:21.95	196800866	1:19.27	+0,72	38.83	1:19.27
10. Ingeborg Stokx	DAW	1:17.45	196700666	1:19.75	+0,75	37.77	1:19.75
11. Miriam Stevens	Budel	1:21.36	196900988	1:22.28	+1,08	38.86	1:22.28
12. Sandra Daamen-Posma	AZC	1:20.85	196800854	1:22.40	+0,94	39.30	1:22.40
13. Annette van Dok	MSV-Zeemacht	1:20.78	196800742	1:22.56	+0,78	39.69	1:22.56
14. Judith van der Heijden	Budel	1:29.43	197001012	1:26.81	+0,80	39.81	1:26.81
15. Roselinda van der Vlugt	Zwemvereniging Woestduin	1:30.51	196700710	1:28.83	+1,14	42.84	1:28.83
16. Ineke Branderhorst	Den Doorn	1:40.16	196900918	1:46.64	+1,15	49.84	1:46.64
AFGEM Alexandra de Jong	HPC	1:06.05	196900926				
AFGEM Ingrid Boot-De Groot	De Aalscholver	1:01.71	197000168				
AFGEM Marja Verwoerd	ZPC Woerden	1:07.74	196900954				

Masters 50+

1. Marjan Remmits-De Lange	ZPC Woerden	1:05.75	196300518	1:06.63	+0,69	31.82	1:06.63
2. Jacqueline Tuin	DAW	1:10.41	196600690	1:08.93	+0,74	33.39	1:08.93
3. Carla Mol	ZPCH	1:11.48	196600244	1:10.62	+0,86	33.52	1:10.62
4. Katrin Pennings	PSV	1:08.53	196400570	1:10.64	+0,73	33.45	1:10.64
5. Margriet Grove-Lingeman	Oceanus	1:13.28	196200080	1:12.27	+0,83	34.27	1:12.27
6. Sandra Hoofs-Buil	The Hague Swimming (SG)	1:17.61	196600678	1:18.05	+0,85	37.00	1:18.05
7. Monique Munnik	AZC	1:19.70	196200328	1:20.65	+0,84	37.91	1:20.65
8. Marie-Jeanne Vandormael	GZVN	1:34.72	21035/63	1:32.10	+0,79	43.17	1:32.10
9. Riekje Schra	Steenwijk 1934	1:59.87	196400404	2:09.94	+1,40	58.19	2:09.94
DIS Talje Dijkhuis	ZPC AMERSFOORT	1:11.98	196600072				
<i>AA - Started before the starting signal</i>							
AFGEM H. van Blommestein-Mellema	Aquapoldro	1:44.60	196600482				S7

Masters 55+

1. Marijke Kraak-Beckers	WS Twente	1:13.36	196000240	1:13.07	+0,89	35.13	1:13.07
2. Marijke van Hoek	ZPC De Zeeuwse Kust	1:14.93	195800050	1:13.45	+0,75	34.97	1:13.45
3. Janny van Eijk	ZV De Bron	1:17.63	195800022	1:18.34	+0,96	37.98	1:18.34
4. Karien Musters	Old Dutch	1:40.16	195800236	1:48.78	+0,84	49.76	1:48.78
AFGEM Jennie Resink-Lindeboom	DWK	1:24.20	196000142				

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	1:07.23	195600048	1:07.34	+0,75	32.17	1:07.34
<i>Europees Masters Record</i>							
2. Tineke Brouwer-Maat	Zwemvereniging Westland	1:31.08	195300074	1:31.08		43.53	1:31.08
3. Tineke van Diggelen	ZPCH	1:34.96	195200048	1:37.66	+0,94	46.92	1:37.66
4. F. Gourmet-Blondeel	CNSW	1:38.55	004901/52	1:38.27	+0,93	47.09	1:38.27

Programmanr. 12, Dames, 100m vrije slag, Masters 60+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
5. Geerdien Meerwaldt	De Geul	1:55.96 195200058	1:53.73		52.97	1:53.73

Masters 65+

1. Conny Boer-Buys	ZVVS	1:11.35 195000006	1:10.66	+0,87	33.80	1:10.66
<i>Europees Masters Record</i>						
2. Christien Nieuwenhuis	Swol 1894	1:11.80 195100022	1:12.35	+0,71	33.97	1:12.35
<i>Kampioenschaps Record</i>						
AFGEM Grete Heugl	SU Generali Salzburg	1:21.52 23350				

Masters 70+

1. Corrie Verhoeven	PSV	1:18.80 194600026	1:20.35	+0,86	38.26	1:20.35
<i>Nederlands Masters Record</i>						
2. Mieke Strijbis-v.d.Kroft	DAW	1:45.70 194500004	1:43.31	+1,16	51.69	1:43.31
3. Laurin Heemskerck-Stevens	Old Dutch	2:17.16 194400026	2:12.53		1:01.16	2:12.53

Masters 75+

1. Truus Ruiter	Old Dutch	2:00.30 194000004	2:06.04	+0,77	57.56	2:06.04
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Masters 80+

1. Lottie Geurts	PSV	1:34.36 193500006	1:38.93	+1,15	49.21	1:38.93
<i>Nederlands Masters Record</i>						

Masters 90+

1. Marianne Maandonks	PSV	2:54.24 192600004	3:11.81	+1,29	1:17.82	3:11.81
<i>Nederlands Masters Record, 50m*</i>						

Programmanr. 13
22-01-2016 - 14:52

Heren, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Wimar Lindenberg	Hieronymus	51.69 199601857	51.75	+0,61	25.18	51.75
2. Roel Rademaker	SPONS	57.53 199406633	55.66	+0,78	26.63	55.66
3. Erik Wegman	De Kempvis	56.31 199201465	55.75	+0,71	26.73	55.75
4. Niels Versteeg	De Ward	58.55 199502697	56.95	+0,73	27.39	56.95
5. Robin Eltink	DWK	57.10 199406147	57.32	+0,80	27.39	57.32
6. Jeffrey Camphens	DWT	57.70 199503113	57.63	+0,69	28.10	57.63
7. Martino Valentijn	DIO	1:00.25 199403913	57.73	+0,67	27.63	57.73
Mike Koelewijn	Steenwijk 1934	56.22 199303597	57.73	+0,72	27.77	57.73
9. Hans Stoffers	Triton Putten	58.43 199604027	59.80	+0,71	28.69	59.80
10. Thijs van den End	ZPC Woerden	59.05 199306803	59.86	+0,95	28.49	59.86
11. Jesper Honken	Nova	1:00.00 199600085	1:00.84	+0,74	28.65	1:00.84
12. Yorick Kreuwel	De Veene	59.72 199402225	1:01.26	+0,77	28.84	1:01.26
13. Jeroen van Blanken	De Lansingh	1:00.85 199206451	1:01.57	+0,81	29.09	1:01.57
14. Lex Wortman	AZC	1:01.70 199503563	1:01.94	+0,89	30.29	1:01.94
15. Michiel van Vliet	ZPC Woerden	1:01.51 199503875	1:02.87	+0,93	29.56	1:02.87
16. Arjen Zijlstra	Hydrofiel	1:02.06 199203309	1:02.88	+0,78	28.85	1:02.88
17. Leon de Vries	ZPB H&L Productions	1:00.08 199603371	1:03.37	+0,73	29.55	1:03.37
18. Jelle Hatenboer	RSW (SG)	1:12.68 199207309	1:16.44	+0,78	35.79	1:16.44
<i>50m*</i>						
AFGEM Lukas Schouten	AZC	1:04.59 199602515				
AFGEM David Kroon	Wiekslag	1:02.72 199505495				

Programmanr. 13, Heren, 100m vrije slag

Masters 25+

1. Erik Simons	d'ELFT WAVE (SG)	52.38	198902845	53.21	+0,75	25.97	53.21
2. Jeffrey Breedijk	De Haaien	54.18	198900451	54.03	+0,81	25.92	54.03
3. Pascal van Haren	Van Vliet-Barracuda	55.80	198704101	56.45	+0,71	27.11	56.45
4. Patrick Creemers	RZ	54.44	199000579	57.05	+0,71	27.07	57.05
5. Jeffrey van 't Schip	De Amstel	57.74	199102035	57.83	+0,79	27.48	57.83
6. Rens Post	WVZ	57.96	199101827	58.65	+0,71	27.68	58.65
7. Martijn van Hoon	MGO (SG)	58.32	198901343	59.92	+0,85	28.34	59.92
8. Remco van de Berkt	De Haaien	1:00.44	198900215	1:00.24	+0,91	28.78	1:00.24
9. Boy Heijnekamp	LZ 1886	1:01.68	198901161	1:00.69	+0,75	29.24	1:00.69
10. Joël Dam	EZC	1:01.34	198800699	1:01.56	+0,64	28.37	1:01.56
11. Patrick de Jonge	ZPC Woerden	1:03.26	198906635	1:02.27	+0,82	29.71	1:02.27
12. Patrick Holthuizen	d'ELFT WAVE (SG)	1:06.49	199107681	1:02.30	+0,65	30.58	1:02.30
13. Mark Godwaldt	PSV	1:02.93	198701039	1:03.22	+0,84	30.21	1:03.22
14. Gerben Rozie	MSV-Zeemacht	1:02.54	199002507	1:03.50	+0,68	29.79	1:03.50
15. Dennis Kraakman	DAW	1:08.52	198705325	1:07.99	+0,74	32.92	1:07.99
16. Wouter van 't Klooster	ZPC AMERSFOORT	1:09.66	198806159	1:09.21	+0,79	33.31	1:09.21
AFGEM Klaas van Beek	ZV Haerlem	54.78	198805941				
AFGEM Alex Schelvis	LZ 1886	53.10	198702927				

Masters 30+

1. Antonio Vega	De Haaien	56.94	198604739	54.65	+0,67	26.05	54.65
2. Lauren Vis	Steenwijk 1934	54.62	198201883	54.70	+0,66	26.10	54.70
3. Kristiaan Lenos	LZ 1886	53.64	198301331	54.86	+0,70	26.23	54.86
4. Roderik Meijers	d'ELFT WAVE (SG)	55.50	198602063	55.75	+0,71	26.03	55.75
5. Bart Drechsel	WZK Zwemmen	56.02	198604135	56.20	+0,69	26.80	56.20
6. Rick Driezen	Steenwijk 1934	56.08	198600713	57.40	+0,81	27.55	57.40
7. Jim Geestman	RSW (SG)	56.78	198300699	57.48	+0,90	27.17	57.48
8. René Koedoolder	ZV De Bron	59.20	198200919	58.99	+0,82	27.85	58.99
9. Ferry Blangé	ZOB'66	58.51	198300185	59.59	+0,78	28.29	59.59
10. Wouter Zijlstra	DAW	1:02.11	198202077	1:01.19	+0,85	28.56	1:01.19
11. Ruben van den Tol	MNC Dordrecht	1:00.60	198202667	1:01.93	+0,87	28.37	1:01.93
12. David Verlek	De Geul	1:02.13	198402381	1:02.89	+0,84	29.49	1:02.89
13. Sven Schutte	Zwemlust-den Hommel	1:06.85	198604713	1:08.28	+0,85	32.14	1:08.28

Masters 35+

1. Nol van Thull	d'ELFT WAVE (SG)	52.32	198001513	51.90	+0,76	24.96	51.90
<i>Nederlands Masters Record</i>							
2. Joost Hoetjes	DAW	1:03.51	197800425	56.41	+0,72	26.76	56.41
3. Mark Zwart	Zwemlust-den Hommel	57.56	197901461	58.02	+0,82	27.82	58.02
4. Pavel Protasciuk	Kauno Takas	57.71		58.20	+0,84	27.63	58.20
5. Dennis van den Berg	UZSC	1:01.38	198100089	58.41	+0,82	27.74	58.41
6. Martijn Beglinger	Old Dutch	1:00.44	197801869	59.65	+0,80	28.97	59.65
7. Raymond Oosterbaan	WIDEX GZC DONK	59.45	197700711	1:00.00	+0,86	28.45	1:00.00
8. Simon van Ravesteijn	WVZ	1:07.33	198002263	1:00.27	+0,80	29.00	1:00.27
9. Victor Barnar	GoSwim	58.35	197801805	1:00.51	+0,78	28.63	1:00.51
10. Michiel Brinkman	DAW	1:03.17	198001991	1:02.10	+0,75	28.97	1:02.10
11. Michel Wigbers	DWT	1:01.64	198001743	1:02.92	+0,82	30.20	1:02.92
12. Berry van Holland	TriVia	1:02.02	198000603	1:03.40	+0,76	29.89	1:03.40
13. Marco van Antwerpen	Strijen	1:02.54	198000027	1:03.64	+0,85	30.85	1:03.64
14. Gerrit Klaas van der Vaart	De Haaien	1:02.47	198001551	1:03.95	+0,80	30.46	1:03.95
15. Gino Martijn	RZ	1:05.03	197901865	1:05.93	+0,75	30.19	1:05.93
16. Marnix Cornelisse	LZ 1886	1:12.13	198002343	1:14.76	+0,81	34.49	1:14.76
AFGEM Jeroen Zelsmann	Upstream Amsterdam	56.09	197701551				
AFGEM Hans Cligge	De Futen	1:07.22	198100315				

Programmanr. 13, Heren, 100m vrije slag

Masters 40+

1. Joeri Stoffels	AZC	57.86	197300851	57.66	+0,78	26.63	57.66
2. Alex Damen	DAW	57.67	197501371	57.82	+0,77	27.97	57.82
3. Erik Lamers	De Gelenberg	58.76	197500507	59.30	+0,73	28.24	59.30
4. Patrick Kers	Zoetermeer	59.58	197200499	59.80	+0,82	28.87	59.80
5. Erwin Zuijdevelt	De Futen	1:00.97	197501015	1:00.36	+0,76	28.55	1:00.36
6. Kelvin Isselt	RZ	1:00.43	197601119	1:00.72	+0,73	28.37	1:00.72
7. Julius Bezzubovas	Kauno Takas	1:03.79		1:02.45	+0,71	29.80	1:02.45
8. Casper van den Burgh	LZ 1886	1:12.46	197201413	1:03.56	+0,81	30.32	1:03.56
9. Harold Brouwer	De Gelenberg	1:03.91	197201569	1:04.06	+0,78	30.01	1:04.06
10. Johan Wezenberg	Swol 1894	1:05.98	197601023	1:05.96	+1,11	31.40	1:05.96
11. Wouter van der Stelt	Den Doorn	1:05.36	197200889	1:06.76	+0,75	31.54	1:06.76
12. Arjan van Tilburg	De Geul	1:14.46	197500863	1:10.45	+0,84	33.32	1:10.45
13. Bas van Gool	De Geul	1:16.46	197201435	1:17.34	+0,80	34.95	1:17.34

Masters 45+

1. Harry Cornet	De Biesboschzwemmers	56.99	197100175	56.12	+0,76	26.55	56.12
2. Jan Goossens	GZVN	58.69	11003/68	56.76	+0,65	27.42	56.76
3. Marcel van Winssen	De Gelenberg	57.62	197101477	57.20	+0,80	27.50	57.20
4. Richard Rickson	NIMO	57.78	197000841	58.14	+0,80	27.82	58.14
5. Erlend Alstad	I.L. Varg	57.11		58.76	+0,76	28.50	58.76
6. Pieter van Gemeren	DAW	59.75	196901779	59.36	+0,69	28.16	59.36
7. Arjan Bellaart	Het Y	58.57	196900079	59.49	+0,72	28.60	59.49
8. Kees Akershoek	MGO (SG)	59.48	196900009	1:01.02	+0,72	28.97	1:01.02
9. René Beetsma	HZ&PC Heerenveen	1:00.92	196900069	1:01.04	+0,73	29.36	1:01.04
10. Martin Kaptein	DWK	1:00.59	196701677	1:01.38	+0,75	28.89	1:01.38
11. Jos Wensink	WS Twente	1:02.32	196901719	1:02.78	+0,72	29.88	1:02.78
12. Guido Keutgen	AZC	1:02.52	196801551	1:03.76	+0,85	30.96	1:03.76
13. Ton Peters	De Haaïen	1:04.40	196901777	1:04.57	+0,83	30.31	1:04.57
14. Wiljo Mackus	Budel	1:04.23	197101557	1:04.95	+0,96	30.45	1:04.95
15. Jeroen Kort	DAW	1:02.40	196801543	1:06.81	+0,79	31.50	1:06.81
16. Rob Janssen	De Gelenberg	1:06.94	197001467	1:07.95	+0,84	31.95	1:07.95
17. Huyb Stegeman	Steenwijk 1934	1:07.94	196701535	1:08.36	+0,78	32.50	1:08.36
18. Marcel Brittijn	De Duinkickers	1:08.51	196900159	1:09.03	+0,71	32.65	1:09.03
19. Marco van Rooijen	Arethusa	1:09.61	196901755	1:09.34	+0,85	33.49	1:09.34
20. Martijn de Jong	DWK	1:12.47	197101659	1:11.40	+0,74	33.89	1:11.40
21. Edward van Nijmweegen	Budel	1:11.91	197001635	1:12.87	+0,95	34.20	1:12.87
22. Joost van Eerd	Budel	1:12.87	196901723	1:13.73	+0,86	34.35	1:13.73
23. Gertjan van der Vaart	ZVVS	1:14.10	196801529	1:14.05	+0,76	34.96	1:14.05
24. Jeff van Loon	De Geul	1:20.32	197001687	1:22.43	+0,63	40.53	1:22.43
DIS Sander Nieuwenhuys	De Fuut	1:07.47	196801423				

AA - Started before the starting signal

Masters 50+

1. Peter Bernsen	De Rog	57.22	196301119	57.05	+0,66	26.83	57.05
2. Bob de Vries	Aquapoldro	1:00.58	196601101	59.10	+0,78	27.86	59.10
3. Arnold de Rover	De Futen	58.76	196400645	59.60	+0,82	28.38	59.60
4. Phil Trethewie	Old Dutch	59.84	196501315	1:00.94	+0,81	29.17	1:00.94
5. Wiljam Nijenhuis	De IJsel	1:01.44	196400547	1:01.22	+0,79	29.54	1:01.22
6. Rob Verheul	TRB-RES	1:01.99	196601571	1:02.87	+0,79	29.04	1:02.87
7. Arthur van Strien	WVZ	1:07.19	196301401	1:03.06	+0,88	30.04	1:03.06
8. Kees-Jan van Overbeeke	WWV	1:01.02	196200489	1:03.32	+0,85	30.03	1:03.32
9. Otto Jansen	LZ 1886	1:03.83	196501403	1:03.37	+0,84	29.39	1:03.37
10. Henri Michels	De Amstel	1:04.71	196501587	1:03.89	+0,80	30.48	1:03.89
11. Ivo Buchholz	WS Twente	1:04.27	196401165	1:04.35	+0,89	31.07	1:04.35
12. Erwin Beringen	GoSwim	1:05.11	196601515	1:04.58	+0,69	30.24	1:04.58
13. Robert Vink	WWV	1:02.61	196301075	1:04.75	+0,92	31.35	1:04.75
14. Fred Dijkshoorn	Zwemvereniging Westland	1:05.16	196501539	1:05.61	+0,82	31.64	1:05.61
15. Eric de Haas	De Treffers	1:08.73	196501275	1:05.98	+0,94	31.66	1:05.98
16. Robin Prins	De Geul	1:05.34	196200515	1:06.20	+0,86	31.55	1:06.20
17. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:06.07	196501027	1:07.60	+0,77	31.79	1:07.60
18. Bob Nieuwenhuys	De Fuut	1:07.76	196201227	1:07.84	+0,87	31.65	1:07.84
19. Ruud Kennis	Budel	1:07.31	196501555	1:08.14	+0,73	32.40	1:08.14

Programmanr. 13, Heren, 100m vrije slag, Masters 50+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
20. Erik Saan	De Duck	1:07.00	196500769	1:09.00	+0,98	31.71	1:09.00
21. Vadim Ezkov	Pregel	1:07.86	10020	1:09.74	+0,73	33.16	1:09.74
22. Fred Heemstra	DAW	1:03.38	196500357	1:10.94	+1,01	33.04	1:10.94
23. Pierre de Groot	WIDEX GZC DONK	1:10.40	196401431	1:11.53	+0,99	34.26	1:11.53
24. Willem Jannink	Swol 1894	1:12.72	196500423	1:12.58	+0,79	34.12	1:12.58
25. Eric Tijms	OEZA	1:13.76	196401125	1:13.38	+0,87	34.77	1:13.38
26. Merlin Weber	Nautilus	1:27.16	196201261	1:26.11	+0,85	38.09	1:26.11
27. Hans van Scheepen	Steenwijk 1934	1:29.54	196201245	1:35.08	+0,87	39.82	1:35.08
RES Simon Franken	ZV Haerlem	1:03.93	196601581				
AFGEM Hans Westerhof	WS Twente	1:01.37	196200743				
AFGEM Gert Sikkema	ZIGNEA	59.92	196300687				
AFGEM Edzo Huisman	Aquapoldro	1:04.99	196301029				

Masters 55+

1. Lionel Godeaux	CNSW	1:00.51	000217/60	1:00.14	+0,72	28.39	1:00.14
2. Fred Ketting	PSV	1:00.12	196000289	1:00.37	+0,86	28.30	1:00.37
3. Marten de Groot	HZ&PC Heerenveen	58.07	195800149	1:01.07	+0,82	29.14	1:01.07
4. Arno Wouters	ZPC De Zeeuwse Kust	1:01.80	195800667	1:01.87	+0,88	29.59	1:01.87
5. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:05.65	196000931	1:05.64	+0,69	31.59	1:05.64
6. Durand Lammers	ESCA Zwemmen	1:13.39	196001071	1:11.42	+0,98	34.57	1:11.42
7. Bart van Calker	WS Twente	1:12.02	196100067	1:11.53	+0,92	35.25	1:11.53
8. Jos Zentjens	Budel	1:12.24	195700569	1:13.90	+0,94	34.05	1:13.90
9. Herbert Katgert	WS Twente	1:19.26	195900739	1:20.13	+1,21	37.27	1:20.13
10. Dirk Crok	OEZA	1:17.56	195800547	1:21.07	+1,16	39.10	1:21.07
11. Jos van Sleuwen	Nautilus	1:29.18	195700323	1:26.55	+1,10	38.11	1:26.55
12. Adrie van der Gracht	OEZA	1:37.81	195700485	1:40.90	+0,95	47.57	1:40.90
DIS Mark Eligh	UZSC	1:06.70	195700497				
<i>AF - Did not finish the indicated distance</i>							
AFGEM Andre Pantekoek	ZZ&PC De Devel	1:24.49	195800321				
AFGEM Frederik Eshuis	UZSC	1:19.45	195900821				

Masters 60+

1. Jean-Marie Cadiat	CNSW	1:05.19	000243/53	1:03.52	+0,81	29.65	1:03.52
2. Hans Wijsman	PSV	1:01.94	195500427	1:04.38	+0,74	30.99	1:04.38
3. Ruud Ruiters	WWV	1:11.60	195300169	1:07.43	+0,93	32.50	1:07.43
4. Evertjan Masurel	PLONS	1:08.08	195600495	1:08.76	+0,84	33.44	1:08.76
5. Nartano Glijn	UZSC	1:10.14	195500449	1:09.07	+0,90	32.95	1:09.07
6. Laurens Klein Breteler	WWV	1:14.16	195400109	1:12.68	+0,86	33.54	1:12.68
7. Sjoerd van de Berg	De Rog	1:35.28	195400355	1:34.62	+0,86	42.53	1:34.62

Masters 65+

1. Ale van Veen	HPC	1:03.42	194900159	1:07.88	+0,72	32.79	1:07.88
2. Piet Schop	De Bevelanders	1:10.22	195000109	1:13.34	+0,64	34.45	1:13.34
3. Vladimir Abrosimov	Meshera	1:19.89		1:19.41	+1,05	36.89	1:19.41
4. Hilbert Prins	OEZA	1:22.44	195100223	1:19.82	+1,06	38.77	1:19.82
<i>50m*</i>							
5. Mar van Geel	Old Dutch	1:29.07	194700135	1:40.01	+1,16	46.66	1:40.01

Masters 70+

1. Alexander Bashmakov	Poseidon	1:10.81	037001	1:12.26	+0,97	35.99	1:12.26
<i>Russian Masters Record</i>							
2. Theo Schouten	WWV	1:13.77	194600161	1:17.17	+0,93	35.99	1:17.17
3. Willem Putter	ZVVS	1:17.09	194500135	1:17.54	+0,96	36.80	1:17.54
4. Tom Meijnen	UZSC	1:37.81	194400087	1:24.86	+1,14	39.71	1:24.86
5. Geza Kaltenecker	AZC	1:22.14	194200065	1:26.51	+0,86	39.77	1:26.51
6. Kevork Boyrazian	CNSW	1:49.03	002620/44	1:51.16	+1,18	49.92	1:51.16
7. Peter Ouweneel	RSW (SG)	1:47.41	194500077	1:53.21	+1,27	50.98	1:53.21

Programmanr. 13, Heren, 100m vrije slag

Masters 75+

1. J. Canales de Mendoza	R.C. Mediterraneo	1:10.68		1:12.59	+0,80	34.64	1:12.59
<i>Kampioenschaps Record</i>							
2. Frederik Hendrik De Bruijn	CN Aquamasters	1:21.69	0X0345415	1:20.13	+1,19	38.85	1:20.13
3. Frans van Enst	WS Twente	1:17.00	194000011	1:23.80	+1,08	38.98	1:23.80
4. Pavelas Bezzubovas	Kauno Takas	1:42.35		1:29.83	+1,15	42.03	1:29.83
<i>Lithuanian Masters Record</i>							
5. Nic Geers	Z&PC De Gouwe	1:16.45	193800007	1:31.93	+1,06	45.30	1:31.93
6. Gregor Pompen	Aqua-Novio'94	1:29.40	193700021	1:36.11	+1,14	45.55	1:36.11

Programmanr. 14
22-01-2016 - 15:41

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam vereniging tijd RT IPC 50m 100m 150m 200m

Masters 20+

1. Nicole Bennis	WVZ	199600470	2:24.19	+0,69		31.72	1:09.91	1:50.28	2:24.19
2. Yvon Versteeg	De Veene	199201864	2:27.00	+0,82		31.39	1:10.20	1:52.78	2:27.00
3. Henriëke ten Bokkel	NDD	199402764	2:33.07	+0,82		33.80	1:12.12	1:56.96	2:33.07
4. Moniek Heemskerk	LZ 1886	199601964	2:36.47	+0,68		34.00	1:16.32	2:00.57	2:36.47
5. Kimberley Kranenberg	ZPC De Hof	199400292	2:36.66	+0,83		34.06	1:14.55	2:00.43	2:36.66
6. Manon van Strien	WVZ	199400770	2:38.93	+0,84		33.01	1:11.49	1:59.61	2:38.93
7. Larissa Jansen	De Bevelanders	199500660	2:41.31	+0,75		34.10	1:16.74	2:03.00	2:41.31
8. Michelle Bellekom	WZK Zwemmen	199606484	2:41.51	+0,76		34.18	1:15.25	2:03.32	2:41.51
9. Merel van der Kieft	EZC	199200920	2:47.10	+0,67		31.90	1:14.07	2:05.39	2:47.10
10. Rebecca Evers	ZOB'66	199207916	2:54.88	+0,81		37.00	1:21.83	2:13.75	2:54.88
11. Mariëtte Bulman	ZC Aquadream	199506846	2:56.69	+0,66		35.67	1:22.05	2:17.67	2:56.69
12. Naomi van Gool	LZ 1886	199505166	2:57.80	+0,86		35.78	1:21.58	2:16.40	2:57.80
13. Claudia Creemers	RZ	199202864	3:23.28	+0,83		41.25	1:34.64	2:35.27	3:23.28
14. Talitha Boelen	DWF	199502910	3:27.68	+0,81		42.28	1:34.41	2:39.92	3:27.68
AFGEM Wendy de Bruin	ZOB'66	199206320							
AFGEM Iris Pijtak	ZPC AMERSFOORT	199300602							
AFGEM Amber Reijm	The Hague Swimming (SG)	199405434							
NG Lianne Molkenboer	EZC	199602034							

Masters 25+

1. Wendan Poelstra	TriVia	199102496	2:25.13	+0,71		30.85	1:08.71	1:51.46	2:25.13
<i>Nederlands Masters Record</i>									
2. Maaike Vooren	DAW	199103324	2:30.12	+0,81		32.28	1:12.96	1:56.17	2:30.12
3. Aniek Huijsman	De Lansingh	198801932	2:32.08	+0,72		33.33	1:12.50	1:55.87	2:32.08
4. Cora van Dorst	De Krabben	199106218	2:32.10	+0,58		31.07	1:10.47	1:57.18	2:32.10
5. Jacyntha Plat	De Golfbreker	199002956	2:34.17	+0,73		32.59	1:12.88	1:57.12	2:34.17
6. Charlotte Groeneveld	UZSC	198701404	2:36.46	+0,79		31.71	1:09.65	1:58.15	2:36.46
7. Ilse van den Wijngaard	ZPC Woerden	198904736	2:37.57	+0,85		34.58	1:14.35	2:00.68	2:37.57
8. Rosanne de Boer	LZ 1886	199104060	2:40.84	+0,80		35.66	1:19.25	2:03.69	2:40.84
9. Elmi Roelofs	ZVV	199008198	2:41.06	+0,89		35.43	1:16.26	2:04.57	2:41.06
10. Maaike van Diggele	ZPB H&L Productions	198700868	2:42.31	+0,84		33.94	1:16.68	2:04.14	2:42.31
11. Liesbeth van Mill	DWK	198702786	2:52.00	+0,95		36.42	1:20.77	2:11.73	2:52.00
12. Liset de Veer	Aqua-Novio'94	198704190	2:53.95	+0,84		36.33	1:21.08	2:14.14	2:53.95
13. Eline Roeland	MGO (SG)	198805970	2:56.24	+0,79		36.80	1:23.21	2:13.39	2:56.24
14. Kelly Bockting	Montferland	199104050	2:59.22	+0,68		36.86	1:25.12	2:17.16	2:59.22
15. Miriam Visserman	Octopus	198704364	3:00.17	+0,74		36.50	1:23.24	2:16.91	3:00.17
16. Whitley Rens	MGO (SG)	199007520	3:01.10	+0,83		37.18	1:22.05	2:16.95	3:01.10
17. Janneke Wynia	WS Twente	199005500	3:14.68	+0,95		46.31	1:35.26	2:30.26	3:14.68
AFGEM Tara Keijzer	Steenwijk 1934	199108498							
AFGEM Tonny Klop-Methorst	De Biesboschzwemmers	198802998							

Programmanr. 14, Dames, 200m wisselslag

Masters 30+

1. Roos van Esch	d'ELFT WAVE (SG)	198200468	2:32.51	+0,79	32.90	1:11.78	1:57.47	2:32.51
2. Nadya Putter	ZVVS	198301630	2:33.96	+0,75	33.62	1:13.37	1:59.17	2:33.96
3. Sylvia Reijers	De Gelenberg	198201360	2:52.45	+0,91	36.27	1:19.08	2:11.72	2:52.45
4. Annette Vogelsang	ZV De Bron	198402632	2:54.50	+0,92	36.37	1:21.86	2:13.53	2:54.50
5. Linda Hoogendam	WVZ	198300892	2:57.60	+0,81	38.88	1:25.39	2:20.17	2:57.60
AFGEM Marloes Rebel	WS Twente	198403474						

Masters 35+

1. Nathalie Blondeel	CNSW	004784/77	2:37.53	+0,68	33.58	1:17.13	2:03.27	2:37.53
2. Marjon van Kempen	MGO (SG)	198000578	2:43.37	+0,78	34.98	1:15.93	2:05.50	2:43.37
3. Jolanda van Gendt	PSV	197800266	2:56.07	+0,83	39.83	1:23.69	2:15.76	2:56.07
4. C. van Bruxvoort	ZPB H&L Productions	197700138	3:42.13	+0,85	50.93	1:47.41	2:54.03	3:42.13
5. Rianne van Vegchelen	Deltasteur	198101530	3:45.18	+1,18	52.64	1:54.88	2:58.39	3:45.18

Masters 40+

1. Liselotte Joling	PSV	197500268	2:42.11	+0,85	36.46	1:18.61	2:04.88	2:42.11
2. Evelien van Klaarbergen	HZ&PC Heerenveen	197200964	2:44.14	+0,89	34.99	1:16.32	2:06.22	2:44.14
3. Nadège van Meeteren	De Meer	197400736	2:54.05	+0,86	39.56	1:25.38	2:12.99	2:54.05

Masters 45+

1. Jeanne Petit	De Dinkel	197001020	2:43.74	+0,76	32.63	1:18.38	2:06.11	2:43.74
2. Heidi van Stein	LZ 1886	196900864	2:44.73	+0,76	35.77	1:17.89	2:08.08	2:44.73
3. Caroline Schreuder	Triton	196700550	2:57.56	+0,82	38.61	1:23.47	2:16.88	2:57.56
4. Henriëtte Manting	GZVW	197100246	2:59.88	+0,96	36.13	1:24.07	2:18.96	2:59.88
5. Jolanta Duleviciene	Kauno Takas		3:00.60	+0,87	38.75	1:27.26	2:19.87	3:00.60
6. Iris van Aurich	DWK	196900866	3:02.64	+0,78	39.59	1:29.16	2:20.59	3:02.64
7. Peggi Hurenkamp	HZ&PC Heerenveen	196900922	3:12.57	+0,82	41.74	1:32.48	2:29.90	3:12.57
8. Hetty Smalheer	SCOM	196700352	3:21.61	+1,04	47.30	1:39.59	2:37.07	3:21.61
9. Nathasja Konijn	WIDEX GZC DONK	197100992	3:26.85	+0,85	44.38	1:36.15	2:37.53	3:26.85
10. Greta Wyma-Teitsma	DWK	197100696	3:35.84	+0,84	54.84	1:44.49	2:43.46	3:35.84
DIS E. van Wingerden-Dijkhui	DWK	196900970						

SS - Touched turn or finish with hands over each other

Masters 50+

1. Allie Price	Cardiff Masters	547582	2:42.41	+0,73	35.25	1:16.70	2:04.11	2:42.41
<i>Kampioenschaps Record</i>								
2. M. Remmits-De Lange	ZPC Woerden	196300518	2:42.99	+0,72	34.40	1:17.66	2:06.11	2:42.99
<i>Nederlands Masters Record</i>								
3. J. Rolloos-Bakkers	De Lansingh	196300222	2:58.85	+0,98	37.40	1:24.24	2:17.93	2:58.85
4. Jacqueline Tuin	DAW	196600690	3:01.76	+0,74	39.52	1:28.94	2:20.85	3:01.76
5. Annemarie Vuist	Swol 1894	196300282	3:05.17	+0,82	41.77	1:30.41	2:21.82	3:05.17
6. Feikje Wittermans	WIDEX GZC DONK	196400408	3:09.93	+0,83	39.32	1:27.88	2:23.58	3:09.93
7. Ellen Parma	Triton	196200366	3:41.37	+1,03	51.94	1:48.57	2:50.89	3:41.37
AFGEM K. van Nassau van den	FOld Dutch	196600188						

Masters 55+

1. Olga Kedrova	Poseidon	037010	3:04.01	+0,90	39.69	1:28.61	2:21.38	3:04.01
2. Patty Verhagen	PSV	195900146	3:05.03	+0,99	40.14	1:28.78	2:24.41	3:05.03
3. Mathilde Vink	Swol 1894	195800128	3:10.28	+1,00	38.53	1:29.92	2:26.74	3:10.28
4. Lia Bijkerk	WIDEX GZC DONK	196000014	3:44.22	+0,88	50.22	1:49.13	2:53.34	3:44.22
5. Mies Kuipers	Old Dutch	195800202	4:23.13	+0,86	1:03.06	2:09.49	3:20.36	4:23.13

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	195600048	2:56.06	+0,78	36.91	1:22.72	2:15.77	2:56.06
<i>Europees Masters Record</i>								
2. Margriet Pasma	Inktvis-De Pinquin (SG)	195500088	3:11.11	+0,93	45.22	1:33.86	2:29.45	3:11.11

Programmanr. 14, Dames, 200m wisselslag

Masters 65+

1. Christien Nieuwenhuis	Swol 1894	195100022	3:15.82	+0,77	39.54	1:32.86	2:31.78	3:15.82
<i>Nederlands Masters Record</i>								
2. A. Gilding-Tussaud	WS Twente	195000038	4:03.00	+1,10	56.00	1:55.11	3:07.80	4:03.00

Masters 70+

1. Matty van der Veen	Old Dutch	194400020	4:41.16	+1,24	1:08.03	2:29.03	3:41.72	4:41.16
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Programmanr. 15
22-01-2016 - 16:18

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
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Masters 20+

1. Emiel van Beusekom	Van Vliet-Barracuda	199403951	2:18.86	+0,83		28.98	1:04.94	1:46.32	2:18.86
2. Pieter Pijnenburg	De Warande	199305227	2:24.20	+0,72		32.30	1:11.81	1:51.37	2:24.20
3. Joey Stokx	DAW	199301251	2:28.53	+0,74		30.78	1:08.43	1:52.40	2:28.53
4. Jordy Jongenelen	ZC Aquadream	199504995	2:32.79	+0,72		31.89	1:12.42	1:56.94	2:32.79
5. Nick van der Krogt	LZ 1886	199501313	2:37.35	+0,73		31.78	1:12.54	1:58.28	2:37.35
6. Jesper Honken	Nova	199600085	2:43.13	+0,79		31.52	1:15.41	2:07.46	2:43.13
7. Maarten Steekelenburg	Aquamania	199300479	3:00.09	+0,78		37.09	1:23.72	2:19.06	3:00.09

Masters 25+

1. Kevin Eltink	DWK	199100589	2:05.88	+0,79		27.20	59.14	1:36.36	2:05.88
<i>Nederlands Masters Record</i>									
2. Erik Simons	d'ELFT WAVE (SG)	198902845	2:13.95	+0,78		29.78	1:06.39	1:44.39	2:13.95
3. Tim Bunnik	Triton	199000505	2:16.93	+0,79		28.89	1:03.29	1:44.65	2:16.93
4. Maik Steenkamp	Montferland	199103847	2:25.07	+0,76		30.83	1:11.08	1:51.95	2:25.07
5. Juan Vinagre Sendino	CNSW	005255/90	2:27.53	+0,88		29.84	1:07.80	1:52.94	2:27.53
6. Niels Albrechts	MGO (SG)	198800039	2:36.16	+0,79		32.66	1:12.31	2:03.85	2:36.16
7. Patrick Holthuisen	d'ELFT WAVE (SG)	199107681	2:45.13	+0,67		33.52	1:21.01	2:07.66	2:45.13
8. Patrick de Jonge	ZPC Woerden	198906635	2:46.38	+0,82		31.86	1:14.20	2:06.51	2:46.38
9. Mark Godwaldt	PSV	198701039	2:51.72	+0,82		34.40	1:18.29	2:15.35	2:51.72
AFGEM Alex Schelvis	LZ 1886	198702927							

Masters 30+

1. Kristiaan Lenos	LZ 1886	198301331	2:18.45	+0,71		28.89	1:04.52	1:45.84	2:18.45
2. Thommy Nickel	Van Vliet-Barracuda	198401627	2:22.38	+0,82		31.22	1:08.00	1:49.63	2:22.38
3. Bart Drechsel	WZK Zwemmen	198604135	2:22.93	+0,69		29.74	1:07.03	1:49.39	2:22.93
4. Robert Dekker	De Veene	198400443	2:23.36	+0,85		30.87	1:08.55	1:50.77	2:23.36
5. Tim van den Berg	MNC Dordrecht	198500157	2:25.72	+0,76		30.98	1:09.57	1:50.27	2:25.72
6. Yuri van Omme	Zwemvereniging Hoogland	198501887	2:27.66	+0,81		31.60	1:10.96	1:52.20	2:27.66
7. Robert Braad	Steenwijk 1934	198600407	2:30.49	+0,84		30.52	1:08.39	1:54.16	2:30.49
8. Frank van der Voordt	MGO (SG)	198302259	2:30.72	+0,73		31.28	1:10.09	1:54.39	2:30.72

Masters 35+

1. Nol van Thull	d'ELFT WAVE (SG)	198001513	2:14.61	+0,85		28.71	1:03.17	1:44.18	2:14.61
2. Vincent Versteeg	Zwemlust-den Hommel	197701003	2:23.03	+0,76		31.46	1:10.02	1:50.40	2:23.03
3. Mark Hensen	Van Vliet-Barracuda	197900497	2:24.11	+0,81		29.63	1:07.17	1:50.23	2:24.11
4. Marcel Reefhuis	WS Twente	198101381	2:29.29	+0,79		31.76	1:11.35	1:54.76	2:29.29
5. Freddie Geerlings	NIMO	197900379	2:29.65	+0,80		31.79	1:12.84	1:54.99	2:29.65
6. Kars Luttk	DAW	197800675	2:29.99	+0,77		31.07	1:10.80	1:55.01	2:29.99
7. Victor Barnar	GoSwim	197801805	2:34.87	+0,91		32.12	1:14.34	1:56.92	2:34.87
8. Harm Jan Otter	De Zandstuve	198101283	2:36.65	+0,88		32.04	1:14.78	1:59.40	2:36.65
9. G. van der Vaart	De Haaen	198001551	2:37.27	+0,79		32.69	1:13.82	1:59.90	2:37.27
10. Michel Wigbers	DWT	198001743	2:39.34	+0,78		33.68	1:15.21	2:02.18	2:39.34
11. Jeroen Vogelsang	DAW	198001645	2:44.35	+0,91		33.84	1:20.52	2:07.46	2:44.35
12. Rogier van Gent	IJZPC	198000405	2:49.60	+0,83		33.79	1:19.08	2:07.52	2:49.60

Programmanr. 15, Heren, 200m wisselslag, Masters 35+

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
13. Robin Roskam	De Duinkickers	197801831	3:23.42	+0,95		40.48	1:35.00	2:33.08	3:23.42

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	197600889	2:14.67	+0,75		28.94	1:03.17	1:42.95	2:14.67
2. Michael Bes	MSV-Zeemacht	197201205	2:28.23	+0,70		31.93	1:13.71	1:55.02	2:28.23
3. John Cobussen	De Gelenberg	197501323	2:28.87	+0,79		31.37	1:09.10	1:53.97	2:28.87
4. Patrick Kers	Zoetermeer	197200499	2:35.79	+0,83		31.60	1:13.48	2:00.41	2:35.79
5. Jimmy Swiggers	BEST	11027/74	2:38.18	+0,90		35.82	1:16.89	2:01.48	2:38.18
6. Ramon de Bondt	ZPB H&L Productions	197300105	2:43.10	+1,06		33.38	1:13.87	2:03.50	2:43.10
7. Erik Rushton	WIDEX GZC DONK	197601573	3:09.86	+0,90		37.45	1:27.28	2:23.99	3:09.86
8. Bas van Gool	De Geul	197201435	3:33.41	+0,83		40.07	1:41.34	2:42.97	3:33.41
AFGEM Arnoud van Royen	TriVia	197201515							

Masters 45+

1. Erlend Alstad	I.L. Varg		2:20.64	+0,74		31.42	1:08.89	1:48.02	2:20.64
2. Glen le Clercq	De Rog	196800177	2:23.36	+0,74		30.02	1:06.87	1:49.59	2:23.36
3. Marcel van Winssen	De Gelenberg	197101477	2:24.16	+0,85		30.29	1:08.54	1:50.57	2:24.16
4. Richard Rickxen	NIMO	197000841	2:32.25	+0,93		33.05	1:13.55	1:57.49	2:32.25
5. Antwan van Engen	De Ward	197101577	2:33.78	+0,75		30.69	1:10.42	1:56.44	2:33.78
6. Arjan Bellaart	Het Y	196900079	2:34.97	+0,73		32.29	1:12.10	1:58.77	2:34.97
7. Kees Akershoek	MGO (SG)	196900009	2:37.61	+0,74		32.15	1:15.51	2:01.41	2:37.61
8. Konstantin Sklyar	TG Lage 1862	321129	2:39.35	+0,83		33.19	1:17.06	2:03.88	2:39.35
9. Frank v Nobelen	Sassenheim	196900753	2:39.68	+0,79		32.99	1:14.19	2:02.48	2:39.68
10. Linas Kersevicius	Kauno Takas		2:41.34	+0,92		32.41	1:14.16	2:01.62	2:41.34
11. Marcel Brittijn	De Duinkickers	196900159	2:59.41	+0,76		37.25	1:26.11	2:19.05	2:59.41
12. Joop Weenink	WS Twente	196801535	3:02.50	+1,04		41.30	1:28.37	2:18.30	3:02.50
AFGEM Stefan Holmstrom	DAW	196701671							
AFGEM Korstiaan de Boer	Steenwijk 1934	197101629							
AFGEM Gijbert van der Leden	PSV	196700597							

Masters 50+

1. Edwin v. Norden	ZPC AMERSFOORT	196300563	2:23.19	+0,64		30.37	1:06.57	1:47.95	2:23.19
2. Arnold de Rover	De Futen	196400645	2:33.95	+0,78		32.87	1:12.30	1:58.71	2:33.95
3. Hans Kwaks	De Krabben	196400443	2:34.28	+0,83		32.61	1:14.94	1:59.23	2:34.28
4. Rene de Boer	DAW	196400087	2:36.53	+0,80		33.62	1:16.10	2:01.76	2:36.53
5. Ron Korzelius	ZPC AMERSFOORT	196500513	2:37.22	+0,78		34.11	1:14.12	2:01.54	2:37.22
6. John Stokx	DAW	196401341	2:44.90	+0,87		34.49	1:16.74	2:07.33	2:44.90
7. Vadim Ezkov	Pregel	10020	2:51.07	+0,77		35.62	1:23.53	2:09.30	2:51.07
8. Wim van Mil	LZ 1886	196501597	2:53.94	+0,82		35.25	1:18.14	2:09.17	2:53.94
9. Jan Smalheer	SCOM	196400701	2:58.39	+0,93		40.12	1:27.52	2:18.87	2:58.39

Masters 55+

1. Fred Ketting	PSV	196000289	2:35.65	+0,88		32.54	1:13.36	1:59.63	2:35.65
2. Ronald Grove	Oceanus	196100161	2:40.10	+0,75		34.56	1:18.28	2:04.84	2:40.10
3. Ralph Caster	RZ	196100069	2:46.71	+0,79		36.53	1:22.46	2:07.63	2:46.71
4. Mark Eligh	UZSC	195700497	2:48.40	+0,81		33.77	1:17.72	2:09.02	2:48.40
5. Adrian Ortiz Buitrago	WIDEX GZC DONK	196000931	2:53.91	+0,72		37.03	1:23.87	2:13.73	2:53.91
6. Nico van Maanen	De Duck	196100371	3:03.74	+0,84		36.96	1:24.47	2:22.05	3:03.74
7. Rob Hemesath	PSV	196100189	3:05.85	+0,76		38.72	1:26.19	2:21.11	3:05.85
8. André Schutte	ZPC De Zeeuwse Kust	196000521	3:09.91	+0,97		39.58	1:29.46	2:26.45	3:09.91
9. Jan Timmerman	IJZPC	195700347	3:48.25	+0,76		45.96	1:50.42	2:55.83	3:48.25

Masters 60+

1. Paul Bunnik	Triton	195600413	2:52.79	+0,89		35.21	1:19.86	2:11.29	2:52.79
2. Dré Klaassen	ZOB'66	195600141	3:31.50	+0,94		46.23	1:43.22	2:40.39	3:31.50
3. Nello Spiteri	DAW	195200295	3:47.85	+0,84		50.65	1:55.09	2:58.23	3:47.85

Programmanr. 15, Heren, 200m wisselslag

Masters 65+

1. Veniamin Zhitlovskiy	Poseidon	101753	3:09.34	+0,92	41.94	1:30.29	2:27.31	3:09.34
2. Piet Schop	De Bevelanders	195000109	3:14.01	+0,69	39.16	1:30.32	2:26.42	3:14.01
3. Jos Kamps	Zwemvereniging Hoogland	195100085	3:32.66	+0,95	46.43	1:40.69	2:47.60	3:32.66

Masters 70+

1. Rob Hanou	PSV	194300109	3:30.64	+1,07	48.47	1:45.15	2:44.01	3:30.64
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Programmanr. 16
22-01-2016 - 16:59

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT			
80+, Dames								
1.	Steenwijk 1934 1 <i>Nederlands Masters Record</i>	Steenwijk 1934	10:54.48		11:24.68 +0,82			
	Lonneke Oenema	91	+0,82	35.57	1:17.09	2:01.80	2:46.07	2:46.07
	Tara Keijzer	91	+0,77	40.30	1:27.96	2:20.82	3:19.96	3:19.96
	Charine de Ruiter	94	+0,66	34.68	1:14.03	1:55.67	2:36.29	2:36.29
	Ilse Blankvoort	92	+0,43	36.72	1:17.55	1:59.78	2:42.36	2:42.36
80+, Heren								
1.	De Kempvis 1	De Kempvis	8:20.42		8:39.16 +0,68			
	Romero Hennep	93	+0,68	26.92	59.05	1:32.61	2:05.38	2:05.38
	Jory Sloof	90	+0,51	29.85	1:02.67	1:37.13	2:12.85	2:12.85
	Erik Wegman	92	+0,17	28.43	1:00.62	1:34.35	2:09.47	2:09.47
	Dennis Doove	92	+0,30	28.15	1:01.78	1:37.36	2:11.46	2:11.46
80+, Gemengd								
1.	ZPC Woerden 1	ZPC Woerden	10:07.21		10:14.08 +0,92			
	Michiel van Vliet	95	+0,92	31.14	1:07.36	1:45.17	2:23.71	2:23.71
	Cynthia van Veen	96	+0,81	38.89	1:25.50	2:13.68	3:00.40	3:00.40
	Patrick de Jonge	89	+0,61	32.43	1:08.83	1:47.60	2:25.45	2:25.45
	Sabine Lina	89	+0,48	32.37	1:08.53	1:46.96	2:24.52	2:24.52
100+, Dames								
1.	De Meer 1	De Meer	10:08.63		10:10.80 +0,83			
	Chantal van der Horst	94	+0,83	32.65	1:08.53	1:45.71	2:22.77	2:22.77
	Eline van Gemert	95	+0,50	33.49	1:12.10	1:52.04	2:30.53	2:30.53
	Lindsey Hol	90	+0,85	34.87	1:14.53	1:56.33	2:36.88	2:36.88
	Nadège van Meeteren	74	+0,71	35.74	1:15.69	1:57.54	2:40.62	2:40.62
2.	ZPB H&L Productions 1	ZPB H&L Productions	10:25.36		10:31.83 +0,82			
	Maaikje van Diggele	87	+0,82	34.16	1:10.89	1:48.63	2:26.06	2:26.06
	Clementine van Bruxvoort	77	+0,54	43.36	1:33.50	2:25.17	3:16.63	3:16.63
	Aylin van Uffelen	96	+0,56	33.35	1:10.04	1:47.03	2:23.45	2:23.45
	Linda Janssen	88	+0,70	33.03	1:09.60	1:47.38	2:25.69	2:25.69
100+, Gemengd								
1.	WVZ 1	WVZ	8:46.15		8:52.66 +0,70			
	Nicole Bennis	96	+0,70	30.28	1:04.34	1:39.72	2:14.03	2:14.03
	Manon van Strien	94	+0,76	31.16	1:06.86	1:44.26	2:20.85	2:20.85
	Rens Post	91	+0,50	30.05	1:04.12	1:38.76	2:13.79	2:13.79
	Ivo Roozeboom	77	+0,51	28.31	1:00.11	1:32.38	2:03.99	2:03.99
2.	LZ 1886 1	LZ 1886	8:36.56		9:06.00 +0,80			
	Boy Heijnekamp	89	+0,80	30.28	1:04.61	1:41.08	2:18.73	2:18.73
	Moniek Heemskerk	96	+0,43	31.81	1:07.64	1:44.31	2:20.72	2:20.72
	Rosanne de Boer	91	+0,46	31.83	1:08.00	1:45.39	2:22.83	2:22.83
	Kristiaan Lenos	83	+0,23	26.81	57.55	1:29.75	2:03.72	2:03.72

Programmanr. 16, Gemengd, 4 x 200m vrije slag, 100+

rang	vereniging	inschrijftijd	startnr.	tijd	RT	
3.	Octopus 1	Octopus	9:56.41		10:14.34 +0,79	
	Miriam Visserman	87 +0,79	36.47	1:17.99	2:01.40	2:43.92
	Stefan van de Grift	87 +0,50	32.62	1:10.13	1:49.82	2:29.61
	Annebeth van Ark	88 +0,61	37.98	1:22.45	2:10.22	2:55.61
	Casper Muselaers	96 +0,49	27.47	58.85	1:31.98	2:05.20
4.	Montferland 1	Montferland	10:34.37		10:26.63 +0,84	
	Kelly Bocking	91 +0,84	36.80	1:18.26	2:01.71	2:45.04
	Daphne Meijer	93 +0,67	36.24	1:18.47	2:02.72	2:46.25
	Ferdinand Teitink	70 +0,59	35.38	1:16.45	2:00.36	2:44.33
	Maik Steenkamp	91 +0,47	29.05	1:02.80	1:37.08	2:11.01

120+, Dames

1.	WS Twente 1	WS Twente	10:09.05		10:19.88 +0,74	
	Annelette Reefhuis-de Vries	86 +0,74	33.24	1:10.77	1:50.34	2:29.90
	Henrike de Vries	89 +0,75	34.80	1:13.15	1:53.71	2:34.25
	Marion Broekhuis	68 +0,36	37.17	1:18.10	2:00.57	2:42.23
	Paulien Schokker	83 +0,78	33.83	1:12.74	1:53.25	2:33.50
2.	AZC 1	AZC	10:16.91		10:30.40 +0,78	
	Ramona Linting	83 +0,78	32.83	1:09.39	1:47.15	2:24.27
	Sandra Daamen-Posma	68 +0,35	41.53	1:28.40	2:16.87	3:03.23
	Auke de Lange	86 +0,66	35.72	1:15.82	1:57.33	2:38.83
	Julia Wortman	96 +0,07	31.25	1:08.10	1:46.08	2:24.07

120+, Heren

1.	d'ELFT WAVE (SG) 1	d'ELFT WAVE (SG)	8:09.46		8:08.40 +0,69	
	<i>Nederlands Masters Record</i>					
	Roderik Meijers	86 +0,69	27.73	1:00.59	1:35.87	2:11.11
	Egbert Stolk	76 +0,48	27.57	58.30	1:30.50	2:02.64
	Erik Simons	89 +0,49	25.62	54.27	1:25.10	1:55.45
	Nol van Thull	80 +0,41	26.62	56.88	1:28.37	1:59.20
2.	Van Vliet-Barracuda 1	Van Vliet-Barracuda	8:26.43		8:31.36 +0,84	
	Emiel van Beusekom	94 +0,84	28.45	1:00.31	1:32.36	2:03.73
	Thommy Nickel	84 +0,70	29.59	1:01.60	1:34.84	2:08.04
	Pascal van Haren	87 +0,41	28.39	1:00.71	1:35.49	2:09.75
	Mark Hensen	79 +0,35	27.96	1:00.74	1:35.24	2:09.84
3.	DWK 1	DWK	8:39.52		8:50.43 +0,94	
	Michel van Wingerden	67 +0,94	30.96	1:06.18	1:44.61	2:25.26
	Martin Kaptein	67 +0,49	31.16	1:07.59	1:47.39	2:25.02
	Robin Eltink	94 +0,62	29.14	1:02.03	1:35.46	2:07.97
	Kevin Eltink	91 +0,26	25.17	54.05	1:23.31	1:52.18
4.	De Haaien 1	De Haaien	8:33.15		8:50.98 +0,95	
	Remco van de Berkt	89 +0,95	29.77	1:03.21	1:39.01	2:14.57
	Ton Peters	69 +0,34	31.49	1:08.42	1:49.11	2:30.08
	Jeffrey Breedijk	89 +0,41	27.10	57.98	1:30.37	2:02.49
	Antonio Vega	86 +0,41	29.00	1:00.52	1:32.60	2:03.84
5.	Steenwijk 1934 1	Steenwijk 1934	8:53.59		9:07.90 +0,74	
	Mike Koelewijn	93 +0,74	30.72	1:05.45	1:41.58	2:17.25
	Huyb Stegeman	67 +0,40	33.47	1:11.69	1:51.86	2:32.47
	Rick Driezen	86 +0,50	30.08	1:03.43	1:37.70	2:12.38
	Lauren Vis	82 +0,43	28.31	1:00.38	1:33.68	2:05.80
6.	RZ 1	RZ	9:45.20		9:41.35 +0,71	
	Gino Martijn	79 +0,71	34.54	1:12.95	1:55.02	2:38.35
	Patrick Creemers	90 +0,39	28.36	1:01.59	1:36.12	2:09.95
	Kelvin Isselt	76 +0,60	31.18	1:07.12	1:44.97	2:21.79
	Ralph Caster	61 +0,47	33.12	1:10.10	1:50.23	2:31.26

Programmanr. 16, 4 x 200m vrije slag

120+, Gemengd

1.	ZPC Woerden 2 <i>Nederlands Masters Record</i>	ZPC Woerden		8:50.08				8:48.55	+0,75
	Jamilla van Veen	96	+0,75	29.78	1:02.93	1:36.03	2:09.32	2:09.32	
	Mandy Verbakel	90	+0,51	31.73	1:07.99	1:45.21	2:21.73	2:21.73	
	Johan Remmits	62	+0,44	28.65	1:01.24	1:35.15	2:09.06	2:09.06	
	Thijs van den End	93	+0,55	28.51	1:00.87	1:34.55	2:08.44	2:08.44	
2.	DAW 1	DAW		9:00.12				9:02.74	+0,79
	Sandra Pannekeet	84	+0,79	32.74	1:10.18	1:49.48	2:29.61	2:29.61	
	Joost Hoetjes	78	+0,40	28.18	1:00.16	1:32.93	2:06.62	2:06.62	
	Maaïke Vooren	91	+0,61	30.70	1:05.02	1:39.93	2:14.89	2:14.89	
	Alex Damen	75	+0,17	29.23	1:02.65	1:37.49	2:11.62	2:11.62	
3.	De IJssel 1	De IJssel		9:15.24				9:21.59	+0,78
	Frank Beijering	93	+0,78	29.44	1:02.77	1:37.51	2:12.10	2:12.10	
	Nikki Hoogeboom	93	+0,51	33.72	1:11.12	1:49.93	2:28.92	2:28.92	
	Wiljam Nijenhuis	64	+0,44	32.23	1:07.05	1:42.97	2:18.45	2:18.45	
	Martje Godschalk	90	+0,46	32.42	1:08.41	1:45.50	2:22.12	2:22.12	
4.	De Ward 1	De Ward		9:19.46				9:23.86	+1,02
	Yvette Ratering	72	+1,02	34.49	1:12.48	1:52.36	2:31.02	2:31.02	
	Niels Versteeg	95	+0,59	28.91	1:01.42	1:35.92	2:09.58	2:09.58	
	Eva Kattouw	94	+0,48	32.08	1:09.41	1:48.52	2:27.72	2:27.72	
	Antwan van Engen	71	+0,72	30.71	1:04.92	1:40.36	2:15.54	2:15.54	
5.	MGO (SG) 1	MGO (SG)		9:24.35				9:40.72	+0,77
	Eline Roeland	88	+0,77	36.20	1:17.88	2:01.19	2:43.17	2:43.17	
	Frank van der Voordt	83	+0,38	30.83	1:05.14	1:41.81	2:17.87	2:17.87	
	Marjon van Kempen	80	+0,45	32.33	1:09.59	1:49.16	2:28.68	2:28.68	
	Niels Albrechts	88	+0,06	28.79	1:02.19	1:36.66	2:11.00	2:11.00	
6.	NIMO 1	NIMO		9:25.97				9:46.24	+0,99
	Lieke Janssen	93	+0,99	35.66	1:16.35	1:58.56	2:40.04	2:40.04	
	Richard Ricksen	70	+0,52	31.33	1:05.73	1:40.41	2:14.03	2:14.03	
	Nieske Janssen	96	+0,59	35.58	1:15.87	1:58.39	2:41.03	2:41.03	
	Freddie Geerlings	79	+0,58	29.73	1:02.78	1:37.17	2:11.14	2:11.14	
7.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland		10:52.94				10:51.24	+0,81
	Paul de Boer	68	+0,81	33.16	1:12.06	1:54.53	2:37.30	2:37.30	
	Fabienne Jekens	84	+0,37	37.19	1:21.13	2:08.03	2:53.65	2:53.65	
	Jantien Hannessen	73	+0,96	39.28	1:23.16	2:08.70	2:54.00	2:54.00	
	Rutger Stam	81	+0,22	31.51	1:07.79	1:46.60	2:26.29	2:26.29	
8.	Budel 1	Budel		11:31.28				11:30.19	+0,91
	Jos Zentjens	57	+0,91	37.88	1:19.77	2:05.57	2:51.35	2:51.35	
	Edward van Nijmweegen	70	+0,22	35.71	1:20.28	2:07.43	2:57.08	2:57.08	
	Elly Scheepers	91	+0,64	38.26	1:22.34	2:08.07	2:50.90	2:50.90	
	Carola Hompes	88	+0,34	37.31	1:21.06	2:07.22	2:50.86	2:50.86	
AFGEM	PSV 2	PSV		9:34.04					

160+, Dames

1.	DWK 1	DWK		11:10.46				11:30.92	+0,91
	Greta Wyma-Teitsma	71	+0,91	43.90	1:36.67	2:31.14	3:21.89	3:21.89	
	Iris van Aurich	69	+0,55	36.25	1:17.27	2:00.27	2:41.55	2:41.55	
	Ellen van Wingerden-Dijkhuizen	69	+0,77	37.29	1:19.51	2:04.08	2:48.45	2:48.45	
	Liesbeth van Mill	87	+0,77	36.15	1:16.75	1:58.13	2:39.03	2:39.03	

160+, Heren

1.	De Gelsenberg 1 <i>Kampioenschaps Record</i>	De Gelsenberg		9:10.31				9:00.09	+0,83
	Harold Brouwer	72	+0,83	32.25	1:08.59	1:46.46	2:24.11	2:24.11	
	Erik Lamers	75	+0,39	29.87	1:03.65	1:38.94	2:14.15	2:14.15	
	John Cobussen	75	+0,41	28.75	1:01.25	1:34.80	2:08.44	2:08.44	
	Marcel van Winssen	71	+0,55	30.17	1:04.41	1:39.23	2:13.39	2:13.39	
2.	TriVia 1	TriVia		9:02.00				9:10.34	+0,78
	Theo Bakker	64	+0,78	33.79	1:11.11	1:51.02	2:31.33	2:31.33	
	Berry van Holland	80	+0,45	32.30	1:08.36	1:44.72	2:20.42	2:20.42	
	Gustav van den Berg	61	+0,41	30.70	1:05.79	1:41.81	2:15.85	2:15.85	
	Erik Schröder	84	+0,59	28.16	59.45	1:31.34	2:02.74	2:02.74	
3.	Sassenheim 1	Sassenheim		9:29.03				9:33.59	+0,83
	Robert Langeveld	71	+0,83	33.75	1:11.38	1:48.98	2:25.55	2:25.55	
	Frank v Nobelen	69	+0,25	32.32	1:08.14	1:45.58	2:23.06	2:23.06	
	Rene d Bruin	71	+0,40	32.97	1:10.37	1:48.41	2:24.94	2:24.94	
	Arjan Buijsse	79	+0,55	31.66	1:06.85	1:43.54	2:20.04	2:20.04	

Programmanr. 16, Heren, 4 x 200m vrije slag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	WVZ 1	WVZ	9:37.40		9:45.73 +0,97		
	Harald Mulder	67 +0,97	37.12	1:16.42	1:59.68	2:43.82	2:43.82
	Markus van Rest	77 +0,08	30.59	1:06.21	1:43.14	2:18.74	2:18.74
	Arthur van Strien	63 +0,54	32.46	1:08.91	1:46.21	2:23.68	2:23.68
	Simon van Ravesteijn	80 +0,56	30.82	1:07.28	1:44.61	2:19.49	2:19.49
AFGEM	Upstream Amsterdam 1	Upstream Amsterdam	8:40.00				

160+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	8:57.19		9:07.15 +0,78		
	<i>Nederlands Masters Record</i>						
	René Beetsma	69 +0,78	30.47	1:04.34	1:39.09	2:13.51	2:13.51
	Evelien van Klaarbergen	72 +0,74	33.58	1:11.94	1:50.97	2:29.18	2:29.18
	Fraukje Puts	92 +0,48	31.01	1:04.74	1:38.38	2:12.44	2:12.44
	Marten de Groot	58 +0,63	29.63	1:02.99	1:37.46	2:12.02	2:12.02
2.	Triton 1	Triton	9:40.59		9:48.51 +0,82		
	Caroline Schreuder	67 +0,82	35.60	1:16.65	1:59.64	2:41.56	2:41.56
	Angela Koekkoek	79 +0,27	32.92	1:10.70	1:50.04	2:30.74	2:30.74
	Paul Bunnik	56 +0,44	32.62	1:11.47	1:53.22	2:34.77	2:34.77
	Tim Bunnik	90 +0,25	26.28	56.60	1:28.69	2:01.44	2:01.44
3.	DAW 2	DAW	9:55.33		9:56.38 +0,72		
	Jeroen Kort	68 +0,72	32.64	1:08.78	1:46.10	2:22.69	2:22.69
	Petra Tossings	61 +0,66	37.10	1:18.87	2:02.44	2:43.19	2:43.19
	Kars Luttk	78 +0,51	31.00	1:05.69	1:42.02	2:17.23	2:17.23
	Agnes van Brug	80 +0,56	34.75	1:13.51	1:53.52	2:33.27	2:33.27
4.	Swol 1894 1	Swol 1894	10:34.43		10:49.46 +0,84		
	Annet Kootstra	71 +0,84	38.66	1:21.75	2:05.52	2:48.25	2:48.25
	Marjan Spoelstra	60 +0,68	43.42	1:31.62	2:20.63	3:09.27	3:09.27
	Arjan Aalbers	75 +0,60	31.88	1:08.95	1:48.10	2:27.68	2:27.68
	Kasper van den Berghe	73 +0,55	31.91	1:08.13	1:46.32	2:24.26	2:24.26
5.	AZC 1	AZC	11:29.42		11:29.98 +0,81		
	Monique Munnik	62 +0,81	39.86	1:24.61	2:12.97	2:59.58	2:59.58
	Wil Ponsioen-van Mil	61 +0,27	44.27	1:34.93	2:28.75	3:22.92	3:22.92
	Michael Go	75 +0,57	34.97	1:15.14	2:00.35	2:48.40	2:48.40
	Lex Wortman	95 +0,21	31.85	1:07.24	1:44.31	2:19.08	2:19.08

200+, Heren

1.	De Rog 1	De Rog	9:14.06		9:04.60 +0,69		
	<i>Nederlands Masters Record</i>						
	Rob Spetter	62 +0,69	31.96	1:07.33	1:43.30	2:19.59	2:19.59
	Erik Kamphuis	60 +0,57	33.22	1:10.85	1:49.05	2:25.95	2:25.95
	Peter Bensen	63 +0,43	31.82	1:05.76	1:38.82	2:11.44	2:11.44
	Glen le Clercq	68 +0,59	28.43	1:02.26	1:35.07	2:07.62	2:07.62
2.	AZC 1	AZC	10:11.21		10:22.80 +0,84		
	Jan Sonneveld	72 +0,84	32.32	1:07.91	1:45.52	2:24.12	2:24.12
	Geza Kaltenecker	42 +0,71	42.36	1:33.02	2:26.69	3:18.64	3:18.64
	Guido Keutgen	68 +0,25	31.63	1:08.56	1:46.69	2:23.65	2:23.65
	Joeri Stoffels	73 +0,63	30.70	1:05.01	1:40.94	2:16.39	2:16.39
3.	Kauno Takas 1	Kauno Takas	9:45.00		10:52.32 +0,94		
	<i>Lithuanian Masters Record</i>						
	Linus Kersevicius	71 +0,94	33.48	1:11.29	1:49.57	2:26.49	2:26.49
	Pavelas Bezzubovas	39 +0,93	51.33	1:50.48	2:51.18	3:45.38	3:45.38
	Julius Bezzubovas	73 +0,49	33.91	1:13.63	1:54.60	2:30.99	2:30.99
	Pavel Protasciuk	79 +0,72	29.57	1:01.25	1:34.65	2:09.46	2:09.46
AFGEM	WS Twente 1	WS Twente	9:40.02				

Programmanr. 16, 4 x 200m vrije slag

200+, Gemengd

1.	CNSW	CNSW		11:38.57				10:08.52	+0,89
	Jean-Marie Cadiat	53	+0,89	32.55	1:09.36	1:47.51	2:24.47	2:24.47	
	Lionel Godeaux	60	+0,35	29.51	1:04.21	1:42.63	2:20.66	2:20.66	
	Claire Anthony	57	+0,53	40.33	1:28.23	2:17.62	3:03.31	3:03.31	
	Nathalie Blondeel	77		32.28	1:08.30	1:44.68	2:20.08	2:20.08	
2.	De Futen 1	De Futen		10:45.59				10:36.55	+0,85
	Arnold de Rover	64	+0,85	31.24	1:05.73	1:42.43	2:20.09	2:20.09	
	Alison Gilbert	53	+0,47	39.83	1:24.79	2:12.24	2:58.76	2:58.76	
	Zilla Fokke	68	+0,69	40.61	1:25.97	2:13.99	2:59.85	2:59.85	
	Erwin Zuijdervelt	75	+0,41	29.59	1:04.09	1:41.12	2:17.85	2:17.85	
3.	Kauno Takas 1 <i>Lithuanian Masters Record</i>	Kauno Takas		10:55.00				10:43.58	+0,77
	Arlandas Juodeska	61	+0,77	35.81	1:16.51	1:58.70	2:39.00	2:39.00	
	Loreta Kabasinskiene	63	+0,72	40.20	1:25.95	2:14.64	3:03.17	3:03.17	
	Jolanta Duleviciene	67	+0,71	35.44	1:14.57	1:55.14	2:34.60	2:34.60	
	Arvydas Burinskas	69	+0,57	32.72	1:10.04	1:48.75	2:26.81	2:26.81	
4.	Steenwijk 1934 1	Steenwijk 1934		11:25.68				12:01.33	+0,74
	Casper Dollekamp	63	+0,74	35.85	1:16.01	1:58.73	2:39.45	2:39.45	
	Hans van Scheepen	62	+0,68	47.17	1:40.88	2:38.18	3:35.29	3:35.29	
	Inge Lolkema-Soeters	73	+0,42	41.65	1:28.71	2:18.72	3:07.90	3:07.90	
	Wilna Heijman	64	+0,42	35.85	1:15.94	1:58.03	2:38.69	2:38.69	

240+, Dames

1.	Swol 1894 1 <i>Nederlands Masters Record</i>	Swol 1894		11:29.67				11:38.59	+0,59
	Bea Swijnenberg	49	+0,59	41.16	1:27.46	2:16.88	3:05.38	3:05.38	
	Mathilde Vink	58	+0,42	40.75	1:25.87	2:10.68	2:53.91	2:53.91	
	Annemarie Vuisst	63	+0,34	39.68	1:21.95	2:06.14	2:49.45	2:49.45	
	Christien Nieuwenhuis	51	+0,45	37.69	1:20.74	2:05.79	2:49.85	2:49.85	
2.	Old Dutch 1	Old Dutch		15:18.38				15:43.46	+0,94
	Chantal Verhoeff	79	+0,94	34.16	1:12.80	1:52.67	2:32.08	2:32.08	
	Truus Ruiter	40		59.64	2:08.09	3:21.34	4:34.46	4:34.46	
	Karien Musters	58	+0,71	51.98	1:50.74	2:53.89	4:00.34	4:00.34	
	Laurin Heemskerk-Stevens	44		1:00.41	2:09.52	3:23.24	4:36.58	4:36.58	

240+, Heren

1.	Poseidon 1 <i>Europees Masters Record</i>	Poseidon		9:45.00				9:44.54	+0,88
	Dmitry Kromskiy	61	+0,88	32.35	1:06.88	1:42.53	2:16.72	2:16.72	
	Alexander Bashmakov	46	+0,43	37.61	1:18.70	2:00.42	2:40.00	2:40.00	
	Veniamin Zhilovskiy	51	+0,85	35.97	1:16.14	1:57.08	2:36.71	2:36.71	
	Sergey Makarychev	65	+0,46	31.76	1:04.78	1:38.28	2:11.11	2:11.11	
2.	WWV 1	WWV		10:20.69				10:35.87	+0,91
	Robert Vink	63	+0,91	33.67	1:11.72	1:50.99	2:28.69	2:28.69	
	Theo Schouten	46	+0,40	40.64	1:26.77	2:15.47	3:03.72	3:03.72	
	Ruud Ruiter	53	+0,28	35.65	1:16.96	1:58.92	2:38.35	2:38.35	
	Kees-Jan van Overbeeke	62	+0,50	32.58	1:09.88	1:48.45	2:25.11	2:25.11	

240+, Gemengd

1.	ZVVS 1 <i>Nederlands Masters Record</i>	ZVVS		10:47.97				10:44.20	+1,06
	Willem Putter	45	+1,06	39.78	1:24.66	2:11.71	2:56.57	2:56.57	
	Emiel van Elderen	56	+0,69	36.02	1:16.03	1:58.54	2:41.14	2:41.14	
	Conny Boer-Buys	50	+0,65	35.84	1:17.14	2:00.45	2:42.07	2:42.07	
	Karin Stein	71	+0,38	33.21	1:09.93	1:47.60	2:24.42	2:24.42	
2.	WS Twente 1	WS Twente		11:07.66				11:09.86	+0,84
	Marijke Kraak-Beckers	60	+0,84	37.25	1:18.94	2:01.98	2:45.64	2:45.64	
	Frans van Ernst	40	+0,47	40.12	1:29.80	2:20.24	3:06.59	3:06.59	
	Bart van Calker	61	+0,46	36.97	1:16.40	1:58.25	2:39.82	2:39.82	
	Jeannette Ruesink	63	+0,28	37.27	1:17.44	1:58.12	2:37.81	2:37.81	
3.	PSV 1	PSV		11:32.55				11:47.47	+0,78
	Hans Wijsman	55	+0,78	34.96	1:14.16	1:53.95	2:30.22	2:30.22	
	Gonnie Bak	51	+0,49	45.23	1:41.03	2:37.26	3:28.70	3:28.70	
	Patty Verhagen	59	+0,63	37.69	1:18.10	1:59.63	2:40.81	2:40.81	
	Rob Hanou	43	+0,69	40.05	1:29.64	2:20.55	3:07.74	3:07.74	

Programmanr. 16, Gemengd, 4 x 200m vrije slag, 240+

rang	vereniging			inschrijftijd	startnr.			tijd	RT
4.	Old Dutch 1			12:09.06				13:01.88	+0,88
	Phil Trethewie	65	+0,88	33.05	1:09.12	1:45.49	2:19.72	2:19.72	
	Matty van der Veen	44	+0,78	49.60	1:47.43	2:49.57	3:53.00	3:53.00	
	Mar van Geel	47	+0,99	50.05	1:47.83	2:47.35	3:46.54	3:46.54	
	Karin van Nassau van den Heuvel	66	+0,41	42.01	1:28.58	2:15.95	3:02.62	3:02.62	

4 - ONMK 2016 kb sessie 4

23-01-2016 - 9:00

Programmanr. 17 Heren, 800m vrije slag Masters Open Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Coen de Bruijn <i>Kampioenschaps Record</i>	Hieronymus	9:11.24	199205151	8:52.36	+0,71
	50m: 28.96 28.96	250m: 2:41.49 33.65	450m: 4:57.25 33.86	650m: 7:13.20 34.31		
	100m: 1:01.26 32.30	300m: 3:15.32 33.83	500m: 5:31.24 33.99	700m: 7:47.00 33.80		
	150m: 1:34.22 32.96	350m: 3:49.20 33.88	550m: 6:05.15 33.91	750m: 8:20.79 33.79		
	200m: 2:07.84 33.62	400m: 4:23.39 34.19	600m: 6:38.89 33.74	800m: 8:52.36 31.57		
2.	Emiel van Beusekom	Van Vliet-Barracuda	8:59.48	199403951	9:04.82	+0,89
	50m: 30.06 30.06	250m: 2:46.97 34.78	450m: 5:05.73 34.76	650m: 7:24.63 34.56		
	100m: 1:03.41 33.35	300m: 3:21.65 34.68	500m: 5:40.50 34.77	700m: 7:58.97 34.34		
	150m: 1:37.73 34.32	350m: 3:56.57 34.92	550m: 6:15.24 34.74	750m: 8:32.51 33.54		
	200m: 2:12.19 34.46	400m: 4:30.97 34.40	600m: 6:50.07 34.83	800m: 9:04.82 32.31		
3.	Erik Pape	Octopus	8:55.48	199601669	9:05.56	+0,79
	50m: 29.78 29.78	250m: 2:44.55 34.29	450m: 5:03.63 34.92	650m: 7:26.15 35.23		
	100m: 1:02.56 32.78	300m: 3:18.97 34.42	500m: 5:38.95 35.32	700m: 8:00.30 34.15		
	150m: 1:36.21 33.65	350m: 3:53.72 34.75	550m: 6:14.82 35.87	750m: 8:34.59 34.29		
	200m: 2:10.26 34.05	400m: 4:28.71 34.99	600m: 6:50.92 36.10	800m: 9:05.56 30.97		
4.	Jeffrey Camphens	DWT	9:05.95	199503113	9:05.77	+0,71
	50m: 30.55 30.55	250m: 2:47.95 34.62	450m: 5:06.89 34.79	650m: 7:25.12 34.53		
	100m: 1:04.35 33.80	300m: 3:22.67 34.72	500m: 5:41.31 34.42	700m: 7:59.80 34.68		
	150m: 1:38.63 34.28	350m: 3:57.64 34.97	550m: 6:15.77 34.46	750m: 8:33.99 34.19		
	200m: 2:13.33 34.70	400m: 4:32.10 34.46	600m: 6:50.59 34.82	800m: 9:05.77 31.78		
5.	Nick Sijmons	De Amstel	9:54.29	199500491	9:44.46	+0,71
	50m: 31.35 31.35	250m: 2:57.20 36.81	450m: 5:25.71 37.15	650m: 7:54.47 37.01		
	100m: 1:07.11 35.76	300m: 3:34.31 37.11	500m: 6:02.97 37.26	700m: 8:31.31 36.84		
	150m: 1:43.60 36.49	350m: 4:11.49 37.18	550m: 6:40.30 37.33	750m: 9:08.20 36.89		
	200m: 2:20.39 36.79	400m: 4:48.56 37.07	600m: 7:17.46 37.16	800m: 9:44.46 36.26		
6.	Bram van Ginneken	Hieronymus	10:35.69	199501385	10:13.05	+0,84
	50m: 32.59 32.59	250m: 3:04.71 38.66	450m: 5:40.78 38.83	650m: 8:17.81 39.71		
	100m: 1:09.54 36.95	300m: 3:43.66 38.95	500m: 6:19.94 39.16	700m: 8:57.51 39.70		
	150m: 1:47.80 38.26	350m: 4:22.77 39.11	550m: 6:58.02 38.08	750m: 9:36.42 38.91		
	200m: 2:26.05 38.25	400m: 5:01.95 39.18	600m: 7:38.10 40.08	800m: 10:13.05 36.63		
7.	Christiaan Iuga	Poseidon'56	10:26.98	199405939	10:25.90	+0,79
	50m: 31.84 31.84	250m: 3:04.94 40.27	450m: 5:48.28 40.81	650m: 8:30.94 40.55		
	100m: 1:08.06 36.22	300m: 3:45.33 40.39	500m: 6:29.38 41.10	700m: 9:10.65 39.71		
	150m: 1:45.62 37.56	350m: 4:26.28 40.95	550m: 7:09.82 40.44	750m: 9:49.54 38.89		
	200m: 2:24.67 39.05	400m: 5:07.47 41.19	600m: 7:50.39 40.57	800m: 10:25.90 36.36		
8.	Arjen Zijlstra	Hydrofiel	11:24.82	199203309	11:10.97	+0,79
	50m: 31.34 31.34	250m: 3:13.62 42.75	450m: 6:09.35 44.12	650m: 9:05.51 44.05		
	100m: 1:09.12 37.78	300m: 3:56.77 43.15	500m: 6:53.58 44.23	700m: 9:49.09 43.58		
	150m: 1:49.53 40.41	350m: 4:41.25 44.48	550m: 7:37.38 43.80	750m: 10:30.85 41.76		
	200m: 2:30.87 41.34	400m: 5:25.23 43.98	600m: 8:21.46 44.08	800m: 11:10.97 40.12		
Masters 25+						
1.	Tim Bunnik	Triton	9:23.23	199000505	9:19.13	+0,79
	50m: 29.52 29.52	250m: 2:49.20 35.68	450m: 5:11.89 35.19	650m: 7:35.04 35.60		
	100m: 1:03.35 33.83	300m: 3:24.53 35.33	500m: 5:47.98 36.09	700m: 8:10.58 35.54		
	150m: 1:38.25 34.90	350m: 4:00.62 36.09	550m: 6:24.03 36.05	750m: 8:45.40 34.82		
	200m: 2:13.52 35.27	400m: 4:36.70 36.08	600m: 6:59.44 35.41	800m: 9:19.13 33.73		
2.	Maik Steenkamp	Montferland	9:38.07	199103847	9:24.54	+0,78
	50m: 30.84 30.84	250m: 2:51.16 35.58	450m: 5:14.38 35.61	650m: 7:39.05 35.99		
	100m: 1:05.17 34.33	300m: 3:26.81 35.65	500m: 5:50.32 35.94	700m: 8:15.36 36.31		
	150m: 1:40.25 35.08	350m: 4:02.64 35.83	550m: 6:26.54 36.22	750m: 8:50.71 35.35		
	200m: 2:15.58 35.33	400m: 4:38.77 36.13	600m: 7:03.06 36.52	800m: 9:24.54 33.83		
3.	Wessel Everloo	De Veene	9:10.36	198906597	9:30.06	+0,84
	50m: 31.29 31.29	250m: 2:53.92 36.61	450m: 5:18.05 35.69	650m: 7:44.51 36.52		
	100m: 1:06.05 34.76	300m: 3:30.00 36.08	500m: 5:54.92 36.87	700m: 8:20.52 36.01		
	150m: 1:41.96 35.91	350m: 4:05.81 35.81	550m: 6:31.90 36.98	750m: 8:56.22 35.70		
	200m: 2:17.31 35.35	400m: 4:42.36 36.55	600m: 7:07.99 36.09	800m: 9:30.06 33.84		
4.	Niels Albrechts	MGO (SG)	9:37.85	198800039	9:32.13	+0,82
	50m: 31.17 31.17	250m: 2:52.74 35.95	450m: 5:17.81 36.90	650m: 7:44.55 37.17		
	100m: 1:05.63 34.46	300m: 3:28.73 35.99	500m: 5:54.35 36.54	700m: 8:21.63 37.08		
	150m: 1:41.20 35.57	350m: 4:04.90 36.17	550m: 6:30.95 36.60	750m: 8:58.63 37.00		
	200m: 2:16.79 35.59	400m: 4:40.91 36.01	600m: 7:07.38 36.43	800m: 9:32.13 33.50		

Programmanr. 17, Heren, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Alex Schelvis	LZ 1886	8:43.95	198702927		

Masters 30+

1.	Erik Schröder	TriVia	8:41.70	198402025	8:50.09	+0,90		
	50m: 29.40	29.40	250m: 2:42.71	33.62	450m: 4:57.69	33.56	650m: 7:12.30	33.43
	100m: 1:02.05	32.65	300m: 3:16.39	33.68	500m: 5:31.35	33.66	700m: 7:45.63	33.33
	150m: 1:35.53	33.48	350m: 3:50.35	33.96	550m: 6:05.04	33.69	750m: 8:18.53	32.90
	200m: 2:09.09	33.56	400m: 4:24.13	33.78	600m: 6:38.87	33.83	800m: 8:50.09	31.56
2.	Frank van der Voordt	MGO (SG)	10:29.33	198302259	10:00.10	+0,75		
	50m: 32.45	32.45	250m: 2:59.83	37.53	450m: 5:31.31	37.82	650m: 8:04.24	38.55
	100m: 1:08.20	35.75	300m: 3:37.52	37.69	500m: 6:09.10	37.79	700m: 8:43.16	38.92
	150m: 1:44.95	36.75	350m: 4:15.26	37.74	550m: 6:47.25	38.15	750m: 9:22.08	38.92
	200m: 2:22.30	37.35	400m: 4:53.49	38.23	600m: 7:25.69	38.44	800m: 10:00.10	38.02
3.	Rob van Wanrooy	Gay Swim Amsterdam	12:05.35	198202627	11:13.38	+0,78		
	50m: 33.01	33.01	250m: 3:11.70	42.10	450m: 6:05.32	43.54	650m: 9:02.73	44.75
	100m: 1:10.22	37.21	300m: 3:54.86	43.16	500m: 6:49.54	44.22	700m: 9:47.36	44.63
	150m: 1:48.94	38.72	350m: 4:38.31	43.45	550m: 7:33.99	44.45	750m: 10:31.90	44.54
	200m: 2:29.60	40.66	400m: 5:21.78	43.47	600m: 8:17.98	43.99	800m: 11:13.38	41.48
4.	Dyon de Greef	Budel	11:35.97	198202385	11:29.97	+0,72		
	50m: 34.99	34.99	250m: 3:28.08	44.86	450m: 6:26.65	44.21	650m: 9:25.37	44.07
	100m: 1:16.19	41.20	300m: 4:12.11	44.03	500m: 7:12.04	45.39	700m: 10:08.94	43.57
	150m: 1:59.50	43.31	350m: 4:56.98	44.87	550m: 7:57.02	44.98	750m: 10:51.78	42.84
	200m: 2:43.22	43.72	400m: 5:42.44	45.46	600m: 8:41.30	44.28	800m: 11:29.97	38.19

Masters 35+

1.	Ivo Roozeboom	WVZ	9:20.54	197700801	9:27.91	+0,80		
	50m: 31.45	31.45	250m: 2:55.84	36.39	450m: 5:19.98	35.80	650m: 7:43.10	35.78
	100m: 1:07.08	35.63	300m: 3:32.10	36.26	500m: 5:55.76	35.78	700m: 8:18.90	35.80
	150m: 1:43.00	35.92	350m: 4:08.26	36.16	550m: 6:31.73	35.97	750m: 8:54.43	35.53
	200m: 2:19.45	36.45	400m: 4:44.18	35.92	600m: 7:07.32	35.59	800m: 9:27.91	33.48
2.	Marcel Reefhuis	WS Twente	9:25.12	198101381	9:33.76	+0,79		
	50m: 31.65	31.65	250m: 2:55.93	36.43	450m: 5:21.74	36.37	650m: 7:47.92	36.33
	100m: 1:07.17	35.52	300m: 3:32.54	36.61	500m: 5:58.22	36.48	700m: 8:24.41	36.49
	150m: 1:43.27	36.10	350m: 4:09.15	36.61	550m: 6:34.89	36.67	750m: 9:00.42	36.01
	200m: 2:19.50	36.23	400m: 4:45.37	36.22	600m: 7:11.59	36.70	800m: 9:33.76	33.34
3.	Freddie Geerlings	NIMO	9:55.89	197900379	9:57.92	+0,92		
	50m: 33.96	33.96	250m: 3:01.26	36.65	450m: 5:32.37	38.21	650m: 8:04.18	38.20
	100m: 1:10.50	36.54	300m: 3:38.28	37.02	500m: 6:10.34	37.97	700m: 8:43.24	39.06
	150m: 1:47.65	37.15	350m: 4:16.07	37.79	550m: 6:47.73	37.39	750m: 9:21.79	38.55
	200m: 2:24.61	36.96	400m: 4:54.16	38.09	600m: 7:25.98	38.25	800m: 9:57.92	36.13
4.	Raymond Oosterbaan	WIDEX GZC DONK	10:31.44	197700711	10:27.99	+0,98		
	50m: 32.89	32.89	250m: 3:07.16	39.83	450m: 5:47.60	40.35	650m: 8:30.48	41.11
	100m: 1:10.45	37.56	300m: 3:47.23	40.07	500m: 6:27.74	40.14	700m: 9:11.18	40.70
	150m: 1:48.83	38.38	350m: 4:27.47	40.24	550m: 7:08.57	40.83	750m: 9:51.16	39.98
	200m: 2:27.33	38.50	400m: 5:07.25	39.78	600m: 7:49.37	40.80	800m: 10:27.99	36.83
5.	Harm Jan Otter	De Zandstuve	11:09.41	198101283	10:45.02	+0,92		
	50m: 34.76	34.76	250m: 3:13.89	41.42	450m: 5:59.03	41.39	650m: 8:44.72	41.44
	100m: 1:12.72	37.96	300m: 3:55.33	41.44	500m: 6:40.31	41.28	700m: 9:25.51	40.79
	150m: 1:52.18	39.46	350m: 4:36.85	41.52	550m: 7:21.84	41.53	750m: 10:05.96	40.45
	200m: 2:32.47	40.29	400m: 5:17.64	40.79	600m: 8:03.28	41.44	800m: 10:45.02	39.06
6.	Okko de Haas	ZV De Bron	10:53.16	197801593	11:20.53	+0,89		
	50m: 36.28	36.28	250m: 3:25.49	43.49	450m: 6:18.00	43.33	650m: 9:12.88	43.47
	100m: 1:16.87	40.59	300m: 4:08.64	43.15	500m: 7:01.63	43.63	700m: 9:56.53	43.65
	150m: 1:59.00	42.13	350m: 4:51.51	42.87	550m: 7:45.50	43.87	750m: 10:39.42	42.89
	200m: 2:42.00	43.00	400m: 5:34.67	43.16	600m: 8:29.41	43.91	800m: 11:20.53	41.11

Masters 40+

1.	Casper van den Burgh	LZ 1886	10:21.16	197201413	10:12.25	+0,79		
	50m: 34.60	34.60	250m: 3:05.97	38.37	450m: 5:39.52	37.99	650m: 8:16.21	39.39
	100m: 1:11.91	37.31	300m: 3:44.36	38.39	500m: 6:18.27	38.75	700m: 8:55.58	39.37
	150m: 1:49.83	37.92	350m: 4:22.86	38.50	550m: 6:57.17	38.90	750m: 9:34.52	38.94
	200m: 2:27.60	37.77	400m: 5:01.53	38.67	600m: 7:36.82	39.65	800m: 10:12.25	37.73
2.	Erwin Zuidervelt	De Futen	10:36.59	197501015	10:41.99	+0,85		
	50m: 34.06	34.06	250m: 3:10.62	39.61	450m: 5:51.66	40.42	650m: 8:38.24	41.23
	100m: 1:12.00	37.94	300m: 3:50.54	39.92	500m: 6:33.02	41.36	700m: 9:20.68	42.44
	150m: 1:51.30	39.30	350m: 4:30.50	39.96	550m: 7:15.40	42.38	750m: 10:03.15	42.47
	200m: 2:31.01	39.71	400m: 5:11.24	40.74	600m: 7:57.01	41.61	800m: 10:41.99	38.84

Programmanr. 17, Heren, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Kasper van den Berghe	Swol 1894	10:50.24	197301125	10:47.24	+0,77		
	50m: 37.11	37.11	250m: 3:19.62	41.03	450m: 6:05.34	41.63	650m: 8:49.55	40.48
	100m: 1:16.63	39.52	300m: 4:00.77	41.15	500m: 6:46.85	41.51	700m: 9:29.73	40.18
	150m: 1:57.69	41.06	350m: 4:42.28	41.51	550m: 7:28.49	41.64	750m: 10:10.05	40.32
	200m: 2:38.59	40.90	400m: 5:23.71	41.43	600m: 8:09.07	40.58	800m: 10:47.24	37.19
4.	Wouter van der Stelt	Den Doorn	11:24.49	197200889	11:18.00	+0,90		
	50m: 36.07	36.07	250m: 3:22.53	42.59	450m: 6:16.05	43.77	650m: 9:09.60	43.09
	100m: 1:15.77	39.70	300m: 4:06.00	43.47	500m: 6:59.27	43.22	700m: 9:52.84	43.24
	150m: 1:57.30	41.53	350m: 4:49.18	43.18	550m: 7:43.01	43.74	750m: 10:36.58	43.74
	200m: 2:39.94	42.64	400m: 5:32.28	43.10	600m: 8:26.51	43.50	800m: 11:18.00	41.42
5.	Arjan Aalbers	Swol 1894	11:30.37	197500001	11:28.93	+0,87		
	50m: 34.90	34.90	250m: 3:20.93	42.92	450m: 6:18.60	44.81	650m: 9:19.06	45.65
	100m: 1:14.31	39.41	300m: 4:04.86	43.93	500m: 7:03.91	45.31	700m: 10:04.12	45.06
	150m: 1:55.25	40.94	350m: 4:49.48	44.62	550m: 7:48.18	44.27	750m: 10:48.28	44.16
	200m: 2:38.01	42.76	400m: 5:33.79	44.31	600m: 8:33.41	45.23	800m: 11:28.93	40.65
6.	Marcel Bergervoet	ZPCH	12:05.07	197201489	12:11.04	+1,00		
	50m: 38.25	38.25	250m: 3:36.85	44.96	450m: 6:41.39	47.28	650m: 9:51.48	47.53
	100m: 1:21.44	43.19	300m: 4:22.16	45.31	500m: 7:28.38	46.99	700m: 10:39.24	47.76
	150m: 2:06.64	45.20	350m: 5:08.22	46.06	550m: 8:16.06	47.68	750m: 11:26.43	47.19
	200m: 2:51.89	45.25	400m: 5:54.11	45.89	600m: 9:03.95	47.89	800m: 12:11.04	44.61

Masters 45+

1.	Erlend Alstad <i>Kampioenschaps Record</i>	I.L. Varg	9:17.75		9:23.54	+0,71		
	50m: 31.76	31.76	250m: 2:53.69	35.89	450m: 5:17.19	35.79	650m: 7:40.65	35.39
	100m: 1:06.49	34.73	300m: 3:29.48	35.79	500m: 5:53.27	36.08	700m: 8:15.55	34.90
	150m: 1:42.05	35.56	350m: 4:05.39	35.91	550m: 6:29.29	36.02	750m: 8:50.18	34.63
	200m: 2:17.80	35.75	400m: 4:41.40	36.01	600m: 7:05.26	35.97	800m: 9:23.54	33.36
2.	René Beetsma	HZ&PC Heerenveen	10:01.41	196900069	9:50.08	+0,76		
	50m: 33.90	33.90	250m: 3:02.39	36.96	450m: 5:32.24	37.78	650m: 8:01.03	36.86
	100m: 1:10.80	36.90	300m: 3:39.82	37.43	500m: 6:09.68	37.44	700m: 8:37.81	36.78
	150m: 1:48.19	37.39	350m: 4:17.17	37.35	550m: 6:47.03	37.35	750m: 9:14.57	36.76
	200m: 2:25.43	37.24	400m: 4:54.46	37.29	600m: 7:24.17	37.14	800m: 9:50.08	35.51
3.	Richard Ricksen	NIMO	10:12.11	197000841	9:55.92	+0,89		
	50m: 32.69	32.69	250m: 2:59.54	37.29	450m: 5:31.71	37.97	650m: 8:02.87	37.52
	100m: 1:08.32	35.63	300m: 3:37.39	37.85	500m: 6:09.75	38.04	700m: 8:41.14	38.27
	150m: 1:45.08	36.76	350m: 4:15.75	38.36	550m: 6:47.33	37.58	750m: 9:18.71	37.57
	200m: 2:22.25	37.17	400m: 4:53.74	37.99	600m: 7:25.35	38.02	800m: 9:55.92	37.21
4.	Konstantin Sklyar <i>400m*</i>	TG Lage 1862	10:45.35	321129	10:07.99	+0,85		
	50m: 34.54	34.54	250m: 3:04.53	38.11	450m: 5:39.68	39.42	650m: 8:15.47	38.88
	100m: 1:10.88	36.34	300m: 3:43.54	39.01	500m: 6:18.74	39.06	700m: 8:54.25	38.78
	150m: 1:48.32	37.44	350m: 4:21.83	38.29	550m: 6:57.61	38.87	750m: 9:32.44	38.19
	200m: 2:26.42	38.10	400m: 5:00.26	38.43	600m: 7:36.59	38.98	800m: 10:07.99	35.55
5.	Andy Feyen	ZIK	10:57.35	11002/67	10:21.68	+0,78		
	50m: 33.01	33.01	250m: 3:08.34	39.47	450m: 5:45.78	40.09	650m: 8:24.42	39.54
	100m: 1:09.99	36.98	300m: 3:47.65	39.31	500m: 6:25.72	39.94	700m: 9:04.42	40.00
	150m: 1:48.90	38.91	350m: 4:26.90	39.25	550m: 7:05.15	39.43	750m: 9:43.76	39.34
	200m: 2:28.87	39.97	400m: 5:05.69	38.79	600m: 7:44.88	39.73	800m: 10:21.68	37.92
6.	Roy Danckaarts	De Fuut	11:04.04	197000231	10:51.04	+0,87		
	50m: 37.41	37.41	250m: 3:23.31	41.46	450m: 6:10.09	41.58	650m: 8:52.88	40.47
	100m: 1:18.59	41.18	300m: 4:05.11	41.80	500m: 6:51.10	41.01	700m: 9:32.39	39.51
	150m: 2:00.25	41.66	350m: 4:46.96	41.85	550m: 7:31.44	40.34	750m: 10:12.35	39.96
	200m: 2:41.85	41.60	400m: 5:28.51	41.55	600m: 8:12.41	40.97	800m: 10:51.04	38.69
7.	Sander Nieuwenhuys	De Fuut	10:56.10	196801423	11:19.33	+0,81		
	50m: 37.79	37.79	250m: 3:26.11	42.57	450m: 6:17.76	43.24	650m: 9:11.29	43.18
	100m: 1:18.87	41.08	300m: 4:08.67	42.56	500m: 7:01.28	43.52	700m: 9:54.88	43.59
	150m: 2:01.05	42.18	350m: 4:51.62	42.95	550m: 7:44.87	43.59	750m: 10:37.94	43.06
	200m: 2:43.54	42.49	400m: 5:34.52	42.90	600m: 8:28.11	43.24	800m: 11:19.33	41.39
8.	Harald Mulder	WVZ	11:52.14	196701459	12:04.64			
	50m: 39.66	39.66	250m: 3:38.83	46.06	450m: 6:44.97	47.00	650m: 9:51.80	47.18
	100m: 1:23.12	43.46	300m: 4:25.30	46.47	500m: 7:31.69	46.72	700m: 10:36.63	44.83
	150m: 2:07.49	44.37	350m: 5:10.78	45.48	550m: 8:18.93	47.24	750m: 11:23.08	46.45
	200m: 2:52.77	45.28	400m: 5:57.97	47.19	600m: 9:04.62	45.69	800m: 12:04.64	41.56
AFGEM	Roland Klein-Böling	Bocholter WSV	9:42.96	74076				
AFGEM	Philippe van der Beke	PSV	10:49.98	196801541				

Programmanr. 17, Heren, 800m vrije slag

Masters 50+

1.	Andrey Belosludtsev	Kasatka	9:15.70	101736	9:09.53	+0,73
	<i>Kampioenschaps Record, Russian Masters Record</i>					
	50m: 31.68	31.68	250m: 2:49.81	34.65	450m: 5:08.01	34.68
	100m: 1:05.65	33.97	300m: 3:24.26	34.45	500m: 5:42.70	34.69
	150m: 1:40.28	34.63	350m: 3:58.73	34.47	550m: 6:17.47	34.77
	200m: 2:15.16	34.88	400m: 4:33.33	34.60	600m: 6:52.50	35.03
2.	Jan Brink	ZPC De Zeeuwse Kust	9:31.11	196200091	9:36.70	+0,83
	50m: 31.31	31.31	250m: 2:54.57	36.27	450m: 5:20.60	36.74
	100m: 1:06.54	35.23	300m: 3:30.94	36.37	500m: 5:57.25	36.65
	150m: 1:42.09	35.55	350m: 4:07.42	36.48	550m: 6:34.20	36.95
	200m: 2:18.30	36.21	400m: 4:43.86	36.44	600m: 7:11.18	36.98
3.	Johan Remmits	ZPC Woerden	9:39.75	196201159	9:41.93	+0,80
	50m: 32.23	32.23	250m: 2:58.11	36.95	450m: 5:25.13	36.68
	100m: 1:08.22	35.99	300m: 3:34.76	36.65	500m: 6:02.30	37.17
	150m: 1:44.40	36.18	350m: 4:11.57	36.81	550m: 6:39.17	36.87
	200m: 2:21.16	36.76	400m: 4:48.45	36.88	600m: 7:15.95	36.78
4.	Bob de Vries	Aquapoldro	9:56.28	196601101	9:47.87	+0,80
	50m: 30.93	30.93	250m: 2:57.38	36.54	450m: 5:25.44	37.06
	100m: 1:07.30	36.37	300m: 3:34.26	36.88	500m: 6:02.60	37.16
	150m: 1:44.14	36.84	350m: 4:11.04	36.78	550m: 6:40.68	38.08
	200m: 2:20.84	36.70	400m: 4:48.38	37.34	600m: 7:18.42	37.74
5.	Nico Paasse	MGO (SG)	10:49.39	196501463	10:31.93	+0,96
	50m: 33.31	33.31	250m: 3:12.70	40.42	450m: 5:54.37	40.17
	100m: 1:11.43	38.12	300m: 3:53.57	40.87	500m: 6:35.18	40.81
	150m: 1:51.47	40.04	350m: 4:33.72	40.15	550m: 7:14.75	39.57
	200m: 2:32.28	40.81	400m: 5:14.20	40.48	600m: 7:55.62	40.87
6.	Fred Dijkshoorn	Zwemvereniging Westland	11:33.50	196501539	11:20.41	+0,91
	50m: 36.30	36.30	250m: 3:30.60	44.30	450m: 6:27.41	44.26
	100m: 1:18.36	42.06	300m: 4:14.66	44.06	500m: 7:11.95	44.54
	150m: 2:02.41	44.05	350m: 4:58.80	44.14	550m: 7:55.20	43.25
	200m: 2:46.30	43.89	400m: 5:43.15	44.35	600m: 8:37.40	42.20
7.	Marcel Hoff	Aqua-Novio'94	11:26.07	196400317	11:21.63	+0,91
	50m: 36.72	36.72	250m: 3:26.14	43.22	450m: 6:22.16	43.80
	100m: 1:17.59	40.87	300m: 4:09.65	43.51	500m: 7:06.12	43.96
	150m: 1:59.76	42.17	350m: 4:53.43	43.78	550m: 7:49.48	43.36
	200m: 2:42.92	43.16	400m: 5:38.36	44.93	600m: 8:32.22	42.74
8.	Jan Smalheer	SCOM	11:44.47	196400701	11:34.53	+1,11
	50m: 38.24	38.24	250m: 3:30.12	43.52	450m: 6:27.61	44.81
	100m: 1:19.09	40.85	300m: 4:14.42	44.30	500m: 7:12.45	44.84
	150m: 2:02.80	43.71	350m: 4:58.86	44.44	550m: 7:56.47	44.02
	200m: 2:46.60	43.80	400m: 5:42.80	43.94	600m: 8:40.86	44.39
9.	Joost de Kroon	AquAmigos	11:12.39	196400999	11:35.51	+1,29
	50m: 38.62	38.62	250m: 3:34.57	44.94	450m: 6:32.01	44.85
	100m: 1:20.41	41.79	300m: 4:17.97	43.40	500m: 7:16.70	44.69
	150m: 2:04.67	44.26	350m: 5:02.75	44.78	550m: 8:01.24	44.54
	200m: 2:49.63	44.96	400m: 5:47.16	44.41	600m: 8:45.71	44.47
10.	Peter ten Dam	WS Twente	11:55.31	196201253	11:47.83	+0,98
	50m: 38.24	38.24	250m: 3:37.13	45.20	450m: 6:39.65	45.48
	100m: 1:21.62	43.38	300m: 4:22.91	45.78	500m: 7:24.66	45.01
	150m: 2:06.23	44.61	350m: 5:08.50	45.59	550m: 8:09.66	45.00
	200m: 2:51.93	45.70	400m: 5:54.17	45.67	600m: 8:55.41	45.75
11.	Eric Tijms	OEZA	12:20.34	196401125	12:20.85	+0,86
	50m: 37.93	37.93	250m: 3:41.04	47.88	450m: 6:52.52	47.72
	100m: 1:20.38	42.45	300m: 4:28.20	47.16	500m: 7:40.13	47.61
	150m: 2:05.74	45.36	350m: 5:16.51	48.31	550m: 8:27.79	47.66
	200m: 2:53.16	47.42	400m: 6:04.80	48.29	600m: 9:15.54	47.75
12.	Rik van Gasteren	AquAmigos	14:14.65	196401015	14:27.81	+1,13
	50m: 44.77	44.77	250m: 4:16.88	55.39	450m: 8:00.15	56.10
	100m: 1:35.06	50.29	300m: 5:12.27	55.39	500m: 8:56.21	56.06
	150m: 2:27.00	51.94	350m: 6:08.02	55.75	550m: 9:52.73	56.52
	200m: 3:21.49	54.49	400m: 7:04.05	56.03	600m: 10:49.13	56.40
AFGEM	Arno Schrauwen	De Roersoppers	10:55.62	196501355		
AFGEM	Davy Aerts	ShaRK	10:49.97	10452/64		

Programmanr. 17, Heren, 800m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Mar van Geel	Old Dutch	15:22.40	194700135	16:42.19	+1,29		
	50m: 52.13	52.13	250m: 5:01.25	1:04.44	450m: 9:17.42	1:05.05	650m: 13:32.59	1:03.64
	100m: 1:51.36	59.23	300m: 6:04.99	1:03.74	500m: 10:21.13	1:03.71	700m: 14:37.50	1:04.91
	150m: 2:52.96	1:01.60	350m: 7:08.82	1:03.83	550m: 11:24.65	1:03.52	750m: 15:40.89	1:03.39
	200m: 3:56.81	1:03.85	400m: 8:12.37	1:03.55	600m: 12:28.95	1:04.30	800m: 16:42.19	1:01.30

Masters 70+

1.	Alexander Bashmakov	Poseidon	12:36.20	037001	12:41.50	+0,94		
	<i>Russian Masters Record</i>							
	50m: 40.62	40.62	250m: 3:44.55	47.37	450m: 6:54.83	47.42	650m: 10:09.60	48.65
	100m: 1:25.75	45.13	300m: 4:32.73	48.18	500m: 7:43.37	48.54	700m: 11:00.62	51.02
	150m: 2:10.25	44.50	350m: 5:19.88	47.15	550m: 8:31.53	48.16	750m: 11:51.45	50.83
	200m: 2:57.18	46.93	400m: 6:07.41	47.53	600m: 9:20.95	49.42	800m: 12:41.50	50.05
2.	Rob Hanou	PSV	13:14.86	194300109	13:11.40	+1,03		
	50m: 42.73	42.73	250m: 4:06.05	51.02	450m: 7:28.08	50.33	650m: 10:47.79	49.73
	100m: 1:32.13	49.40	300m: 4:57.56	51.51	500m: 8:17.98	49.90	700m: 11:37.32	49.53
	150m: 2:23.45	51.32	350m: 5:47.63	50.07	550m: 9:07.75	49.77	750m: 12:26.33	49.01
	200m: 3:15.03	51.58	400m: 6:37.75	50.12	600m: 9:58.06	50.31	800m: 13:11.40	45.07
3.	Willem Putter	ZVVS	13:44.48	194500135	13:22.24	+1,20		
	50m: 43.25	43.25	250m: 4:07.04	52.09	450m: 7:33.23	51.27	650m: 10:56.93	50.11
	100m: 1:31.88	48.63	300m: 4:58.83	51.79	500m: 8:24.86	51.63	700m: 11:47.60	50.67
	150m: 2:23.08	51.20	350m: 5:50.67	51.84	550m: 9:15.90	51.04	750m: 12:36.97	49.37
	200m: 3:14.95	51.87	400m: 6:41.96	51.29	600m: 10:06.82	50.92	800m: 13:22.24	45.27
4.	Geza Kaltenecker	AZC	14:02.64	194200065	14:40.50	+0,88		
	50m: 45.19	45.19	250m: 4:25.91	55.83	450m: 8:12.80	57.18	650m: 11:58.94	56.18
	100m: 1:38.31	53.12	300m: 5:22.43	56.52	500m: 9:09.67	56.87	700m: 12:55.15	56.21
	150m: 2:34.01	55.70	350m: 6:19.10	56.67	550m: 10:06.69	57.02	750m: 13:50.40	55.25
	200m: 3:30.08	56.07	400m: 7:15.62	56.52	600m: 11:02.76	56.07	800m: 14:40.50	50.10

Masters 75+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	13:20.78	0X0345415	13:07.73	+1,25		
	<i>50m*, 400m*</i>							
	50m: 44.97	44.97	250m: 4:03.22	49.33	450m: 7:20.86	49.16	650m: 10:40.85	50.50
	100m: 1:34.34	49.37	300m: 4:53.34	50.12	500m: 8:11.02	50.16	700m: 11:30.51	49.66
	150m: 2:23.07	48.73	350m: 5:42.91	49.57	550m: 9:00.87	49.85	750m: 12:20.31	49.80
	200m: 3:13.89	50.82	400m: 6:31.70	48.79	600m: 9:50.35	49.48	800m: 13:07.73	47.42
2.	Frans van Enst	WS Twente	13:22.64	194000011	13:26.59	+1,00		
	50m: 42.70	42.70	250m: 4:10.70	52.61	450m: 7:38.85	52.25	650m: 11:03.06	51.07
	100m: 1:34.07	51.37	300m: 5:02.61	51.91	500m: 8:30.93	52.08	700m: 11:52.93	49.87
	150m: 2:25.41	51.34	350m: 5:54.94	52.33	550m: 9:21.12	50.19	750m: 12:41.97	49.04
	200m: 3:18.09	52.68	400m: 6:46.60	51.66	600m: 10:11.99	50.87	800m: 13:26.59	44.62
3.	Nic Geers	Z&PC De Gouwe	13:26.73	193800007	14:52.87	+1,06		
	50m: 47.28	47.28	250m: 4:32.48	57.25	450m: 8:23.16	58.72	650m: 12:13.21	56.24
	100m: 1:42.86	55.58	300m: 5:29.08	56.60	500m: 9:20.75	57.59	700m: 13:09.34	56.13
	150m: 2:39.11	56.25	350m: 6:27.69	58.61	550m: 10:18.95	58.20	750m: 14:02.98	53.64
	200m: 3:35.23	56.12	400m: 7:24.44	56.75	600m: 11:16.97	58.02	800m: 14:52.87	49.89

Masters 80+

1.	Bob Berg	PSV	16:52.11	193300011	17:44.00	+1,42		
	50m: 55.23	55.23	250m: 5:25.90	1:08.94	450m: 9:53.72	1:08.15	650m: 14:25.97	1:08.83
	100m: 2:00.09	1:04.86	300m: 6:31.92	1:06.02	500m: 11:01.34	1:07.62	700m: 15:33.89	1:07.92
	150m: 3:09.51	1:09.42	350m: 7:39.31	1:07.39	550m: 12:08.98	1:07.64	750m: 16:42.40	1:08.51
	200m: 4:16.96	1:07.45	400m: 8:45.57	1:06.26	600m: 13:17.14	1:08.16	800m: 17:44.00	1:01.60

Programmanr. 18
23-01-2016 - 11:07

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Moniek Heemskerker	LZ 1886	5:18.29	199601964	5:21.32	+0,72
	50m: 34.02	34.02	150m: 1:56.90	43.82	250m: 3:23.01	44.49
	100m: 1:13.08	39.06	200m: 2:38.52	41.62	300m: 4:07.72	44.71
					350m: 4:45.48	37.76
					400m: 5:21.32	35.84
2.	Janine de Groot	Nova	5:38.97	199500092	5:25.62	+0,87
	50m: 34.59	34.59	150m: 1:58.60	41.86	250m: 3:26.05	46.27
	100m: 1:16.74	42.15	200m: 2:39.78	41.18	300m: 4:12.68	46.63
					350m: 4:50.29	37.61
					400m: 5:25.62	35.33
3.	Beau Rijpers	Swol 1894	5:41.62	199402638	5:30.72	+0,77
	50m: 35.19	35.19	150m: 1:59.97	42.99	250m: 3:28.04	46.09
	100m: 1:16.98	41.79	200m: 2:41.95	41.98	300m: 4:14.53	46.49
					350m: 4:53.35	38.82
					400m: 5:30.72	37.37
4.	Wendy de Bruin	ZOB'66	5:32.40	199206320	5:31.80	+0,62
	50m: 33.91	33.91	150m: 1:58.92	43.68	250m: 3:28.02	46.90
	100m: 1:15.24	41.33	200m: 2:41.12	42.20	300m: 4:15.87	47.85
					350m: 4:54.09	38.22
					400m: 5:31.80	37.71
5.	Aniek Resink	DIO	5:43.13	199500738	5:36.54	+0,74
	50m: 35.19	35.19	150m: 1:59.55	42.79	250m: 3:29.19	48.01
	100m: 1:16.76	41.57	200m: 2:41.18	41.63	300m: 4:18.94	49.75
					350m: 4:58.19	39.25
					400m: 5:36.54	38.35
6.	Maike Korthout	TRB-RES	5:47.99	199406034	5:41.86	+0,63
	50m: 34.71	34.71	150m: 1:57.80	42.71	250m: 3:31.81	51.76
	100m: 1:15.09	40.38	200m: 2:40.05	42.25	300m: 4:25.45	53.64
					350m: 5:04.19	38.74
					400m: 5:41.86	37.67
7.	Denise van Zetten	Octopus	5:44.13	199600932	5:57.74	+0,88
	50m: 35.93	35.93	150m: 2:05.70	43.77	250m: 3:41.76	52.69
	100m: 1:21.93	46.00	200m: 2:49.07	43.37	300m: 4:35.63	53.87
					350m: 5:16.60	40.97
					400m: 5:57.74	41.14
8.	Lieke Janssen	NIMO	6:21.62	199305954	6:12.11	+0,96
	50m: 39.47	39.47	150m: 2:17.40	47.92	250m: 3:55.88	51.77
	100m: 1:29.48	50.01	200m: 3:04.11	46.71	300m: 4:47.39	51.51
					350m: 5:31.09	43.70
					400m: 6:12.11	41.02
9.	Nieske Janssen	NIMO	6:04.29	199601328	6:16.65	+0,86
	50m: 41.34	41.34	150m: 2:19.05	48.52	250m: 3:58.22	51.84
	100m: 1:30.53	49.19	200m: 3:06.38	47.33	300m: 4:50.49	52.27
					350m: 5:34.39	43.90
					400m: 6:16.65	42.26
Masters 25+						
1.	Wendan Poelstra	TriVia	5:04.85	199102496	5:14.06	+0,74
	<i>Kampioenschaps Record</i>					
	50m: 33.02	33.02	150m: 1:54.09	40.65	250m: 3:18.76	45.04
	100m: 1:13.44	40.42	200m: 2:33.72	39.63	300m: 4:03.81	45.05
					350m: 4:39.38	35.57
					400m: 5:14.06	34.68
2.	Maaïke Vooren	DAW	5:18.43	199103324	5:21.83	+0,82
	50m: 33.50	33.50	150m: 1:57.92	43.78	250m: 3:24.91	43.69
	100m: 1:14.14	40.64	200m: 2:41.22	43.30	300m: 4:10.21	45.30
					350m: 4:47.06	36.85
					400m: 5:21.83	34.77
3.	Jacyntha Plat	De Golfbreker	5:31.10	199002956	5:47.85	+0,74
	50m: 35.03	35.03	150m: 2:01.64	44.35	250m: 3:32.97	46.07
	100m: 1:17.29	42.26	200m: 2:46.90	45.26	300m: 4:21.02	48.05
					350m: 5:04.98	43.96
					400m: 5:47.85	42.87
4.	Maaïke van Diggele	ZPB H&L Productions	5:54.32	198700868	5:52.05	+0,87
	50m: 35.25	35.25	150m: 2:02.46	45.95	250m: 3:36.85	50.16
	100m: 1:16.51	41.26	200m: 2:46.69	44.23	300m: 4:27.92	51.07
					350m: 5:10.63	42.71
					400m: 5:52.05	41.42
5.	Liset de Veer	Aqua-Novio'94	5:53.07	198704190	6:02.21	+0,78
	50m: 36.57	36.57	150m: 2:06.61	45.70	250m: 3:45.34	53.31
	100m: 1:20.91	44.34	200m: 2:52.03	45.42	300m: 4:39.14	53.80
					350m: 5:20.91	41.77
					400m: 6:02.21	41.30
6.	Liesbeth van Mill	DWK	6:05.56	198702786	6:03.15	+0,97
	50m: 38.46	38.46	150m: 2:11.77	47.49	250m: 3:48.21	50.31
	100m: 1:24.28	45.82	200m: 2:57.90	46.13	300m: 4:38.47	50.26
					350m: 5:20.98	42.51
					400m: 6:03.15	42.17
7.	Karin Hovenkamp	De Spatters	5:53.49	198701850	6:03.28	+0,74
	50m: 35.58	35.58	150m: 2:09.17	50.19	250m: 3:49.94	53.09
	100m: 1:18.98	43.40	200m: 2:56.85	47.68	300m: 4:42.03	52.09
					350m: 5:24.83	42.80
					400m: 6:03.28	38.45
8.	Janneke Wynia	WS Twente	6:53.31	199005500	7:00.99	+0,99
	50m: 48.61	48.61	150m: 2:39.23	54.15	250m: 4:30.37	56.79
	100m: 1:45.08	56.47	200m: 3:33.58	54.35	300m: 5:28.28	57.91
					350m: 6:15.59	47.31
					400m: 7:00.99	45.40

Programmanr. 18, Dames, 400m wisselslag

Masters 30+

1.	Roos van Esch	d'ELFT WAVE (SG)	5:25.28	198200468	5:24.52	+0,82		
	50m: 34.56	34.56	150m: 1:55.59	41.82	250m: 3:23.57	46.83	350m: 4:48.25	37.68
	100m: 1:13.77	39.21	200m: 2:36.74	41.15	300m: 4:10.57	47.00	400m: 5:24.52	36.27
2.	Linda Hoogendam	WVZ	6:22.70	198300892	6:11.36	+0,77		
	50m: 39.82	39.82	150m: 2:14.61	47.69	250m: 3:56.69	55.80	350m: 5:32.85	39.71
	100m: 1:26.92	47.10	200m: 3:00.89	46.28	300m: 4:53.14	56.45	400m: 6:11.36	38.51
3.	Margriet Aan het Rot	Octopus	6:32.30	198603088	6:33.71	+0,86		
	50m: 41.27	41.27	150m: 2:20.12	50.30	250m: 4:04.18	54.65	350m: 5:46.41	46.99
	100m: 1:29.82	48.55	200m: 3:09.53	49.41	300m: 4:59.42	55.24	400m: 6:33.71	47.30
4.	Angélique Rotteveel	Aquapoldro	7:03.73	198402090	7:29.37	+1,03		
	50m: 48.79	48.79	150m: 2:41.21	55.41	250m: 4:41.15	1:01.87	350m: 6:38.64	52.68
	100m: 1:45.80	57.01	200m: 3:39.28	58.07	300m: 5:45.96	1:04.81	400m: 7:29.37	50.73

Masters 35+

1.	Yvonne Gerritsen	WVZ	6:09.24	198000342	5:59.41	+0,87		
	50m: 36.61	36.61	150m: 2:10.81	48.92	250m: 3:48.78	48.34	350m: 5:19.87	41.76
	100m: 1:21.89	45.28	200m: 3:00.44	49.63	300m: 4:38.11	49.33	400m: 5:59.41	39.54
2.	Jolanda van Gendt	PSV	6:12.12	197800266	6:15.01	+0,78		
	50m: 40.77	40.77	150m: 2:18.26	46.98	250m: 3:56.94	52.55	350m: 5:33.03	42.11
	100m: 1:31.28	50.51	200m: 3:04.39	46.13	300m: 4:50.92	53.98	400m: 6:15.01	41.98
3.	Carmen Haan	ZZG De Boskickers	6:47.04	197901458	6:35.92	+0,96		
	50m: 45.59	45.59	150m: 2:07.57	49.98	250m: 4:10.92	54.99	350m: 5:53.11	46.62
	100m: 1:38.28	52.69	200m: 3:15.93	47.67	300m: 5:06.49	55.57	400m: 6:35.92	42.81
4.	Rianne van Vegchelen	Deltasteur	7:26.50	198101530	7:53.82	+1,16		
	50m: 54.66	54.66	150m: 3:05.17	1:04.87	250m: 5:13.01	1:05.23	350m: 7:05.16	48.64
	100m: 2:00.30	1:05.64	200m: 4:07.78	1:02.61	300m: 6:16.52	1:03.51	400m: 7:53.82	48.66

Masters 40+

1.	Liselotte Joling	PSV	5:30.11	197500268	5:40.66	+0,84		
	50m: 36.81	36.81	150m: 2:03.56	44.36	250m: 3:34.75	47.76	350m: 5:02.77	38.97
	100m: 1:19.20	42.39	200m: 2:46.99	43.43	300m: 4:23.80	49.05	400m: 5:40.66	37.89
2.	Evelien van Klaarbergen	HZ&PC Heerenveen	5:49.67	197200964	5:50.11	+0,84		
	50m: 37.53	37.53	150m: 2:07.57	45.30	250m: 3:40.49	49.61	350m: 5:11.28	40.40
	100m: 1:22.27	44.74	200m: 2:50.88	43.31	300m: 4:30.88	50.39	400m: 5:50.11	38.83
3.	Nadège van Meeteren	De Meer	6:04.60	197400736	6:13.73	+0,91		
	50m: 40.15	40.15	150m: 2:20.29	49.34	250m: 3:56.74	49.06	350m: 5:31.15	44.71
	100m: 1:30.95	50.80	200m: 3:07.68	47.39	300m: 4:46.44	49.70	400m: 6:13.73	42.58
4.	Claudia Broeke	De Fuut	6:44.14	197300058	7:07.36	+0,96		
	50m: 48.32	48.32	150m: 2:39.68	54.83	250m: 4:33.39	58.85	350m: 6:20.35	47.65
	100m: 1:44.85	56.53	200m: 3:34.54	54.86	300m: 5:32.70	59.31	400m: 7:07.36	47.01

AFGEM Chantal Gerritsen-Driesen Old Dutch 6:49.24 197601074

Masters 45+

1.	Jeanne Petit	De Dinkel	6:02.01	197001020	5:48.39	+0,76		
	<i>Kampioenschaps Record</i>							
	50m: 35.20	35.20	150m: 2:04.14	48.53	250m: 3:38.56	48.29	350m: 5:09.48	39.82
	100m: 1:15.61	40.41	200m: 2:50.27	46.13	300m: 4:29.66	51.10	400m: 5:48.39	38.91
2.	Heidi van Stein	LZ 1886	6:00.47	196900864	5:59.17	+0,75		
	50m: 36.21	36.21	150m: 2:09.02	48.44	250m: 3:46.15	50.47	350m: 5:19.70	40.28
	100m: 1:20.58	44.37	200m: 2:55.68	46.66	300m: 4:39.42	53.27	400m: 5:59.17	39.47
3.	Annet Kootstra	Swol 1894	6:44.16	197100344	6:46.42	+0,93		
	50m: 44.50	44.50	150m: 2:30.65	53.91	250m: 4:19.46	55.85	350m: 6:02.56	46.08
	100m: 1:36.74	52.24	200m: 3:23.61	52.96	300m: 5:16.48	57.02	400m: 6:46.42	43.86
4.	Peggi Hurenkamp	HZ&PC Heerenveen	6:43.45	196900922	6:51.14	+0,83		
	50m: 42.14	42.14	150m: 2:25.30	53.41	250m: 4:17.95	59.69	350m: 6:06.04	47.91
	100m: 1:31.89	49.75	200m: 3:18.26	52.96	300m: 5:18.13	1:00.18	400m: 6:51.14	45.10
5.	Annette van Dok	MSV-Zeemacht	7:07.18	196800742	7:05.08	+0,87		
	50m: 48.34	48.34	150m: 2:34.92	51.72	250m: 4:25.95	1:00.61	350m: 6:17.92	49.43
	100m: 1:43.20	54.86	200m: 3:25.34	50.42	300m: 5:28.49	1:02.54	400m: 7:05.08	47.16
6.	Hetty Smalheer	SCOM	6:57.22	196700352	7:05.12	+1,02		
	50m: 48.50	48.50	150m: 2:39.29	55.01	250m: 4:31.81	59.24	350m: 6:19.00	47.61
	100m: 1:44.28	55.78	200m: 3:32.57	53.28	300m: 5:31.39	59.58	400m: 7:05.12	46.12

Programmanr. 18, Dames, 400m wisselslag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
7.	Suze Roodenburg	De Geul	7:17.98	196800682	7:08.93	+1,00
	50m: 45.46	45.46	150m: 2:39.88	56.76	250m: 4:33.51	56.48
	100m: 1:43.12	57.66	200m: 3:37.03	57.15	300m: 5:30.48	56.97
					350m: 6:20.52	50.04
					400m: 7:08.93	48.41
AFGEM	Tanya Lyvbarskaya	SCOM	6:17.03	197101000		

Masters 50+

1.	Pierrette Michel	CNSW	5:45.88	000835/62	5:44.06	+0,92
	<i>Kampioenschaps Record</i>					
	50m: 35.47	35.47	150m: 2:01.39	43.22	250m: 3:33.56	50.41
	100m: 1:18.17	42.70	200m: 2:43.15	41.76	300m: 4:24.60	51.04
					350m: 5:04.74	40.14
					400m: 5:44.06	39.32
2.	Allie Price	Cardiff Masters	5:46.67	547582	5:46.30	+0,75
	50m: 36.30	36.30	150m: 2:02.21	44.05	250m: 3:35.30	49.02
	100m: 1:18.16	41.86	200m: 2:46.28	44.07	300m: 4:25.85	50.55
					350m: 5:06.85	41.00
					400m: 5:46.30	39.45
3.	Marjan Remmits-De Lange	ZPC Woerden	5:59.10	196300518	5:53.86	+0,78
	<i>Nederlands Masters Record</i>					
	50m: 35.68	35.68	150m: 2:06.17	48.09	250m: 3:42.37	50.77
	100m: 1:18.08	42.40	200m: 2:51.60	45.43	300m: 4:33.15	50.78
					350m: 5:14.05	40.90
					400m: 5:53.86	39.81
AFGEM	K. van Nassau van den Heuvel	Old Dutch	6:33.64	196600188		

Masters 55+

1.	Olga Kedrova	Poseidon	6:49.36	037010	6:28.50	+0,89
	50m: 43.68	43.68	150m: 2:25.90	49.91	250m: 4:08.63	52.51
	100m: 1:35.99	52.31	200m: 3:16.12	50.22	300m: 5:02.48	53.85
					350m: 5:46.94	44.46
					400m: 6:28.50	41.56
2.	Patty Verhagen	PSV	6:21.51	195900146	6:30.28	+0,98
	50m: 41.59	41.59	150m: 2:25.20	49.52	250m: 4:09.60	56.61
	100m: 1:35.68	54.09	200m: 3:12.99	47.79	300m: 5:06.38	56.78
					350m: 5:49.26	42.88
					400m: 6:30.28	41.02
3.	Petra Tossings	DAW	6:34.27	196100376	6:31.83	+0,88
	50m: 40.37	40.37	150m: 2:23.03	52.86	250m: 4:09.27	53.92
	100m: 1:30.17	49.80	200m: 3:15.35	52.32	300m: 5:04.18	54.91
					350m: 5:49.24	45.06
					400m: 6:31.83	42.59
4.	Mathilde Vink	Swol 1894	6:31.33	195800128	6:51.88	+1,00
	50m: 40.40	40.40	150m: 2:23.16	55.65	250m: 4:17.47	59.75
	100m: 1:27.51	47.11	200m: 3:17.72	54.56	300m: 5:19.28	1:01.81
					350m: 6:06.73	47.45
					400m: 6:51.88	45.15
5.	Marjan Spoelstra	Swol 1894	7:21.95	196000236	7:33.12	+0,91
	50m: 53.01	53.01	150m: 2:53.34	59.82	250m: 4:52.28	1:01.40
	100m: 1:53.52	1:00.51	200m: 3:50.88	57.54	300m: 5:52.84	1:00.56
					350m: 6:45.31	52.47
					400m: 7:33.12	47.81

Masters 60+

1.	Carla Hensen	PSV	7:27.52	195300062	7:30.75	+0,95
	50m: 46.33	46.33	150m: 2:40.66	57.85	250m: 4:43.32	1:05.73
	100m: 1:42.81	56.48	200m: 3:37.59	56.93	300m: 5:50.93	1:07.61
					350m: 6:41.67	50.74
					400m: 7:30.75	49.08

Masters 65+

1.	Gonnie Bak	PSV	8:11.29	195100064	8:24.27	+1,05
	50m: 59.80	59.80	150m: 3:20.60	1:13.43	250m: 5:30.73	1:04.06
	100m: 2:07.17	1:07.37	200m: 4:26.67	1:06.07	300m: 6:34.89	1:04.16
					350m: 7:29.65	54.76
					400m: 8:24.27	54.62
2.	Antoinette Gilding-Tussaud	WS Twente	8:22.70	195000038	8:36.26	+1,19
	<i>100m*</i>					
	50m: 58.68	58.68	150m: 3:12.83	1:02.32	250m: 5:26.25	1:11.85
	100m: 2:10.51	1:11.83	200m: 4:14.40	1:01.57	300m: 6:37.95	1:11.70
					350m: 7:37.28	59.33
					400m: 8:36.26	58.98

Programmanr. 19
23-01-2016 - 11:51

4 x 100m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames					
1.	Aquarijn 1 <i>Nederlands Masters Record</i>	Aquarijn	3:54.66	3:56.94	+0,71
	Marije Jansen +0,71 28.38 1:00.63	Richelle Koot +0,32 27.12 57.08			
	Linda Kamperman +0,41 28.58 59.69	Malissa van der Horst +0,57 27.96 59.54			
2.	TriVia 1	TriVia	4:04.00	4:08.01	+0,88
	Adaja Stoetman +0,88 29.38 1:01.25	Karen Stolk +0,29 29.14 1:02.20			
	Heleen Arends +0,44 29.99 1:03.74	Wendan Poelstra +0,44 28.80 1:00.82			
3.	LZ 1886 1	LZ 1886	4:18.81	4:20.94	+0,79
	Tamara Caspers +0,79 30.05 1:04.71	Naomi van Gool +0,51 32.21 1:08.87			
	Seline Koek +0,44 30.16 1:03.15	Moniek Heemskerck +0,35 30.98 1:04.21			
80+, Heren					
1.	Octopus 1	Octopus	3:38.59	3:39.02	+0,69
	Emile Manni +0,69 25.88 54.25	Roald Blok +0,42 27.11 56.26			
	Erik Pape +0,51 25.91 55.01	Casper Muselaers +0,43 24.71 53.50			
2.	De Zwoer 1	De Zwoer	3:43.80	3:40.18	+0,67
	Sven Dogger +0,67 25.71 53.92	Pieter Ytsma +0,21 25.89 55.13			
	Matthijs Mulder +0,12 26.00 55.97	Auke Koops +0,54 25.66 55.16			
3.	Merlet 1	Merlet	3:45.26	3:42.76	+0,68
	Dieder Schuurmans +0,68 26.47 55.33	Jelte Schuurmans +0,31 26.61 55.87			
	Bas Berndes +0,35 28.02 57.88	Teun Strijbosch +0,25 25.64 53.68			
4.	De Kempvis 1	De Kempvis	3:46.69	3:44.27	+0,67
	Romero Hennep +0,67 25.56 54.82	Erik Wegman +0,27 26.00 55.16			
	Jory Sloof +0,30 27.06 58.46	Dennis Doove +0,37 26.22 55.83			
80+, Gemengd					
1.	ZPC Woerden 1	ZPC Woerden	4:23.94	4:20.81	+0,77
	Ilse van den Wijngaard +0,77 30.70 1:04.66	Patrick de Jonge +0,45 29.43 1:01.93			
	Cynthia van Veen +0,65 36.07 1:15.75	Thijs van den End +0,38 27.57 58.47			
2.	Merlet 1	Merlet	4:17.88	4:25.76	+0,77
	Rens Mahler +0,77 32.10 1:11.65	Joppe Schuurmans 28.57 58.46			
	Elske Eikholt 35.51 1:16.10	Kim Loeffen 28.60 59.55			
AFGEM	De Rijn 1	De Rijn	3:54.98		
100+, Dames					
1.	De Meer 1	De Meer	4:40.32	4:41.18	+0,75
	Chantal van der Horst +0,75 31.90 1:06.53	Lindsey Hol +0,58 31.98 1:09.29			
	Christa Verploeg +0,63 36.75 1:18.44	Eline van Gemert +0,39 32.23 1:06.92			
2.	Octopus 1	Octopus	4:47.81	4:56.40	+0,75
	Denise van Zetten +0,75 31.44 1:07.11	Margriet Aan het Rot +0,54 37.97 1:20.78			
	Annebeth van Ark +0,32 36.19 1:16.63	Miriam Visserman +0,38 33.95 1:11.88			
100+, Heren					
1.	De Haaien 1	De Haaien	3:48.95	3:43.33	+0,83
	Jeffrey Breedijk +0,83 25.27 53.26	Teun Groeneweg +0,51 26.22 56.08			
	Remco van de Berk +0,23 27.68 59.66	Antonio Vega +0,42 25.91 54.33			
2.	Steenwijk 1934 1	Steenwijk 1934	3:44.46	3:46.08	+0,69
	Lauren Vis +0,69 25.99 54.59	Robert Braad +0,37 27.29 58.58			
	Mike Koelewijn +0,54 26.15 57.05	Rick Driezen +0,53 25.83 55.86			
3.	MGO (SG) 1	MGO (SG)	3:56.11	4:02.34	+0,72
	Bastian Zoon +0,72 27.99 58.54	Niels Albrechts +0,47 28.18 59.40			
	Coen van der Wekken +0,34 30.39 1:04.16	Martijn van Hoorn +0,71 28.71 1:00.24			

Programmanr. 19, 4 x 100m vrije slag

100+, Gemengd

1.	De Veene 1 Robert Dekker Diana Lammers	De Veene +0,81 27.29 32.51	56.40 1:08.32	4:16.24 Yvon Versteeg Yorick Kreuwel		4:04.40 28.50 28.27	59.76 59.92	+0,81
2.	ZOB'66 1 Ferry Blangé Wendy de Bruin	ZOB'66 +0,77 28.36 29.86	59.66 1:03.09	4:10.82 Rebecca Evers Joey van der Valk	+0,55 +0,56	4:12.54 33.63 28.07	1:10.03 59.76	+0,77
3.	De IJssel 1 Ame van Steenberghe Martje Godschalk	De IJssel +1,69 31.72 30.96	1:06.09 1:04.89	4:12.91 Nikki Hoogeboom Frank Beijering		4:12.95 30.62 26.10	1:05.20 56.77	+1,69
4.	RSW (SG) 1 Jim Geestman Rianne in 't Hout	RSW (SG) +0,84 27.15 36.63	56.97 1:17.67	4:23.49 Christa Stam Roy Pattipeiluhu	+0,34 +0,35	4:23.38 32.86 28.53	1:09.12 59.62	+0,84

120+, Dames

1.	ZPC Woerden 1 Mandy Verbakel Jannilla van Veen	ZPC Woerden +0,82 30.96 28.42	1:03.79 59.74	4:10.43 Marjan Remmits-De Lange Sabine Lina	+0,38 +0,44	4:12.81 32.17 29.64	1:06.86 1:02.42	+0,82
2.	WVZ 1 Petra Versteegen Linda Hoogendam	WVZ +0,88 34.63 32.50	1:12.33 1:08.71	4:33.98 Yvonne Gerritsen Isabelle Massar	+0,83 +0,46	4:31.81 32.18 29.49	1:08.09 1:02.68	+0,88
3.	WS Twente 1 Henrike de Vries Annelette Reefhuis-de Vries	WS Twente +1,00 32.71 30.31	1:07.71 1:05.58	4:28.99 Paulien Schokker Marion Broekhuis	+0,47 +0,35	4:34.10 33.20 34.27	1:08.47 1:12.34	+1,00
4.	CNSW <i>Belgisch Masters Record</i> Fanny Koenig Charlotte Six	CNSW +0,78 31.41 32.80	1:04.74 1:07.25	4:43.56 Melina Dejonckheere Pierrette Michel	+0,37 +0,43	4:34.59 33.31 34.82	1:09.22 1:13.38	+0,78
5.	Steenwijk 1934 1 Ilse Blankvoort Wilna Heijman	Steenwijk 1934 +0,87 35.08 34.87	1:13.39 1:12.96	4:41.69 Lonneke Oenema Charine de Ruiter	+0,48 +0,84	4:45.16 33.10 32.78	1:10.14 1:08.67	+0,87
6.	Budel 1 Elly Scheepers Judith van der Heijden	Budel +0,91 35.61 39.13	1:14.44 1:26.56	5:03.03 Carola Hompes Joyce Raemaekers	+0,13 +0,30	5:03.13 35.01 32.86	1:13.73 1:08.40	+0,91

120+, Heren

1.	d'ELFT WAVE (SG) 1 <i>Nederlands Masters Record</i> Roderik Meijers Egbert Stolk	d'ELFT WAVE (SG) +0,67 25.74 26.41	55.79 55.82	3:36.72 Erik Simons Nol van Thull	+0,43 +0,51	3:35.42 24.75 24.77	51.73 52.08	+0,67
2.	WVZ 1 Bas v.d. Laan Markus van Rest	WVZ +0,80 29.57 29.06	1:02.48 59.92	4:06.38 Simon van Ravesteijn Rens Post	+0,46 +0,40	4:00.30 28.17 27.46	59.45 58.45	+0,80
3.	LZ 1886 1 Kristiaan Lenos Nick van der Krogt	LZ 1886 +0,74 25.90 29.44	54.74 1:02.48	3:49.86 Casper van den Burgh Otto Jansen	+0,59 +0,26	4:03.24 30.51 29.69	1:03.59 1:02.43	+0,74
4.	Zwemvereniging Hoogland 1 Rutger Stam Erik Smink	Zwemvereniging Hoogland +0,83 28.49 30.95	1:01.54 1:05.41	4:04.96 Yuri van Omme Dan Doan	+0,37 +0,49	4:03.25 27.88 27.25	58.42 57.88	+0,83

120+, Gemengd

1.	ZVVS 1 Nadya Putter Finn van der Bas	ZVVS +0,74 30.73 27.18	1:03.08 56.54	3:58.63 Manon van Rooijen Paul Brinkman	+0,23 +0,40	4:03.80 32.64 26.18	1:08.92 55.26	+0,74
2.	De Dinkel 1 Karin Hidding Rogier Becker	De Dinkel +0,79 28.92 30.62	1:02.19 1:03.73	4:08.55 Anique Willeme Joost Schasfoort	+0,36 +0,65	4:08.57 29.93 28.75	1:02.35 1:00.30	+0,79
3.	CNSW <i>Startzwemmer Belgisch Masters Record</i> Lionel Godeaux Juan Vinagre Sendino	CNSW +0,68 27.60 26.76	58.79 56.63	4:23.71 Isaline Manchel Severine Bayre	+0,42 +0,70	4:19.91 33.77 35.49	1:10.56 1:13.93	+0,68

Programmanr. 19, Gemengd, 4 x 100m vrije slag, 120+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
4.	MGO (SG) 1 Nico Paasse Ramon van Huizen	MGO (SG) +0,94 32.15 1:06.40 +0,33 28.31 59.26	4:29.53 Marjon van Kempen Whitley Rens	+0,46 31.30 1:05.53 +0,44 33.31 1:10.07	4:21.26 +0,94
5.	De Rijn 2 Erwin van den Born Eric Langhorst	De Rijn +0,87 28.05 58.88 +0,36 31.85 1:06.93	4:20.54 Chantal Hendriks Marte Stoorvogel	+0,60 33.89 1:11.50 +0,52 30.79 1:04.87	4:22.18 +0,87
6.	DAW 2 Sandra Zwaanswijk Dennis Kraakman	DAW +0,72 31.62 1:07.49 +0,62 31.15 1:06.92	4:27.36 Agnes van Brug Wouter Zijstra	+0,29 33.03 1:09.76 +0,05 28.33 1:01.03	4:25.20 +0,72

160+, Dames

1.	PSV 1 Nienke van Stipriaan Ineke Weekers	PSV +0,95 31.43 1:05.93 +0,63 37.19 1:17.14	4:24.61 Gudule van der Meer Liselotte Joling	+0,58 33.31 1:08.32 +0,47 30.73 1:04.97	4:36.36 +0,95
2.	Old Dutch 1 Claudia van der Straate de Jong Chantal Gerritsen-Driesen	Old Dutch +0,94 35.97 1:13.80 +0,51 37.64 1:19.05	5:00.50 Karin van Nassau van den Heuvel Chantal Verhoeff	+0,43 39.51 1:21.50 +0,62 31.14 1:07.09	5:01.44 +0,94
3.	DWK 1 Jennie Resink-Lindeboom Greta Wyma-Teitsma	DWK +0,90 38.87 1:21.29 +0,62 40.18 1:26.71	5:11.34 Liesbeth van Mill Iris van Aurich	+0,73 34.56 1:12.81 +0,59 33.20 1:10.56	5:11.37 +0,90
4.	De Rog 1 Catarina Matos Brigitte Willems	De Rog +0,72 36.82 1:18.43 +0,85 41.97 1:29.41	5:41.00 Sandra Peeters-Wiermans Arianne Hamakers	+0,56 34.49 1:12.66 +0,63 36.92 1:17.11	5:17.61 +0,72
AFGEM	ZPC AMERSFOORT 1	ZPC AMERSFOORT	4:52.92		

160+, Heren

1.	De Gelenberg 1 <i>Nederlands Masters Record</i> John Cobussen Erik Lamers	De Gelenberg +0,74 27.51 57.16 +0,34 27.99 58.62	3:56.34 Jeroen Jacobs Marcel van Winssen	+0,54 27.41 58.43 +0,39 26.50 56.29	3:50.50 +0,74
2.	DAW 1 Pieter van Gemeren Kars Luttik	DAW +0,73 28.12 59.50 +0,32 27.37 58.96	3:54.18 Joost Hoetjes Alex Damen	+0,28 26.36 55.29 +0,37 27.18 57.40	3:51.15 +0,73
3.	Het Y 1 Manuel Arostegui Ramirez Christian Broodman	Het Y +0,84 29.64 1:01.70 31.00 1:06.48	4:12.16 Bas Overbosch Arjan Bellaart	29.78 1:03.77 27.79 59.01	4:10.96 +0,84
4.	DWK 1 Robin Eltink Martijn de Jong	DWK +0,80 27.56 57.24 +0,59 34.53 1:11.68	4:09.93 Michel van Wingerden Martin Kaptein	+0,50 29.32 1:02.32 +0,34 28.67 1:00.31	4:11.55 +0,80
5.	Swol 1894 1 Johan Wezenberg Willem Jannink	Swol 1894 +0,89 29.75 1:04.55 +0,66 33.10 1:11.99	4:26.58 Kasper van den Berghe Arjan Aalbers	+0,58 30.63 1:03.97 +0,65 29.03 1:03.17	4:23.68 +0,89
6.	Budel 1 Jos Zentjens Edward van Nijmweegen	Budel +0,92 34.20 1:12.52 +0,47 33.33 1:13.79	4:37.13 Ruud Kennis Dyon de Greef	+0,28 32.66 1:07.98 +0,36 31.82 1:07.78	4:42.07 +0,92
AFGEM	Upstream Amsterdam 1	Upstream Amsterdam	3:51.00		

160+, Gemengd

1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i> Fraukje Puts Evelien van Klarbergen	HZ&PC Heerenveen +0,78 29.24 1:00.90 +0,38 31.97 1:07.82	4:06.56 René Beetsma Marten de Groot	+0,31 28.67 59.92 +0,39 28.12 59.60	4:08.24 +0,78
2.	TRB-RES 1 Jeroen den Boer Edith Janssen-Koolen	TRB-RES +0,82 30.12 1:04.61 29.90 1:03.75	4:12.76 Maike Korhout Rob Verheul	30.42 1:03.98 28.62 1:00.76	4:13.10 +0,82
3.	ZPC AMERSFOORT 1 Marje van Manen Petra Casteleijn	ZPC AMERSFOORT +0,67 30.76 1:05.04 32.63 1:10.19	4:11.75 Ron Korzelijs Edwin v. Norden	29.17 1:01.97 27.35 58.20	4:15.40 +0,67
4.	Triton 1 Paul Bunnik Caroline Schreuder	Triton +0,82 31.06 1:06.59 32.44 1:10.52	4:17.28 Angela Koekkoek Tim Bunnik	30.48 1:05.16 26.37 54.65	4:16.92 +0,82

Programmanr. 19, Gemengd, 4 x 100m vrije slag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Zwemvereniging Hoogland 1 Sabine Duijst Renske Eilers	Zwemvereniging Hoogland +0,92 33.39 1:11.05 +0,50 34.62 1:13.08	4:43.72 Jos Kamps Paul de Boer	+0,36 36.16 1:15.46 +0,55 30.01 1:04.80	4:44.39 +0,92
6.	Zwemvereniging Westland 1 Fred Dijkshoorn Mirjan den Drijver-Aarse	Zwemvereniging Westland +0,85 30.81 1:05.52 +0,57 34.68 1:13.08	4:46.99 Tineke Brouwer-Maat Ronald Koeckhoven	+0,60 43.12 1:28.46 +0,12 26.83 57.71	4:44.77 +0,85
7.	DBD 1 Peter Eshuis Ingrid Versteegen	DBD +0,78 29.49 1:02.17 +0,58 40.92 1:24.38	4:49.12 Regine Beckers-Stribos Wout van Dijk	+0,56 35.82 1:16.52 +0,45 34.17 1:12.17	4:55.24 +0,78
8.	WIDEX GZC DONK 2 Erik Rushton Nathasja Konijn	WIDEX GZC DONK +0,91 36.12 1:14.02 +0,62 37.94 1:20.58	5:18.24 Feikje Wittermans Pierre de Groot	+0,44 37.31 1:18.07 +0,53 33.77 1:10.91	5:03.58 +0,91
AFGEM	Steenwijk 1934 1	Steenwijk 1934	4:56.26		

200+, Heren

1.	De Rog 1 <i>Nederlands Masters Record</i> Rob Spetter Erik Kamphuis	De Rog +0,68 29.48 1:01.32 +0,57 30.34 1:03.20	4:01.59 Peter Bernsen Glen le Clercq	+0,41 27.29 56.89 +0,48 26.28 55.63	3:57.04 +0,68
2.	DAW 2 Rene de Boer Fred Heemstra	DAW +0,79 29.55 1:01.44 +0,60 30.96 1:05.33	4:07.99 Jeroen Kort John Stokx	+0,44 30.42 1:03.32 +0,42 29.81 1:04.02	4:14.11 +0,79
3.	Kauno Takas 1 <i>Lithuanian Masters Record</i> Linus Kersevicius Pavelas Bezzubovas	Kauno Takas +0,93 30.11 1:03.32 +0,75 44.78 1:33.47	4:35.00 Julius Bezzubovas Pavel Protasciuk	+0,56 30.05 1:03.22 +0,58 27.27 56.68	4:36.69 +0,93

200+, Gemengd

1.	Kauno Takas 1 <i>Lithuanian Masters Record</i> Arlandas Juodeska Loreta Kabasinskiene	Kauno Takas +0,75 31.83 1:06.35 +0,75 39.38 1:23.85	4:45.00 Jolanta Duleviciene Arvydas Burinskas	+0,66 33.07 1:09.61 +0,46 30.62 1:02.87	4:42.68 +0,75
2.	AZC 1 Auke de Lange Geza Kaltenecker	AZC +0,85 30.43 1:05.34 +0,49 37.81 1:22.23	4:51.26 Sandra Daamen-Posma Guido Keutgen	+0,51 38.02 1:20.16 +0,34 30.06 1:02.52	4:50.25 +0,85
3.	DAW 1 Jacqueline Tuin Nello Spiteri	DAW +0,74 33.45 1:09.45 +0,48 39.99 1:24.08	4:46.44 Ingeborg Stokx Hans Schoenmakers	+0,45 37.78 1:20.20 +0,37 31.82 1:07.18	5:00.91 +0,74
4.	De Spatters 1 Albertje van Veen Jan Haitsma	De Spatters +0,82 38.09 1:21.21 +0,39 40.11 1:28.50	5:17.03 René Speelman Roelien Speelman-Tigelaar	+0,12 33.63 1:11.41 +0,48 35.39 1:16.14	5:17.26 +0,82
AFGEM	WIDEX GZC DONK 1	WIDEX GZC DONK	4:53.02		

240+, Dames

1.	Swol 1894 1 <i>Nederlands Masters Record</i> Bea Swijnenberg Mathilde Vink	Swol 1894 +0,72 40.37 1:24.83 +0,46 40.05 1:23.09	5:17.00 Annemarie Vuist Christien Nieuwenhuis	+0,51 38.04 1:18.79 +0,31 33.80 1:13.66	5:20.37 +0,72
2.	PSV 2 Corrie Verhoeven Carla Hensen	PSV +0,83 38.68 1:20.74 +0,46 43.85 1:31.52	5:41.79 Gonnie Bak Patty Verhagen	+0,78 47.06 1:38.92 +0,52 37.55 1:17.01	5:48.19 +0,83
3.	CNSW <i>Belgisch Masters Record</i> Claire Anthony Anne De Sauvage	CNSW +0,84 38.29 1:18.63 +0,67 41.32 1:27.04	7:20.00 Christine Godbille Fernande Gourmet-Blondeel	+0,84 42.43 1:26.66 +0,55 46.59 1:36.86	5:49.19 +0,84

Programmanr. 19, 4 x 100m vrije slag

240+, Heren

1.	Poseidon 1 <i>Europees Masters Record</i>	Poseidon		4:16.00		4:18.17	+0,75
	Dmitry Kromskiy	+0,75	28.54	1:00.36	Alexander Bashmakov	33.94	1:11.13
	Veniamin Zhitlovskiy		32.07	1:07.79	Sergey Makarychev	28.35	58.89
2.	WWV 1 <i>Nederlands Masters Record</i>	WWV		4:35.51		4:30.71	+0,85
	Kees-Jan van Overbeeke	+0,85	29.51	1:01.95	Ruud Ruiters	+0,39	32.33
	Theo Schouten	+0,38	37.14	1:17.69	Robert Vink	+0,56	31.15
3.	UZSC 1	UZSC		5:26.43		5:10.65	+1,01
	Tom Meijnen	+1,01	39.25	1:22.31	Frederik Eshuis	+0,79	38.63
	Wim Scherpenisse	+0,66	36.75	1:18.37	Nartano Glijn	+0,48	33.21

240+, Gemengd

1.	Old Dutch 1	Old Dutch		6:55.00		6:58.11	+0,96
	Karien Musters	+0,96	50.51	1:50.20	Matty van der Veen	+0,53	48.66
	Mar van Geel		46.97	1:40.79	Nico Baay	+0,63	47.03

5 - ONMK 2016 kb sessie 5

23-01-2016 - 13:30

Programmanr. 21
23-01-2016 - 13:30

Heren, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Wimar Lindenberg <i>Nederlands Masters Record</i>	Hieronymus	28.58	199601857	28.71	+0,61
2.	Coen de Bruijn	Hieronymus	28.46	199205151	29.26	+0,69
3.	Romero Hennep	De Kempvis	29.52	199304929	29.99	+0,67
4.	Roald Blok	Octopus	29.70	199302685	30.48	+0,72
5.	Erik Pape	Octopus	30.80	199601669	30.74	+0,70
6.	Sven Dogger	De Zwoer	31.76	199600617	30.93	+0,69
7.	Teun Strijbosch	Merlet	30.58	199603041	31.71	+0,66
8.	Martino Valentijn	DIO	32.08	199403913	31.91	+0,67
9.	Mike Koelewijn	Steenwijk 1934	32.26	199303597	32.94	+0,72
10.	Dieder Schuurmans	Merlet	33.30	199500447	33.29	+0,71
11.	Thijs de Vos	De Rijn	32.57	199600675	34.06	+0,65
12.	Joey van der Valk	ZOB'66	35.18	199602191	34.08	+0,71
13.	Frank Beijering	De IJsel	34.13	199304311	34.76	+0,72
14.	Jordy Jongenelen	ZC Aquadream	33.63	199504995	34.79	+0,65
15.	Robin van Beusekom	Van Vliet-Barracuda	34.84	199205841	34.94	+0,83
16.	Dan Doan	Zwemvereniging Hoogland	35.75	199504317	36.17	+0,74
17.	Vincent Dermaux	ZC Aquadream	34.77	199600599	36.59	+0,75
AFGEM	Lukas Schouten	AZC	35.15	199602515		

Masters 25+

1.	Kevin Eltink <i>Nederlands Masters Record</i>	DWK	30.05	199100589	29.38	+0,76
2.	Erik Simons	d'ELFT WAVE (SG)	29.46	198902845	29.43	+0,72
3.	Teun Groeneweg	De Haaien	30.86	198701133	31.09	+0,74
4.	Maik Steenkamp	Montferland	32.71	199103847	32.33	+0,72
5.	Patrick Creemers	RZ	31.58	199000579	32.98	+0,72
6.	Herman van Dijk	De Wellerobben	32.22	198900691	33.06	+0,86
7.	Joost Schasfoort	De Dinkel	33.90	199002649	33.62	+0,70
8.	Bastian Zoon	MGO (SG)	33.21	198703929	33.91	+0,70
9.	Stefan van de Grift	Octopus	34.01	198701121	33.96	+0,81
10.	Brian Narain	DSZ	34.50	198904363	34.45	+0,82
11.	Joppe Schuurmans	Merlet	36.00	198905447	34.65	+0,69
12.	Jelte Schuurmans	Merlet	34.44	199104841	34.90	+0,80
13.	Joël Dam	EZC	36.51	198800699	34.91	+0,62
14.	Boy Heijnekamp	LZ 1886	34.42	198901161	35.21	+0,78
15.	Edo Pieters	Aquarius	36.92	198802749	35.43	+0,74
16.	Davy Vermaas	ZPB H&L Productions	35.01	199003041	35.47	+0,82
17.	Ruben Stolk	ZPB H&L Productions	34.39	199005665	35.51	+0,74
18.	Dennis Kraakman	DAW	35.90	198705325	35.65	+0,69
19.	Mark Pijtak	ZPC AMERSFOORT	36.05	199002287	36.21	+0,78
20.	Wouter van 't Klooster	ZPC AMERSFOORT	35.16	198806159	36.75	+0,84
21.	Ronald Vullings	Merlet	37.11	198703655	37.03	+0,82
22.	Robin Eggenkamp	De Duinkickers	38.24	198700847	37.83	+0,84
23.	Harmen Reemst	ZOB'66	37.34	198702715	38.24	+0,76
24.	Eric Kalee	Zwemvereniging Hoogland	38.48	199005307	39.86	+0,97
NG	Daniël Kunne	UZSC	35.39	199001709		

Masters 30+

1.	Ivan van Omme	De Geul	31.14	198201263	31.03	+0,63
2.	Tim van den Berg	MNC Dordrecht	31.23	198500157	32.06	+0,74
3.	Yuri van Omme	Zwemvereniging Hoogland	32.57	198501887	32.86	+0,77
4.	Ferry Blangé	ZOB'66	34.14	198300185	33.44	+0,74
5.	Jim Geestman	RSW (SG)	33.20	198300699	33.64	+0,84
6.	Gerwin Vonk	De Spatters	33.66	198201907	33.90	+0,70
7.	Wouter Zijlstra	DAW	35.59	198202077	34.92	+0,77

Programmanr. 21, Heren, 50m schoolslag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.		tijd	RT
8.	Sven Schutte	Zwemlust-den Hommel	35.13	198604713	SB9	35.57	+0,85
9.	David Verlek	De Geul	34.95	198402381		35.65	+0,69
10.	Dennis Klop	De Biesboschzwemmers	35.14	198302643		35.86	+0,62
11.	Arne van Steenberg	De IJssel	35.26	198302025		36.13	+0,90
12.	Sebastiaan Baars	WS Twente	37.25	198300053		37.41	+0,93
13.	Constant van Ewijk	De Gelenberg	38.94	198303025		38.14	+0,78
14.	Matthijs van der Meulen	RSW (SG)	38.95	198602085		38.90	+0,77
15.	Mark Effing	Merlet	39.33	198600761		39.10	+0,82
DIS	Rob van Wanrooy	Gay Swim Amsterdam	34.17	198202627			
	<i>AA - Started before the starting signal</i>						
AFGEM	Dennis Kuipers	Inktvis-De Pinquin (SG)	35.07	198601787			

Masters 35+

1.	Evgeny Ryzhov	Sprut	30.37	101628		30.47	+0,81
2.	Dennis van den Berg	UZSC	30.94	198100089		31.24	+0,82
3.	Joost Hoetjes	DAW	31.92	197800425		31.30	+0,72
4.	Simon van Ravesteijn	WVZ	31.47	198002263		31.58	+0,76
5.	Vincent Versteeg	Zwemlust-den Hommel	31.60	197701003		31.61	+0,75
6.	Mark Zwart	Zwemlust-den Hommel	32.62	197901461		32.27	+0,81
7.	Pavel Protasciuk	Kauno Takas	33.40			32.94	+0,85
8.	Freddie Geerlings	NIMO	32.77	197900379		33.04	+0,81
9.	Victor Barnar	GoSwim	32.11	197801805		33.19	+0,80
10.	Harm Jan Otter	De Zandstuve	33.91	198101283		34.25	+0,88
11.	Peter Eshuis	DBD	36.77	198000375		36.88	+0,82
12.	Bas Overbosch	Het Y	39.92	197700737		37.66	+0,86
DIS	Marnix Cornelisse	LZ 1886	41.41	198002343			
	<i>SL - Touched turn or finish with one hand</i>						
AFGEM	Hans Cligge	De Futen	35.91	198100315			
AFGEM	Ron Langelaan	DAW	33.53	197800643			

Masters 40+

1.	Sergey Petrov	Poseidon	32.18	102211		32.07	+0,73
2.	Michael Bes	MSV-Zeemacht	33.47	197201205		33.01	+0,76
3.	Jiri Geers	AZK	32.27	10011/74		33.29	+0,71
4.	Heiner Stevens	ZIGNEA	34.65	197201299		34.08	+0,86
5.	Michael Go	AZC	39.05	197501397		38.52	+0,77
6.	Arnoud van Royen	TriVia	39.13	197201515		39.95	+0,79
7.	Erik Huisman	De Biesboschzwemmers	39.32	197401405		40.76	+0,62

Masters 45+

1.	Harry Cornet	De Biesboschzwemmers	31.28	197100175		31.28	+0,75
2.	Harold Matla	PSV	31.10	196800591		31.67	+0,83
3.	Marcel van Winssen	De Gelenberg	32.30	197101477		32.47	+0,79
4.	Marcel Jonkman	Aqualero	32.69	196801389		33.12	+0,84
5.	Jean-Phillippe Paap	ZPC De Hof	33.64	197000791		33.74	+0,82
6.	Roeland van der Heijden	PSV	33.70	196701389		34.57	+0,74
7.	Hans Schoenmakers	DAW	35.09	196900863		35.10	+0,78
8.	Jeroen Kort	DAW	36.30	196801543		35.62	+0,76
	Michel van Wingerden	DWK	38.24	196701629		35.62	+1,00
10.	Nico Swart	Den Doorn	36.23	196801475		35.67	+0,90
11.	Rob Janssen	De Gelenberg	35.60	197001467		36.24	+0,88
12.	Jos Wensink	WS Twente	36.59	196901719		36.47	+0,69
13.	Wiljo Mackus	Budel	37.01	197101557		37.61	+0,99
14.	Joop Weenink	WS Twente	37.67	196801535		37.75	+0,98
15.	Joost van Eerd	Budel	39.42	196901723		39.55	+0,89
16.	Gertjan van der Vaart	ZVVS	39.56	196801529		40.03	+0,80
17.	Martijn de Jong	DWK	42.00	197101659		42.07	+0,75

Programmanr. 21, Heren, 50m schoolslag

Masters 50+

1.	Ron Dekker	ZV Haerlem	32.07	196600155	31.78	+0,90
	<i>Nederlands Masters Record</i>					
2.	Bertjan Schelhaas	DWT	34.78	196501577	34.54	+0,82
3.	Arno Schrauwen	De Roersoppers	34.86	196501355	34.93	+0,79
4.	Hans Kwaks	De Krabben	35.41	196400443	34.97	+0,84
5.	Theo Bakker	TriVia	34.64	196401231	35.13	+0,76
6.	Vadim Ezkov	Pregel	35.44	10020	35.86	+0,72
7.	Eric de Haas	De Treffers	36.44	196501275	36.56	+0,96
8.	Cees Kersten	De Rog	38.20	196401435	37.19	+0,71
9.	Jan Willem Nederveen	DWF	37.08	196600541	37.75	+0,83
10.	Peter Fölker	Aqua-Novio'94	36.70	196401021	37.78	+0,68
11.	Jan Smalheer	SCOM	38.33	196400701	38.11	+0,90
12.	Henri Michels	De Amstel	39.29	196501587	38.30	+0,88
13.	Richard Tiemstra	De Biesboschzwemmers	40.60	196301397	39.24	+1,06
14.	Willem Jannink	Swol 1894	40.06	196500423	39.30	+0,81
15.	Wout van Dijk	DBD	39.70	196200145	39.48	+0,80
16.	Jack Barends	WS Twente	39.97	196201011	39.98	+0,95
17.	Robert de Brauwier	De Duinkickers	38.85	196401383	40.01	+0,89
18.	Willem Jan Ribberink	WIDEX GZC DONK	40.67	196501327	40.73	+0,83
19.	Eric Tijms	OEZA	40.45	196401125	40.75	+0,85
20.	Pierre de Groot	WIDEX GZC DONK	40.96	196401431	40.96	+0,95
21.	Marco Schoenmakers	ZVVS	40.47	196401375	41.47	+0,83
22.	René Speelman	De Spatters	42.50	196601521	42.69	+0,83
23.	Merlin Weber	Nautilus	44.27	196201261	43.17	+0,86
24.	Hans van Scheepen	Steenwijk 1934	42.80	196201245	44.17	+0,82
AFGEM	Gert Sikkema	ZIGNEA	34.41	196300687		

Masters 55+

1.	Albert Boonstra	Aqua-Novio'94	34.45	195700425	33.81	+0,77
2.	Ralph Caster	RZ	35.61	196100069	35.79	+0,81
3.	Arlandas Juodeska	Kauno Takas	35.93		35.86	+0,75
	<i>Lithuanian Masters Record</i>					
4.	Marten de Groot	HZ&PC Heerenveen	36.45	195800149	37.33	+0,77
	Rob Hemesath	PSV	37.28	196100189	37.33	+0,84
6.	Adrian Ortiz Buitrago	WIDEX GZC DONK	36.88	196000931	37.66	+0,75
7.	Harry Paas	ZVVS	42.39	195800689	41.92	+1,00
8.	Jos Zentjens	Budel	46.92	195700569	43.19	+0,97
9.	Jan Timmerman	IJZPC	43.51	195700347	43.32	+0,85
10.	Sorin Beschia	De Geul	44.27	195700573	44.51	+0,88
11.	Jan Haitma	De Spatters	43.92	196000929	45.52	+1,03
12.	Adrie van der Gracht	OEZA	45.23	195700485	45.78	+1,10
13.	Herbert Katgert	WS Twente	46.23	195900739	46.25	+1,17
14.	Jos van Sleuwen	Nautilus	46.80	195700323	46.95	+1,36
DIS	Peter Coffeng	WIDEX GZC DONK	42.91	195700063		
	<i>SR - Made more than one butterfly kick after start or turn</i>					
AFGEM	John Tersteeg	De Fuut	43.19	196001039		
AFGEM	Dirk Crok	OEZA	43.93	195800547		

Masters 60+

1.	Paul Bunnik	Triton	37.66	195600413	36.86	+0,85
2.	Hans Wijsman	PSV	38.41	195500427	37.47	+0,76
3.	Laurens Klein Breteler	WWV	39.36	195400109	39.39	+0,90
4.	Nikolay Dronov	Troyka	42.81	003037	44.10	+1,08

Masters 65+

1.	Ale van Veen	HPC	37.92	194900159	38.83	+0,79
2.	Oleg Ershov	Meshera	39.66		39.06	+0,89
3.	Nico van Dongen	ZZ&PC De Devel	52.31	194800159	52.70	+1,05
4.	Mar van Geel	Old Dutch	46.81	194700135	53.63	+1,18
5.	Etienne Languillier	CNSW	1:13.30	000228/50	1:13.59	+1,23

Programmanr. 21, Heren, 50m schoolslag

Masters 70+

1.	Rob Hanou	PSV	42.55	194300109	42.83	+0,99
2.	Tom Meijnen	UZSC	43.37	194400087	43.55	+1,22
3.	Nico Baay	Old Dutch	43.85	194200053	43.56	+0,88
4.	Kevork Boyrazian	CNSW	52.13	002620/44	52.03	+1,13
5.	Peter Ouweneel	RSW (SG)	52.71	194500077	54.12	+1,16

Masters 75+

1.	Pavelas Bezzubovas	Kauno Takas	49.74		51.54	+1,19
2.	Gregor Pompen	Aqua-Novio'94	54.48	193700021	54.50	+1,06
3.	Jan Eichhorn	ZV Haerlem	51.17	193700015	55.47	+1,22

Programmanr. 22
23-01-2016 - 13:52

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Carmen Seesing	NDD	34.01	199406220	34.14	+0,75
2.	Yvon Versteeg	De Veene	33.75	199201864	34.22	+0,73
3.	Karin Groen	Nova	35.54	199502440	35.15	+0,66
4.	Marissa Minkman	ZC Aquadream	35.94	199306054	35.24	+0,72
5.	Kim Loeffen	Merlet	35.12	199403432	35.47	+0,83
6.	Eline van Gemert	De Meer	36.09	199505458	35.65	+0,69
7.	Merel van der Kieft	EZC	38.29	199200920	36.40	+0,65
8.	Chantal van der Horst	De Meer	36.12	199400616	36.74	+0,76
9.	Marte Stoorvogel	De Rijn	35.95	199501408	36.88	+0,91
10.	Amber Reijm	The Hague Swimming (SG)	37.21	199405434	37.35	+0,81
11.	Suzanne Lange	De Zwoer	39.80	199202998	37.76	+0,75
12.	Denise Otjes	Aquarius	39.97	199601378	39.31	+0,80
13.	Ramona Noordermeer	ZVVS	41.08	199401746	40.56	+0,77
14.	Laura de Haas	De Treffers	42.15	199603392	41.21	+0,70
15.	Marijke Pras	GZVW	41.84	199203700	42.20	+0,99
16.	Nieske Janssen	NIMO	43.32	199601328	42.27	+0,79
DIS	Elske Eikholt	Merlet	43.55	199305032		
<i>AA - Started before the starting signal</i>						
AFGEM	Anouchka Hoogstraten	De Veene	40.51	199600824		
AFGEM	Carmen Muilwijk	De Geul	38.73	199502700		

Masters 25+

1.	Chantal Meyerink	De Grunte	35.57	199105212	34.43	+0,86
2.	Jacyntha Plat	De Golfbreker	34.69	199002956	35.11	+0,74
3.	Aniek Huijsman	De Lansingh	36.08	198801932	35.44	+0,73
4.	Sabine Gaspersz	DSZ	36.71	199100972	37.13	+0,81
5.	Isabelle Massar	WVZ	36.14	199102034	37.23	+0,76
6.	Esther van Maastrigt	Montferland	36.48	198802836	38.76	+0,81
7.	Anne Duijst	De Haaien	38.39	198901030	38.86	+0,79
8.	Myrthe Talsma	De Golfbreker	40.46	199106844	38.90	+0,76
9.	Christa Stam	RSW (SG)	39.13	198806790	39.37	+0,85
10.	Evelien Terpstra	EZC	39.36	199005654	39.52	+0,73
11.	Brenda Geestman	ZPB H&L Productions	38.82	198701276	39.89	+0,78
12.	Marlous de Jong	Zwemlust-den Hommel	41.06	199001782	40.69	+0,77
13.	Wendy Mets	De Lansingh	40.55	199105176	40.79	+0,73
14.	Sabine Duijst	Zwemvereniging Hoogland	41.65	198701032	41.63	+0,86
15.	Senna van Dongen	De Geul	42.38	199100760	42.03	+0,90
16.	Mariska Zaal	AZC	42.91	198806916	42.39	+0,82
17.	Carola Hompes	Budel	41.48	198801868	42.53	+0,86
18.	Tessa Verheijdt	WVZ	42.98	198904290	42.93	+0,80
19.	Karin Hovenkamp	De Spatters	42.04	198701850	43.24	+0,71
20.	Kelly Bockting	Montferland	44.80	199104050	43.53	+0,82
21.	Elodie Siroen	Merlet	43.35	199003414	43.60	+0,73

Programmanr. 22, Dames, 50m schoolslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
22.	Manouk Ticheler	De Duinkickers	44.99	198705416	45.01	+0,77
	OPG Fleur Maas	WVZ	43.64	198902768		
AFGEM	Vera Geurken	De Rijn	37.35	198801378		
AFGEM	Tara Keijzer	Steenwijk 1934	41.13	199108498		

Masters 30+

1.	Karin Hidding	De Dinkel	33.03	198400970	33.70	+0,77
2.	Renee de Kok	PSV	39.12	198403350	38.01	+0,73
3.	Aafke Groot	De Geul	45.72	198302748	38.59	+0,88
4.	Sandra Zwaanswijk	DAW	39.80	198503934	38.96	+0,73
5.	Annelette Reefhuis-de Vries	WS Twente	38.55	198603908	39.19	+0,71
6.	Josse van Geffen	GZVW	41.27	198604730	41.03	+0,78
7.	Dian van Pelt	De Biesboschzwemmers	45.02	198502296	44.50	+0,82
8.	Fabienne Jeukens	Zwemvereniging Hoogland	46.63	198401156	46.42	+0,86
AFGEM	Laura Badoux	DAW	35.64	198200038		

Masters 35+

1.	Yvonne Gerritsen	WVZ	37.51	198000342	38.66	+0,80
2.	Petra Verstegen	WVZ	41.28	197700906	41.64	+0,87
3.	Inge Roskam	De Duinkickers	42.40	197801296	41.67	+0,87
4.	C. van der Straate de Jong	Old Dutch	44.80	198001750	41.87	+0,89
5.	Nancy Peeters	De Rog	43.67	197901496	43.90	+0,86

Masters 40+

1.	Nadège van Meeteren	De Meer	37.31	197400736	38.30	+0,81
2.	Marian Nederlof	DWF	40.23	197600950	41.34	+0,91
3.	Pascalie Janssen	De Roersoppers	40.84	197300852	41.53	+0,76
4.	Chantal Gerritsen-Driesen	Old Dutch	42.29	197601074	42.64	+0,79
5.	Ursula Spoelstra-de Groot	WS Twente	45.58	197200952	46.11	+1,00
AFGEM	Titia Hartog-van Gulp	RSW (SG)	41.29	197300928		

Masters 45+

1.	Marjo Goelema-Koek	De Biesboschzwemmers	35.32	196900192	35.35	+0,73
2.	Annette Wijnja-Visser	De Biesboschzwemmers	36.79	196700528	38.35	+0,81
3.	Trudie van Niejenhuis	TZC-Vahalis	40.86	197100444	40.54	+0,78
4.	Marja Verwoerd	ZPC Woerden	42.13	196900954	40.92	+0,77
5.	Regine Beckers-Stribos	DBD	42.88	197000492	41.89	+1,00
6.	Arianne Hamakers	De Rog	42.98	196700714	42.08	+0,90
7.	Suze Roodenburg	De Geul	43.09	196800682	42.81	+0,94
8.	Helena Mels	ZVVS	43.24	196901036	42.95	+0,89
9.	Antoinette Kant	Den Doorn	45.81	196900920	44.82	+0,89
10.	Sandra Daamen-Posma	AZC	46.06	196800854	46.36	+0,96
11.	Ingeborg Stokx	DAW	47.19	196700666	47.88	+0,79
12.	Pauline Tromp-de Lang	ZZ&PC De Devel	50.94	197001032	49.47	+0,87
13.	Judith van der Heijden	Budel	52.49	197001012	49.80	+0,71

Masters 50+

1.	Jacqueline Tuin	DAW	39.81	196600690	39.34	+0,77
2.	Carla Mol	ZPCH	40.58	196600244	40.41	+0,85
3.	Jacqueline Rolloos-Bakkers	De Lansingh	40.81	196300222	42.04	+1,02
4.	Roelien Speelman-Tigelaar	De Spatters	45.29	196600664	45.73	+0,77
5.	Gonnie Paas	ZVVS	45.65	196200418	46.77	+0,86
6.	Friderika Kerekes	ZPC AMERSFOORT	49.58	196500540	50.97	+0,90
AFGEM	Yvette Kilian	WVZ	42.86	196600534		

Programmanr. 22, Dames, 50m schoolslag

Masters 55+

1.	Marijke van Hoek	ZPC De Zeeuwse Kust	48.08	195800050	42.48	+0,90	
2.	Marijke Kraak-Beckers	WS Twente	42.38	196000240	42.98	+0,84	
3.	Claire Anthony	CNSW	44.96	001351/57	45.94	+0,87	
4.	Lia Bijkerk	WIDEX GZC DONK	48.86	196000014	48.87	+0,85	
5.	Anje Manuputtu	De Dolfijn	49.38	195700176	49.23	+0,85	
DIS	Marina Novikova	Poseidon	43.49	101996			
	<i>AA - Started before the starting signal</i>						
AFGEM	Marja Bloemzaad	ZPC AMERSFOORT	36.83	196100014			

Masters 60+

1.	Ineke Weekers	PSV	45.47	195300050	43.51	+0,80
2.	Patty Krupiarz	PLONS	45.43	195400074	46.69	+0,80
3.	Corine Kalbfleisch	DWT	48.43	195200024	53.17	+1,13
4.	Geerdien Meerwaldt	De Geul	55.80	195200058	55.42	+1,04

Masters 65+

1.	Grete Heugl	SU Generali Salzburg	43.06	23350	43.42	+0,75
	<i>Kampioenschaps Record, Austrian Masters Record</i>					
2.	Bea Swijnenberg	Swol 1894	45.05	194900010	45.45	+0,81
3.	Nini van Dongen-de Paepe	ZZ&PC De Devel	1:00.02	195100044	1:00.29	+1,15

Masters 70+

1.	Corrie Verhoeven	PSV	46.90	194600026	47.36	+0,95
	<i>Nederlands Masters Record</i>					
2.	Annet Verhoeven - Steggerda	De Duinkickers	50.37	194600024	51.48	+0,94
	<i>Kampioenschaps Record</i>					
3.	Mieke Stribis-v.d.Kroft	DAW	55.45	194500004	55.90	+1,11

Masters 80+

1.	Alice Lindhout	PSV	1:06.27	193500010	1:05.49	+1,01
	<i>Nederlands Masters Record</i>					

Masters 85+

1.	Agnes Van Obberghen	AZSC	52.25	20696/31	52.17	+1,09
	<i>Wereld Masters Record</i>					

Programmanr. 23
23-01-2016 - 14:07

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m	
Masters 20+										
1.	Melvin Prins	Wiekslag	199500201	2:08.37	+0,62	29.69	1:01.98	1:35.27	2:08.37	
2.	Thijs van den End	ZPC Woerden	199306803	S9	2:21.97	+0,81	33.01	1:08.57	1:45.57	2:21.97
	<i>Europees Record Paralympics</i>									
Masters 25+										
1.	Emile Manni	Octopus	199001901	2:14.29	+0,82	31.28	1:05.50	1:40.20	2:14.29	
2.	Jeffrey Breedijk	De Haaien	198900451	2:14.52	+0,74	30.48	1:03.92	1:38.94	2:14.52	
3.	Hjalmar de Ruiter	NDD	198902695	2:15.46	+0,62	30.42	1:04.78	1:40.51	2:15.46	
4.	Jeffrey van 't Schip	De Amstel	199102035	2:24.52	+0,70	33.87	1:10.04	1:46.97	2:24.52	
5.	Remco van de Berkt	De Haaien	198900215	2:28.55	+0,77	33.95	1:10.59	1:49.29	2:28.55	

Programmanr. 23, Heren, 200m rugslag

Masters 30+

1. Martijn Giezen	Montferland	198500813	2:16.09	+0,66	31.72	1:06.08	1:41.67	2:16.09
2. Tommy Nickel	Van Vliet-Barracuda	198401627	2:19.85	+0,75	33.09	1:07.75	1:43.68	2:19.85
3. Robert Dekker	De Veene	198400443	2:22.81	+0,76	33.12	1:09.62	1:46.74	2:22.81
4. Rick Driezen	Steenwijk 1934	198600713	2:25.16	+0,81	34.87	1:10.86	1:47.74	2:25.16
5. Robert Braad	Steenwijk 1934	198600407	2:27.58	+0,80	33.82	1:11.40	1:49.93	2:27.58
6. Frank van der Voorde	MGO (SG)	198302259	2:30.26	+0,68	35.22	1:12.53	1:51.14	2:30.26
7. Peter van de Bor	DWT	198402897	2:39.46	+0,71	36.16	1:16.99	1:58.64	2:39.46

Masters 35+

1. Ivo Roozeboom	WVZ	197700801	2:20.98	+0,70	32.69	1:08.82	1:45.10	2:20.98
2. Stan Dekker	PLONS	197901823	2:26.94	+0,74	33.75	1:10.48	1:48.50	2:26.94
3. Marcel Reefhuis	WS Twente	198101381	2:28.17	+0,57	34.67	1:12.04	1:50.36	2:28.17
4. Markus van Rest	WVZ	197701197	2:30.83	+0,75	35.18	1:13.39	1:52.76	2:30.83

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	197600889	2:12.70	+0,78	31.82	1:05.34	1:39.32	2:12.70
<i>Kampioenschaps Record</i>								
2. Valerijs Minakovs	Jelgavas SPS		2:18.12	+0,66	31.34	1:06.32	1:42.38	2:18.12
3. Remco Plass	De Lansingh	197300687	2:33.23	+0,71	35.68	1:14.26	1:54.36	2:33.23
4. Machiel Stolk	Swol 1894	197400779	2:35.02	+0,95	35.65	1:14.76	1:54.34	2:35.02
5. Ramon de Bondt	ZPB H&L Productions	197300105	2:35.74	+0,87	35.96	1:15.44	1:56.12	2:35.74
6. Erwin Zuidervelt	De Futen	197501015	2:39.24	+0,78	37.56	1:17.61	1:58.66	2:39.24
7. Arjan Aalbers	Swol 1894	197500001	2:43.28	+0,74	37.61	1:19.03	2:01.78	2:43.28
<i>100m*</i>								
OPG Erik Smink	Zwemvereniging Hoogland	197301467						

Masters 45+

1. Jan Goossens	GZVN	11003/68	2:13.69	+0,62	31.09	1:04.54	1:39.04	2:13.69
<i>Kampioenschaps Record, Belgisch Masters Record</i>								
2. Erlend Alstad	I.L. Varg		2:25.09	+0,69	34.94	1:11.43	1:48.31	2:25.09
3. Guido Keutgen	AZC	196801551	2:29.52	+0,73	33.97	1:11.65	1:50.78	2:29.52
4. René Beetsma	HZ&PC Heerenveen	196900069	2:30.00	+0,87	35.50	1:13.55	1:52.19	2:30.00
5. Linas Kersevicius	Kauno Takas		2:30.17	+0,77	34.09	1:11.85	1:50.45	2:30.17
<i>Lithuanian Masters Record</i>								
6. Arjan Bellaart	Het Y	196900079	2:31.76	+0,69	35.30	1:12.78	1:52.26	2:31.76
7. Antwan van Engen	De Ward	197101577	2:32.73	+0,68	35.17	1:13.25	1:52.91	2:32.73
8. Nico Swart	Den Doorn	196801475	2:45.60	+0,79	37.65	1:19.29	2:03.69	2:45.60
AFGEM Stefan Holmstrom	DAW	196701671						
AFGEM Korstiaan de Boer	Steenwijk 1934	197101629						

Masters 50+

1. Edwin v. Norden	ZPC AMERSFOORT	196300563	2:20.13	+0,79	32.88	1:07.97	1:44.21	2:20.13
2. Jan Gert Notenbomer	Upstream Amsterdam	196600557	2:21.27	+0,74	33.40	1:08.57	1:44.75	2:21.27
3. Peter Bernsen	De Rog	196301119	2:22.53	+0,61	34.40	1:11.62	1:47.90	2:22.53
4. Johan Remmits	ZPC Woerden	196201159	2:26.89	+0,80	34.43	1:10.68	1:48.85	2:26.89
5. Ron Korzelius	ZPC AMERSFOORT	196500513	2:34.64	+0,82	35.72	1:14.25	1:54.15	2:34.64
6. Wiljam Nijenhuis	De IJssel	196400547	2:37.28	+0,82	36.76	1:16.01	1:56.86	2:37.28
7. Otto Jansen	LZ 1886	196501403	2:38.73	+0,97	37.20	1:17.64	1:58.99	2:38.73
8. Fred Heemstra	DAW	196500357	2:58.08	+0,75	40.94	1:26.24	2:12.60	2:58.08
9. Erik Saan	De Duck	196500769	3:01.69	+0,72	39.47	1:25.44	2:13.49	3:01.69
10. Casper Dollekamp	Steenwijk 1934	196301341	3:08.10	+0,66	40.36	1:24.38	2:15.17	3:08.10

Programmanr. 23, Heren, 200m rugslag

Masters 55+

1. Dmitry Kromskiy	Poseidon	037011	2:33.81	+0,91	37.62	1:15.71	1:54.76	2:33.81
2. Erik Kamphuis	De Rog	196001035	2:48.78	+0,70	39.17	1:21.34	2:05.08	2:48.78
3. Wim Witjes	Aqua-Novio'94	195800483	2:59.04	+0,77	41.74	1:26.62	2:12.83	2:59.04
4. André Schutte	ZPC De Zeeuwse Kust	196000521	3:08.79	+1,02	43.85	1:31.75	2:20.79	3:08.79
5. Bart van Calker	WS Twente	196100067	3:09.40	+0,74	43.70	1:30.86	2:19.59	3:09.40
6. Harry Paas	ZVVS	195800689	3:12.30	+0,61	44.28	1:33.10	2:23.25	3:12.30
7. Nico van Maanen	De Duck	196100371	3:13.44	+0,67	43.53	1:31.56	2:23.24	3:13.44

Masters 60+

1. Evertjan Masurel	PLONS	195600495	2:55.62	+0,79	41.88	1:27.88	2:13.65	2:55.62
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Masters 65+

1. Ludwig Lorenz	SV Gladbeck 13	127866	3:26.35	+1,41	47.98	1:39.46	2:34.19	3:26.35
2. Jos Kamps	Zwemvereniging Hoogland	195100085	3:41.16	+0,72	49.12	1:45.75	2:44.38	3:41.16

Masters 70+

1. Mikhail Ulybyshev	Poseidon	037037	3:28.63	+0,77	44.04	1:33.95	2:30.18	3:28.63
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Masters 75+

1. Frans van Enst	WS Twente	194000011	3:14.04	+0,59	45.53	1:35.35	2:24.98	3:14.04
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Programmanr. 24
23-01-2016 - 14:29

Dames, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Jamilla van Veen	ZPC Woerden	199603192	2:20.71	+0,71		32.14	1:07.31	1:43.69	2:20.71
2. Sigrid Dogger	De Zwoer	199200452	2:26.84	+0,72		33.59	1:10.23	1:48.71	2:26.84
3. Melissa van der Geld	AquaAmigos	199506250	2:28.44	+0,77		34.28	1:11.26	1:50.24	2:28.44
4. Désirée Emmen	De Warande	199204862	2:29.68	+0,73		35.16	1:12.51	1:51.37	2:29.68
5. Heleen Arends	TriVia	199404416	2:31.47	+0,68		35.52	1:13.57	1:52.67	2:31.47
6. Henriëke ten Bokkel	NDD	199402764	2:31.51	+0,84		35.74	1:14.38	1:53.32	2:31.51
7. Manon van Strien	WVZ	199400770	2:33.29	+0,81		34.87	1:13.53	1:53.45	2:33.29
8. Maike Korthout	TRB-RES	199406034	2:35.50	+0,64		35.71	1:15.07	1:55.46	2:35.50
9. Suzanne Mosch	MSV-Zeemacht	199400548	2:37.93	* +0,66		35.62	1:14.98	1:56.22	2:37.93
10. Anne de Heer	DWF	199602736	2:47.87	+0,72		38.16	1:19.63	2:03.37	2:47.87
11. Naomi van Gool	LZ 1886	199505166	2:50.88	+0,85		38.88	1:21.82	2:06.70	2:50.88
12. Nadine Blouw	GZVW	199302314	2:58.76	+0,90		41.75	1:26.51	2:13.45	2:58.76
13. Rebecca Evers	ZOB'66	199207916	3:01.12	* +0,78		40.96	1:26.23	2:14.20	3:01.12
14. Cynthia van Veen	ZPC Woerden	199606736	3:10.00	+0,69		42.18	1:30.27	2:20.66	3:10.00
15. Daniëlle de Klein	DWF	199404786	3:11.62	+0,74		43.74	1:31.14	2:21.00	3:11.62
RES Merel Toussaint	d'ELFT WAVE (SG)	199203788							
OPG Wendy de Bruin	ZOB'66	199206320							
AFGEM Tessa Mol	De Rijn	199501396							
AFGEM Heleen ten Have	Inktvis-De Pinquin (SG)	199403000							

Programmanr. 24, Dames, 200m rugslag

Masters 25+

1. Cora van Dorst	De Krabben	199106218	2:31.78	+0,75	35.06	1:12.57	1:51.77	2:31.78
2. Ilse van den Wijngaard	ZPC Woerden	198904736	2:33.08	+0,80	35.44	1:14.21	1:54.01	2:33.08
3. Monique Lindenberg	De Bevelanders	199002360	2:35.20	+0,78	35.76	1:14.31	1:54.08	2:35.20
4. Tessa Mosch	MSV-Zeemacht	199102172	2:37.40	+0,63	36.64	1:16.96	1:57.45	2:37.40
5. Maaïke de Boer	De Duinkickers	199000362	2:38.39	+0,75	36.71	1:17.04	1:57.86	2:38.39
6. Anna Boef	LZ 1886	198806288	2:40.63	+0,78	36.81	1:17.07	1:58.55	2:40.63
7. Linda Janssen	ZPB H&L Productions	198802088	2:41.77	+0,73	38.86	1:20.05	2:00.95	2:41.77
8. Diana Lammers	De Veene	198902572	2:48.14	+0,78	38.06	1:19.57	2:03.54	2:48.14
9. Tamara Nordin	ZPC De Zeeuwse Kust	198702996	2:48.60	+0,72	39.72	1:22.11	2:05.99	2:48.60
10. Cora Vinagre Sendino	CNSW	003824/88	2:53.51	+0,73	39.01	1:22.41	2:08.35	2:53.51
11. Eline Schoenmaker	Zwemlust-den Hommel	199003322	2:54.42	+0,72	41.02	1:26.48	2:11.59	2:54.42
12. Lonneke Oenema	Steenwijk 1934	199102314	2:58.70	+0,71	41.45	1:26.61	2:13.31	2:58.70
13. Relinda Baas	GZVW	198900144	3:01.21	+0,70	42.96	1:28.13	2:15.54	3:01.21
14. Renske Eilers	Zwemvereniging Hoogland	198806072	3:02.15	+0,71	42.28	1:27.66	2:15.29	3:02.15

Masters 30+

1. Roos van Esch	d'ELFT WAVE (SG)	198200468	2:31.12	+0,76	36.27	1:14.70	1:53.29	2:31.12
2. Wieteke Elzinga	DAW	198601038	2:44.48	+0,77	38.14	1:19.31	2:01.81	2:44.48
3. Marije van Manen	ZPC AMERSFOORT	198602386	2:45.09	+0,68	38.80	1:20.49	2:03.45	2:45.09
4. Ramona Linting	AZC	198301274	2:47.09	+0,90	37.98	1:20.34	2:03.97	2:47.09
5. Sylvia Reijers	De Gelenberg	198201360	2:47.89		38.77	1:20.58	2:04.24	2:47.89
6. Paulien Schokker	WS Twente	198302876	2:54.39	+0,75	40.64	1:24.99	2:10.58	2:54.39
AFGEM Chiara Miglioli	CNSW	001593/82						
AFGEM M. Brobbel-Groenewoud	ZVS	198200554						

Masters 35+

1. Marjon van Kempen	MGO (SG)	198000578	2:36.58	+0,79	37.23	1:15.96	1:56.05	2:36.58
2. Tonia Ruybroek	Poseidon'56	198101290	2:44.49	+0,78	38.02	1:19.47	2:02.24	2:44.49
3. Carmen Haan	ZZG De Boskickers	197901458	2:50.19	+0,84	39.40	1:22.66	2:06.34	2:50.19
4. Jolanda van Gendt	PSV	197800266	2:50.72	+0,75	40.55	1:23.47	2:07.18	2:50.72
5. Rianne van Vegchelen	Deltasteur	198101530	3:56.93	+0,90	55.12	1:57.02	2:57.23	3:56.93

Masters 40+

1. Evelien van Klaarbergen	HZ&PC Heerenveen	197200964	2:40.30	+0,83	37.27	1:18.73	2:00.19	2:40.30
2. Liselotte Joling	PSV	197500268	2:45.86	+0,75	39.53	1:21.91	2:04.20	2:45.86
3. M. den Drijver-Aarse	Zwemvereniging Westland	197500884	2:55.37	+0,81	41.11	1:25.29	2:10.65	2:55.37
4. Ingrid Versteegen	DBD	197300770	3:19.62	+0,82	47.13	1:37.28	2:29.21	3:19.62

Masters 45+

1. Heidi van Stein	LZ 1886	196900864	2:44.30	+0,72	38.63	1:19.36	2:01.96	2:44.30
2. Laura Staal	Oceanus	196700358	2:49.37	+0,72	40.32	1:21.57	2:05.07	2:49.37
3. Annette Wijnja-Visser	De Biesboschzwemmers	196700528	2:50.79	+0,80	39.14	1:22.41	2:07.03	2:50.79
4. Henriëtte Manting	GZVW	197100246	3:02.85	+0,63	40.87	1:27.31	2:15.53	3:02.85
5. Annette van Dok	MSV-Zeemacht	196800742	3:09.65	+0,78	42.87	1:29.54	2:19.51	3:09.65
6. Hetty Smalheer	SCOM	196700352	3:22.35	+0,89	47.76	1:38.91	2:31.83	3:22.35
7. Greta Wyma-Teitsma	DWK	197100696	3:29.85	+0,69	47.67	1:42.05	2:37.57	3:29.85
AFGEM Henriëtte v. Norden	ZPC AMERSFOORT	196800046						

Masters 50+

1. Allie Price	Cardiff Masters	547582	2:43.98	+0,78	38.28	1:19.69	2:02.21	2:43.98
2. M. Grove-Lingeman	Oceanus	196200080	2:54.90	+0,74	39.91	1:23.73	2:09.46	2:54.90
3. S. Prins - Molenwijk	De Geul	196600284	2:57.61	+0,73	41.05	1:25.04	2:10.98	2:57.61
4. Jeannette Ruesink	WS Twente	196300212	2:58.95	+0,82	43.15	1:28.64	2:14.46	2:58.95
5. Wilna Heijman	Steenwijk 1934	196400506	3:01.00	+0,83	42.16	1:27.13	2:12.57	3:01.00
6. Annemarie Vuist	Swol 1894	196300282	3:03.90	+0,93	44.48	1:30.66	2:17.80	3:03.90
RES Judith Cromjongh	De Zwoer	196400054						

Programmanr. 24, Dames, 200m rugslag

Masters 55+

1. Inge Wolfs	PLONS	196000304	3:09.66	+0,77	44.57	1:32.53	2:20.76	3:09.66
2. J. Resink-Lindeboom	DWK	196000142	3:30.59	+0,82	49.23	1:42.89	2:37.20	3:30.59

Masters 60+

1. Anne De Sauvage	CNSW	005093/55	3:16.09	+0,88	46.10	1:35.46	2:26.68	3:16.09
<i>Belgisch Masters Record</i>								
2. Margriet Pasma	Inktvis-De Pinquin (SG)	195500088	3:17.43	+0,83	47.31	1:36.46	2:28.04	3:17.43
3. Ineke Meijer	HZ&PC Heerenveen	195200034	3:50.71	+0,68	53.38	1:51.87	2:52.65	3:50.71
4. Tineke van Diggelen	ZPCH	195200048	3:53.40	+0,92	54.32	1:52.05	2:53.25	3:53.40

Masters 65+

1. A. Gilding-Tussaud	WS Twente	195000038	3:50.28	+0,80	51.93	1:49.90	2:51.73	3:50.28
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Masters 70+

1. Loekie v. Huissteden	ZPC AMERSFOORT	194500002	4:27.54	+0,93	59.44	2:07.28	3:18.49	4:27.54
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Masters 75+

1. Truus Ruiter	Old Dutch	194000004	5:01.24	+0,69	1:10.12	2:27.48	3:44.90	5:01.24
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Masters 80+

1. Alice Lindhout	PSV	193500010	4:35.77	* +0,83	1:03.39	2:15.06	3:28.20	4:35.77
<i>Nederlands Masters Record, NMR 100m tt</i>								
2. Annie de Vos	Old Dutch	193400004	4:48.23	+0,83	1:06.80	2:19.81	3:34.17	4:48.23

Programmanr. 25
23-01-2016 - 15:02

Heren, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Roderick van Doeselaar	De Rijn	59.14 199200261	1:00.31	+0,65	27.27	1:00.31
2. Nick Cleintuar	ZVVS	58.78 199503781	1:00.65	+0,68	27.82	1:00.65
3. Roald Blok	Octopus	1:02.05 199302685	1:02.32	+0,71	29.62	1:02.32
4. Emiel van Beusekom	Van Vliet-Barracuda	1:02.76 199403951	1:03.48	+0,81	29.34	1:03.48
5. Jeffrey Camphens	DWT	1:07.94 199503113	1:04.49	+0,72	29.89	1:04.49
6. Nick Sijmons	De Amstel	1:04.87 199500491	1:05.28	+0,66	30.07	1:05.28
7. Joey Stokx	DAW	1:06.97 199301251	1:05.67	+0,70	29.42	1:05.67
8. Vincent Dermaux	ZC Aquadream	1:04.64 199600599	1:06.21	+0,76	29.52	1:06.21
9. Dieder Schuurmans	Merlet	1:06.35 199500447	1:06.61	+0,69	31.43	1:06.61
10. Pieter Ytsma	De Zwoer	1:06.71 199501809	1:06.65	+0,78	30.26	1:06.65
11. Mike Koelewijn	Steenwijk 1934	1:05.41 199303597	1:06.98	+0,68	30.90	1:06.98
12. Robin Eltink	DWK	1:05.13 199406147	1:07.59	+0,84	30.62	1:07.59
13. Joey van der Valk	ZOB'66	1:09.01 199602191	1:08.87	+0,73	32.35	1:08.87
14. Ramon van Huizen	MGO (SG)	1:10.96 199400945	1:08.96	+0,76	31.74	1:08.96
15. Nick van der Krogt	LZ 1886	1:10.98 199501313	1:10.65	+0,74	33.31	1:10.65
16. Robin van Beusekom	Van Vliet-Barracuda	1:08.93 199205841	1:10.80	+0,77	33.32	1:10.80
17. Igor Peters	ZVS	1:10.55 199201809	1:10.84	+0,76	32.01	1:10.84
18. Coen van der Wekken	MGO (SG)	1:10.35 199202965	1:12.85	+0,68	33.26	1:12.85
19. Jesper Honken	Nova	1:10.64 199600085	1:13.97	+0,74	32.25	1:13.97

Programmanr. 25, Heren, 100m wisselslag

Masters 25+

1. Teun Groeneweg	De Haaien	1:03.74	198701133	1:02.34	+0,76	28.61	1:02.34
2. Tim Bunnik	Triton	1:02.20	199000505	1:03.64	+0,80	29.20	1:03.64
3. Juan Vinagre Sendino	CNSW	1:06.27	005255/90	1:04.29	+0,87	29.44	1:04.29
4. Jelte Schuurmans	Merlet	1:04.67	199104841	1:05.56	+0,81	29.52	1:05.56
5. Bart Kieseewetter	TRB-RES	1:05.55	199101203	1:05.62	+0,70	30.45	1:05.62
6. Boy Heijnekamp	LZ 1886	1:07.87	198901161	1:08.19	+0,79	31.48	1:08.19
7. Joël Dam	EZC	1:10.34	198800699	1:08.47	+0,63	30.97	1:08.47
8. Bart van der Zwaan	De Amstel	1:08.63	199005149	1:08.75	+0,68	31.20	1:08.75
9. Joppe Schuurmans	Merlet	1:06.49	198905447	1:09.24	+0,71	30.92	1:09.24
10. Rens Post	WVZ	1:09.37	199101827	1:09.29	+0,70	32.06	1:09.29
11. Ferdy van Mastrigt	RSW (SG)	1:10.71	198802315	1:10.75	+0,75	32.19	1:10.75
12. Mark Pijtak	ZPC AMERSFOORT	1:09.34	199002287	1:11.07	+0,79	32.52	1:11.07
13. Herman van Dijk	De Wellerobben	1:07.77	198900691	1:11.09	+0,94	33.71	1:11.09
Wessel Everloo	De Veene	1:10.15	198906597	SM14 1:11.09	+0,86	32.09	1:11.09
15. Martijn van Hoorn	MGO (SG)	1:09.01	198901343	1:11.16	+0,84	32.79	1:11.16
16. Edo Pieters	Aquarius	1:09.00	198802749	1:11.24	+0,79	32.40	1:11.24
17. Patrick de Jonge	ZPC Woerden	1:12.63	198906635	1:11.33	+0,81	31.94	1:11.33
18. Stefan van de Griff	Octopus	1:11.39	198701121	1:11.35	+0,81	32.10	1:11.35
19. Niels Albrechts	MGO (SG)	1:13.47	198800039	1:12.24	+0,81	32.44	1:12.24
20. Ronald Vullings	Merlet	1:09.53	198703655	1:13.08	+0,82	33.62	1:13.08
NG Daniël Kunne	UZSC	1:10.74	199001709				

Masters 30+

1. Lauren Vis	Steenwijk 1934	1:01.52	198201883	1:01.62	+0,63	28.25	1:01.62
2. Roderik Meijers	d'ELFT WAVE (SG)	1:03.08	198602063	1:02.71	+0,75	28.39	1:02.71
3. Kristiaan Lenos	LZ 1886	1:01.56	198301331	1:03.10	+0,78	29.06	1:03.10
4. Yuri van Omme	Zwemvereniging Hoogland	1:05.03	198501887	1:05.29	+0,78	30.35	1:05.29
5. Thommy Nickel	Van Vliet-Barracuda	1:04.32	198401627	1:06.10	+0,77	30.78	1:06.10
6. Gerwin Vonk	De Spatters	1:06.12	198201907	1:06.74	+0,68	30.17	1:06.74
7. Erik Drewes	De Biesboschzwemmers	1:08.33	198400543	1:07.56	+0,73	31.13	1:07.56
8. Wouter Zijlstra	DAW	1:10.86	198202077	1:10.42	+0,91	32.41	1:10.42
9. Manuel Arostegui Ramirez	Het Y	1:12.06	198403309	1:12.01	+0,81	32.97	1:12.01
10. Bas v.d. Laan	WVZ	1:10.16	198302471	1:12.86	+0,79	32.36	1:12.86
11. Rick de Schutter	De Krabben	1:14.27	198202523	1:15.06	+0,92	35.21	1:15.06
12. Sven Schutte	Zwemlust-den Hommel	1:14.81	198604713	SM9 1:16.07	+0,84	36.35	1:16.07
13. Dennis Klop	De Biesboschzwemmers	1:14.94	198302643	1:16.63	+0,79	37.39	1:16.63

Masters 35+

1. Nol van Thull	d'ELFT WAVE (SG)	1:00.79	198001513	1:00.99	+0,84	28.42	1:00.99
2. Pavel Protasciuk	Kauno Takas	1:06.73		1:04.34	+0,81	29.01	1:04.34
3. Dennis van den Berg	UZSC	1:07.54	198100089	1:04.43	+0,79	30.45	1:04.43
4. Vincent Versteeg	Zwemlust-den Hommel	1:04.84	197701003	1:05.03	+0,78	30.90	1:05.03
5. Mark Hensen	Van Vliet-Barracuda	1:05.27	197900497	1:05.98	+0,77	29.46	1:05.98
6. Erwin van den Born	De Rijn	1:07.88	197700143	1:07.94	+0,82	31.57	1:07.94
7. Gerrit Klaas van der Vaart	De Haaien	1:09.90	198001551	1:08.68	+0,81	31.53	1:08.68
8. Kars Luttk	DAW	1:07.07	197800675	1:09.25	+0,78	31.06	1:09.25
9. Harm Jan Otter	De Zandstuve	1:08.73	198101283	1:09.73	+0,91	33.04	1:09.73
10. Simon van Ravesteijn	WVZ	1:08.23	198002263	1:10.74	+0,84	33.83	1:10.74
11. Michel Wigbers	DWT	1:18.60	198001743	1:11.92	+0,88	33.37	1:11.92
12. Bas Overbosch	Het Y	1:14.60	197700737	1:13.71	+0,88	35.06	1:13.71
AFGEM Hans Cligge	De Futen	1:15.28	198100315				

Masters 40+

1. John Cobussen	De Gelenberg	1:10.21	197501323	1:07.88	+0,75	30.92	1:07.88
2. Kelvin Isselt	RZ	1:13.54	197601119	1:09.69	+0,76	31.99	1:09.69
3. Roger Flinterman	WVZ	1:11.57	197601261	1:11.32	+0,92	31.42	1:11.32
4. Johan Wezenberg	Swol 1894	1:15.68	197601023	1:15.79	+1,03	35.45	1:15.79
5. Arnoud van Royen	TriVia	1:21.24	197201515	1:26.04	+0,85	39.27	1:26.04

Programmanr. 25, Heren, 100m wisselslag

Masters 45+

1. Harry Cornet	De Biesboschzwemmers	1:02.85	197100175	1:02.88	+0,75	30.58	1:02.88
2. Marcel van Winssen	De Gelenberg	1:05.46	197101477	1:05.04	+0,78	30.67	1:05.04
3. Glen le Clercq	De Rog	1:04.73	196800177	1:05.76	+0,70	30.96	1:05.76
4. Harold Matla	PSV	1:07.37	196800591	1:08.82	+0,91	34.18	1:08.82
5. Pieter van Gemeren	DAW	1:09.67	196901779	1:09.40	+0,77	31.23	1:09.40
6. Martin Kaptein	DWK	1:10.12	196701677	1:09.66	+0,80	32.03	1:09.66
7. Guido Keutgen	AZC	1:09.96	196801551	1:10.85	+0,84	32.38	1:10.85
8. Jos Wensink	WS Twente	1:11.43	196901719	1:10.95	+0,77	32.73	1:10.95
9. Paul Jurcka	WS Twente	1:10.37	196901599	1:12.25	+0,84	32.45	1:12.25
10. Richard Ricksen	NIMO	1:06.21	197000841	1:12.46	+0,78	35.40	1:12.46
11. Roeland van der Heijden	PSV	1:16.77	196701389	1:13.07	+0,83	34.48	1:13.07
12. Jeroen den Boer	TRB-RES	1:13.31	196701475	1:14.26	+0,84	32.97	1:14.26
13. Jeroen Kort	DAW	1:13.09	196801543	1:15.16	+0,80	34.67	1:15.16
14. Danny Zulver	ZVVS	1:16.63	196701617	1:18.34	+0,65	34.87	1:18.34
15. Ferdinand Teitink	Montferland	1:23.90	197001583	1:18.89	+1,09	36.20	1:18.89
16. Marcel Brittijn	De Duinkickers	1:18.46	196900159	1:18.91	+0,75	36.64	1:18.91
17. Joop Weenink	WS Twente	1:21.67	196801535	1:21.33	+1,02	39.87	1:21.33
DIS Rob Janssen	De Gelenberg	1:15.67	197001467				

RA - Swam more than 15 metres under water after start or turn

Masters 50+

1. Kees-Jan van Overbeeke	WWV	1:10.08	196200489	1:08.76	+0,83	31.49	1:08.76
2. Hans Kwaks	De Krabben	1:10.14	196400443	1:09.89	+0,83	33.10	1:09.89
3. John Stokx	DAW	1:10.89	196401341	1:11.63	+0,78	33.20	1:11.63
4. Rene de Boer	DAW	1:14.39	196400087	1:14.19	+0,80	34.76	1:14.19
5. Theo Bakker	TriVia	1:13.55	196401231	1:14.48	+0,75	35.33	1:14.48
6. Rene de Jong	ZVVS	1:14.36	196600351	1:15.86	+0,90	36.75	1:15.86
7. Fred Heemstra	DAW	1:12.96	196500357	1:16.54	+0,86	34.30	1:16.54
8. Vadim Ezkov	Pregel	1:18.34	10020	1:16.70	+0,74	38.24	1:16.70
9. Henri Michels	De Amstel	1:17.55	196501587	1:17.12	+0,88	36.05	1:17.12
10. Peter Fölker	Aqua-Novio'94	1:14.18	196401021	1:17.34	+0,69	37.18	1:17.34
11. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:16.29	196501027	1:17.43	+0,80	37.19	1:17.43
12. Eric Langhorst	De Rijn	1:17.07	196200389	1:17.94	+0,84	36.71	1:17.94
13. Jan Willem Nederveen	DWF	1:17.70	196600541	1:18.79	+0,99	36.83	1:18.79
14. Robert de Brauwer	De Duinkickers	1:17.36	196401383	1:19.07	+0,88	36.10	1:19.07
15. Freddy v.d. Veen	ZVVS	1:17.60	196601161	1:19.60	+0,97	36.28	1:19.60
16. Cees Kersten	De Rog	1:23.96	196401435	1:19.91	+0,73	37.86	1:19.91
17. Roy le Clercq	De Rog	1:18.45	196401041	1:20.95	+0,89	37.61	1:20.95
18. Mike Hartog	ZPB H&L Productions	1:22.17	196601509	1:20.98	+0,86	37.97	1:20.98
19. Richard Tiemstra	De Biesboschzwemmers	1:20.62	196301397	1:21.72	+0,95	38.18	1:21.72
20. Jack Barends	WS Twente	1:21.03	196201011	1:21.82	+0,94	39.25	1:21.82
21. Willem Jannink	Swol 1894	1:23.10	196500423	1:22.11	+0,76	37.70	1:22.11
22. Wout van Dijk	DBD	1:22.23	196200145	1:22.81	+0,91	40.33	1:22.81
23. Willem Jan Ribberink	WIDEX GZC DONK	1:28.74	196501327	1:27.54	+0,85	45.12	1:27.54

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	1:07.42	195700425	1:08.18	+0,77	32.18	1:08.18
2. Ronald Grove	Oceanus	1:14.35	196100161	1:12.23	+0,74	34.19	1:12.23
3. Arlandas Juodeska	Kauno Takas	1:13.58		1:13.84	+0,74	34.55	1:13.84
4. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:17.04	196000931	1:18.09	+0,75	36.47	1:18.09
5. Wim de Lange	AZC	1:23.79	195800533	1:18.75	+0,91	37.17	1:18.75

Masters 60+

1. Henk Slomp	Inktvis-De Pinquin (SG)	1:19.31	195500359	1:19.45	+0,87	36.70	1:19.45
2. Laurens Klein Breteler	WWV	1:24.20	195400109	1:24.80	+0,92	40.21	1:24.80
3. Wim Scherpenisse	UZSC	1:33.80	195500447	1:35.52	+1,17	42.10	1:35.52

Programmanr. 25, Heren, 100m wisselslag

Masters 65+

1. Ale van Veen	HPC	1:14.68	194900159	1:19.47	+0,82	36.69	1:19.47
2. Piet Schop	De Bevelanders	1:20.04	195000109	1:21.93	+0,69	38.38	1:21.93
3. Veniamin Zhitlovskiy	Poseidon	1:23.12	101753	1:22.62	+0,93	39.55	1:22.62
4. Jaap Kwakkel	DAW	1:28.38	194700157	1:31.05	+0,90	40.30	1:31.05
5. Vladimir Abrosimov	Meshera	1:30.29		1:31.55	+1,12	41.92	1:31.55

Masters 70+

1. Theo Schouten	WWV	1:34.29	194600161	1:29.46	+0,99	41.99	1:29.46
2. Willem Putter	ZVVS	1:30.24	194500135	1:32.92	+0,97	44.87	1:32.92

Masters 75+

1. J. Canales de Mendoza	R.C. Mediterraneo	1:21.94		1:24.41	+0,89	38.06	1:24.41
2. Pavelas Bezzubovas	Kauno Takas	1:50.42		1:56.59	+1,16	55.41	1:56.59

Programmanr. 26
23-01-2016 - 15:30

Dames, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Yvon Versteeg	De Veene	1:06.03 199201864	1:06.92	+0,75	31.37	1:06.92
2. Maud Hoofs	The Hague Swimming (SG)	1:06.41 199501206	1:07.04	+0,66	31.23	1:07.04
3. Kim Loeffen	Merlet	1:06.42 199403432	1:08.76	+0,88	32.04	1:08.76
4. Aniek Resink	DIO	1:10.10 199500738	1:09.23	+0,68	31.61	1:09.23
5. Henriette ten Bokkel	NDD	1:09.13 199402764	1:09.71	+0,85	31.84	1:09.71
6. Carmen Seesing	NDD	1:19.50 199406220	1:09.93	+0,76	31.39	1:09.93
7. Karin Groen	Nova	1:10.67 199502440	1:10.54	+0,66	31.78	1:10.54
8. Merel van der Kieft	EZC	1:13.05 199200920	1:10.86	+0,68	30.71	1:10.86
9. Janine de Groot	Nova	1:13.79 199500092	1:11.34	+0,80	33.20	1:11.34
10. Whitney van Hoeckel	DIO	1:10.38 199402390	1:11.42	+0,74	32.86	1:11.42
11. Heleen Arends	TriVia	1:13.26 199404416	1:12.36	+0,87	33.19	1:12.36
12. Karin Verbeek	Nautilus	1:13.46 199201848	1:12.58	+0,74	33.96	1:12.58
13. Suzanne Lange	De Zwoer	1:15.11 199202998	1:13.36	+0,76	34.85	1:13.36
14. Eline van Gemert	De Meer	1:14.44 199505458	1:13.40	+0,67	34.63	1:13.40
15. Larissa Jansen	De Bevelanders	1:12.37 199500660	1:13.78	+0,79	33.87	1:13.78
16. Seline Koek	LZ 1886	1:14.68 199400622	1:13.84	+0,82	35.23	1:13.84
17. Lianne Molkenboer	EZC	1:12.91 199602034	1:13.92	+0,78	31.98	1:13.92
18. Karen Stolk	TriVia	1:10.31 199403950	1:14.01	+0,78	32.95	1:14.01
19. Vera van den Oord	Nautilus	1:12.79 199405432	1:14.21	+0,76	33.03	1:14.21
20. Marte Stoorvogel	De Rijn	1:12.38 199501408	1:14.33	+0,90	35.59	1:14.33
21. Nikki Hoogeboom	De IJsel	1:14.76 199301196	1:14.73	+0,82	34.07	1:14.73
22. Denise van Zetten	Octopus	1:17.13 199600932	1:15.09	+0,80	34.53	1:15.09
23. Chantal van der Horst	De Meer	1:13.81 199400616	1:15.47	+0,77	37.18	1:15.47
24. Debby Kraaijeveld	DWF	1:14.78 199601358	1:17.51	+0,79	34.35	1:17.51
25. Denise Otjes	Aquarius	1:17.45 199601378	1:18.29	+0,79	35.34	1:18.29
26. Alma Janssen	Van Vliet-Barracuda	1:20.73 199401078	1:18.33	+0,93	36.07	1:18.33
27. Ramona Noordermeer	ZVVS	1:19.07 199401746	1:18.46	+0,81	38.15	1:18.46
28. Rebecca Evers	ZOB'66	1:18.16 199207916	1:19.12	+0,85	36.49	1:19.12
29. Mariëtte Bulman	ZC Aquadream	1:24.55 199506846	1:20.21	+0,62	36.44	1:20.21
30. Lieke Janssen	NIMO	1:22.52 199305954	1:22.05	+0,91	37.44	1:22.05
31. Nieske Janssen	NIMO	1:23.06 199601328	1:22.47	+0,82	39.40	1:22.47
32. Daphne Meijer	Montferland	1:21.54 199303850	1:22.79	+1,00	38.13	1:22.79
33. Rebecca van Eeren	SCOM	1:22.47 199306910	1:23.53	+0,81	37.37	1:23.53
34. Anne Aarts	Aqua-Novio'94	1:20.75 199207942	1:24.16	+0,73	38.25	1:24.16
35. Daniëlle de Klein	DWF	1:25.81 199404786	1:28.24	+0,87	40.92	1:28.24
AFGEM Krista Kostwinder	SCOM	1:13.17 199401058				
AFGEM Anouchka Hoogstraten	De Veene	1:20.92 199600824				
AFGEM Tessa Mol	De Rijn	1:12.04 199501396				
AFGEM Cynthia-Maria de Galan	Vereniging Swimcademy	1:13.14 199203416				

Programmanr. 26, Dames, 100m wisselslag

Masters 25+

1. Jolanda Post	DIO	1:07.00	199004848	1:08.23	+0,69	31.63	1:08.23
2. Jacyntha Plat	De Golfbreker	1:08.52	199002956	1:08.63	+0,70	31.76	1:08.63
3. Aniek Huijsman	De Lansingh	1:10.19	198801932	1:09.92	+0,72	32.23	1:09.92
4. Charlotte Groeneveld	UZSC	1:08.18	198701404	1:10.00	+0,77	31.61	1:10.00
5. Chantal Meyerink	De Grunte	1:13.34	199105212	1:10.57	+0,73	32.86	1:10.57
6. Sabine Lina	ZPC Woerden	1:09.30	198902680	1:11.82	+0,73	32.66	1:11.82
7. Isabelle Massar	WVZ	1:10.68	199102034	1:13.32	+0,78	33.69	1:13.32
8. Tonny Klop-Methorst	De Biesboschzwemmers	1:11.61	198802998	1:13.56	+0,83	34.16	1:13.56
9. Nienke van Stipriaan	PSV	1:14.87	198703970	1:13.94	+0,92	34.09	1:13.94
10. Charlotte Six	CNSW	1:16.32	003821/88	1:16.00	+0,92	36.08	1:16.00
11. Evelien Terpstra	EZC	1:17.12	199005654	1:16.44	+0,75	34.47	1:16.44
12. Myrthe Talsma	De Golfbreker	1:13.93	199106844	1:17.11	+0,82	34.78	1:17.11
13. Joyce Raemaekers	Budel	1:17.95	199106106	1:17.79	+0,76	34.48	1:17.79
14. Laura Lutjes	WS Twente	1:16.19	199002424	1:18.88	+0,80	35.44	1:18.88
15. Lindsey Hol	De Meer	1:17.73	199008088	1:19.96	+0,74	35.57	1:19.96
16. Wendy Mets	De Lansingh	1:20.12	199105176	1:20.81	+0,70	38.63	1:20.81
17. Christa Stam	RSW (SG)	1:21.32	198806790	1:21.01	+0,86	37.33	1:21.01
18. Eline Schoenmaker	Zwemlust-den Hommel	1:22.27	199003322	1:21.36	+0,67	37.32	1:21.36
19. Miriam Visserman	Octopus	1:23.82	198704364	1:21.69	+0,72	37.20	1:21.69
20. Esther van Maastricht	Montferland	1:16.83	198802836	1:21.97	+0,84	37.84	1:21.97
21. Whitley Rens	MGO (SG)	1:23.43	199007520	1:22.48	+0,75	36.67	1:22.48
22. Jacqueline van den Beukel	Zwemvereniging Westland	1:20.04	199100238	1:22.52	+0,83	35.02	1:22.52
23. Melina Dejonckheere	CNSW	1:19.10	001610/91	1:22.83	+0,94	39.89	1:22.83
24. Chantal Hendriks	De Rijn	1:22.55	198907130	1:23.01	+0,82	38.32	1:23.01
25. Tessa Verheijdt	WVZ	1:22.85	198904290	1:23.19	+0,79	39.15	1:23.19
26. Julie Thomassen	Merlet	1:20.00	198804278	1:23.75	+0,92	37.77	1:23.75
27. Annebeth van Ark	Octopus	1:25.11	198805588	1:24.87	+0,86	38.84	1:24.87
28. Elodie Siroen	Merlet	1:24.01	199003414	1:27.41	+0,75	40.82	1:27.41
29. Manouk Ticheler	De Duinkickers	1:28.15	198705416	1:28.80	+0,82	38.78	1:28.80
AFGEM Kirsten Oosterhuis	Eemsrobber	1:13.33	198903136				
AFGEM Tara Keijzer	Steenwijk 1934	1:23.50	199108498				

Masters 30+

1. Marije Jansen	Aquarijn	1:11.49	198504088	1:10.96	+0,69	31.58	1:10.96
2. Nadya Putter	ZVVS	1:10.32	198301630	1:11.46	+0,74	32.89	1:11.46
3. A. Reefhuis-de Vries	WS Twente	1:15.08	198603908	1:17.12	+0,72	36.68	1:17.12
4. Sandra Zwaanswijk	DAW	1:15.82	198503934	1:17.19	+0,71	35.91	1:17.19
5. Auke de Lange	AZC	1:15.14	198602226	1:17.92	+0,87	36.36	1:17.92
6. Renee de Kok	PSV	1:19.10	198403350	1:18.54	+0,73	36.51	1:18.54
7. Sandra Pannekeet	DAW	1:16.83	198403458	1:19.00	+0,75	35.98	1:19.00
8. Margriet Aan het Rot	Octopus	1:25.20	198603088	1:25.48	+0,83	40.53	1:25.48
9. Carola Jacobs	Triton Putten	1:31.38	198504176	1:30.21	+0,75	43.16	1:30.21
AFGEM Laura Badoux	DAW	1:17.78	198200038				

Masters 35+

1. Anke Lambooj	De Vliet (SG)	1:14.47	198001182	1:13.97	+0,80	34.30	1:13.97
2. Angela Koekkoek	Triton	1:19.06	197901516	1:15.89	+0,85	33.97	1:15.89
3. Chantal Verhoeff	Old Dutch	1:20.73	197900912	1:19.45	+0,88	36.37	1:19.45
4. Jolanda van Gendt	PSV	1:20.99	197800266	1:19.98	+0,80	36.97	1:19.98
5. Petra Verstegen	WVZ	1:19.90	197700906	1:21.07	+0,88	37.16	1:21.07
6. Patricia Vos	TRB-RES	1:21.86	198001730	1:22.05	+0,80	36.54	1:22.05
7. Kirsten Savelberg	AZC	1:21.65	197901192	1:23.53	+0,73	38.69	1:23.53

Masters 40+

1. Gudule van der Meer	PSV	1:10.93	197200396	1:10.93	+0,76	32.11	1:10.93
<i>Nederlands Masters Record</i>							
2. Edith Janssen-Koolen	TRB-RES	1:14.12	197300898	1:12.60	+0,72	33.77	1:12.60
3. Nadège van Meeteren	De Meer	1:16.90	197400736	1:17.34	+0,81	36.41	1:17.34
4. J. de Ruiter-Wijnolst	WIDEX GZC DONK	1:17.46	197400446	1:20.29	+0,92	36.81	1:20.29
5. Yulia Trofimova	Black Sepia	1:21.62	034010	1:21.48	+0,78	38.97	1:21.48
6. Tina Renken	ZPC AMERSFOORT	1:25.86	197200800	1:26.36	+0,91	40.10	1:26.36

Programmanr. 26, Dames, 100m wisselslag, Masters 40+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
7. Christa Verploeg	De Meer	1:27.34 197400896	1:27.18	+0,75	39.91	1:27.18
8. Evelien Naatje	WS Twente	1:36.07 197200838	1:33.07	+0,99	44.64	1:33.07
9. Ursula Spoelstra-de Groot	WS Twente	1:34.07 197200952	1:34.57	+0,93	43.66	1:34.57
DIS Sandra Peeters-Wiermans	De Rog	1:23.76 197401032				
<i>SS - Touched turn or finish with hands over each other</i>						
AFGEM Ilona Hogerheyde	DAW	1:15.78 197400224				

Masters 45+

1. Marjo Goelema-Koek	De Biesboschzwemmers	1:14.74 196900192	1:15.74	+0,77	36.28	1:15.74
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	1:15.73 197000054	1:16.11	+0,90	35.20	1:16.11
3. Annette de Visser	Oceanus	1:17.49 197100602	1:17.30	+0,84	37.41	1:17.30
4. Caroline Schreuder	Triton	1:20.99 196700550	1:21.61	+0,79	38.05	1:21.61
5. Peggi Hurenkamp	HZ&PC Heerenveen	1:26.48 196900922	1:28.47	+0,80	41.71	1:28.47
6. Antoinette Kant	Den Doorn	1:26.65 196900920	1:29.87	+0,95	41.23	1:29.87
7. Nathasja Konijn	WIDEX GZC DONK	1:32.33 197100992	1:32.01	+0,84	42.93	1:32.01
8. Pauline Tromp-de Lang	ZZ&PC De Devel	1:41.52 197001032	1:34.84	+0,81	43.95	1:34.84
9. Roselinda van der Vlugt	Zwemvereniging Woestduin	1:39.97 196700710	1:35.70	+1,08	44.36	1:35.70
10. Greta Wyma-Teitsma	DWK	1:34.87 197100696	1:38.68	+1,02	46.83	1:38.68
DIS Miriam Stevens	Budel	1:34.28 196900988				
<i>AA - Started before the starting signal</i>						
AFGEM Tanya Lybarskaya	SCOM	1:21.92 197101000				
AFGEM Alexandra de Jong	HPC	1:16.13 196900926				

Masters 50+

1. Katrien Delaender	BZK	1:13.61 20525/66	1:14.93	+0,77	35.62	1:14.93
<i>Kampioenschaps Record, Belgisch Masters Record</i>						
2. Marjan Remmits-De Lange	ZPC Woerden	1:15.86 196300518	1:15.71	+0,71	35.94	1:15.71
3. Carla Mol	ZPCH	1:22.08 196600244	1:21.27	+0,90	37.46	1:21.27
4. Jacqueline Rolloos-Bakkers	De Lansingh	1:19.78 196300222	1:22.87	+1,00	37.71	1:22.87
5. Annemarie Vuist	Swol 1894	1:26.11 196300282	1:25.42	+0,96	40.64	1:25.42
6. Feikje Wittermans	WIDEX GZC DONK	1:25.09 196400408	1:25.82	+0,87	39.28	1:25.82
7. Sandra Hoofs-Buil	The Hague Swimming (SG)	1:25.67 196600678	1:29.93	+0,82	41.96	1:29.93
8. Anita Steijger	WVZ	1:34.88 196500628	1:34.18	+1,09	44.43	1:34.18
9. Gonnies Paas	ZVVS	1:32.36 196200418	1:35.16	+0,87	45.94	1:35.16
AFGEM Ellen Parma	Triton	1:36.90 196200366				

Masters 55+

1. Marijke Kraak-Beckers	WS Twente	1:24.64 196000240	1:23.46	+0,84	39.81	1:23.46
2. Olga Kedrova	Poseidon	1:26.49 037010	1:24.24	+0,90	39.44	1:24.24
3. Mathilde Vink	Swol 1894	1:24.18 195800128	1:26.49	+0,94	40.22	1:26.49
4. Patty Verhagen	PSV	1:24.92 195900146	1:27.55	+0,90	40.60	1:27.55
5. Jennie Resink-Lindeboom	DWK	1:37.91 196000142	1:37.17	+0,99	46.94	1:37.17
6. Lia Bijkerk	WIDEX GZC DONK	1:41.37 196000014	1:43.11	+0,97	48.40	1:43.11
DIS Petra Tossings	DAW	1:23.40 196100376				
<i>RH - Did not touch finish in back position</i>						

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	1:21.73 195600048	1:19.05	+0,77	36.90	1:19.05
<i>Europees Masters Record</i>						
2. Patty Krupiarz	PLONS	1:34.82 195400074	1:37.74	+0,81	44.60	1:37.74
3. Carla Hensen	PSV	1:38.23 195300062	1:41.87	+1,06	46.37	1:41.87
4. Tineke Brouwer-Maat	Zwemvereniging Westland	1:45.76 195300074	1:42.38	+1,05	48.59	1:42.38

Masters 65+

1. Christien Nieuwenhuis	Swol 1894	1:25.93 195100022	1:26.67	+0,75	40.45	1:26.67
<i>Nederlands Masters Record</i>						
2. Valentina Ulybysheva	Poseidon	1:44.72 037036	1:46.05	+0,90	48.94	1:46.05
AFGEM Conny Boer-Buys	ZVVS	1:31.73 195000006				

Programmanr. 26, Dames, 100m wisselslag

Masters 70+

1. A. Verhoeven - Steggerda	De Duinkickers	2:02.03	194600024	1:58.08	+1,01	59.84	1:58.08
2. Matty van der Veen	Old Dutch	2:03.46	194400020	2:04.99	+1,21	1:05.16	2:04.99

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Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Christiaan Zwaal	MSV-Zeemacht	199503881	1:58.57	+0,70		26.87	56.63	1:27.62	1:58.57
2. Coen de Bruijn	Hieronymus	199205151	1:59.58	+0,71		26.63	57.15	1:28.35	1:59.58
3. Auke Koops	De Zwoer	199502455	2:05.31	+0,74		28.16	1:01.01	1:33.51	2:05.31
4. Niels Versteeg	De Ward	199502697	2:07.01	+0,73		28.24	1:00.23	1:33.94	2:07.01
5. Thijs van den End	ZPC Woerden	199306803	2:07.10	+0,96	821	28.62	1:00.56	1:33.76	2:07.10
6. Hans Stoffers	Triton Putten	199604027	2:12.22	+0,70		29.72	1:03.30	1:38.48	2:12.22
7. Thijs de Vos	De Rijn	199600675	2:19.14	+0,67		29.73	1:04.54	1:42.34	2:19.14

Masters 25+

1. Kevin Eltink	DWK	199100589	1:52.53	+0,78		25.64	53.89	1:23.01	1:52.53
<i>Nederlands Masters Record</i>									
2. Erik Simons	d'ELFT WAVE (SG)	198902845	1:54.29	+0,74		26.12	55.11	1:24.49	1:54.29
3. Tim Bunnik	Triton	199000505	2:03.42	+0,78		27.16	58.48	1:30.91	2:03.42
4. Bart Kiesewetter	TRB-RES	199101203	2:05.66	+0,73		28.26	59.81	1:33.33	2:05.66
5. Patrick Creemers	RZ	199000579	2:05.89	+0,70		28.56	1:00.65	1:33.83	2:05.89
6. Juan Vinagre Sendino	CNSW	005255/90	2:08.02	+0,83		28.14	1:00.28	1:34.31	2:08.02
7. Joost Schasfoort	De Dinkel	199002649	2:18.67	+0,69		31.05	1:05.93	1:42.76	2:18.67
8. Patrick Holthuisen	d'ELFT WAVE (SG)	199107681	2:19.37	+0,63		30.43	1:04.07	1:40.87	2:19.37
9. Mark Godwaldt	PSV	198701039	2:21.90	+0,80		31.26	1:06.53	1:44.26	2:21.90
10. Patrick de Jonge	ZPC Woerden	198906635	2:24.51	+0,81		30.93	1:06.05	1:44.42	2:24.51
11. Eric Kalee	Zwemvereniging Hoogland	199005307	2:29.06	+0,98		33.14	1:10.80	1:50.42	2:29.06
12. Dennis Kraakman	DAW	198705325	2:31.97	+0,65		32.92	1:11.27	1:52.17	2:31.97
AFGEM Klaas van Beek	ZV Haerlem	198805941							
AFGEM Alex Schelvis	LZ 1886	198702927							

Masters 30+

1. Erik Schröder	TriVia	198402025	2:01.38	+0,83		27.60	57.96	1:29.92	2:01.38
2. Kristiaan Lenos	LZ 1886	198301331	2:01.86	+0,73		27.00	57.21	1:29.29	2:01.86
3. Jim Geestman	RSW (SG)	198300699	2:06.56	+0,82		28.30	1:00.03	1:33.24	2:06.56
4. Tim van den Berg	MNC Dordrecht	198500157	2:11.34	+0,75		30.28	1:03.78	1:37.85	2:11.34
5. Sebastiaan Baars	WS Twente	198300053	2:24.28	+0,94		32.58	1:09.26	1:47.28	2:24.28
AFGEM Dennis Kuipers	Inktvis-De Pinquin (SG)	198601787							
AFGEM Rob van Wanrooy	Gay Swim Amsterdam	198202627							

Masters 35+

1. Nol van Thull	d'ELFT WAVE (SG)	198001513	1:57.69	+0,90		26.38	55.69	1:26.57	1:57.69
<i>Kampioenschaps Record</i>									
2. Evgeny Ryzhov	Sprut	101628	2:04.64	+0,89		28.38	59.43	1:32.13	2:04.64
3. Ivo Roozeboom	WVZ	197700801	2:05.88	+0,77		28.80	1:01.22	1:34.18	2:05.88
4. Mark Zwart	Zwemlust-den Hommel	197901461	2:09.04	+0,82		28.90	1:01.40	1:34.97	2:09.04
5. Marcel Reefhuis	WS Twente	198101381	2:09.25	+0,75		29.80	1:02.67	1:36.10	2:09.25
6. Freddie Geerlings	NIMO	197900379	2:12.02	+0,78		30.43	1:03.35	1:37.63	2:12.02
7. Mark Hensen	Van Vliet-Barracuda	197900497	2:13.66	+0,81		28.84	1:02.30	1:37.86	2:13.66
8. Heijmen van Vliet	Wiekslag	198001637	2:13.75	+0,73		30.98	1:05.09	1:39.66	2:13.75
9. Stan Dekker	PLONS	197901823	2:13.79	+0,88		30.71	1:04.35	1:39.39	2:13.79
10. Raymond Oosterbaan	WIDEX GZC DONK	197700711	2:14.16	+0,90		30.35	1:04.84	1:39.68	2:14.16
11. Martijn Beglinger	Old Dutch	197801869	2:16.07	+0,81		31.23	1:05.77	1:41.60	2:16.07
12. Michel Wigbers	DWT	198001743	2:20.48	+0,79		31.68	1:06.72	1:43.34	2:20.48
13. Peter Eshuis	DBD	198000375	2:23.03	+0,78		32.22	1:08.31	1:45.45	2:23.03

Programmanr. 27, Heren, 200m vrije slag, Masters 35+

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
14. Rutger Stam	Zwemvereniging Hoogland	198102463	2:24.46	+0,83		32.55	1:09.19	1:47.60	2:24.46
15. Steven Prins	PLONS	197901833	2:25.88	+0,76		33.46	1:10.12	1:47.79	2:25.88

Masters 40+

1. John Cobussen	De Gelsenberg	197501323	2:08.21	+0,74		28.78	1:00.97	1:34.32	2:08.21
2. Joeri Stoffels	AZC	197300851	2:09.22	+0,86		28.88	1:01.14	1:35.00	2:09.22
3. Alex Damen	DAW	197501371	2:10.72	+0,81		29.96	1:03.58	1:37.63	2:10.72
4. Patrick Kers	Zoetermeer	197200499	2:13.70	+0,80		30.22	1:02.78	1:37.50	2:13.70
5. Erik Lamers	De Gelsenberg	197500507	2:17.79	+0,70		30.84	1:05.60	1:41.72	2:17.79
6. Casper van den Burgh	LZ 1886	197201413	2:18.89	+0,80		31.73	1:06.66	1:43.82	2:18.89
7. Erwin Zuidervelt	De Futen	197501015	2:18.94	+0,84		30.76	1:05.68	1:42.38	2:18.94
8. Harold Brouwer	De Gelsenberg	197201569	2:22.74	+0,87		31.81	1:07.98	1:45.89	2:22.74
9. Rogier Becker	De Dinkel	197301439	2:25.77	+0,84		31.75	1:07.98	1:46.92	2:25.77
10. Roger Flinterman	WVZ	197601261	2:28.81	+0,97		34.43	1:12.66	1:51.63	2:28.81
11. Wouter van der Stelt	Den Doorn	197200889	2:29.12	+0,75		33.22	1:10.72	1:49.62	2:29.12
12. Mike Molenaar	Zoetermeer	197201493	2:43.78	+0,83		37.27	1:18.86	2:02.79	2:43.78

Masters 45+

1. Glen le Clercq	De Rog	196800177	2:05.15	+0,74		28.52	1:01.10	1:32.98	2:05.15
2. Jan Goossens	GZVN	11003/68	2:06.08	+0,59		29.19	1:01.30	1:34.14	2:06.08
3. Arjan Bellaart	Het Y	196900079	2:13.74	+0,73		29.74	1:03.34	1:38.46	2:13.74
4. Arno Hofmeijer	WS Twente	196900409	2:17.18	+0,92		31.01	1:05.52	1:42.74	2:17.18
5. Frank v Nobelen	Sassenheim	196900753	2:18.25	+0,77		31.55	1:06.40	1:42.44	2:18.25
6. Wiljo Mackus	Budel	197101557	2:25.37	+1,03		31.67	1:08.23	1:47.26	2:25.37
7. Michel van Wingerden	DWK	196701629	2:27.46	+0,98		32.58	1:09.07	1:47.99	2:27.46
8. Jean-Francois Folie	CNSW	000285/69	2:30.10	+1,00		33.29	1:11.32	1:50.77	2:30.10
AFGEM Roland Klein-Bölting	Bocholter WSV	74076							

Masters 50+

1. Edwin v. Norden	ZPC AMERSFOORT	196300563	2:08.26	+0,69		29.52	1:02.51	1:35.79	2:08.26
2. Johan Remmits	ZPC Woerden	196201159	2:08.98	+0,83		29.42	1:02.46	1:35.92	2:08.98
3. Jan Brink	ZPC De Zeeuwse Kust	196200091	2:09.19	+0,76		29.08	1:02.10	1:35.89	2:09.19
4. Bob de Vries	Aquapoldro	196601101	2:10.91	+0,79		30.43	1:04.44	1:38.40	2:10.91
5. Sergey Makarychev	Poseidon	037018	2:11.46	+0,70		31.55	1:04.95	1:38.72	2:11.46
6. Phil Trethewie	Old Dutch	196501315	2:17.03	+0,83		31.59	1:05.60	1:41.12	2:17.03
7. Rob Spetter	De Rog	196201239	2:18.31	+0,67		31.03	1:05.47	1:41.91	2:18.31
8. Rob Verheul	TRB-RES	196601571	2:19.94	+0,77		31.40	1:06.28	1:42.79	2:19.94
9. Otto Jansen	LZ 1886	196501403	2:21.72	+0,83		31.00	1:06.33	1:44.13	2:21.72
10. Robin Prins	De Geul	196200515	2:29.82	+0,85		33.27	1:11.37	1:50.78	2:29.82
11. Fred Dijkshoorn	Zwemvereniging Westland	196501539	2:30.14	+0,76		33.38	1:11.68	1:51.95	2:30.14
12. Freddy v.d. Veen	ZVVS	196601161	2:30.60	+0,98		33.53	1:10.77	1:50.33	2:30.60
13. Eric Langhorst	De Rijn	196200389	2:31.82	+1,01		34.44	1:13.13	1:53.13	2:31.82
14. Pieter-Sjoerd de Wijn	Aqua-Novio'94	196501027	2:33.19	+0,82		35.85	1:14.68	1:53.33	2:33.19
15. Jan Smalheer	SCOM	196400701	2:34.06	+0,94		34.84	1:13.45	1:53.37	2:34.06
50m*									
16. Ruud Kennis	Budel	196501555	2:36.13	+0,79		34.00	1:12.66	1:54.97	2:36.13
17. Erik Saan	De Duck	196500769	2:41.23	+0,97		33.86	1:14.13	1:57.02	2:41.23
18. Eric Tijms	OEZA	196401125	2:45.23	+0,93		35.45	1:16.36	1:59.99	2:45.23
19. René Speelman	De Spatters	196601521	2:47.17	+0,84		35.83	1:16.23	2:00.35	2:47.17
AFGEM Gert Sikkema	ZIGNEA	196300687							

Masters 55+

1. Marten de Groot	HZ&PC Heerenveen	195800149	2:10.68	+0,79		30.22	1:03.51	1:37.50	2:10.68
2. Arno Wouters	ZPC De Zeeuwse Kust	195800667	2:17.75	+0,88		31.15	1:05.99	1:42.32	2:17.75
3. Ronald Grove	Oceanus	196100161	2:19.35	+0,79		31.30	1:07.31	1:44.05	2:19.35
4. Lionel Godeaux	CNSW	000217/60	2:21.33	+0,70		30.39	1:05.96	1:43.97	2:21.33
5. Ralph Caster	RZ	196100069	2:28.97	+0,75		33.42	1:10.53	1:49.09	2:28.97
6. Wim Witjes	Aqua-Novio'94	195800483	2:32.35	+0,78		35.06	1:13.15	1:52.71	2:32.35
7. Wim de Lange	AZC	195800533	2:35.08	+0,91		33.56	1:11.08	1:52.85	2:35.08
8. Ronald van Ginneken	Hieronymus	196100827	2:37.07	+0,91		33.09	1:12.34	1:55.71	2:37.07

Programmanr. 27, Heren, 200m vrije slag, Masters 55+

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
9. Jos Zentjens	Budel	195700569	2:47.55	+0,91		36.12	1:16.94	2:02.08	2:47.55
10. Nico van Maanen	De Duck	196100371	2:50.59	+0,83		36.05	1:19.58	2:07.01	2:50.59
AFGEM Dirk Crok	OEZA	195800547							

Masters 60+

1. Hans Wijsman	PSV	195500427	2:26.35	+0,81		32.75	1:09.23	1:48.17	2:26.35
2. Henk Slomp	Inktvis-De Pinquin (SG)	195500359	2:33.22	+0,90		34.42	1:14.37	1:54.89	2:33.22

Masters 65+

1. Jos Kamps	Zwemvereniging Hoogland	195100085	2:52.16	+0,85		37.41	1:21.44	2:07.46	2:52.16
2. Hilbert Prins	OEZA	195100223	2:56.10	+1,03		40.53	1:24.45	2:10.83	2:56.10
3. Jaap Kwakkel	DAW	194700157	3:07.77	+0,93		40.66	1:28.92	2:19.60	3:07.77
4. Ludwig Lorenz	SV Gladbeck 13	127866	3:08.01	+1,00		44.66	1:32.01	2:21.21	3:08.01
5. Mar van Geel	Old Dutch	194700135	3:46.64	+1,21		47.51	1:43.47	2:44.89	3:46.64

Masters 70+

1. Alexander Bashmakov	Poseidon	037001	2:46.18	+1,00		39.24	1:21.81	2:04.92	2:46.18
<i>Russian Masters Record</i>									
2. Willem Putter	ZVVS	194500135	2:54.81	+0,93		37.32	1:21.26	2:08.56	2:54.81
3. Geza Kaltenecker	AZC	194200065	3:21.42	+0,96		42.61	1:35.41	2:29.65	3:21.42

Masters 75+

1. F. Hendrik De Bruijn	CN Aquamasters	0X0345415	2:59.07	+1,21		41.52	1:25.87	2:12.92	2:59.07
2. Frans van Enst	WS Twente	194000011	3:03.50	+1,09		38.49	1:25.48	2:15.09	3:03.50
3. Nic Geers	Z&PC De Gouwe	193800007	3:20.45	+1,07		47.77	1:40.07	2:32.29	3:20.45
4. Gregor Pompen	Aqua-Novio'94	193700021	3:37.56	+1,14		49.83	1:44.31	2:41.37	3:37.56

Masters 80+

1. Bob Berg	PSV	193300011	4:04.06	+1,37		50.29	1:55.66	3:02.66	4:04.06
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Programmanr. 28
23-01-2016 - 16:54

Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Tamara Grove	De Dolfijn	199601266	2:05.08	+0,72		29.05	1:01.23	1:33.17	2:05.08
<i>Nederlands Masters Record</i>									
2. Lindi Verkooijen	ZC Aquadream	199503826	2:12.64	+0,77		30.54	1:03.92	1:38.37	2:12.64
3. Fraukje Puts	HZ&PC Heerenveen	199206470	2:13.57	+0,76		31.21	1:05.43	1:39.30	2:13.57
4. Claudia den Ottelander	TRB-RES	199500552	2:19.05	+0,78		31.37	1:05.74	1:41.94	2:19.05
5. Aylin van Uffelen	ZPB H&L Productions	199600352	2:19.08	+0,76		32.28	1:07.48	1:43.46	2:19.08
6. Wendy de Bruin	ZOB'66	199206320	2:19.37	+0,66		31.61	1:06.43	1:43.24	2:19.37
7. Janine de Groot	Nova	199500092	2:20.15	+0,83		31.72	1:07.24	1:43.93	2:20.15
8. Janet van der Poel	LZ 1886	199301842	2:20.38	+0,71		31.79	1:07.20	1:43.71	2:20.38
9. Seline Koek	LZ 1886	199400622	2:21.59	+0,82		31.07	1:06.27	1:43.43	2:21.59
10. Denise van Zetten	Octopus	199600932	2:22.39	+0,77		31.85	1:07.92	1:45.79	2:22.39
11. Larissa Jansen	De Bevelanders	199500660	2:22.50	+0,82		32.15	1:07.95	1:44.91	2:22.50
12. Eva Engelen	NDD	199405514	2:22.75	+0,70		32.14	1:08.69	1:45.97	2:22.75
13. Amber Reijm	The Hague Swimming (SG)	199405434	2:23.99	+0,80		33.50	1:10.84	1:48.10	2:23.99
14. Moniek Heemskerck	LZ 1886	199601964	2:24.07	+0,73		32.40	1:08.45	1:46.17	2:24.07
15. Charine de Ruiter	Steenwijk 1934	199403668	2:32.23	+0,84		35.19	1:13.65	1:53.34	2:32.23
16. Anne Aarts	Aqua-Novio'94	199207942	2:32.71	+0,71		35.22	1:13.98	1:53.31	2:32.71
17. Lieke Janssen	NIMO	199305954	2:34.04	+0,87		34.45	1:13.99	1:54.52	2:34.04
18. Naomi van Gool	LZ 1886	199505166	2:34.95	+0,79		34.02	1:12.60	1:53.78	2:34.95
19. Ilse Blankvoort	Steenwijk 1934	199204458	2:39.13	+0,87		36.21	1:16.41	1:58.04	2:39.13
RES Merel Toussaint	d'ELFT WAVE (SG)	199203788							

Programmanr. 28, Dames, 200m vrije slag, Masters 20+

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
AFGEM Inge Koopman	ZV Haerlem	199303382							

Masters 25+

1. Wendan Poelstra	TriVia	199102496	2:10.00	+0,74		29.62	1:02.36	1:35.90	2:10.00
2. Cora van Dorst	De Krabben	199106218	2:11.02	+0,70		30.08	1:02.83	1:36.86	2:11.02
3. Maaike Vooren	DAW	199103324	2:12.58	+0,86		31.51	1:05.31	1:39.41	2:12.58
4. Rosanne de Boer	LZ 1886	199104060	2:19.85	+0,79		32.12	1:07.96	1:44.11	2:19.85
5. Mandy Verbakel	ZPC Woerden	199003908	2:20.42	+0,77		31.58	1:07.39	1:44.45	2:20.42
6. Sabine Lina	ZPC Woerden	198902680	2:20.75	+0,73		32.29	1:07.96	1:44.25	2:20.75
7. Tessa Mosch	MSV-Zeemacht	199102172	2:21.14	+0,69		30.72	1:06.71	1:44.28	2:21.14
8. Anne Duijst	De Haaien	198901030	2:21.52	+0,81		31.89	1:07.76	1:45.11	2:21.52
9. Martje Godschalk	De IJsel	199001186	2:21.85	+0,65		31.17	1:06.86	1:43.89	2:21.85
10. Ilse van den Wijngaard	ZPC Woerden	198904736	2:23.40	+0,81		32.34	1:08.58	1:45.84	2:23.40
11. Tonny Klop-Methorst	De Biesboschzwemmers	198802998	2:23.64	+0,86		32.12	1:08.39	1:45.98	2:23.64
12. Tamara Caspers	LZ 1886	199007272	2:24.57	+0,79		31.79	1:08.06	1:46.40	2:24.57
13. Charlotte Six	CNSW	003821/88	2:25.20	+0,85		33.80	1:10.87	1:48.40	2:25.20
14. Melina Dejonckheere	CNSW	001610/91	2:32.66	+0,89		35.73	1:14.29	1:54.09	2:32.66
15. Henrike de Vries	WS Twente	198907460	2:34.43	+1,00		35.38	1:13.72	1:53.96	2:34.43
16. Cora Vinagre Sendino	CNSW	003824/88	2:36.07	+0,85		34.74	1:13.60	1:54.61	2:36.07
17. Fleur Maas	WVZ	198902768	2:40.38	+0,96		36.42	1:17.29	1:59.18	2:40.38
18. Lisette Van Sintruije	DWF	199108554	2:48.06	+0,81		37.24	1:19.07	2:04.06	2:48.06
19. Janneke Wynia	WS Twente	199005500	2:48.07	+0,92		38.04	1:20.27	2:04.04	2:48.07
20. Annebeth van Ark	Octopus	198805588	2:53.90	+0,82		38.97	1:23.03	2:08.83	2:53.90
OPG Renske Eilers	Zwemvereniging Hoogland	198806072							
AFGEM Vera Geurken	De Rijn	198801378							

Masters 30+

1. Nadya Putter	ZVVS	198301630	2:15.31	+0,76		31.67	1:05.83	1:40.53	2:15.31
2. Ann Van Beylen	RSCM	20264/84	2:17.35	+0,89		31.07	1:05.46	1:41.04	2:17.35
3. Ramona Linting	AZC	198301274	2:23.56	+0,73		32.93	1:09.26	1:46.74	2:23.56
4. Linda Hoogendam	WVZ	198300892	2:29.37	+0,80		35.71	1:14.34	1:53.52	2:29.37
5. Isaline Manchel	CNSW	001284/85	2:32.89	+0,86		36.25	1:15.07	1:54.06	2:32.89
6. Paulien Schokker	WS Twente	198302876	2:33.39	+0,89		35.45	1:13.91	1:53.82	2:33.39
7. Sandra Koenig	CNSW	002644/86	2:38.54	+0,84		36.44	1:16.62	1:58.05	2:38.54
8. Aafke Groot	De Geul	198302748	2:40.93	+0,94		36.28	1:16.69	1:59.26	2:40.93
9. Sylvia Reijers	De Gelenberg	198201360	2:43.59	+0,95		35.58	1:15.56	1:59.24	2:43.59
10. Rianne in 't Hout	RSW (SG)	198403512	2:50.54	+0,88		38.10	1:21.11	2:06.58	2:50.54
11. Fabienne Jeukens	Zwemvereniging Hoogland	198401156	2:51.50	+0,94		36.11	1:19.61	2:05.97	2:51.50
12. Annemarie de Zeeuw	ZVS	198201950	2:57.89	+0,78		40.54	1:24.69	2:10.49	2:57.89

Masters 35+

1. Anke Lambooj	De Vliet (SG)	198001182	2:22.21	+0,80		30.40	1:05.14	1:42.71	2:22.21
2. Angela Koekkoek	Triton	197901516	2:28.06	+0,79		33.14	1:09.88	1:48.24	2:28.06
3. Agnes van Brug	DAW	198001726	2:31.35	+0,78		34.33	1:12.44	1:52.13	2:31.35
4. Severine Bayre	CNSW	004275/78	2:37.46	+1,03		36.95	1:16.83	1:57.84	2:37.46
5. Natasja Forat	ZPC De Zeeuwse Kust	197701186	2:37.60	+0,86		35.67	1:16.25	1:58.38	2:37.60
6. Andrea Gerbrands	WVZ	198100904	2:39.71	+0,92		38.19	1:17.78	1:58.66	2:39.71
7. Rianne van Vegchelen	Deltasteur	198101530	3:14.65	+1,13		42.09	1:31.55	2:23.15	3:14.65

Masters 40+

1. Liselotte Joling	PSV	197500268	2:22.73	+0,85		32.74	1:09.33	1:46.44	2:22.73
2. Marian Nederlof	DWF	197600950	2:40.07	+0,88		35.90	1:16.19	1:58.22	2:40.07
3. Yulia Trofimova	Black Sepia	034010	2:42.87	+0,84		38.07	1:20.30	2:03.25	2:42.87
4. Ingrid Versteegen	DBD	197300770	2:55.50	+0,85		40.45	1:24.82	2:10.51	2:55.50
5. Inge Lolkema-Soeters	Steenwijk 1934	197300934	3:04.10	+0,78		40.12	1:26.12	2:15.33	3:04.10
AFGEM Titia Hartog-van Gurp	RSW (SG)	197300928							

Programmanr. 28, Dames, 200m vrije slag

Masters 45+

1. Annette de Visser	Oceanus	197100602	2:21.88	+0,80	32.06	1:07.54	1:44.59	2:21.88
2. Heidi van Stein	LZ 1886	196900864	2:23.45	+0,81	32.32	1:08.13	1:45.47	2:23.45
3. Valerie Rolland	CNSW	004276/71	2:29.54	+0,68	35.13	1:12.18	1:50.69	2:29.54
4. Jolanta Duleviciene	Kauno Takas		2:31.81	+0,82	35.48	1:13.97	1:53.32	2:31.81
<i>Lithuanian Masters Record</i>								
5. Laura Staal	Oceanus	196700358	2:37.41	+0,86	35.18	1:14.27	1:55.36	2:37.41
6. Inken Wemheuer	DWT	197101016	2:38.27	+0,81	36.01	1:15.78	1:57.30	2:38.27
7. Marion Broekhuis	WS Twente	196800060	2:40.27	+0,72	36.50	1:16.84	1:59.02	2:40.27
8. Iris van Aurich	DWK	196900866	2:41.39	+0,83	36.15	1:17.51	2:00.72	2:41.39
9. Joyce Brummelkamp	ZVVS	197000952	2:43.12	+0,97	37.16	1:18.16	2:01.26	2:43.12
10. Annet Kootstra	Swol 1894	197100344	2:47.21	+0,87	38.33	1:20.89	2:05.15	2:47.21
11. Marijke Campfens	De Geul	196900960	2:47.24	+0,97	36.09	1:16.89	2:01.18	2:47.24
12. Kristien Van de Moortel	ShaRK	20315/69	2:51.68	+0,83	38.15	1:22.12	2:07.22	2:51.68
13. Ingeborg Stokx	DAW	196700666	2:55.09	+0,74	38.61	1:22.92	2:09.90	2:55.09
14. Annette van Dok	MSV-Zeemacht	196800742	2:55.72	+0,93	38.92	1:23.07	2:09.83	2:55.72
15. Hetty Smalheer	SCOM	196700352	3:00.93	+1,02	40.60	1:26.94	2:14.48	3:00.93
16. Sandra Daamen-Posma	AZC	196800854	3:01.99	+0,92	40.64	1:26.71	2:15.65	3:01.99
AFGEM Henriëtte v. Norden	ZPC AMERSFOORT	196800046						

Masters 50+

1. Jacqueline Tuin	DAW	196600690	2:36.86	+0,71	35.75	1:15.70	1:56.60	2:36.86
2. Jeannette Ruesink	WS Twente	196300212	2:38.97	+0,81	37.83	1:17.93	1:58.79	2:38.97
3. Petra Casteleijn	ZPC AMERSFOORT	196600098	2:39.09	+0,90	36.83	1:16.72	1:58.34	2:39.09
4. Wilna Heijman	Steenwijk 1934	196400506	2:39.23	+0,84	36.42	1:16.63	1:57.87	2:39.23
5. Friderika Kerekes	ZPC AMERSFOORT	196500540	3:00.02	+0,87	40.81	1:27.31	2:14.13	3:00.02
6. R. Speelman-Tigelaar	De Spatters	196600664	3:07.53	+0,87	37.81	1:21.64	2:07.73	3:07.53
7. Erica Muller	De Geul	196400412	3:19.22	+0,75	43.16	1:31.95	2:25.24	3:19.22
AFGEM Ellen Parma	Triton	196200366						
AFGEM Katrin Pennings	PSV	196400570						

Masters 55+

1. Petra Tossings	DAW	196100376	2:41.62	+0,90	37.43	1:18.97	2:01.05	2:41.62
2. Patty Verhagen	PSV	195900146	2:42.89	+0,96	38.11	1:19.38	2:01.64	2:42.89
3. Marijke van Hoek	ZPC De Zeeuwse Kust	195800050	2:43.37	+0,86	36.27	1:17.17	2:00.26	2:43.37
4. Olga Kedrova	Poseidon	037010	2:45.28	+0,93	38.28	1:21.32	2:04.22	2:45.28

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	195600048	2:30.04	+0,79	34.19	1:11.83	1:50.88	2:30.04
<i>Europees Masters Record</i>								
2. Ineke Weekers	PSV	195300050	2:44.02	+0,82	38.61	1:20.43	2:03.12	2:44.02
3. Margriet Pasma	Inktvis-De Pinquin (SG)	195500088	2:50.46	+0,99	39.66	1:23.48	2:07.67	2:50.46
4. Anne De Sauvage	CNSW	005093/55	3:00.73	+0,92	40.89	1:27.69	2:15.05	3:00.73
<i>Belgisch Masters Record</i>								
5. Ineke Meijer	HZ&PC Heerenveen	195200034	3:22.23	+0,87	44.90	1:35.97	2:30.39	3:22.23

Masters 65+

1. Conny Boer-Buys	ZVVS	195000006	2:37.13	+0,93	35.93	1:15.89	1:57.65	2:37.13
<i>Europees Masters Record</i>								

Masters 70+

1. Corrie Verhoeven	PSV	194600026	3:03.19	+0,83	40.43	1:26.59	2:16.64	3:03.19
<i>Nederlands Masters Record</i>								
2. Mieke Strijbis-v.d.Kroft	DAW	194500004	3:38.33	+1,18	50.42	1:46.01	2:42.48	3:38.33

Programmanr. 28, Dames, 200m vrije slag

Masters 75+

1. Truus Ruiter 50m*	Old Dutch	194000004	4:33.06	58.67	2:09.26	3:21.84	4:33.06
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Programmanr. 29
23-01-2016 - 17:37

Heren, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Melvin Prins <i>Kampioenschaps Record</i>	Wiekslag	56.30 199500201	57.20	+0,71	26.37	57.20
2. Wimar Lindenberg	Hieronymus	58.63 199601857	58.22	+0,62	26.64	58.22
3. Roderick van Doeselaar	De Rijn	58.16 199200261	58.69	+0,70	27.27	58.69
4. Christiaan Zwaal	MSV-Zeemacht	59.22 199503881	59.51	+0,64	26.95	59.51
5. Lars Schoffelmeer	ZPB H&L Productions	58.77 199501907	59.92	+0,71	27.22	59.92
6. Nick Cleintuar	ZVVS	59.48 199503781	1:00.04	+0,74	27.58	1:00.04
7. Teun Strijbosch	Merlet	58.25 199603041	1:00.45	+0,68	28.21	1:00.45
8. Romero Hennep	De Kempvis	59.20 199304929	1:00.58	+0,67	27.85	1:00.58
9. Emiel van Beusekom	Van Vliet-Barracuda	1:00.33 199403951	1:02.01	+0,81	28.41	1:02.01
10. Nick Sijmons	De Amstel	1:01.62 199500491	1:02.53	+0,72	28.83	1:02.53
11. Niels Versteeg	De Ward	1:04.85 199502697	1:03.78	+0,82	29.48	1:03.78
12. Jeffrey Camphens	DWT	1:03.86 199503113	1:04.57	+0,72	29.86	1:04.57
13. Robin Eltink	DWK	1:02.48 199406147	1:05.78	+0,86	30.10	1:05.78
14. Jordy Jongenelen	ZC Aquadream	1:05.32 199504995	1:07.48	+0,63	31.16	1:07.48
15. Lex Wortman	AZC	1:08.82 199503563	1:09.26	+0,89	31.38	1:09.26
16. Jesper Honken	Nova	1:07.06 199600085	1:09.62	+0,75	30.88	1:09.62
17. Igor Peters	ZVS	1:10.51 199201809	1:10.15	+0,78	30.83	1:10.15
18. Nick van der Krogt	LZ 1886	1:07.75 199501313	1:10.48	+0,73	32.16	1:10.48

Masters 25+

1. Emile Manni	Octopus	57.95 199001901	59.37	+0,64	27.18	59.37
2. Bastian Zoon	MGO (SG)	1:02.00 198703929	1:04.37	+0,70	29.23	1:04.37
3. Maik Steenkamp	Montferland	1:05.31 199103847	1:04.41	+0,77	29.98	1:04.41
4. Roy Pattipeiluhu	RSW (SG)	1:06.93 199101761	1:07.07	+0,72	31.47	1:07.07
5. Rens Post	WVZ	1:08.38 199101827	1:07.10	+0,75	30.30	1:07.10
6. Davy Vermaas	ZPB H&L Productions	1:10.32 199003041	1:09.88	+0,80	32.00	1:09.88
7. Ferdy van Mastrigt	RSW (SG)	1:09.97 198802315	1:12.43	+0,75	31.97	1:12.43
AFGEM Alex Schelvis	LZ 1886	57.69 198702927				

Masters 30+

1. Rick Driezen	Steenwijk 1934	1:01.16 198600713	1:00.75	+0,80	27.88	1:00.75
2. Lauren Vis	Steenwijk 1934	1:00.73 198201883	1:02.31	+0,69	28.58	1:02.31
3. Erik Drewes	De Biesboschzweimmers	1:03.64 198400543	1:06.71	+0,79	29.95	1:06.71
4. Robert Dekker	De Veene	1:09.19 198400443	1:06.79	+0,83	31.07	1:06.79
5. Frank van der Voordt	MGO (SG)	1:06.11 198302259	1:08.84	+0,76	31.15	1:08.84
6. Ferry Blangé	ZOB'66	1:08.28 198300185	1:09.05	+0,75	31.46	1:09.05
7. Peter van de Bor	DWT	1:15.46 198402897	1:15.12	+0,82	33.58	1:15.12

Masters 35+

1. Jeroen Zelsmann	Upstream Amsterdam	1:04.85 197701551	1:04.87	+0,72	29.01	1:04.87
2. Ronald Koeckhoven	Zwemvereniging Westland	1:06.26 198102017	1:05.00	+0,80	29.01	1:05.00
3. Heijmen van Vliet	Wiekslag	1:08.90 198001637	1:06.25	+0,74	31.37	1:06.25
4. Markus van Rest	WVZ	1:05.19 197701197	1:06.93	+0,90	30.79	1:06.93
5. Kars Luttkik	DAW	1:07.60 197800675	1:07.79	+0,73	30.91	1:07.79
6. Gerrit Klaas van der Vaart	De Haaien	1:09.89 198001551	1:10.55	+0,79	32.04	1:10.55
7. Steven Prins	PLONS	1:18.22 197901833	1:17.46	+0,76	35.66	1:17.46

Programmanr. 29, Heren, 100m vlinderslag

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	1:00.48	197600889	1:02.12	+0,80	28.62	1:02.12
2. Kelvin Isselt	RZ	1:04.73	197601119	1:04.67	+0,78	29.92	1:04.67
3. Michael Bes	MSV-Zeemacht	1:06.61	197201205	1:05.68	+0,72	30.57	1:05.68
4. Patrick Kers	Zoetermeer	1:07.37	197200499	1:08.29	+0,86	31.07	1:08.29
5. Alex Damen	DAW	1:06.87	197501371	1:08.56	+0,83	31.83	1:08.56
6. Sergey Petrov	Poseidon	1:10.28	102211	1:08.79	+0,75	31.74	1:08.79
7. Machiel Stolk	Swol 1894	1:10.20	197400779	1:08.96	+0,85	31.20	1:08.96
8. Joeri Stoffels	AZC	1:09.22	197300851	1:10.22	+0,82	32.37	1:10.22
9. Heiner Stevens	ZIGNEA	1:08.00	197201299	1:10.82	+0,82	30.76	1:10.82
10. Ramon de Bondt	ZPB H&L Productions	1:10.29	197300105	1:13.13	+1,01	33.31	1:13.13

Masters 45+

1. Jean-Phillippe Paap	ZPC De Hof	1:05.12	197000791	1:04.65	+0,82	29.72	1:04.65
2. Antwan van Engen	De Ward	1:06.30	197101577	1:04.89	+0,75	30.46	1:04.89
3. Richard Ricksen	NIMO	1:08.08	197000841	1:07.95	+0,85	31.43	1:07.95
4. Marc Bleeker	d'ELFT WAVE (SG)	1:06.48	196901729	1:08.02	+0,95	30.92	1:08.02
5. René Beetsma	HZ&PC Heerenveen	1:07.10	196900069	1:08.21	+0,77	31.33	1:08.21
6. Frank v Nobelen	Sassenheim	1:08.76	196900753	1:10.48	+0,75	32.49	1:10.48
7. Konstantin Sklyar	TG Lage 1862	1:12.19	321129	1:11.66	+0,83	33.98	1:11.66
8. Arvydas Burinskis	Kauno Takas	1:10.27		1:11.99	+0,70	33.21	1:11.99
9. Hans Schoenmakers	DAW	1:16.51	196900863	1:16.08	+0,71	34.36	1:16.08
10. Danny Zulver	ZVVS	1:14.57	196701617	1:19.44	+0,80	36.06	1:19.44
RES Harald Mulder	WVZ	1:15.91	196701459				

Masters 50+

1. Jan Gert Notenbomer	Upstream Amsterdam	1:02.92	196600557	1:04.01	+0,76	29.75	1:04.01
2. Peter Bernsen	De Rog	1:07.38	196301119	1:06.75	+0,69	30.82	1:06.75
3. Simon Franken	ZV Haerlem	1:10.65	196601581	1:09.66	+0,76	32.31	1:09.66
4. Wiljam Nijenhuis	De IJssel	1:10.47	196400547	1:11.17	+0,82	32.68	1:11.17
5. Rene de Boer	DAW	1:11.15	196400087	1:12.64	+0,85	33.73	1:12.64
6. John Stokx	DAW	1:13.37	196401341	1:13.74	+0,79	34.27	1:13.74
7. Rob Verheul	TRB-RES	1:19.00	196601571	1:16.14	+0,79	34.27	1:16.14

Masters 55+

1. Jan Willem Heuten	WS Twente	1:23.30	196000883	1:24.97	+0,96	39.70	1:24.97
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Masters 60+

1. Paul Bunnik	Triton	1:19.19	195600413	1:19.63	+1,03	36.52	1:19.63
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Masters 65+

1. Piet Schop	De Bevelanders	1:23.31	195000109	1:32.64	+0,65	41.06	1:32.64
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Masters 70+

1. Rob Hanou	PSV	1:39.19	194300109	1:46.90	+1,16	49.35	1:46.90
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Masters 75+

1. J. Canales de Mendoza	R.C. Mediterraneo	1:26.48		1:26.43	+0,94	40.21	1:26.43
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Europees Masters Record

Programmanr. 30
23-01-2016 - 17:52

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Maud Hoofs	The Hague Swimming (SG)	1:05.00 199501206	1:06.53	+0,72	30.99	1:06.53
2. Stéphanie Bergsma	Dedemsvaart-AC	1:06.50 199203374	1:07.34	+0,69	31.28	1:07.34
3. Adaja Stoetman	TriVia	1:07.35 199600348	1:07.61	+0,82	30.96	1:07.61
4. Karen Stolk	TriVia	1:07.49 199403950	1:09.39	+0,75	31.85	1:09.39
5. Lianne Molkenboer	EZC	1:09.29 199602034	1:10.15	+0,78	31.38	1:10.15
6. Janet van der Poel	LZ 1886	1:09.19 199301842	1:10.44	+0,75	32.06	1:10.44
7. Maike Korthout	TRB-RES	1:09.70 199406034	1:10.78	+0,67	32.79	1:10.78
8. Fraukje Puts	HZ&PC Heerenveen	1:10.24 199206470	1:11.56	+0,81	33.44	1:11.56
9. Vera van den Oord	Nautilus	1:11.64 199405432	1:11.62	+0,80	32.33	1:11.62
10. Whitney van Hoeckel	DIO	1:10.31 199402390	1:12.84	+0,76	34.65	1:12.84
11. Moniek Heemskerck	LZ 1886	1:11.89 199601964	1:14.17	+0,71	34.31	1:14.17
12. Karin Verbeek	Nautilus	1:12.08 199201848	1:14.27	+0,76	34.03	1:14.27
13. Eva Engelen	NDD	1:12.91 199405514	1:17.04	+0,73	33.84	1:17.04
14. Julia Wortman	AZC	1:16.39 199603666	1:17.10	+0,83	33.61	1:17.10
15. Debby Kraaijeveld	DWF	1:11.13 199601358	1:17.29	+0,78	34.71	1:17.29
AFGEM Krista Kostwinder	SCOM	1:15.07 199401058				
AFGEM Suzanne Mosch	MSV-Zeemacht	1:07.85 199400548				
Masters 25+						
1. Charlotte Groeneveld	UZSC	1:08.98 198701404	1:08.29	+0,81	31.90	1:08.29
2. Jolanda Post	DIO	1:07.59 199004848	1:09.35	+0,71	31.74	1:09.35
3. Fanny Koenig	CNSW	1:08.90 003083/89	1:11.28	+0,77	32.97	1:11.28
4. Monique Lindenbergh	De Bevelanders	1:11.96 199002360	1:11.56	+0,80	32.93	1:11.56
5. Maaïke van Diggele	ZPB H&L Productions	1:17.83 198700868	1:13.73	+0,84	33.05	1:13.73
6. Linda Janssen	ZPB H&L Productions	1:16.84 198802088	1:13.76	+0,86	34.43	1:13.76
7. Tamara Caspers	LZ 1886	1:13.24 199007272	1:15.39	+0,81	34.20	1:15.39
8. Laura Lutjes	WS Twente	1:13.42 199002424	1:17.24	+0,80	35.64	1:17.24
9. Karin Hovenkamp	De Spatters	1:14.81 198701850	1:17.37	+0,70	36.29	1:17.37
10. Liesbeth van Mill	DWK	1:17.77 198702786	1:18.21	+0,89	36.14	1:18.21
11. Liset de Veer	Aqua-Novio'94	1:15.67 198704190	1:19.66	+0,74	36.00	1:19.66
12. Brenda Geestman	ZPB H&L Productions	1:16.73 198701276	1:20.04	+0,81	35.51	1:20.04
13. Miriam Visserman	Octopus	1:21.36 198704364	1:21.84	+0,69	36.36	1:21.84
14. Whitley Rens	MGO (SG)	1:20.49 199007520	1:22.21	+0,77	38.03	1:22.21
15. Kelly Bockting	Montferland	1:27.18 199104050	1:26.15	+0,83	38.79	1:26.15
16. Sabine Duijst	Zwemvereniging Hoogland	1:25.31 198701032	1:26.39	+0,94	38.55	1:26.39
17. Lonneke Oenema	Steenwijk 1934	1:24.56 199102314	1:26.53	+0,74	39.68	1:26.53
18. Lisette van den Bos	Poseidon'56	1:23.60 198700468	1:26.79	+0,87	38.54	1:26.79
AFGEM Kirsten Oosterhuis	Eemsrobber	1:10.63 198903136				
NG Lindsey Hol	De Meer	1:21.14 199008088				
Masters 30+						
1. Anique Willeme	De Dinkel	1:07.86 198604106	1:07.99	+0,75	32.05	1:07.99
2. Roos van Esch	d'ELFT WAVE (SG)	1:09.30 198200468	1:08.59	+0,80	32.40	1:08.59
3. Auke de Lange	AZC	1:15.79 198602226	1:19.06	+0,79	35.31	1:19.06
Masters 35+						
1. Chantal Verhoeff	Old Dutch	1:20.16 197900912	1:13.70	+0,90	33.38	1:13.70
2. Patricia Vos	TRB-RES	1:21.26 198001730	1:21.75	+0,84	37.24	1:21.75
3. Kirsten Savelberg	AZC	1:26.41 197901192	1:29.73	+0,71	40.35	1:29.73
4. Andrea Gerbrands	WVZ	1:24.76 198100904	1:32.14	+0,91	40.08	1:32.14
AFGEM Tonia Ruybroek	Poseidon'56	1:09.53 198101290				

Programmanr. 30, Dames, 100m vlinderslag

Masters 40+

1. Gudule van der Meer	PSV	1:10.89	197200396	1:10.26	+0,78	33.23	1:10.26
2. Edith Janssen-Koolen	TRB-RES	1:14.92	197300898	1:14.97	+0,75	34.20	1:14.97
3. Evelien van Klaarbergen	HZ&PC Heerenveen	1:16.10	197200964	1:17.18	+0,83	35.17	1:17.18
4. Mirjan den Drijver-Aarse	Zwemvereniging Westland	1:19.99	197500884	1:21.14	+0,83	36.53	1:21.14

Masters 45+

1. Jeanne Petit	De Dinkel	1:10.32	197001020	1:10.69	+0,78	33.23	1:10.69
<i>Kampioenschaps Record</i>							
2. Ingrid Boot-De Groot	De Aalscholver	1:09.49	197000168	1:11.33	+0,71	31.44	1:11.33
3. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	1:15.23	197000054	1:18.69	+0,97	36.12	1:18.69
4. Valerie Rolland	CNSW	1:24.62	004276/71	1:20.62	+0,76	38.33	1:20.62
5. Henriëtte Manting	GZVW	1:20.43	197100246	1:21.28	+0,98	36.54	1:21.28
6. Caroline Schreuder	Triton	1:23.17	196700550	1:26.71	+0,83	38.91	1:26.71
7. Peggi Hurenkamp	HZ&PC Heerenveen	1:24.78	196900922	1:28.15	+0,85	41.32	1:28.15

Masters 50+

1. Katrien Delaender	BZK	1:11.76	20525/66	1:11.46	+0,76	33.48	1:11.46
<i>Kampioenschaps Record, Belgisch Masters Record</i>							
2. Margriet Grove-Lingeman	Oceanus	1:19.02	196200080	1:21.82	+0,88	37.69	1:21.82
3. Susanne Prins - Molenvijk	De Geul	1:26.73	196600284	1:27.34	+0,78	39.28	1:27.34
4. Sandra Hoofs-Buil	The Hague Swimming (SG)	1:35.07	196600678	1:29.27	+0,86	41.04	1:29.27
5. Nicky Slinger	HPC	1:29.37	196600316	1:33.27	+0,97	41.30	1:33.27
6. Loreta Kabasinskiene	Kauno Takas	1:37.97		1:36.46	+0,93	44.08	1:36.46
DIS Marjan Remmits-De Lange	ZPC Woerden	1:14.75	196300518				
<i>AA - Started before the starting signal</i>							

Masters 55+

1. Mathilde Vink	Swol 1894	1:16.67	195800128	1:21.24	+0,95	37.53	1:21.24
2. Inge Wolfs	PLONS	1:21.39	196000304	1:22.57	+0,94	37.66	1:22.57
3. Claire Anthony	CNSW	1:24.12	001351/57	1:29.47	+0,93	40.00	1:29.47

Masters 60+

1. Carla Hensen	PSV	1:35.50	195300062	1:42.58	+1,03	47.41	1:42.58
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Masters 65+

1. Christien Nieuwenhuis	Swol 1894	1:27.63	195100022	1:32.69	+0,76	41.37	1:32.69
<i>Nederlands Masters Record, NMR 50m tt</i>							

Programmanr. 31
23-01-2016 - 18:11

4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT	
80+, Dames						
1.	LZ 1886	2:11.10		2:14.35	+0,84	
	Tamara Caspers	90 +0,84	34.12	Janet van der Poel	93 +0,55	31.72
	Moniek Heemskerck	96 +0,39	37.54	Seline Koek	94 +0,68	30.97
2.	De Geul 1	2:29.81		2:31.75	+0,65	
	Carmen Muijwijk	95 +0,65	35.75	Chadassa Mannee	95 +0,75	40.16
	Senna van Dongen	91 +0,54	41.56	Claudia de Win	91 +0,53	34.28
80+, Heren						
1.	De Kempvis 1	1:55.08		1:52.34	+0,66	
	Dennis Doove	92 +0,66	29.81	Jory Sloof	90 +0,26	27.85
	Romero Hennep	93 +0,38	29.82	Erik Wegman	92 +0,28	24.86

Programmanr. 31, 4 x 50m wisselslag

80+, Gemengd

1.	De Zwoer 1 Pieter Ytsma Sven Dogger	De Zwoer 95 +0,63 96 +0,11	29.35 29.59	2:09.86 Suzanne Lange Sigrid Dogger	92 +0,22 92 +0,02	31.61 27.88	1:58.43	+0,63
2.	ZC Aquadream 1 Vincent Dermaux Marissa Minkman	ZC Aquadream 96 +0,68 93 +0,30	29.35 34.90	2:04.36 Jordy Jongenelen Lindi Verkooijen	95 +0,37 95 +0,19	30.04 28.39	2:02.68	+0,68
3.	ZPC Woerden 1 Jamilla van Veen Sabine Lina	ZPC Woerden 96 +0,66 89 +0,43	30.75 38.35	2:09.19 Thijs van den End Michiel van Vliet	93 +0,67 95 +0,47	29.11 28.35	2:06.56	+0,66
4.	De Rijn 1 Chantal Hendriks Marte Stoorvogel	De Rijn 89 +0,77 95 +0,40	39.67 37.03	2:00.85 Roderick van Doeselaar Thijs de Vos	92 +0,16 96 +0,15	26.02 25.77	2:08.49	+0,77
5.	ZPB H&L Productions 1 Linda Janssen Aylin van Uffelen	ZPB H&L Productions 88 +0,76 96 +0,59	36.17 39.08	2:08.01 Lars Schoffelmeer Ruben Stolk	95 +0,35 90 +0,64	26.69 27.05	2:08.99	+0,76
6.	Merlet 1 50m* Kim Loeffen Elske Eikholt	Merlet 94 +0,76 93	32.40 45.28	2:13.67 Bas Berndes Rens Mahler	89 +0,16 92 +0,25	28.48 30.80	2:16.96	+0,76

100+, Dames

1.	DWF 1 Anne de Heer Marian Nederlof	DWF 96 +0,70 76 +0,49	36.85 41.49	2:23.22 Debby Kraaijeveld Lisette Van Sinttruije	96 +0,52 91 +0,34	33.57 33.33	2:25.24	+0,70
2.	GZVW 1 Nadine Blouw Josse van Geffen	GZVW 93 +0,79 86 +0,31	38.85 41.08	2:28.00 Relinda Baas Marijke Pras	89 +0,68 92 +0,33	37.23 30.23	2:27.39	+0,79

100+, Heren

1.	De Haaien 1 <i>Kampioenschaps Record</i> Jeffrey Breedijk Teun Groeneweg	De Haaien 89 +0,72 87 +0,42	28.22 30.70	1:55.20 Antonio Vega Remco van de Berkt	86 +0,48 89 +0,18	26.93 26.81	1:52.66	+0,72
2.	Octopus 1 Stefan van de Griff Roald Blok	Octopus 87 +0,69 93 +0,33	33.14 30.13	1:54.08 Emile Manni Han Boone	90 +0,42 77 +0,37	26.20 24.18	1:53.65	+0,69
3.	Merlet 1 Joppe Schuurmans Teun Strijbosch	Merlet 89 +0,75 96 +0,21	29.17 31.06	1:54.27 Jelte Schuurmans Ronald Vullings	91 +0,37 87 +0,33	28.00 26.74	1:54.97	+0,75
4.	Zwemvereniging Hoogland 1 Dan Doan Yuri van Ommen	Zwemvereniging Hoogland 95 +0,66 85 +0,18	30.23 32.21	2:00.37 Eric Kalee Rutger Stam	90 +0,51 81 +0,28	31.33 26.78	2:00.55	+0,66
5.	MGO (SG) 1 Ramon van Huizen Bastian Zoon	MGO (SG) 94 +0,77 87 +0,44	32.16 34.17	2:02.29 Coen van der Wekken Martijn van Hoorn	92 +0,40 89 +0,39	32.22 26.37	2:04.92	+0,77

100+, Gemengd

1.	Wiekslag 1 Milou Julicher Heijmen van Vliet	Wiekslag 93 +0,62 80 +0,70	30.93 34.10	2:01.10 Sylvana Kusters Robbert Donk	94 +0,23 89 +0,06	31.04 23.12	1:59.19	+0,62
2.	MSV-Zeemacht 1 Suzanne Mosch Michael Bes	MSV-Zeemacht 94 +0,67 72 +0,35	33.04 32.78	2:02.85 Christiaan Zwaal Tessa Mosch	95 +0,50 91 +0,28	26.14 28.03	1:59.99	+0,67
3.	EZC 1 Joël Dam Merel van der Kieft	EZC 88 +0,60 92 +0,45	31.65 36.27	2:07.96 Lianne Molkenboer Huib Mars	96 +0,51 87 +0,41	30.22 26.53	2:04.67	+0,60
4.	De Veene 1 Wessel Everloo Yvon Versteeg	De Veene 89 +0,85 92 +0,39	32.03 33.75	2:04.75 Robert Dekker Diana Lammers	84 +0,43 89 +0,45	28.88 30.84	2:05.50	+0,85

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 100+

rang	vereniging	inschrijftijd	startnr.	tijd	RT	
5.	Montferland 1 <i>NMR startzwemmer</i>	2:07.98		2:08.31	+0,61	
	Martijn Giezen	85 +0,61	28.44	Maik Steenkamp	91 +0,47	28.43
	Esther van Maastrigt	88 +0,48	38.35	Kelly Bocking	91 +0,45	33.09
6.	RSW (SG) 1	2:12.12		2:12.20	+0,73	
	Rianne in 't Hout	84 +0,73	40.73	Christa Stam	88 +0,41	31.93
	Roy Pattipeiluhu	91 +0,42	33.70	Jim Geestman	83 +0,47	25.84
7.	ZOB'66 1	2:11.61		2:12.53	+0,63	
	Harmen Reemst	87 +0,63	34.91	Rebecca Evers	92 +0,69	34.05
	Ferry Blangé	83 +0,50	34.74	Wendy de Bruin	92 +0,21	28.83
8.	Octopus 1	2:18.00		2:20.03	+0,73	
	Denise van Zetten	96 +0,73	36.14	Margriet Aan het Rot	86 +0,44	38.38
	Erik Pape	96 +0,45	30.45	Henk van Zetten	67 +0,12	35.06
9.	DWF 1	2:29.29		2:29.40	+0,71	
	Daniëlle de Klein	94 +0,71	41.70	Talitha Boelen	95 +0,50	40.04
	Jan Willem Nederveen	66 +0,46	36.52	John van Heteren	93 +0,32	31.14
10.	Merlet 2	2:29.86		2:29.69	+0,65	
	Elodie Siroen	90 +0,65	41.41	Julie Thomassen	88 +0,55	36.68
	Mark Effing	86 +0,18	38.71	Tom Pijnappel	89 +0,47	32.89

120+, Dames

1.	DAW 1	DAW	2:10.18		2:14.46	+0,77
	Wieteke Elzinga	86 +0,77	34.63	Sandra Pannekeet	84 +0,31	33.18
	Maaïke Vooren	91 +0,47	34.98	Agnes van Brug	80 +0,55	31.67
2.	PSV 1	PSV	2:16.19		2:15.42	+0,74
	Liselotte Joling	75 +0,74	35.70	Elles van Leeuwen	86 +0,50	32.75
	Renee de Kok	84 +0,43	37.70	Nienke van Stipriaan	87 +0,31	29.27
3.	CNSW	CNSW	2:19.86		2:18.91	+0,70
	<i>Belgisch Masters Record</i>					
	Cora Vinagre Sendino	88 +0,70	37.53	Fanny Koenig	89 +0,53	31.46
	Charlotte Six	88 +0,57	38.46	Valerie Rolland	71 +0,58	31.46
4.	WS Twente 1	WS Twente	2:18.63		2:20.16	+0,75
	Paulien Schokker	83 +0,75	36.50	Laura Lutjes	90 +0,17	31.39
	Annelette Reefhuis-de Vries	86 +0,63	39.40	Marion Broekhuis	68 +0,26	32.87
5.	De Meer 1	De Meer	2:20.27		2:20.40	+0,70
	Christa Verploeg	74 +0,70	38.65	Nadège van Meeteren	74 +0,57	35.80
	Chantal van der Horst	94 +0,57	37.02	Eline van Gemert	95 +0,34	28.93
6.	WVZ 2	WVZ	2:18.07		2:21.12	+0,81
	Petra Versteegen	77 +0,81	38.05	Linda Hoogendam	83 +0,56	36.30
	Isabelle Massar	91 +0,44	37.00	Yvonne Gerritsen	80 +0,59	29.77
7.	WVZ 1	WVZ	2:35.83		2:32.67	+0,67
	Tessa Verheijdt	89 +0,67	38.95	Andrea Gerbrands	81 +0,30	38.71
	Fleur Maas	89 +0,39	42.07	Yvette Kilian	66 +0,50	32.94
8.	Steenwijk 1934 1	Steenwijk 1934	2:43.72		2:53.26	+0,95
	Ilse Blankvoort	92 +0,95	40.23	Tara Keijzer	91 +0,46	38.27
	Riekje Schra	64	1:01.67	Charine de Ruiters	94 +0,94	33.09

120+, Heren

1.	d'ELFT WAVE (SG) 1	d'ELFT WAVE (SG)	1:50.21		1:48.75	+0,71
	<i>Nederlands Masters Record</i>					
	Egbert Stolk	76 +0,71	28.82	Roderik Meijers	86 +0,42	26.95
	Erik Simons	89 +0,39	29.23	Nol van Thull	80 +0,44	23.75
2.	Van Vliet-Barracuda 1	Van Vliet-Barracuda	1:57.28		1:56.77	+0,76
	Thommy Nickel	84 +0,76	31.07	Emiel van Beusekom	94 +0,36	27.69
	Mark Hensen	79 +0,18	32.43	Pascal van Haren	87 +0,41	25.58
3.	WVZ 1	WVZ	1:56.45		1:58.21	+0,68
	Ivo Roozeboom	77 +0,68	29.68	Roger Flinterman	76 +0,53	30.99
	Simon van Ravesteijn	80 +0,28	31.02	Rens Post	91 +0,41	26.52
4.	Steenwijk 1934 1	Steenwijk 1934	2:01.92		1:58.70	+0,79
	Robert Braad	86 +0,79	30.57	Lauren Vis	82 +0,35	26.51
	Huyb Stegeman	67 +0,37	36.66	Mike Koelewijn	93 +0,36	24.96
5.	De Amstel 1	De Amstel	2:04.07		2:03.41	+0,67
	Jeffrey van 't Schip	91 +0,67	30.33	Nick Sijmons	95 +0,52	27.91
	Henri Michels	65 +0,37	38.24	Bart van der Zwaan	90 +0,30	26.93

Programmanr. 31, Heren, 4 x 50m wisselslag, 120+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
6.	AZC 1 Guido Keutgen Michael Go	AZC 68 +0,72 30.62 75 +0,51 37.19	2:01.39 Lex Wortman Joeri Stoffels	95 +0,36 30.81 73 +0,20 25.19	+0,72
7.	LZ 1886 1 Otto Jansen Kristiaan Lenos	LZ 1886 65 +1,01 34.00 83 +0,49 32.92	1:59.74 Nick van der Krogt Boy Heijnekamp	95 +0,52 31.22 89 +0,42 26.89	+1,01
8.	Zwemvereniging Westland 1 Fred Dijkshoorn Koen Zonneveld	Zwemvereniging Westland 65 +0,73 35.02 91 +0,04 33.11	2:06.99 Ronald Koeckhoven Philip van der Gaag	81 +0,27 28.11 68 +0,62 29.86	+0,73
120+, Gemengd					
1.	ZVVS 1 Nick Cleintuar Karin Stein	ZVVS 95 +0,57 27.88 71 +0,44 36.91	2:01.78 Nadya Putter Bas v.d. Nouwelant	83 +0,46 31.63 80 +0,30 25.72	+0,57
2.	Zwemlust-den Hommel 1 Eline Schoenmaker Vincent Versteeg	Zwemlust-den Hommel 90 +0,74 37.08 77 +0,34 31.34	2:09.20 Mark Zwart Marlous de Jong	79 +0,39 29.71 90 +0,58 30.33	+0,74
3.	De Lansingh 1 Remco Plass Aniek Huijsman	De Lansingh 73 +0,70 32.11 88 +0,49 35.59	2:09.84 Jeroen van Blanken Wendy Mets	92 +0,36 30.51 91 +0,55 30.27	+0,70
4.	De Dinkel 1 Rogier Becker Joost Schasfoort	De Dinkel 73 +0,50 36.99 90 +0,60 33.94	2:07.97 Anique Willeme Karin Hidding	86 +0,30 30.35 84 +0,31 27.52	+0,50
5.	CNSW Juan Vinagre Sendino Melina Dejonckheere	CNSW 90 +0,74 30.19 91 +0,32 39.39	2:09.88 Lionel Godeaux Isaline Manchel	60 +0,24 28.32 85 +0,52 31.62	+0,74
6.	NIMO 1 Lieke Janssen Freddie Geerlings	NIMO 93 +0,93 38.22 79 +0,68 32.97	2:13.69 Richard Ricksen Nieske Janssen	70 +0,49 29.65 96 +0,50 32.11	+0,93
7.	MGO (SG) 1 Marjon van Kempen Frank van der Voordt	MGO (SG) 80 +0,77 34.96 83 +0,38 37.33	2:12.31 Whitley Rens Niels Albrechts	90 +0,42 34.83 88 +0,44 27.74	+0,77
8.	Swol 1894 1 Machiel Stolk Beau Rijpers	Swol 1894 74 +0,86 32.94 94 +0,25 37.57	2:21.52 Annet Kooistra Johan Wezenberg	71 +0,47 40.75 76 +0,47 28.37	+0,86
9.	Budel 1 Elly Scheepers Joost van Eerd	Budel 91 +0,76 39.59 69 +0,66 38.91	2:21.20 Joyce Raemaekers Wiljo Mackus	91 +0,26 34.54 71 +0,83 28.88	+0,76
10.	WVZ 1 Arthur van Strien Anita Steijger	WVZ 63 +0,77 33.82 65 +0,49 46.98	2:25.77 Manon van Strien Maik Helgers	94 +0,74 32.92 91 +0,34 29.16	+0,77
11.	De Duinkickers 1 Robin Eggenkamp Inge Roskam	De Duinkickers 87 +0,73 35.42 78 +0,50 42.35	2:26.30 Robert de Brauwer Manouk Ticheler	64 +0,40 33.37 87 +0,38 33.94	+0,73
12.	De Biesboschzwemmers 2 Dian van Pelt Erik Huisman	De Biesboschzwemmers 85 +0,79 41.73 74 +0,43 40.40	2:23.23 Richard Tiemstra Tonny Klop-Methorst	63 +0,88 35.55 88 +0,15 29.21	+0,79
RES	d'ELFT WAVE (SG) 1	d'ELFT WAVE (SG)	2:12.61		
AFGEM	De Rijn 2	De Rijn	2:15.64		
AFGEM	DAW 1	DAW	2:07.49		

160+, Dames

1.	ZPC AMERSFOORT 1 Marije van Manen Friderika Kerekes	ZPC AMERSFOORT 86 +0,61 34.59 65 +0,56 46.45	2:30.21 Tina Renken Talje Dijkhuis	72 +0,45 37.76 66 +0,47 31.81	+0,61
2.	ZVVS 1 Ramona Noordemeer Helena Mels	ZVVS 94 +0,74 37.45 69 +0,49 41.93	2:31.48 Joyce Brummelkamp Ada de Voogd	70 +0,59 38.15 59 +0,29 33.26	+0,74
3.	Old Dutch 1 Karin van Nassau van den Heuvel Chantal Gerritsen-Driessen	Old Dutch 66 +0,86 43.53 76 +0,49 43.85	2:33.72 Chantal Verhoeff Claudia van der Straate de Jong	79 +0,33 31.89 80 +0,59 32.62	+0,86
4.	De Geul 2 Susanne Prins - Molenvijk Aafke Groot	De Geul 66 +0,70 38.97 83 +0,78 39.04	2:44.35 Denise van Dongen Marijke Campfens	72 +0,50 40.79 69 +0,79 33.53	+0,70

Programmanr. 31, Dames, 4 x 50m wisselslag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
5.	DWK 1 Greta Wyma-Teitsma Iris van Aurich	DWK 71 +0,65 44.34 69 +0,45 41.89	2:37.48 Liesbeth van Mill Jennie Resink-Lindeboom	87 +0,49 35.40 60 +0,52 36.56	+0,65
6.	De Rog 1 Nancy Peeters Brigitte Willems	De Rog 79 +0,72 41.94 74 +0,73 52.97	2:38.24 Sandra Peeters-Wiermans Arianne Hamakers	74 +0,48 36.03 67 32.62	+0,72
7.	Budel 1 Jolanda Knippenberg Carola Hompes	Budel 66 +0,66 43.42 88 +0,32 42.64	2:46.53 Miriam Stevens Judith van der Heijden	69 +0,89 44.21 70 36.97	+0,66
8.	WS Twente 2 Antoinette Gilding-Tussaud Ursula Spoelstra-de Groot	WS Twente 50 +0,83 49.92 72 +0,39 45.88	2:48.49 Evelien Naatje Janneke Wynia	72 +0,51 40.73 90 +0,44 34.41	+0,83
DIS	Zwemvereniging Westland 1 <i>EA - Took over too quickly**</i> Tineke Brouwer-Maat Mirjan den Drijver-Aarse	Zwemvereniging Westland 53 +0,93 47.59 75 -0,06	2:38.81 Jacoline van den Beukel Elke Nuijten	91 +0,17 64 +0,34	+0,93

160+, Heren

1.	De Gelenberg 1 John Cobussen Marcel van Winssen	De Gelenberg 75 +0,73 30.62 71 +0,38 32.46	1:59.93 Jeroen Jacobs Erik Lamers	75 +0,49 28.24 75 +0,26 26.27	+0,73
2.	DAW 1 Alex Damen Joost Hoetjes	DAW 75 +0,77 31.87 78 +0,34 31.01	2:01.26 Pieter van Gemeren Kars Luttk	69 +0,33 29.79 78 +0,27 26.11	+0,77
3.	WS Twente 1 Paul Jurcka Robin Mäkel	WS Twente 69 +0,82 32.20 68 +0,32 33.06	2:03.37 Jos Wensink Arno Hofmeijer	69 +0,55 30.75 69 +0,43 25.98	+0,82
4.	DWK 1 Michel van Wingerden Kevin Eltink	DWK 67 +0,73 34.06 91 +0,20 28.75	2:10.03 Martin Kaptein Martijn de Jong	67 +0,53 30.27 71 +0,44 30.91	+0,73
5.	Het Y 1 Manuel Arostegui Ramirez Bas Overbosch	Het Y 84 +0,69 33.78 77 +0,47 36.82	2:14.83 Arjan Bellaart Christian Broodman	69 +0,44 30.33 70 +0,59 29.67	+0,69
6.	ZVVS 1 Freddy v.d. Veer Rene de Jong	ZVVS 66 +0,79 36.88 66 +0,51 36.09	2:12.46 Danny Zulver Thomas Grudelbach	67 +0,34 32.84 95 +0,22 28.26	+0,79
AFGEM	Upstream Amsterdam 1	Upstream Amsterdam	1:55.00		

160+, Gemengd

1.	De Biesboschzwemmers 1 Annette Wijnja-Visser Dennis Klop	De Biesboschzwemmers 67 +0,79 36.95 83 +0,36 34.95	2:09.63 Harry Cornet Marjo Goelema-Koek	71 +0,34 28.01 69 +0,48 29.37	+0,79
2.	Triton 1 Caroline Schreuder Paul Bunnik	Triton 67 +0,84 37.38 56 +0,50 37.35	2:12.28 Tim Bunnik Angela Koekkoek	90 +0,35 27.56 79 +0,16 29.01	+0,84
3.	TRB-RES 1 Maïke Korthout Rob Verheul	TRB-RES 94 +0,66 33.81 66 +0,32 37.12	2:10.75 Jeroen den Boer Edith Janssen-Koolen	67 +0,70 31.96 73 +0,34 29.05	+0,66
4.	HZ&PC Heerenveen 1 Marten de Groot René Beetsma	HZ&PC Heerenveen 58 +0,66 35.28 69 +0,45 34.83	2:15.82 Fraukje Puts Peggi Hurenkamp	92 +0,65 31.94 69 +0,62 34.13	+0,66
5.	De Gelenberg 1 Sylvia Reijers Rob Janssen	De Gelenberg 82 37.36 70 +0,58 35.81	2:18.64 Harold Brouwer Debby Wagensveld	72 +0,50 32.65 72 +0,64 33.70	
6.	ZPC AMERSFOORT 2 Ronald Pijtak Mark Pijtak	ZPC AMERSFOORT 61 +0,81 45.48 90 +0,28 35.22	2:24.27 Iris Pijtak Atie Pijtak-Radersma	93 +0,26 30.72 56 +0,24 30.79	+0,81
7.	DBD 1 Ingrid Versteegen Wout van Dijk	DBD 73 +0,79 44.36 62 +0,37 39.46	2:27.80 Peter Eshuis Regine Beckers-Stribos	80 +0,44 31.66 70 +0,31 32.12	+0,79
8.	ZPB H&L Productions 2 Ramon de Bondt Mike Hartog	ZPB H&L Productions 73 +0,89 33.41 66 +0,39 42.13	2:25.33 Maaïke van Diggele Clementine van Bruxvoort	87 +0,19 33.31 77 +0,42 39.31	+0,89

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
9.	De Spatters 1	De Spatters	2:21.53		2:29.04 +0,71
	Gerwin Vonk	82 +0,71 31.78	Karin Hovenkamp	87 +0,45 35.20	
	Roelien Speelman-Tigelaar	66 +0,52 46.47	Jan Haitsma	60 +0,47 35.59	
10.	WIDEX GZC DONK 2	WIDEX GZC DONK	2:36.71		2:29.12 +0,74
	Jacqueline de Ruiter-Wijnolst	74 +0,74 37.07	Nathasja Konijn	71 +0,55 42.23	
	Willem Jan Ribberink	65 +0,62 40.73	Adrian Ortiz Buitrago	60 +0,54 29.09	
11.	AZC 1	AZC	2:28.98		2:37.09 +0,74
	Wim de Lange	58 +0,74 38.89	Kirsten Savelberg	79 +0,35 39.21	
	Mariska Zaal	88 +0,62 41.55	Geza Kaltenecker	42 +0,57 37.44	
12.	CNSW	CNSW	2:47.72		2:39.16 +0,69
	Sandra Koenig	86 +0,69 40.09	Jean-Francois Folie	69 +0,62 33.95	
	Kevoork Boyrazian	44 +0,63 49.72	Severine Bayre	78 +0,84 35.40	
13.	Nautilus 1	Nautilus	2:42.30		2:39.42 +0,90
	Evelien Bremar-Alers	72 +0,90 48.54	Vera van den Oord	94 +0,17 31.73	
	Merlin Weber	62 +0,66 42.80	Jos van Sleuwen	57 +0,73 36.35	
14.	Den Doorn 1	Den Doorn	2:36.60		2:40.95 +0,71
	Nico Swart	68 +0,71 34.01	Wouter van der Stelt	72 +0,42 36.32	
	Antoinette Kant	69 +0,55 46.00	Ineke Branderhorst	69 +0,40 44.62	
200+, Heren					
1.	ZV Haerlem 1	ZV Haerlem	2:08.04		2:02.28 +0,61
	Imre Esser	66 +0,61 34.36	Simon Franken	66 +0,06 30.59	
	Ron Dekker	66 +0,35 31.79	Hans Kroes	65 +0,27 25.54	
2.	De Rog 1	De Rog	2:03.64		2:02.42 +0,70
	Erik Kamphuis	60 +0,70 33.41	Peter Bensen	63 +0,36 28.72	
	Glen le Clercq	68 +0,33 32.36	Rob Spetter	62 +0,44 27.93	
3.	Aqua-Novio'94 1	Aqua-Novio'94	2:13.99		2:14.93 +0,61
	Albert Boonstra	57 +0,61 31.53	Pieter-Sjoerd de Wijn	65 +0,36 34.09	
	Peter Fölker	64 +0,69 37.78	Wim Witjes	58 +0,59 31.53	
4.	Kauno Takas 1	Kauno Takas	2:15.00		2:18.82 +0,67
	Pavel Protasciuk	79 +0,67 30.94	Arvydas Burinskas	69 +0,40 30.81	
	Julius Bezzubovas	73 +0,33 37.41	Pavelas Bezzubovas	39 +0,69 39.66	
5.	WS Twente 2	WS Twente	2:29.07		2:25.90 +0,83
	Jack Barends	62 +0,83 37.84	Jan Willem Heuten	60 +0,51 35.80	
	Joop Weenink	68 +0,51 37.08	Herbert Katger	59 +0,59 35.18	
6.	Budel 1	Budel	2:35.63		2:34.86 +0,91
	Jos Zentjens	57 +0,91 42.23	Edward van Nijmweegen	70 +0,33 36.98	
	Jan-Pieter Broos	68 +0,81 45.45	Ruud Kennis	65 +0,06 30.20	
AFGEM	DAW 2	DAW	2:07.75		
AFGEM	CNSW	CNSW	3:22.88		

200+, Gemengd

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	2:20.89		2:10.54 +0,74
	<i>Kampioenschaps Record</i>				
	Lidia v. Bon-Rosenbrand	70 +0,74 36.34	Edwin v. Norden	63 +0,09 27.52	
	Ron Korzelius	65 +0,38 34.86	Petra Casteleijn	66 +0,57 31.82	
2.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	2:28.48		2:17.23 +0,67
	Natasja Forat	77 +0,67 37.15	Jan Brink	62 +0,27 31.11	
	Marjke van Hoek	58 +0,33 41.86	Amo Wouters	58 +0,25 27.11	
3.	PSV 1	PSV	2:08.73		2:17.70 +0,64
	Gudule van der Meer	72 +0,64 33.14	Carla Hensen	53 +0,72 45.20	
	Harold Matla	68 +0,38 31.50	Hans Wijsman	55 +0,31 27.86	
4.	ZPC Woerden 2	ZPC Woerden	2:21.41		2:17.81 +0,79
	Johan Remmits	62 +0,79 31.78	Marjan Remmits-De Lange	63 +0,28 33.11	
	Marja Verwoerd	69 +0,47 41.82	John Brandsen	65 +0,66 31.10	
5.	Kauno Takas 1	Kauno Takas	2:30.00		2:18.91 +0,77
	<i>Lithuanian Masters Record</i>				
	Linas Kersevicius	71 +0,77 31.36	Loreta Kabasinskiene	63 +0,55 40.20	
	Arlandas Juodeska	61 +0,38 35.41	Jolanta Duleviciene	67 +0,70 31.94	
6.	DAW 2	DAW	2:20.98		2:22.03 +0,68
	Fred Heemstra	65 +0,68 34.72	Jeroen Kort	68 +0,43 31.48	
	Petra Tossings	61 +0,79 44.33	Jacqueline Tuin	66 +0,66 31.50	

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 200+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
7.	PLONS 1	PLONS	2:24.00		+0,76
	Evertjan Masurel	56 +0,76	37.41	Inge Wolfs	60 +0,54
	Stan Dekker	79 +0,42	34.98	Patty Krupiarz	54 +0,42
8.	Steenwijk 1934 1	Steenwijk 1934	2:31.19		+0,55
	Casper Dollekamp	63 +0,55	36.26	Wilna Heijman	64 +0,75
	Hans van Scheepen	62 +0,70	43.15	Inge Lolkema-Soeters	73 +0,31
9.	WIDEX GZC DONK 1	WIDEX GZC DONK	2:40.50		+0,79
	Feikje Wittermans	64 +0,79	37.55	Lia Bijkerk	60 +0,54
	Peter Coffeng	57 +0,62	43.53	Pierre de Groot	64 +0,65

240+, Dames

1.	Swol 1894 1	Swol 1894	2:33.62		+0,98
	<i>Nederlands Masters Record</i>				
	Annemarie Vuijs	63 +0,98	43.24	Mathilde Vink	58 +0,60
	Bea Swijnenberg	49 +0,36	45.87	Christien Nieuwenhuis	51 +0,47
2.	CNSW	CNSW	3:05.46		+0,79
	<i>Belgisch Masters Record</i>				
	Anne De Sauvage	55 +0,79	43.45	Claire Anthony	57 +0,54
	Christine Godbille	58 +0,71	49.61	Fernande Gourmet-Blondeel	52 +0,75

240+, Heren

1.	WWV 1	WWV	2:17.74		+0,78
	Ruud Ruiter	53 +0,78	36.75	Kees-Jan van Overbeeke	62 +0,39
	Laurens Klein Breteler	54 +0,42	39.06	Theo Schouten	46 +0,46
2.	UZSC 1	UZSC	2:27.78		+0,77
	Nartano Glijn	55 +0,77	34.53	Wim Scherpenisse	55 +0,76
	Tom Meijnen	44 +0,71	43.45	Frederik Eshuis	59 +0,31
3.	PSV 1	PSV	2:42.62		+0,79
	Mark Godwaldt	87 +0,79	35.03	Rob Hanou	43 +0,59
	Rob Hemesath	61 +0,26	36.70	Bob Berg	33 +0,60

240+, Gemengd

1.	WS Twente 1	WS Twente	2:31.94		+0,64
	Frans van Enst	40 +0,64	39.48	Jeannette Ruesink	63 +0,36
	Bart van Calker	61 +0,41	39.63	Marijke Kraak-Beckers	60 +0,38
2.	Poseidon 1	Poseidon	2:31.00		+0,81
	Mikhail Ulybyshev	46 +0,81	38.87	Olga Kedrova	60 +0,55
	Marina Novikova	61 +0,70	43.70	Veniamin Zhitlovskiy	51 +0,67
3.	DAW 3	DAW	3:02.08		+0,85
	Ingeborg Stokx	67 +0,85	48.97	Jaap Kwakkel	47 +0,11
	Mieke Strijbis-v.d.Kroft	45 +0,47	55.39	Nello Spiteri	52 +0,51

280+, Dames

1.	PSV 2	PSV	2:58.34		+0,82
	<i>Nederlands Masters Record</i>				
	Alice Lindhout	35	56.27	Patty Verhagen	59 +0,37
	Ineke Weekers	53 +0,26	43.29	Lottie Geurts	35 +0,41
2.	Old Dutch 2	Old Dutch	4:07.09		+0,82
	Annie de Vos	34 +0,82	1:06.20	Matty van der Veen	44 +0,43
	Karien Musters	58 +0,77	1:06.15	Truus Ruiter	40 +0,18

6 - ONMK 2016 kb sessie 6

24-01-2016 - 9:00

Programmanr. 32
24-01-2016 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Melissa van der Geld	AquAmigos	9:50.40	199506250	9:49.03	+0,70		
	50m: 33.98	33.98	250m: 3:04.25	37.71	450m: 5:35.05	37.49	650m: 8:03.02	36.42
	100m: 1:11.51	37.53	300m: 3:41.95	37.70	500m: 6:12.66	37.61	700m: 8:39.52	36.50
	150m: 1:49.07	37.56	350m: 4:19.66	37.71	550m: 6:50.13	37.47	750m: 9:15.13	35.61
	200m: 2:26.54	37.47	400m: 4:57.56	37.90	600m: 7:26.60	36.47	800m: 9:49.03	33.90
2.	Iris Pijtak	ZPC AMERSFOORT	9:45.74	199300602	9:55.81	+0,73		
	50m: 33.03	33.03	250m: 3:02.41	37.79	450m: 5:34.61	38.06	650m: 8:05.87	37.41
	100m: 1:09.76	36.73	300m: 3:40.51	38.10	500m: 6:12.51	37.90	700m: 8:43.10	37.23
	150m: 1:47.12	37.36	350m: 4:18.39	37.88	550m: 6:50.63	38.12	750m: 9:20.42	37.32
	200m: 2:24.62	37.50	400m: 4:56.55	38.16	600m: 7:28.46	37.83	800m: 9:55.81	35.39
3.	Désirée Emmen	De Warande	10:07.18	199204862	9:58.15	+0,73		
	50m: 33.19	33.19	250m: 3:00.81	37.35	450m: 5:33.08	38.38	650m: 8:05.81	38.07
	100m: 1:09.36	36.17	300m: 3:38.39	37.58	500m: 6:11.73	38.65	700m: 8:43.67	37.86
	150m: 1:46.06	36.70	350m: 4:16.52	38.13	550m: 6:49.81	38.08	750m: 9:21.67	38.00
	200m: 2:23.46	37.40	400m: 4:54.70	38.18	600m: 7:27.74	37.93	800m: 9:58.15	36.48
4.	Fraukje Puts	HZ&PC Heerenveen	10:20.53	199206470	10:01.48	+0,81		
	50m: 32.49	32.49	250m: 2:59.07	37.62	450m: 5:33.38	38.94	650m: 8:08.94	38.90
	100m: 1:07.92	35.43	300m: 3:37.11	38.04	500m: 6:12.27	38.89	700m: 8:47.51	38.57
	150m: 1:44.25	36.33	350m: 4:15.69	38.58	550m: 6:50.90	38.63	750m: 9:25.33	37.82
	200m: 2:21.45	37.20	400m: 4:54.44	38.75	600m: 7:30.04	39.14	800m: 10:01.48	36.15
5.	Moniek Heemskerck	LZ 1886	10:03.65	199601964	10:05.45	+0,72		
	50m: 32.19	32.19	250m: 3:04.26	38.85	450m: 5:39.29	38.50	650m: 8:12.85	38.10
	100m: 1:08.79	36.60	300m: 3:43.13	38.87	500m: 6:17.55	38.26	700m: 8:50.70	37.85
	150m: 1:46.35	37.56	350m: 4:21.62	38.49	550m: 6:56.20	38.65	750m: 9:28.63	37.93
	200m: 2:25.41	39.06	400m: 5:00.79	39.17	600m: 7:34.75	38.55	800m: 10:05.45	36.82
6.	Janine de Groot	Nova	10:28.13	199500092	10:10.34	+0,82		
	50m: 33.49	33.49	250m: 3:05.13	38.38	450m: 5:40.16	38.78	650m: 8:17.15	39.21
	100m: 1:10.36	36.87	300m: 3:43.69	38.56	500m: 6:19.16	39.00	700m: 8:55.67	38.52
	150m: 1:48.53	38.17	350m: 4:22.49	38.80	550m: 6:58.62	39.46	750m: 9:33.81	38.14
	200m: 2:26.75	38.22	400m: 5:01.38	38.89	600m: 7:37.94	39.32	800m: 10:10.34	36.53
7.	Maike Korthout	TRB-RES	10:21.42	199406034	10:27.94	+0,71		
	50m: 33.31	33.31	250m: 3:08.15	39.25	450m: 5:47.97	40.10	650m: 8:29.78	39.90
	100m: 1:10.40	37.09	300m: 3:48.06	39.91	500m: 6:28.22	40.25	700m: 9:10.73	40.95
	150m: 1:49.19	38.79	350m: 4:27.98	39.92	550m: 7:09.38	41.16	750m: 9:50.18	39.45
	200m: 2:28.90	39.71	400m: 5:07.87	39.89	600m: 7:49.88	40.50	800m: 10:27.94	37.76
8.	Amber Reijm	The Hague Swimming (SG)	10:34.12	199405434	10:29.58	+0,83		
	50m: 35.59	35.59	250m: 3:16.38	40.53	450m: 5:58.18	39.85	650m: 8:35.06	39.18
	100m: 1:14.96	39.37	300m: 3:57.42	41.04	500m: 6:37.50	39.32	700m: 9:14.48	39.42
	150m: 1:55.36	40.40	350m: 4:37.96	40.54	550m: 7:16.50	39.00	750m: 9:53.16	38.68
	200m: 2:35.85	40.49	400m: 5:18.33	40.37	600m: 7:55.88	39.38	800m: 10:29.58	36.42
9.	Beau Rijpers	Swol 1894	10:32.91	199402638	10:37.43	+0,77		
	50m: 34.92	34.92	250m: 3:13.86	40.47	450m: 5:56.78	40.71	650m: 8:38.55	40.35
	100m: 1:13.30	38.38	300m: 3:54.27	40.41	500m: 6:37.52	40.74	700m: 9:18.74	40.19
	150m: 1:52.82	39.52	350m: 4:35.17	40.90	550m: 7:17.77	40.25	750m: 9:58.79	40.05
	200m: 2:33.39	40.57	400m: 5:16.07	40.90	600m: 7:58.20	40.43	800m: 10:37.43	38.64
10.	Anouk Kuijlaars	PSV	10:34.48	199401700	10:38.75	+0,74		
	50m: 34.61	34.61	250m: 3:11.40	40.14	450m: 5:54.14	41.01	650m: 8:37.21	40.96
	100m: 1:12.42	37.81	300m: 3:51.58	40.18	500m: 6:34.90	40.76	700m: 9:18.24	41.03
	150m: 1:50.93	38.51	350m: 4:31.98	40.40	550m: 7:15.99	41.09	750m: 9:59.28	41.04
	200m: 2:31.26	40.33	400m: 5:13.13	41.15	600m: 7:56.25	40.26	800m: 10:38.75	39.47
11.	Denise van Zetten	Octopus	10:25.12	199600932	10:40.02	+0,77		
	50m: 33.16	33.16	250m: 3:09.47	40.51	450m: 5:53.46	41.43	650m: 8:38.68	41.27
	100m: 1:10.44	37.28	300m: 3:50.02	40.55	500m: 6:34.72	41.26	700m: 9:20.35	41.67
	150m: 1:49.20	38.76	350m: 4:30.98	40.96	550m: 7:15.79	41.07	750m: 10:01.12	40.77
	200m: 2:28.96	39.76	400m: 5:12.03	41.05	600m: 7:57.41	41.62	800m: 10:40.02	38.90

Programmanr. 32, Dames, 800m vrije slag

Masters 25+

1.	Marlijn Hendriksen	Arethusa	9:39.15	198806828	9:35.58	+0,77
	50m: 33.89 33.89	250m: 2:59.94 36.53	450m: 5:24.04 35.68	650m: 7:47.60 35.84		
	100m: 1:10.68 36.79	300m: 3:36.16 36.22	500m: 5:59.83 35.79	700m: 8:24.03 36.43		
	150m: 1:46.91 36.23	350m: 4:12.06 35.90	550m: 6:36.18 36.35	750m: 9:00.14 36.11		
	200m: 2:23.41 36.50	400m: 4:48.36 36.30	600m: 7:11.76 35.58	800m: 9:35.58 35.44		
2.	L. van der Heide - Andeweg	Zuiderzeezwimmers	9:33.80	198800092	9:40.59	+0,86
	50m: 32.67 32.67	250m: 2:59.22 37.24	450m: 5:26.87 36.99	650m: 7:54.01 36.36		
	100m: 1:08.79 36.12	300m: 3:36.14 36.92	500m: 6:03.78 36.91	700m: 8:30.21 36.20		
	150m: 1:45.29 36.50	350m: 4:13.14 37.00	550m: 6:40.92 37.14	750m: 9:05.95 35.74		
	200m: 2:21.98 36.69	400m: 4:49.88 36.74	600m: 7:17.65 36.73	800m: 9:40.59 34.64		
3.	Maaïke Vooren	DAW	9:38.04	199103324	9:46.14	+0,80
	50m: 33.33 33.33	250m: 3:00.59 37.07	450m: 5:27.96 36.91	650m: 7:55.70 36.78		
	100m: 1:09.34 36.01	300m: 3:37.60 37.01	500m: 6:04.97 37.01	700m: 8:32.66 36.96		
	150m: 1:46.30 36.96	350m: 4:14.29 36.69	550m: 6:41.93 36.96	750m: 9:09.66 37.00		
	200m: 2:23.52 37.22	400m: 4:51.05 36.76	600m: 7:18.92 36.99	800m: 9:46.14 36.48		
4.	Rosanne de Boer	LZ 1886	10:31.08	199104060	10:17.22	+0,81
	50m: 33.30 33.30	250m: 3:06.86 38.83	450m: 5:44.10 39.43	650m: 8:20.85 38.99		
	100m: 1:10.65 37.35	300m: 3:46.19 39.33	500m: 6:23.29 39.19	700m: 9:00.09 39.24		
	150m: 1:48.90 38.25	350m: 4:25.37 39.18	550m: 7:02.89 39.60	750m: 9:39.23 39.14		
	200m: 2:28.03 39.13	400m: 5:04.67 39.30	600m: 7:41.86 38.97	800m: 10:17.22 37.99		
5.	Charlotte Six	CNSW	10:18.20	003821/88	10:23.25	+0,93
	50m: 34.67 34.67	250m: 3:09.82 39.62	450m: 5:47.10 39.13	650m: 8:26.08 39.89		
	100m: 1:12.26 37.59	300m: 3:48.75 38.93	500m: 6:26.64 39.54	700m: 9:05.85 39.77		
	150m: 1:50.81 38.55	350m: 4:28.22 39.47	550m: 7:06.79 40.15	750m: 9:45.56 39.71		
	200m: 2:30.20 39.39	400m: 5:07.97 39.75	600m: 7:46.19 39.40	800m: 10:23.25 37.69		
6.	Martje Godschalk	De IJssel	10:30.23	199001186	10:40.03	+0,85
	50m: 34.42 34.42	250m: 3:12.23 40.07	450m: 5:54.48 40.56	650m: 8:37.71 40.77		
	100m: 1:12.88 38.46	300m: 3:52.79 40.56	500m: 6:34.89 40.41	700m: 9:18.74 41.03		
	150m: 1:52.21 39.33	350m: 4:33.38 40.59	550m: 7:15.87 40.98	750m: 9:59.72 40.98		
	200m: 2:32.16 39.95	400m: 5:13.92 40.54	600m: 7:56.94 41.07	800m: 10:40.03 40.31		
7.	Mandy Verbakel	ZPC Woerden	10:54.76	199003908	10:43.53	+0,85
	50m: 35.32 35.32	250m: 3:17.28 40.41	450m: 6:00.35 40.75	650m: 8:44.61 41.11		
	100m: 1:15.24 39.92	300m: 3:58.09 40.81	500m: 6:41.19 40.84	700m: 9:25.21 40.60		
	150m: 1:55.82 40.58	350m: 4:39.10 41.01	550m: 7:22.21 41.02	750m: 10:05.17 39.96		
	200m: 2:36.87 41.05	400m: 5:19.60 40.50	600m: 8:03.50 41.29	800m: 10:43.53 38.36		
8.	Tamara Caspers	LZ 1886	10:43.50	199007272	10:44.41	+0,77
	50m: 34.59 34.59	250m: 3:14.16 40.47	450m: 5:56.71 40.96	650m: 8:43.25 41.89		
	100m: 1:13.57 38.98	300m: 3:54.63 40.47	500m: 6:38.25 41.54	700m: 9:25.36 42.11		
	150m: 1:53.81 40.24	350m: 4:35.04 40.41	550m: 7:19.81 41.56	750m: 10:06.29 40.93		
	200m: 2:33.69 39.88	400m: 5:15.75 40.71	600m: 8:01.36 41.55	800m: 10:44.41 38.12		
9.	Sunanda van Heteren	De Geul	10:42.44	198901728	10:55.22	+0,88
	50m: 35.27 35.27	250m: 3:17.08 40.97	450m: 6:02.77 41.83	650m: 8:51.88 41.73		
	100m: 1:14.59 39.32	300m: 3:58.78 41.70	500m: 6:45.31 42.54	700m: 9:33.62 41.74		
	150m: 1:55.06 40.47	350m: 4:39.44 40.66	550m: 7:27.85 42.54	750m: 10:14.75 41.13		
	200m: 2:36.11 41.05	400m: 5:20.94 41.50	600m: 8:10.15 42.30	800m: 10:55.22 40.47		
10.	Melina Dejonckheere	CNSW	11:28.81	001610/91	10:56.77	+0,99
	50m: 38.09 38.09	250m: 3:25.34 42.25	450m: 6:11.96 41.23	650m: 8:56.63 41.20		
	100m: 1:19.15 41.06	300m: 4:06.97 41.63	500m: 6:52.71 40.75	700m: 9:37.53 40.90		
	150m: 2:01.37 42.22	350m: 4:48.86 41.89	550m: 7:33.84 41.13	750m: 10:18.48 40.95		
	200m: 2:43.09 41.72	400m: 5:30.73 41.87	600m: 8:15.43 41.59	800m: 10:56.77 38.29		
11.	Maaïke van Diggele	ZPB H&L Productions	11:00.09	198700868	10:58.21	+0,85
	50m: 35.82 35.82	250m: 3:18.28 41.43	450m: 6:06.08 42.32	650m: 8:55.71 41.77		
	100m: 1:15.26 39.44	300m: 3:59.96 41.68	500m: 6:48.70 42.62	700m: 9:36.99 41.28		
	150m: 1:55.85 40.59	350m: 4:41.60 41.64	550m: 7:31.28 42.58	750m: 10:18.71 41.72		
	200m: 2:36.85 41.00	400m: 5:23.76 42.16	600m: 8:13.94 42.66	800m: 10:58.21 39.50		
12.	Cora Vinagre Sendino	CNSW	11:23.09	003824/88	11:19.80	+0,85
	50m: 36.60 36.60	250m: 3:25.51 42.78	450m: 6:19.45 43.30	650m: 9:12.94 43.20		
	100m: 1:17.62 41.02	300m: 4:08.66 43.15	500m: 7:02.75 43.30	700m: 9:56.54 43.60		
	150m: 2:00.08 42.46	350m: 4:52.66 44.00	550m: 7:46.20 43.45	750m: 10:39.77 43.23		
	200m: 2:42.73 42.65	400m: 5:36.15 43.49	600m: 8:29.74 43.54	800m: 11:19.80 40.03		

Masters 30+

1.	Ann Van Beylen	RSCM	9:59.36	20264/84	10:00.29	+0,91
	50m: 32.97 32.97	250m: 3:00.91 37.74	450m: 5:33.73 38.47	650m: 8:07.17 38.27		
	100m: 1:08.96 35.99	300m: 3:38.90 37.99	500m: 6:12.13 38.40	700m: 8:45.41 38.24		
	150m: 1:45.81 36.85	350m: 4:16.85 37.95	550m: 6:50.60 38.47	750m: 9:23.45 38.04		
	200m: 2:23.17 37.36	400m: 4:55.26 38.41	600m: 7:28.90 38.30	800m: 10:00.29 36.84		

Programmanr. 32, Dames, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Pascalie Janssen	De Roersoppers	11:58.72	197300852	11:59.65	+1,01		
	50m: 39.11	39.11	250m: 3:37.69	45.19	450m: 6:41.37	45.66	650m: 9:45.26	45.76
	100m: 1:22.80	43.69	300m: 4:23.38	45.69	500m: 7:27.66	46.29	700m: 10:31.08	45.82
	150m: 2:07.20	44.40	350m: 5:09.52	46.14	550m: 8:13.76	46.10	750m: 11:16.58	45.50
	200m: 2:52.50	45.30	400m: 5:55.71	46.19	600m: 8:59.50	45.74	800m: 11:59.65	43.07
5.	Yulia Trofimova	Black Sepia	12:17.37	034010	12:05.00	+0,66		
	50m: 39.47	39.47	250m: 3:41.51	46.26	450m: 6:45.97	45.89	650m: 9:49.98	46.01
	100m: 1:23.57	44.10	300m: 4:27.42	45.91	500m: 7:32.20	46.23	700m: 10:36.22	46.24
	150m: 2:09.51	45.94	350m: 5:14.08	46.66	550m: 8:17.76	45.56	750m: 11:21.65	45.43
	200m: 2:55.25	45.74	400m: 6:00.08	46.00	600m: 9:03.97	46.21	800m: 12:05.00	43.35

Masters 45+

1.	Karin Stein	ZVVS	9:58.88	197100554	10:08.14	+0,80		
	<i>Nederlands Masters Record</i>							
	50m: 34.08	34.08	250m: 3:04.99	38.42	450m: 5:38.83	38.37	650m: 8:13.67	38.80
	100m: 1:10.90	36.82	300m: 3:43.38	38.39	500m: 6:17.18	38.35	700m: 8:52.23	38.56
	150m: 1:48.68	37.78	350m: 4:21.92	38.54	550m: 6:55.86	38.68	750m: 9:30.91	38.68
	200m: 2:26.57	37.89	400m: 5:00.46	38.54	600m: 7:34.87	39.01	800m: 10:08.14	37.23
2.	Jeanne Petit	De Dinkel	10:26.83	197001020	10:26.31	+0,78		
	50m: 34.84	34.84	250m: 3:10.90	39.87	450m: 5:49.71	39.75	650m: 8:28.49	39.86
	100m: 1:12.40	37.56	300m: 3:50.44	39.54	500m: 6:29.43	39.72	700m: 9:08.66	40.17
	150m: 1:51.39	38.99	350m: 4:30.36	39.92	550m: 7:08.93	39.50	750m: 9:48.55	39.89
	200m: 2:31.03	39.64	400m: 5:09.96	39.60	600m: 7:48.63	39.70	800m: 10:26.31	37.76
3.	Annette de Visser	Oceanus	10:24.42	197100602	10:33.37	+0,88		
	50m: 34.07	34.07	250m: 3:10.90	40.08	450m: 5:52.79	40.28	650m: 8:34.39	40.50
	100m: 1:11.95	37.88	300m: 3:51.44	40.54	500m: 6:33.00	40.21	700m: 9:14.95	40.56
	150m: 1:51.06	39.11	350m: 4:32.03	40.59	550m: 7:13.55	40.55	750m: 9:54.63	39.68
	200m: 2:30.82	39.76	400m: 5:12.51	40.48	600m: 7:53.89	40.34	800m: 10:33.37	38.74
4.	Laura Staal	Oceanus	10:56.92	196700358	11:24.86	+0,77		
	50m: 37.56	37.56	250m: 3:27.99	43.04	450m: 6:21.22	43.34	650m: 9:15.94	43.84
	100m: 1:19.58	42.02	300m: 4:11.01	43.02	500m: 7:04.85	43.63	700m: 9:59.29	43.35
	150m: 2:02.28	42.70	350m: 4:54.23	43.22	550m: 7:48.19	43.34	750m: 10:42.79	43.50
	200m: 2:44.95	42.67	400m: 5:37.88	43.65	600m: 8:32.10	43.91	800m: 11:24.86	42.07
5.	Iris van Aurich	DWK	11:52.86	196900866	11:46.85	+0,89		
	50m: 38.92	38.92	250m: 3:35.06	44.98	450m: 6:37.06	45.35	650m: 9:37.59	44.19
	100m: 1:22.15	43.23	300m: 4:19.89	44.83	500m: 7:22.86	45.80	700m: 10:21.71	44.12
	150m: 2:05.91	43.76	350m: 5:06.05	46.16	550m: 8:08.60	45.74	750m: 11:05.89	44.18
	200m: 2:50.08	44.17	400m: 5:51.71	45.66	600m: 8:53.40	44.80	800m: 11:46.85	40.96
6.	Marion Broekhuis	WS Twente	11:36.20	196800060	11:54.24	+0,78		
	50m: 39.02	39.02	250m: 3:37.07	45.50	450m: 6:39.74	45.91	650m: 9:41.38	45.31
	100m: 1:21.90	42.88	300m: 4:22.56	45.49	500m: 7:25.13	45.39	700m: 10:26.58	45.20
	150m: 2:06.51	44.61	350m: 5:08.30	45.74	550m: 8:10.54	45.41	750m: 11:11.85	45.27
	200m: 2:51.57	45.06	400m: 5:53.83	45.53	600m: 8:56.07	45.53	800m: 11:54.24	42.39
7.	Annet Kootstra	Swol 1894	12:32.49	197100344	11:59.93	+1,41		
	50m: 40.72	40.72	250m: 3:39.77	45.47	450m: 6:44.10	46.01	650m: 9:47.69	45.39
	100m: 1:24.43	43.71	300m: 4:25.79	46.02	500m: 7:30.30	46.20	700m: 10:33.00	45.31
	150m: 2:09.29	44.86	350m: 5:11.68	45.89	550m: 8:16.48	46.18	750m: 11:17.03	44.03
	200m: 2:54.30	45.01	400m: 5:58.09	46.41	600m: 9:02.30	45.82	800m: 11:59.93	42.90

Masters 50+

1.	Katrien Delaender	BZK	10:15.19	20525/66	10:03.14	+0,78		
	<i>Kampioenschaps Record, Belgisch Masters Record</i>							
	50m: 33.90	33.90	250m: 3:04.69	38.17	450m: 5:38.01	38.18	650m: 8:11.35	38.19
	100m: 1:10.57	36.67	300m: 3:42.75	38.06	500m: 6:16.20	38.19	700m: 8:49.28	37.93
	150m: 1:48.45	37.88	350m: 4:21.45	38.70	550m: 6:54.56	38.36	750m: 9:27.14	37.86
	200m: 2:26.52	38.07	400m: 4:59.83	38.38	600m: 7:33.16	38.60	800m: 10:03.14	36.00
2.	Wilna Heijman	Steenwijk 1934	11:23.51	196400506	11:16.35	+0,89		
	50m: 37.62	37.62	250m: 3:26.23	42.71	450m: 6:18.94	43.40	650m: 9:10.80	42.81
	100m: 1:19.09	41.47	300m: 4:08.86	42.63	500m: 7:01.64	42.70	700m: 9:53.24	42.44
	150m: 2:00.94	41.85	350m: 4:52.64	43.78	550m: 7:44.50	42.86	750m: 10:35.74	42.50
	200m: 2:43.52	42.58	400m: 5:35.54	42.90	600m: 8:27.99	43.49	800m: 11:16.35	40.61
3.	Jacqueline Rolloos-Bakkers	De Lansingh	11:27.91	196300222	11:36.61	+0,87		
	50m: 37.87	37.87	250m: 3:31.24	43.64	450m: 6:28.34	44.78	650m: 9:26.03	44.10
	100m: 1:20.53	42.66	300m: 4:14.66	43.42	500m: 7:12.32	43.98	700m: 10:10.73	44.70
	150m: 2:04.06	43.53	350m: 4:58.88	44.22	550m: 7:57.01	44.69	750m: 10:54.99	44.26
	200m: 2:47.60	43.54	400m: 5:43.56	44.68	600m: 8:41.93	44.92	800m: 11:36.61	41.62

Programmanr. 32, Dames, 800m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Gonnie Bak	PSV	14:59.12	195100064	15:12.71	+0,94		
	50m: 49.81	49.81	250m: 4:38.31	57.26	450m: 8:31.09	58.91	650m: 12:23.08	57.89
	100m: 1:46.02	56.21	300m: 5:35.90	57.59	500m: 9:28.59	57.50	700m: 13:20.99	57.91
	150m: 2:42.86	56.84	350m: 6:33.87	57.97	550m: 10:27.08	58.49	750m: 14:18.26	57.27
	200m: 3:41.05	58.19	400m: 7:32.18	58.31	600m: 11:25.19	58.11	800m: 15:12.71	54.45

Masters 70+

1.	Mieke Strijbis-v.d.Kroft	DAW	16:25.80	194500004	15:33.64	+1,31		
	50m: 52.81	52.81	250m: 4:44.10	59.15	450m: 8:39.97	58.39	650m: 12:36.63	59.72
	100m: 1:49.40	56.59	300m: 5:43.90	59.80	500m: 9:38.48	58.51	700m: 13:36.67	1:00.04
	150m: 2:46.59	57.19	350m: 6:43.45	59.55	550m: 10:37.68	59.20	750m: 14:36.46	59.79
	200m: 3:44.95	58.36	400m: 7:41.58	58.13	600m: 11:36.91	59.23	800m: 15:33.64	57.18
2.	Matty van der Veen	Old Dutch	15:29.88	194400020	15:54.41	+1,21		
	50m: 50.00	50.00	250m: 4:40.96	59.80	450m: 8:43.26	1:01.60	650m: 12:47.34	1:01.33
	100m: 1:45.00	55.00	300m: 5:40.89	59.93	500m: 9:44.21	1:00.95	700m: 13:50.48	1:03.14
	150m: 2:42.26	57.26	350m: 6:41.15	1:00.26	550m: 10:44.73	1:00.52	750m: 14:53.07	1:02.59
	200m: 3:41.16	58.90	400m: 7:41.66	1:00.51	600m: 11:46.01	1:01.28	800m: 15:54.41	1:01.34
AFGEM	Annie Smits	PSV	16:15.01	194600016				

Programmanr. 33
24-01-2016 - 10:54

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Coen de Bruijn	Hieronymus	4:45.43	199205151	4:48.49	+0,72		
	50m: 30.36	30.36	150m: 1:44.49	38.00	250m: 3:00.57	38.30	350m: 4:15.74	34.81
	100m: 1:06.49	36.13	200m: 2:22.27	37.78	300m: 3:40.93	40.36	400m: 4:48.49	32.75
2.	Jeffrey Camphens	DWT	4:56.85	199503113	4:57.73	+0,71		
	50m: 31.13	31.13	150m: 1:48.00	40.20	250m: 3:09.28	42.06	350m: 4:25.44	34.01
	100m: 1:07.80	36.67	200m: 2:27.22	39.22	300m: 3:51.43	42.15	400m: 4:57.73	32.29
3.	Pieter Pijnenburg	De Warande	5:03.90	199305227	5:01.80	+0,75		
	50m: 32.73	32.73	150m: 1:51.69	40.97	250m: 3:12.63	39.70	350m: 4:28.33	35.21
	100m: 1:10.72	37.99	200m: 2:32.93	41.24	300m: 3:53.12	40.49	400m: 5:01.80	33.47
4.	Vincent Dermaux	ZC Aquadream	5:09.82	199600599	5:09.77	+0,82		
	50m: 31.77	31.77	150m: 1:49.63	39.51	250m: 3:12.84	44.48	350m: 4:34.52	36.31
	100m: 1:10.12	38.35	200m: 2:28.36	38.73	300m: 3:58.21	45.37	400m: 5:09.77	35.25
5.	Nick van der Krogt	LZ 1886	5:22.83	199501313	5:33.98	+0,74		
	50m: 33.05	33.05	150m: 1:55.89	43.79	250m: 3:26.70	47.30	350m: 4:54.75	40.25
	100m: 1:12.10	39.05	200m: 2:39.40	43.51	300m: 4:14.50	47.80	400m: 5:33.98	39.23

Masters 25+

1.	Kevin Eltink	DWK	4:29.59	199100589	4:32.78	+0,75		
	50m: 27.62	27.62	150m: 1:34.72	34.90	250m: 2:50.20	40.70	350m: 4:03.03	31.78
	100m: 59.82	32.20	200m: 2:09.50	34.78	300m: 3:31.25	41.05	400m: 4:32.78	29.75
2.	Tim Bunnik	Triton	4:56.57	199000505	4:56.87	+0,77		
	50m: 31.20	31.20	150m: 1:45.48	36.84	250m: 3:04.92	42.54	350m: 4:23.09	34.25
	100m: 1:08.64	37.44	200m: 2:22.38	36.90	300m: 3:48.84	43.92	400m: 4:56.87	33.78
3.	Maik Steenkamp	Montferland	5:11.60	199103847	5:03.15	+0,79		
	50m: 30.76	30.76	150m: 1:48.30	40.61	250m: 3:10.54	41.68	350m: 4:28.77	36.41
	100m: 1:07.69	36.93	200m: 2:28.86	40.56	300m: 3:52.36	41.82	400m: 5:03.15	34.38
4.	Wessel Everloo	De Veene	5:09.19	198906597	SM14 5:17.09	+0,88		
	50m: 32.02	32.02	150m: 1:51.19	39.93	250m: 3:19.07	47.90	350m: 4:43.32	35.31
	100m: 1:11.26	39.24	200m: 2:31.17	39.98	300m: 4:08.01	48.94	400m: 5:17.09	33.77
5.	Niels Albrechts	MGO (SG)	5:34.17	198800039	5:31.39	+0,84		
	50m: 34.08	34.08	150m: 1:56.21	41.43	250m: 3:29.81	53.24	350m: 4:58.52	34.66
	100m: 1:14.78	40.70	200m: 2:36.57	40.36	300m: 4:23.86	54.05	400m: 5:31.39	32.87
AFGEM	Alex Schelvis	LZ 1886	4:35.14	198702927				

Programmanr. 33, Heren, 400m wisselslag

Masters 30+

1.	Kristiaan Lenos	LZ 1886	4:50.22	198301331	5:01.39	+0,72		
	50m: 29.68	29.68	150m: 1:44.67	38.90	250m: 3:06.64	43.19	350m: 4:27.35	36.01
	100m: 1:05.77	36.09	200m: 2:23.45	38.78	300m: 3:51.34	44.70	400m: 5:01.39	34.04
2.	Thommy Nickel	Van Vliet-Barracuda	5:05.65	198401627	5:07.37	+0,84		
	50m: 33.48	33.48	150m: 1:50.42	38.35	250m: 3:12.70	43.90	350m: 4:33.07	35.47
	100m: 1:12.07	38.59	200m: 2:28.80	38.38	300m: 3:57.60	44.90	400m: 5:07.37	34.30
3.	Tim van den Berg	MNC Dordrecht	5:15.20	198500157	5:07.98	+0,79		
	50m: 32.89	32.89	150m: 1:54.72	42.87	250m: 3:16.61	40.49	350m: 4:33.55	36.44
	100m: 1:11.85	38.96	200m: 2:36.12	41.40	300m: 3:57.11	40.50	400m: 5:07.98	34.43
4.	Jim Geestman	RSW (SG)	5:21.45	198300699	5:13.56	+0,84		
	50m: 32.30	32.30	150m: 1:52.42	40.86	250m: 3:16.25	44.87	350m: 4:39.03	37.22
	100m: 1:11.56	39.26	200m: 2:31.38	38.96	300m: 4:01.81	45.56	400m: 5:13.56	34.53
5.	Frank van der Voordt	MGO (SG)	5:23.87	198302259	5:18.01	+0,74		
	50m: 32.81	32.81	150m: 1:52.84	41.28	250m: 3:19.49	46.37	350m: 4:42.71	37.25
	100m: 1:11.56	38.75	200m: 2:33.12	40.28	300m: 4:05.46	45.97	400m: 5:18.01	35.30
6.	Yuri van Omme	Zwemvereniging Hoogland	5:20.04	198501887	5:20.17	+0,80		
	50m: 33.23	33.23	150m: 1:54.15	41.95	250m: 3:19.98	44.13	350m: 4:43.30	36.62
	100m: 1:12.20	38.97	200m: 2:35.85	41.70	300m: 4:04.61	44.63	400m: 5:20.17	36.94
7.	Rob van Wanrooy	Gay Swim Amsterdam	5:52.20	198202627	6:02.02	+0,76		
	50m: 40.18	40.18	150m: 2:13.01	45.37	250m: 3:48.76	50.73	350m: 5:22.23	42.51
	100m: 1:27.64	47.46	200m: 2:58.03	45.02	300m: 4:39.72	50.96	400m: 6:02.02	39.79

Masters 35+

1.	Mark Hensen	Van Vliet-Barracuda	5:18.02	197900497	5:11.40	+0,83		
	50m: 30.47	30.47	150m: 1:47.26	40.48	250m: 3:12.30	44.64	350m: 4:34.70	36.85
	100m: 1:06.78	36.31	200m: 2:27.66	40.40	300m: 3:57.85	45.55	400m: 5:11.40	36.70
2.	Marcel Reefhuis	WS Twente	5:17.41	198101381	5:18.45	+0,78		
	50m: 33.47	33.47	150m: 1:56.61	42.04	250m: 3:21.13	43.42	350m: 4:43.30	36.94
	100m: 1:14.57	41.10	200m: 2:37.71	41.10	300m: 4:06.36	45.23	400m: 5:18.45	35.15
3.	Freddie Geerlings	NIMO	5:18.41	197900379	5:18.86	+0,85		
	50m: 34.95	34.95	150m: 1:58.40	42.02	250m: 3:22.89	43.35	350m: 4:43.68	37.36
	100m: 1:16.38	41.43	200m: 2:39.54	41.14	300m: 4:06.32	43.43	400m: 5:18.86	35.18
4.	Harm Jan Otter	De Zandstuve	5:37.70	198101283	5:39.05	+0,91		
	50m: 34.19	34.19	150m: 2:03.09	46.27	250m: 3:34.68	45.76	350m: 5:01.41	39.86
	100m: 1:16.82	42.63	200m: 2:48.92	45.83	300m: 4:21.55	46.87	400m: 5:39.05	37.64
5.	Markus van Rest	WVZ	5:37.95	197701197	5:44.10	+0,78		
	50m: 31.73	31.73	150m: 1:57.98	46.32	250m: 3:34.34	51.27	350m: 5:06.06	39.89
	100m: 1:11.66	39.93	200m: 2:43.07	45.09	300m: 4:26.17	51.83	400m: 5:44.10	38.04

Masters 40+

1.	Egbert Stolk	d'ELFT WAVE (SG)	4:46.30	197600889	4:47.69	+0,83		
	<i>Nederlands Masters Record</i>							
	50m: 30.95	30.95	150m: 1:45.28	38.33	250m: 3:02.32	39.54	350m: 4:15.93	33.34
	100m: 1:06.95	36.00	200m: 2:22.78	37.50	300m: 3:42.59	40.27	400m: 4:47.69	31.76
2.	Heiner Stevens	ZIGNEA	5:41.01	197201299	5:45.71	+0,78		
	50m: 33.74	33.74	150m: 1:58.81	45.06	250m: 3:34.33	50.19	350m: 5:06.72	41.99
	100m: 1:13.75	40.01	200m: 2:44.14	45.33	300m: 4:24.73	50.40	400m: 5:45.71	38.99
3.	Kasper van den Bergh	Swol 1894	5:51.62	197301125	5:58.98	+0,75		
	50m: 37.60	37.60	150m: 2:04.61	43.53	250m: 3:41.78	53.71	350m: 5:17.86	42.49
	100m: 1:21.08	43.48	200m: 2:48.07	43.46	300m: 4:35.37	53.59	400m: 5:58.98	41.12

Masters 45+

1.	Erlend Alstad	I.L. Varg	5:03.28		5:01.64	+0,70		
	<i>Kampioenschaps Record, Norwegian Masters Record</i>							
	50m: 32.28	32.28	150m: 1:50.19	40.48	250m: 3:10.09	41.16	350m: 4:28.63	35.79
	100m: 1:09.71	37.43	200m: 2:28.93	38.74	300m: 3:52.84	42.75	400m: 5:01.64	33.01
2.	Marcel van Winssen	De Gelenberg	5:43.37	197101477	5:17.19	+0,82		
	50m: 34.21	34.21	150m: 1:55.81	41.96	250m: 3:20.99	43.81	350m: 4:41.56	36.78
	100m: 1:13.85	39.64	200m: 2:37.18	41.37	300m: 4:04.78	43.79	400m: 5:17.19	35.63
3.	Antwan van Engen	De Ward	5:35.36	197101577	5:24.15	+0,86		
	50m: 31.88	31.88	150m: 1:51.97	43.12	250m: 3:21.16	46.94	350m: 4:47.67	37.84
	100m: 1:08.85	36.97	200m: 2:34.22	42.25	300m: 4:09.83	48.67	400m: 5:24.15	36.48

Programmanr. 33, Heren, 400m wisselslag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Richard Ricksen	NIMO	5:25.81	197000841	5:28.35	+0,84		
	50m: 33.89	33.89	150m: 1:57.90	43.93	250m: 3:26.94	46.85	350m: 4:51.75	37.59
	100m: 1:13.97	40.08	200m: 2:40.09	42.19	300m: 4:14.16	47.22	400m: 5:28.35	36.60
5.	Harold Matla	PSV	5:34.19	196800591	5:37.15	+0,91		
	50m: 35.98	35.98	150m: 2:02.47	44.43	250m: 3:32.85	45.86	350m: 4:59.24	39.93
	100m: 1:18.04	42.06	200m: 2:46.99	44.52	300m: 4:19.31	46.46	400m: 5:37.15	37.91
AFGEM	Stefan Holmstrom	DAW	5:55.97	196701671				
NG	Marcel Brittijn	De Duinkickers	6:29.56	196900159				

Masters 50+

1.	Jan Brink	ZPC De Zeeuwse Kust	5:14.82	196200091	5:27.45	+0,78		
	50m: 34.71	34.71	150m: 1:58.96	42.15	250m: 3:25.20	46.03	350m: 4:50.92	38.85
	100m: 1:16.81	42.10	200m: 2:39.17	40.21	300m: 4:12.07	46.87	400m: 5:27.45	36.53
2.	Arnold de Rover	De Futen	5:34.00	196400645	5:35.11	+0,92		
	50m: 37.99	37.99	150m: 2:04.13	43.31	250m: 3:33.66	47.12	350m: 4:58.68	37.24
	100m: 1:20.82	42.83	200m: 2:46.54	42.41	300m: 4:21.44	47.78	400m: 5:35.11	36.43
3.	Jan Smalheer	SCOM	6:29.41	196400701	6:31.86	+1,15		
	50m: 42.87	42.87	150m: 2:22.88	51.81	250m: 4:09.36	56.04	350m: 5:49.07	42.94
	100m: 1:31.07	48.20	200m: 3:13.32	50.44	300m: 5:06.13	56.77	400m: 6:31.86	42.79

Masters 55+

1.	Ronald Grove	Oceanus	5:40.36	196100161	5:41.70	+0,71		
	50m: 35.34	35.34	150m: 2:04.85	46.02	250m: 3:37.01	47.45	350m: 5:03.84	37.84
	100m: 1:18.83	43.49	200m: 2:49.56	44.71	300m: 4:26.00	48.99	400m: 5:41.70	37.86
2.	Jan Willem Heuten	WS Twente	6:38.67	196000883	6:52.48	+0,99		
	50m: 43.69	43.69	150m: 2:33.36	56.16	250m: 4:29.07	59.52	350m: 6:09.76	43.73
	100m: 1:37.20	53.51	200m: 3:29.55	56.19	300m: 5:26.03	56.96	400m: 6:52.48	42.72

Masters 60+

1.	Paul Bunnik	Triton	6:17.16	195600413	6:13.61	+1,02		
	50m: 37.65	37.65	150m: 2:15.00	50.67	250m: 3:55.99	51.93	350m: 5:31.37	42.48
	100m: 1:24.33	46.68	200m: 3:04.06	49.06	300m: 4:48.89	52.90	400m: 6:13.61	42.24
2.	Bart van Doesburg	PSV	6:17.70	195600463	6:22.59	+0,86		
	50m: 41.80	41.80	150m: 2:19.41	48.43	250m: 4:01.72	53.55	350m: 5:38.32	44.12
	100m: 1:30.98	49.18	200m: 3:08.17	48.76	300m: 4:54.20	52.48	400m: 6:22.59	44.27

Masters 70+

1.	Rob Hanou	PSV	7:15.24	194300109	7:39.73	+1,12		
	50m: 50.27	50.27	150m: 2:54.26	1:01.28	250m: 4:57.71	1:02.35	350m: 6:49.87	50.09
	100m: 1:52.98	1:02.71	200m: 3:55.36	1:01.10	300m: 5:59.78	1:02.07	400m: 7:39.73	49.86

Masters 75+

1.	Joaquin Canales de Mendoza	R.C. Mediterraneo	6:52.72		7:03.62	+0,82		
	<i>Kampioenschaps Record</i>							
	50m: 43.46	43.46	150m: 2:31.78	54.51	250m: 4:29.73	1:02.98	350m: 6:20.15	46.78
	100m: 1:37.27	53.81	200m: 3:26.75	54.97	300m: 5:33.37	1:03.64	400m: 7:03.62	43.47

Programmanr. 34
24-01-2016 - 11:32

4 x 100m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames					
1.	DIO	4:39.58		4:38.89	+0,66
	<i>Nederlands Masters Record</i>				
	Aniek Resink +0,66 32.71 1:07.21	Whitney van Hoeckel +0,49 33.07 1:10.83			
	Susanne van der Linden +0,54 38.13 1:21.38	Jolanda Post +0,35 29.09 59.47			
2.	NDD	4:41.68		4:45.46	+0,76
	Henriëke ten Bokkel +0,76 32.89 1:08.47	Eva Engelen +0,23 32.33 1:14.96			
	Carmen Seesing +0,34 35.59 1:18.22	Olga Volman-Maiorova +0,07 30.01 1:03.81			
80+, Heren					
1.	Merlet	4:09.37		4:10.64	+0,67
	Dieder Schuurmans +0,67 30.46 1:03.20	Bas Berndes +0,44 29.57 1:03.75			
	Teun Strijbosch +0,31 31.50 1:07.31	Jelte Schuurmans +0,39 26.84 56.38			
2.	De Kempvis	4:14.40		4:11.33	+0,69
	Dennis Doove +0,69 31.33 1:06.10	Jory Sloof +0,32 29.69 1:04.59			
	Romero Hennep +0,55 29.92 1:04.97	Erik Wegman +0,35 26.05 55.67			
3.	De Zwoer	4:20.99		4:12.40	+0,66
	Pieter Ytsma +0,66 30.55 1:03.42	Matthijs Mulder +0,20 29.57 1:05.58			
	Sven Dogger +0,33 30.78 1:08.33	Auke Koops +0,28 25.62 55.07			
4.	De Amstel	4:22.30		4:22.42	+0,63
	Bart van der Zwaan +0,63 32.35 1:07.72	Nick Sijmons +0,30 28.07 1:02.28			
	Nick Drenth +0,44 34.98 1:15.37	Jeffrey van 't Schip +0,22 26.82 57.05			
80+, Gemengd					
1.	Octopus	4:29.29		4:33.44	+0,71
	Denise van Zetten +0,71 36.43 1:16.08	Casper Muselaers +0,28 27.37 1:01.80			
	Roald Blok +0,49 30.86 1:06.90	Miriam Visserman +0,44 32.60 1:08.66			
2.	ZPB H&L Productions 1	4:39.32		4:42.04	+0,71
	Linda Janssen +0,71 37.44 1:16.04	Lars Schoffemeer +0,27 27.24 59.90			
	Aylin van Uffelen +0,53 39.44 1:25.39	Ruben Stolk +0,57 27.74 1:00.71			
DIS	ZPC Woerden 1	4:39.13			+0,65
	<i>EA - Took over too quickly**, Startzwemmer NMR 100 rug</i>				
	Jamilla van Veen +0,65 31.58 1:05.29	Thijs van den End +0,40 29.52 1:08.60			
	Sabine Lina +0,38 38.73 1:23.98	Patrick de Jonge -0,57			
100+, Dames					
1.	LZ 1886	4:52.07		4:58.75	+0,86
	Naomi van Gool +0,86 37.41 1:17.96	Tamara Caspers +0,31 33.36 1:15.52			
	Moniek Heemskerk +0,34 37.69 1:20.65	Heidi van Stein +0,25 30.93 1:04.62			
2.	WS Twente	5:03.63		5:11.67	+0,69
	Paulien Schokker +0,69 38.62 1:19.41	Laura Lujtes +0,56 35.53 1:17.51			
	Annelette Reefhuis-de Vries +0,74 39.76 1:26.40	Henriëke de Vries +0,58 32.53 1:08.35			
3.	CNSW	5:17.28		5:20.07	+0,74
	Sandra Koenig +0,74 42.79 1:28.72	Fanny Koenig +0,46 33.99 1:14.23			
	Melina Dejonckheere +0,39 41.08 1:26.27	Isaline Manchel +0,74 34.13 1:10.85			
4.	Montferland 1	5:22.28		5:24.18	+0,83
	Angela Giezen +0,83 39.85 1:20.46	Kelly Bockting +0,62 37.21 1:24.94			
	Esther van Maastricht +0,31 40.51 1:27.44	Daphne Meijer +0,36 34.11 1:11.34			

Programmanr. 34, 4 x 100m wisselslag

100+, Gemengd

1.	MGO (SG) Ramon van Huizen Marjon van Kempen	MGO (SG) +0,75 33.22 +0,47 41.10	1:07.58 1:27.82	4:53.03 Whitley Rens Martijn van Hoor	+0,51 +0,60	4:55.69 36.52 27.78	1:20.79 59.50	+0,75
2.	Steenwijk 1934 2 Robert Braad Mike Koelewijn	Steenwijk 1934 +0,81 31.77 +0,64 34.07	1:06.19 1:15.04	4:50.12 Lonneke Oenema Tara Keijzer	+0,55 +0,56	5:08.81 38.73 34.73	1:29.15 1:18.43	+0,81
DIS	De Veene 1 <i>EA - Took over too quickly**</i> Diana Lammers Yvon Versteeg	De Veene +0,77 37.27 +0,44 35.86	1:17.90 1:17.55	4:39.37 Robert Dekker Yorick Kreuwei	+0,53 -0,17	30.19	1:07.69	+0,77

120+, Dames

1.	ZPC Woerden 1 Ilse van den Wijngaard Marja Verwoerd	ZPC Woerden +0,75 34.93 +0,47 42.71	1:12.38 1:34.04	5:07.24 Marjan Remmits-De Lange Mandy Verbakel	+0,27 +0,25	5:04.52 34.23 30.53	1:14.75 1:03.35	+0,75
2.	De Meer 1 Christa Verploeg Chantal van der Horst	De Meer +0,71 41.37 +0,49 37.17	1:23.80 1:18.66	5:09.23 Lindsey Hol Nadège van Meeteren	+0,57 +0,64	5:15.89 35.47 34.23	1:22.24 1:11.19	+0,71
3.	WVZ 1 Tessa Verheijdt Isabelle Massar	WVZ +0,66 41.53 +0,44 38.48	1:24.39 1:22.79	5:13.81 Linda Hoogendam Yvonne Gerritsen	+0,62 +0,76	5:19.56 37.98 31.44	1:24.80 1:07.58	+0,66
4.	ESCA Zwemmen 1 Ilja Janssen Yoka de Vegt- van Dijk	ESCA Zwemmen +0,72 40.29 +0,78 45.14	1:22.68 1:36.40	5:29.90 Jepke van der Werf Kiona Peters	+0,60 +0,48	5:26.14 36.42 32.07	1:19.22 1:07.84	+0,72
AFGEM	DAW 1	DAW		5:09.24				

120+, Heren

1.	d'ELFT WAVE (SG) 1 <i>Europees Masters Record</i> Egbert Stolk Erik Simons	d'ELFT WAVE (SG) +0,72 29.53 +0,39 29.35	1:01.07 1:03.23	4:00.20 Roderik Meijers Nol van Thull	+0,41 +0,48	3:59.37 27.40 24.54	1:03.25 51.82	+0,72
2.	De Houtrib 1 Marco Uppelschoten Melvin Bakker	De Houtrib +0,73 28.24 +0,23 31.05	57.41 1:08.57	4:05.70 Patrick Lahuis Sjoerd Boertien	+0,33 +0,53	4:09.24 30.02 26.51	1:06.97 56.29	+0,73
3.	Van Vliet-Barracuda 1 Thommy Nickel Mark Hensen	Van Vliet-Barracuda +0,75 31.90 +0,42 34.72	1:05.13 1:15.01	4:12.84 Emiel van Beusekom Pascal van Haren	+0,42 +0,30	4:17.86 28.62 26.61	1:02.21 55.51	+0,75
4.	ZPC AMERSFOORT 1 Ron Korzelius Wouter van 't Klooster	ZPC AMERSFOORT +0,71 35.72 +0,24 37.32	1:13.02 1:19.93	4:35.02 Edwin v. Norden Mark Pijtak	+0,15 +0,27	4:38.71 29.84 28.21	1:05.31 1:00.45	+0,71
5.	LZ 1886 1 Otto Jansen Nick van der Krogt	LZ 1886 +0,87 35.08 +0,51 36.40	1:12.57 1:18.23	4:20.89 Kristiaan Lenos Wim van Mil	+0,20 +0,63	4:39.38 28.21 30.87	1:03.48 1:05.10	+0,87
6.	MGO (SG) 1 Addie Vroegindeweij Kees Akershoek	MGO (SG) +0,74 35.31 +0,24 36.42	1:13.11 1:19.39	4:40.62 Frank van der Voordt Niels Albrechts	+0,26 +0,35	4:41.28 30.97 28.22	1:09.19 59.59	+0,74
7.	De Duinkickers 1 Robin Eggenkamp Robert de Brauwer	De Duinkickers +0,86 37.45 +0,26 40.16	1:17.85 1:26.42	5:03.73 Sven van Zanten Marcel Brittijn	+0,23 +0,47	5:09.08 31.35 32.22	1:15.34 1:09.47	+0,86

Programmanr. 34, 4 x 100m wisselslag

120+, Gemengd

1.	ZVVS 1	ZVVS			4:24.82		4:26.45	+0,58
	Nick Cleintuar	+0,58	28.80	1:00.28	Paul Brinkman	+0,54	28.11	1:01.16
	Karin Stein	+0,41	38.51	1:22.45	Nadya Putter	+0,38	29.81	1:02.56
2.	DWK 1	DWK			4:49.49		4:46.51	+0,69
	Michel van Wingerden	+0,69	36.89	1:17.67	Pauline Gouwens	+0,41	29.12	1:03.77
	Liesbeth van Mill	+0,80	42.04	1:28.78	Robin Eltink	+0,21	26.90	56.29
3.	De IJssel 1	De IJssel			4:49.74		4:50.69	+0,64
	Nikki Hoogeboom	+0,64	36.41	1:16.66	Wijam Nijenhuis	+0,33	32.68	1:10.50
	Lieke Godschalk	+0,31	39.87	1:26.82	Frank Beijering	+0,55	26.49	56.71
4.	Zwemvereniging Westland 1	Zwemvereniging Westland			5:03.71		5:03.02	+0,73
	Fred Dijkshoorn	+0,73	36.68	1:19.11	Ronald Koeckhoven	0,00	28.73	1:04.11
	Mirjan den Drijver-Aarse	+0,55	42.91	1:31.31	Jacoline van den Beukel	+0,31	32.02	1:08.49
5.	ZOB'66 1	ZOB'66			5:09.61		5:19.33	+0,66
	Harmen Reerst	+0,66	36.54	1:16.53	Wendy de Bruin	+0,51	32.99	1:12.79
	Dré Klaassen	+0,36	45.87	1:38.21	Rebecca Evers	+0,60	34.51	1:11.80
6.	Budel 1	Budel			5:15.54		5:20.72	+0,70
	Joyce Raemaekers	+0,70	38.41	1:20.88	Dyon de Greef	+0,32	36.88	1:22.93
	Carola Hompes	+0,43	43.99	1:33.25	Wijlo Mackus	+0,81	29.95	1:03.66
7.	De Gelenberg 1	De Gelenberg			5:08.70		5:25.24	+0,75
	Sylvia Reijers	+0,75	40.55	1:24.28	Rob Janssen	+0,61	38.10	1:20.36
	Constant van Ewijk	+0,67	39.75	1:26.53	Debby Wagenveld	+0,60	34.45	1:14.07
RES	WVZ 1	WVZ			5:07.80			

160+, Dames

1.	De Dinkel 1	De Dinkel			5:03.56		5:06.78	+0,69
	Franca Johannink-Willeme	+0,69	35.95	1:14.06	Anique Willeme	+0,16	31.46	1:08.00
	Judith Heijdens-Schasfoort	+0,45	43.74	1:37.45	Anja Tjink	+0,44	31.62	1:07.27
2.	CNSW	CNSW			5:28.69		5:22.99	+0,74
	<i>Belgisch Masters Record</i>							
	Cora Vinagre Sendino	+0,74	38.61	1:20.84	Claire Anthony	+0,52	39.72	1:30.16
	Charlotte Six	+0,76	39.72	1:24.29	Valerie Rolland	+0,55	32.57	1:07.70
3.	Old Dutch 1	Old Dutch			5:41.60		5:41.33	+0,86
	Karin van Nassau van den Heuvel	+0,86	45.64	1:33.49	Chantal Verhoeff	+0,43	34.48	1:19.19
	Chantal Gerritsen-Driesen	+0,73	45.15	1:35.18	Claudia van der Straate de Jong	+0,56	35.40	1:13.47
4.	DWK 1	DWK			5:54.65		5:58.60	+0,81
	Ellen van Wingerden-Dijkhuizen	+0,81	39.67	1:22.67	Iris van Aurich	+0,48	43.95	1:36.93
	Greta Wyma-Teitsma	+0,71	50.41	1:46.86	Grith Sigsgaard	+0,64	34.36	1:12.14
DIS	ZPC AMERSFOORT 1	ZPC AMERSFOORT			5:11.06			+0,81
	<i>EA - Took over too quickly**</i>							
	Françoise Duran	+0,81	45.53	1:32.70	Lidia v. Bon-Rosenbrand	+0,33	35.63	1:21.86
	Atie Pijtak-Radersma	+0,27	44.42	1:35.51	Marjke van Manen	-0,16		

160+, Heren

1.	DAW 1	DAW			4:25.52		4:22.37	+0,77
	Alex Damen	+0,77	33.08	1:07.89	Kars Luttik	+0,44	30.13	1:07.66
	Joost Hoetjes	+0,39	31.54	1:07.68	Pieter van Gemeren	+0,11	27.87	59.14
2.	Steenwijk 1934 1	Steenwijk 1934			4:35.72		4:34.76	+0,57
	Casper Dollekamp	+0,57	37.88	1:17.20	Rick Driezen	+0,55	27.57	1:00.97
	Huyb Stegeman	+0,63	37.79	1:22.43	Lauren Vis	+0,23	25.50	54.16
3.	WS Twente 1	WS Twente			4:54.08		4:37.86	+0,80
	Robin Mäkel	+0,80	32.94	1:09.14	Paul Jurcka	+0,28	31.04	1:08.55
	Jos Wensink	+0,50	37.28	1:21.59	Arno Hofmeijer	+0,38	27.87	58.58
4.	De Gelenberg 1	De Gelenberg			4:39.94		4:40.53	+0,80
	John Cobussen	+0,80	32.32	1:07.77	Erik Lamers	+0,51	34.51	1:16.22
	Marcel van Winssen	+0,69	34.11	1:13.16	Harold Brouwer	+0,52	29.72	1:03.38
5.	ZVVS 1	ZVVS			4:56.73		4:57.42	+0,72
	Thomas Grudelbach	+0,72	35.65	1:14.62	Danny Zulver	+0,26	35.26	1:18.51
	Rene de Jong	+0,07	37.36	1:20.62	Freddy v.d. Veen	+0,34	29.84	1:03.67
6.	Swol 1894 1	Swol 1894			5:05.42		5:01.15	+0,75
	Arjan Aalbers	+0,75	35.78	1:14.13	Kasper van den Berghe	+0,72	34.09	1:15.28
	Willem Jannink	+0,46	40.05	1:27.38	Johan Wezenberg	+0,36	29.41	1:04.36

Programmanr. 34, Heren, 4 x 100m wisselslag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Upstream Amsterdam 1	Upstream Amsterdam	4:13.00		
160+, Gemengd					
1.	De Biesboschzwemmers 1 <i>Kampioenschaps Record</i>	De Biesboschzwemmers	4:43.77	4:44.76	+0,92
	Arjon de Bok +0,92 34.96 1:11.39 Marjo Goelma-Koek +0,60 36.79 1:20.22		Harry Cornet Annette Wijnja-Visser	+0,45 29.22 1:03.43 +0,55 33.05 1:09.72	
2.	RZC 1	RZC	5:10.16	5:09.21	+0,71
	Jule Verschoor-Holland +0,71 41.76 1:26.18 Bert de Weerd +0,23 37.76 1:19.70		Geert van Duinhoven Rita van der Horst	+0,53 33.34 1:14.14 +0,30 31.69 1:09.19	
3.	AZC 2	AZC	5:39.33	5:26.34	+0,70
	Wim de Lange +0,70 39.39 1:21.26 Auke de Lange +0,54 40.99 1:26.87		Joeri Stoffels Wil Ponsoen-van Mil	+0,54 31.34 1:08.33 +0,96 42.77 1:29.88	
4.	De Rog 1	De Rog	5:37.61	5:33.61	+0,73
	Cees Kersten +0,73 41.90 1:24.95 Roy le Clercq +0,50 40.63 1:27.52		Sandra Peeters-Wiermans Ariane Hamakers	+0,43 39.35 1:24.85 +0,58 35.89 1:16.29	
5.	WIDEX GZC DONK 2	WIDEX GZC DONK	5:58.10	5:37.02	+0,74
	Jacqueline de Ruiter-Wijnolst +0,74 39.56 1:21.64 Pierre de Groot +0,75 43.23 1:32.81		Nathasja Konijn Niels van Dam	+0,53 44.94 1:37.41 +0,22 31.15 1:05.16	
6.	Budel 2	Budel	5:51.09	6:00.21	+0,72
	Elly Scheepers +0,72 41.03 1:25.72 Judith van der Heijden +0,36 50.74 1:48.30		Edward van Nijmweegen Ruud Kennis	+0,44 38.17 1:37.44 +0,37 32.50 1:08.75	
DIS	CNSW <i>SR - Made more than one butterfly kick after start or turn</i>	CNSW	5:40.45		+0,81
	Anne De Sauvage +0,81 44.05 1:30.33 Mohamed Abou Gebba +0,30 43.44 1:41.18		Juan Vinagre Sendino Severine Bayre		
AFGEM	Steenwijk 1934 1	Steenwijk 1934	5:32.64		
200+, Dames					
1.	PSV 1	PSV	5:04.72	5:17.32	+0,68
	Gudule van der Meer +0,68 34.71 1:11.16 Ineke Weekers +0,44 44.26 1:33.52		Liselotte Joling Patty Verhagen	+0,70 35.03 1:16.24 +0,36 36.71 1:16.40	
2.	Swol 1894 1	Swol 1894	5:34.91	5:49.01	+0,89
	Annemarie Vuist +0,89 44.68 1:30.01 Annet Kootstra +0,47 46.93 1:39.62		Mathilde Vink Christien Nieuwenhuis	+0,58 38.99 1:23.99 +0,31 35.57 1:15.39	
200+, Heren					
1.	De Rog 1 <i>Nederlands Masters Record</i>	De Rog	4:35.39	4:34.65	+0,61
	Peter Bensen +0,61 31.07 1:04.82 Glen le Clercq +0,49 33.36 1:13.35		Erik Kamphuis Rob Spetter	+0,62 35.41 1:14.68 +0,23 29.44 1:01.80	
2.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	5:14.23	5:14.13	+0,71
	Erik Smink +0,71 37.67 1:15.89 Paul de Boer +0,60 37.97 1:23.52		Rudolf Meijer Jan Vonk	+0,73 38.58 1:22.32 +0,38 35.07 1:12.40	
3.	WS Twente 2	WS Twente	5:20.78	5:24.67	+0,84
	Jack Barends +0,84 41.19 1:24.05 Joop Weenink +0,65 40.06 1:25.23		Jan Willem Heuten Bart van Calker	+0,62 38.42 1:25.15 +0,51 34.43 1:10.24	
AFGEM	DAW 2	DAW	4:43.81		
200+, Gemengd					
1.	PSV 1	PSV	5:01.80	5:24.60	+0,62
	Jolanda van Gendt +0,62 38.83 1:20.59 Harold Matla +0,40 34.26 1:12.31		Joop Ariaens Gonnie Bak	+0,60 31.83 1:15.52 +0,74 45.61 1:36.18	
2.	WIDEX GZC DONK 1	WIDEX GZC DONK	5:43.36	5:46.86	+0,82
	Feikje Wittermans +0,82 40.41 1:24.33 Lia Bijkerk +0,64 51.39 1:50.69		Adrian Ortiz Buitrago Willem Jan Ribberink	+0,47 36.75 1:23.12 +0,27 33.50 1:08.72	
DIS	AZC 1 <i>AA - Started before the starting signal</i>	AZC	5:38.67		
	Guido Keutgen, Sandra Daamen-Posma, Kirsten Savellberg, Geza Kaltenecker				

Programmanr. 34, 4 x 100m wisselslag

240+, Heren

1.	WWV 1	WWV		5:21.60		5:27.39	+0,65
	Kees-Jan van Overbeeke	+0,65	35.31	1:12.39	Ruud Ruiten	+0,47	39.17 1:25.85
	Laurens Klein Breteler	+0,57	40.53	1:28.51	Theo Schouten	+0,48	38.79 1:20.64
2.	UZSC 1	UZSC		5:54.84		5:36.70	+0,84
	Nartano Glijn	+0,84	38.45	1:19.16	Henk Kuipers	+0,42	37.77 1:19.13
	Tom Meijnen	+0,79	46.44	1:39.62	Frederik Eshuis	+0,64	38.03 1:18.79

240+, Gemengd

1.	DAW 1	DAW		5:59.04		6:11.03	+0,75
	Fred Heemstra	+0,75	37.70	1:17.81	Petra Tossings	+0,43	39.36 1:28.15
	Mieke Strijbis-v.d.Kroft	+0,92	57.59	2:02.63	Jaap Kwakkel	+0,42	39.20 1:22.44
AFGEM	PSV 2	PSV		6:19.20			

7 - ONMK 2016 kb sessie 7

24-01-2016 - 13:30

Programmanr. 36
24-01-2016 - 13:30

Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Evy Ulijn	Arethusa	28.92	199604100	29.46	+0,75
2.	Maud Hoofs	The Hague Swimming (SG)	29.14	199501206	29.69	+0,69
3.	Merel van der Kieft	EZC	30.27	199200920	29.87	+0,62
4.	Stéphanie Bergsma	Dedemsvaart-AC	29.90	199203374	29.98	+0,67
5.	Adaja Stoetman	TriVia	29.73	199600348	30.06	
6.	Lianne Molkenboer	EZC	29.88	199602034	30.07	+0,77
7.	Karen Stolk	TriVia	30.16	199403950	30.41	+0,74
8.	Karin Groen	Nova	30.05	199502440	30.49	+0,68
9.	Femke Swier	Zwemvereniging Hoorn	30.79	199305122	30.61	+0,84
10.	Kim Loeffen	Merlet	30.39	199403432	31.18	+0,86
11.	Suzanne Mosch	MSV-Zeemacht	29.59	199400548	31.23	+0,72
12.	Carmen Seesing	NDD	30.26	199406220	31.24	+0,74
13.	Eva Engelen	NDD	30.75	199405514	31.30	+0,69
14.	Marissa Minkman	ZC Aquadream	31.11	199306054	31.48	+0,76
15.	Whitney van Hoeckel	DIO	31.85	199402390	31.95	+0,75
16.	Suzanne Lange	De Zwoer	35.82	199202998	32.26	+0,72
17.	Debby Kraaijeveld	DWF	31.62	199601358	32.35	+0,80
18.	Julia Wortman	AZC	33.94	199603666	32.65	+0,82
19.	Giulia Rolloos	Van Vliet-Barracuda	31.86	199500946	33.07	+0,88
20.	Mariëtte Bulman	ZC Aquadream	33.60	199506846	33.12	+0,68
21.	Denise Otjes	Aquarius	33.18	199601378	33.41	+0,77
22.	Eva Kattouw	De Ward	33.40	199407168	33.57	+0,75
23.	Rebecca Evers	ZOB'66	33.23	199207916	33.66	+0,74
24.	Krista Kostwinder	SCOM	32.89	199401058	33.67	+0,73
25.	Alma Janssen	Van Vliet-Barracuda	33.95	199401078	33.78	+0,87
26.	Eline van Gemert	De Meer	34.07	199505458	34.35	+0,70
27.	Naomi van Gool	LZ 1886	33.82	199505166	34.45	+0,74
28.	Lieke Janssen	NIMO	37.36	199305954	36.11	+0,80
29.	Daphne Meijer	Montferland	37.10	199303850	36.84	+0,97
30.	Rebecca van Eeren	SCOM	36.96	199306910	37.05	+0,81
31.	Getrude Corporaal	ZVZ	35.91	199200380	37.08	+0,87
32.	Eline Molle	De Geul	37.45	199404276	37.14	+0,84
33.	Nadine Blouw	GZVW	35.54	199302314	37.45	+0,67
34.	Nieske Janssen	NIMO	38.01	199601328	38.67	
35.	Elske Eikholt	Merlet	38.57	199305032	38.85	+0,87
36.	Sanne Kruijer	Sassenheim	40.01	199505958	38.98	+0,78
37.	Maaïke Hofland	Sassenheim	40.59	199203754	39.01	+0,68
38.	Chadassa Mannee	De Geul	38.49	199501044	39.33	+0,88
39.	Daniëlle de Klein	DWF	39.86	199404786	39.73	+0,88
40.	Talitha Boelen	DWF	40.20	199502910	39.76	+0,80
DIS	Yvon Versteeg	De Veene	29.13	199201864		
<i>VI - Touched turn or finish with one hand</i>						
AFGEM	Carmen Muilwijk	De Geul	33.67	199502700		
AFGEM	Amber Reijm	The Hague Swimming (SG)	34.68	199405434		

Masters 25+

1.	Cora van Dorst	De Krabben	30.50	199106218	29.72	+0,70
2.	Jolanda Post	DIO	29.21	199004848	29.92	+0,72
3.	Charlotte Groeneveld	UZSC	30.16	198701404	30.48	+0,79
4.	Jacyntha Plat	De Golfbreker	30.53	199002956	30.87	+0,73
5.	Monique Lindenberg	De Bevelanders	31.12	199002360	30.94	+0,84
6.	Fanny Koenig	CNSW	30.44	003083/89	30.95	+0,73
7.	Evelien Terpstra	EZC	32.90	199005654	31.56	+0,79
8.	Laura Lutjes	WS Twente	31.89	199002424	32.17	+0,82
9.	Nienke van Stipriaan	PSV	33.64	198703970	32.45	+0,94
10.	Isabelle Massar	WVZ	30.95	199102034	32.62	+0,76
11.	Tessa Mosch	MSV-Zeemacht	31.46	199102172	32.65	+0,65

Programmanr. 36, Dames, 50m vlinderslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
12.	Tamara Caspers	LZ 1886	31.79	199007272	32.75	+0,48
13.	Myrthe Talsma	De Golfbreker	33.38	199106844	33.44	+0,77
14.	Mandy Verbakel	ZPC Woerden	33.99	199003908	33.59	+0,82
15.	Lindsey Hol	De Meer	34.26	199008088	34.17	+0,76
16.	Miriam Visserman	Octopus	35.10	198704364	34.26	+0,71
17.	Brenda Geestman	ZPB H&L Productions	33.09	198701276	34.39	+0,82
18.	Liesbeth van Mill	DWK	34.53	198702786	35.32	+0,91
19.	Joyce Raemaekers	Budel	34.59	199106106	35.38	+0,77
20.	Whitley Rens	MGO (SG)	34.75	199007520	35.42	+0,81
21.	Kiona Peters	ESCA Zwemmen	35.09	198903272	35.44	+0,95
22.	Kelly Bockting	Montferland	36.00	199104050	35.46	+0,82
23.	Kyra Camerijk	TRB-RES	35.92	198800742	35.65	+0,85
24.	Sabine Duijst	Zwemvereniging Hoogland	35.52	198701032	35.82	+0,89
25.	Marlous de Jong	Zwemlust-den Hommel	35.87	199001782	35.88	+0,78
26.	Jacoline van den Beukel	Zwemvereniging Westland	35.45	199100238	36.39	+0,77
27.	Tamara Nordin	ZPC De Zeeuwse Kust	37.25	198702996	36.53	+0,82
28.	Henrike de Vries	WS Twente	37.26	198907460	37.55	+1,02
29.	Carola Hompes	Budel	35.46	198801868	37.82	+0,88
30.	Annebeth van Ark	Octopus	39.54	198805588	38.00	+0,81
31.	Manouk Ticheler	De Duinkickers	39.22	198705416	38.12	+0,76
32.	Kirsten de Vries	EZC	39.73	199004090	40.44	+1,01
AFGEM	Kirsten Oosterhuis	Eemsrobben	31.70	198903136		
AFGEM	Tara Keijzer	Steenwijk 1934	34.94	199108498		

Masters 30+

1.	Pauline Gouwens	DWK	27.95	198400790	28.47	+0,69
2.	Anique Willeme	De Dinkel	30.33	198604106	30.99	+0,54
3.	Esther Versteeg	Van Vliet-Barracuda	31.96	198302112	31.91	+0,86
4.	Elles van Leeuwen	PSV	32.87	198602240	33.08	+0,83
5.	Sandra Zwaanswijk	DAW	32.05	198503934	33.31	+0,72
6.	Annelette Reefhuis-de Vries	WS Twente	32.50	198603908	33.34	+0,73
7.	Jepke van der Werf	ESCA Zwemmen	34.81	198201832	34.03	+0,89
8.	Auke de Lange	AZC	33.10	198602226	34.24	+0,87
9.	Sandra Schellekens	SWNZ (SG)	33.98	198503416	34.43	+0,73
AFGEM	Franca Johannink-Willeme	De Dinkel	34.40	198402760		

Masters 35+

1.	Angela Koekkoek	Triton	32.26	197901516	31.07	+0,69
2.	Chantal Verhoeff	Old Dutch	33.11	197900912	32.36	+0,86
3.	Sabrina Boekhout	De Biesboschwemmers	32.39	198100120	32.69	+0,77
4.	Tonia Ruybroek	Poseidon'56	32.22	198101290	33.40	+0,93
5.	Patricia Vos	TRB-RES	36.03	198001730	35.91	+0,87
6.	Inge Otter	De Bevelanders	35.66	197801242	36.74	+0,97
7.	C. van der Straate de Jong	Old Dutch	38.12	198001750	37.25	+0,88
8.	Kirsten Savelberg	AZC	37.00	197901192	38.23	+0,71
9.	Sandra de Bruijne	Onderdak	45.14	197801310	42.60	+0,77
10.	Paula 't Hart-Buitelaar	ZVVS	40.10	197701132	43.94	+0,80
NG	Andrea Gerbrands	WVZ	38.64	198100904		

Masters 40+

1.	Gudule van der Meer	PSV	30.94	197200396	30.89	+0,60
2.	Edith Janssen-Koolen	TRB-RES	32.57	197300898	32.65	+0,76
3.	Geraldine Trainor	De Duck	33.77	197500544	33.99	+0,80
4.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	34.66	197500884	34.70	+0,94
5.	Sandra Peeters-Wiermans	De Rog	36.15	197401032	34.95	+0,86
6.	Yvette Ratering	De Ward	37.32	197200990	35.09	+1,00
7.	Jessica Riemsdijk	ZPCH	34.45	197600830	35.62	+0,94
8.	Chantal Gerritsen-Driesen	Old Dutch	37.98	197601074	36.67	+0,83
9.	Catarina Matos	De Rog	38.95	197200976	37.92	+0,76
10.	Evelien Meeuwissen	Sassenheim	37.50	197500360	38.29	+0,81
11.	Christa Verploeg	De Meer	41.14	197400896	39.62	+0,76
12.	Jule Verschoor-Holland	RZC	41.22	197500874	40.72	+0,88
13.	Denise van Dongen	De Geul	41.02	197201004	40.82	+0,80

Programmanr. 36, Dames, 50m vlinderslag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
14.	Evelien Naatje	WS Twente	40.73	197200838	41.77	+1,02
AFGEM	Ilona Hogerheyde	DAW	32.75	197400224		
NG	Annet Miltenburg	De Fuut	38.30	197300926		

Masters 45+

1.	Ingrid Boot-De Groot	De Aalscholver	30.53	197000168	30.86	+0,74
	<i>Nederlands Masters Record</i>					
2.	Jeanne Petit	De Dinkel	31.09	197001020	31.28	+0,74
3.	Marjo Goelema-Koek	De Biesboschzwemmers	33.45	196900192	33.33	+0,70
4.	Ilse Harms	De Geul	33.80	196900858	33.36	+0,81
5.	Henriëtte Manting	GZVW	34.64	197100246	34.94	+0,90
6.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	35.02	197000054	35.19	+0,92
7.	Jolanta Duleviciene	Kauno Takas	35.17		35.40	+0,81
	<i>Lithuanian Masters Record</i>					
8.	Rita van der Horst	RZC	35.21	196900260	35.76	+0,78
9.	Sylvia van den Berg	De Fuut	38.58	197000688	38.05	+0,84
10.	Joyce Brummelkamp	ZVVS	37.41	197000952	38.10	+0,98
11.	Miriam Stevens	Budel	43.34	196900988	43.33	+1,10
12.	Pauline Tromp-de Lang	ZZ&PC De Devel	48.31	197001032	45.30	+0,75
13.	Ineke Branderhorst	Den Doorn	49.69	196900918	53.45	+1,04
DIS	Nancy Lee	Old Dutch	43.97	196900930		

VH - Did not touch turn or finish simultaneously with two hands

Masters 50+

1.	Katrien Delaender	BZK	31.73	20525/66	32.02	+0,74
	<i>Kampioenschaps Record, Belgisch Masters Record</i>					
2.	Marjan Remmits-De Lange	ZPC Woerden	32.74	196300518	32.79	+0,80
3.	Allie Price	Cardiff Masters	33.37	547582	32.99	+0,70
4.	Anja Tijink	De Dinkel	32.87	196400296	33.40	+0,87
5.	Wilma van Velsen	Montferland	35.17	196400444	34.34	+0,80
6.	Jacqueline Rolloos-Bakkers	De Lansingh	35.21	196300222	36.67	+0,86
7.	Sandra Hoofs-Buil	The Hague Swimming (SG)	35.83	196600678	37.03	+0,86
8.	Talje Dijkhuis	ZPC AMERSFOORT	36.25	196600072	37.44	+0,98
9.	Feikje Wittermans	WIDEX GZC DONK	38.72	196400408	37.72	+0,83
10.	Jeannette Ruesink	WS Twente	39.79	196300212	38.05	+0,81
11.	Myra Vink	De Fuut	43.02	196600526	41.46	+0,87
12.	Friderika Kerekes	ZPC AMERSFOORT	43.80	196500540	42.17	+0,85
13.	Els Brenkman-Gerritse	De Lansingh	43.40	196400612	45.34	+1,06
14.	Jolanda Knippenberg	Budel	45.44	196600688	45.64	+0,94
15.	Gonnie Paas	ZVVS	45.73	196200418	49.31	+0,88

Masters 55+

1.	Mathilde Vink	Swol 1894	34.67	195800128	35.73	+0,89
2.	Claire Anthony	CNSW	35.27	001351/57	36.18	+0,87
3.	Marijke Kraak-Beckers	WS Twente	37.50	196000240	37.02	+0,85
4.	Hannie Poletiek	TriVia	44.87	195900278	44.05	+1,16
5.	Lia Bijkerk	WIDEX GZC DONK	47.50	196000014	47.56	
6.	Anne Waller	De Futen	57.89	196100292	47.60	+0,76
7.	Katinka Elders	Oceanus	50.18	196000292	48.30	+0,89
8.	Anje Manuputty	De Dolfijn	56.86	195700176	55.75	+0,95

Masters 60+

1.	Patty Krupiarz	PLONS	41.50	195400074	44.49	+0,77
2.	Fernande Gourmet-Blondeel	CNSW	49.40	004901/52	49.52	+0,88
3.	Tineke van Diggelen	ZPCH	59.36	195200048	1:04.57	+1,05

Programmanr. 36, Dames, 50m vlinderslag

Masters 65+

1.	Christien Nieuwenhuis	Swol 1894	36.86	195100022	36.39	+0,82
	<i>Europees Masters Record</i>					
2.	Conny Boer-Buys	ZVVS	36.61	195000006	37.01	+0,94
3.	Valentina Ulybysheva	Poseidon	47.79	037036	46.78	+0,89
4.	Antoinette Gilding-Tussaud	WS Twente	56.32	195000038	54.15	+1,15

Masters 70+

1.	Corrie Verhoeven	PSV	53.27	194600026	45.68	+0,85
	<i>Nederlands Masters Record</i>					
2.	Annet Verhoeven - Steggerda	De Duinkickers	1:04.02	194600024	1:03.64	+1,09
3.	Leny Kamp	Aquapoldro	1:14.91	194400008	1:21.42	+1,13

Programmanr. 37
24-01-2016 - 13:53

Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Wimar Lindenberg	Hieronymus	25.58	199601857	25.42	+0,60
	<i>Kampioenschaps Record</i>					
2.	Melvin Prins	Wiekslag	25.50	199500201	25.52	+0,70
3.	Nick Cleintuar	ZVVS	26.34	199503781	26.18	+0,72
4.	Christiaan Zwaal	MSV-Zeemacht	26.77	199503881	26.57	+0,59
5.	Romero Hennep	De Kempvis	26.58	199304929	27.05	+0,63
6.	Teun Strijbosch	Merlet	27.10	199603041	27.50	+0,66
7.	Roel Rademaker	SPONS	28.66	199406633	27.71	+0,75
8.	Niels Versteeg	De Ward	28.64	199502697	27.96	+0,74
9.	Joey Stokx	DAW	28.22	199301251	28.23	+0,68
10.	Nick Sijmons	De Amstel	27.45	199500491	28.28	+0,68
11.	Dieder Schuurmans	Merlet	28.84	199500447	28.49	+0,66
12.	Jeffrey Camphens	DWT	29.94	199503113	28.62	+0,69
13.	Robin Eltink	DWK	28.23	199406147	28.74	+0,79
14.	Hans Stoffers	Triton Putten	28.11	199604027	29.06	+0,71
15.	Thijs van den End	ZPC Woerden	29.09	199306803	29.30	+0,96
16.	Dan Doan	Zwemvereniging Hoogland	29.18	199504317	29.32	+0,73
17.	Sam Beer	Strijen	30.33	199605521	29.68	+0,68
18.	Leon de Vries	ZPB H&L Productions	28.68	199603371	29.94	+0,72
19.	Jesper Honken	Nova	29.53	199600085	29.97	+0,81
20.	Auke Koops	De Zwoer	29.17	199502455	30.19	+0,77
21.	Jordy Jongenelen	ZC Aquadream	30.04	199504995	30.64	+0,62
22.	Martino Valentijn	DIO	30.39	199403913	30.75	+0,69
23.	Jeroen van Blanken	De Lansingh	30.17	199206451	30.82	+0,78
24.	Arjen Zijlstra	Hydrofiel	29.14	199203309	31.31	+0,83
25.	Nick van der Krogt	LZ 1886	30.91	199501313	31.52	+0,77
26.	Lex Wortman	AZC	30.52	199503563	31.77	+0,90
27.	Thomas Grudelbach	ZVVS	32.93	199500355	31.94	+0,82
28.	Yorick Kreuwel	De Veene	33.42	199402225	32.01	+0,82
AFGEM	Lukas Schouten	AZC	31.13	199602515		

Masters 25+

1.	Robbert Donk	Wiekslag	26.28	198900745	26.05	+0,66
2.	Juan Vinagre Sendino	CNSW	28.63	005255/90	27.90	+0,79
3.	Lorenzo Cavallini	De Futen	27.67	199007465	27.99	+0,77
4.	Tim Bunnik	Triton	28.13	199000505	28.00	+0,78
5.	Joppe Schuurmans	Merlet	28.44	198905447	28.70	+0,72
6.	Bas Berndes	Merlet	28.10	198900217	28.74	+0,81
7.	Jelte Schuurmans	Merlet	28.71	199104841	29.07	+0,87
8.	Ruben Stolk	ZPB H&L Productions	29.13	199005665	29.62	+0,76
9.	Davy Vermaas	ZPB H&L Productions	29.50	199003041	29.65	+0,81
10.	Nick Drenth	De Amstel	30.08	199105605	29.98	+0,80

Programmanr. 37, Heren, 50m vlinderslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
11.	Boy Heijnekamp	LZ 1886	29.82	198901161	30.01	+0,76
12.	Mark Pijtak	ZPC AMERSFOORT	31.22	199002287	30.19	+0,79
13.	Paul Notenboom	Strijen	30.41	198805513	30.44	+0,69
14.	Patrick de Jonge	ZPC Woerden	30.09	198906635	30.50	+0,77
15.	Brian Narain	DSZ	29.21	198904363	30.53	+0,80
16.	Bart van der Zwaan	De Amstel	31.52	199005149	30.64	+0,66
17.	Martijn van Hoor	MGO (SG)	29.76	198901343	30.68	+0,84
18.	Edo Pieters	Aquarius	31.32	198802749	30.76	+0,88
19.	Ferdy van Mastrigt	RSW (SG)	30.16	198802315	30.81	+0,77
20.	Gerben Rozie	MSV-Zeemacht	30.68	199002507	30.99	+0,71
21.	Ronald Vullings	Merlet	30.43	198703655	31.00	+0,82
22.	Huub Mars	EZC	31.42	198702169	31.55	+0,79
23.	Leander van Diggelen	Zwemvereniging Hoorn	32.43	198800763	32.04	+0,87
24.	Patrick Holthuizen	d'ELFT WAVE (SG)	33.93	199107681	32.18	+0,63
25.	Niels van Dam	WIDEX GZC DONK	33.38	199007495	33.62	+0,73
26.	Harmen Reemst	ZOB'66	34.31	198702715	34.62	+0,81
27.	Robin Eggenkamp	De Duinkickers	34.58	198700847	34.96	+0,83
AFGEM	Alex Schelvis	LZ 1886	26.49	198702927		

Masters 30+

1.	Lauren Vis	Steenwijk 1934	26.51	198201883	26.91	+0,68
2.	Roderik Meijers	d'ELFT WAVE (SG)	27.21	198602063	27.65	+0,69
3.	Paul Brinkman	ZVVS	28.03	198400309	27.72	+0,83
4.	Rick Driezen	Steenwijk 1934	27.94	198600713	28.01	+0,80
5.	Finn van der Bas	ZVVS	28.23	198400067	28.32	+0,75
6.	Jan van Opstal	Hieronymus	27.89	198602291	28.37	+0,72
7.	Martijn Giezen	Montferland	28.45	198500813	28.77	+0,71
8.	Robert Braad	Steenwijk 1934	28.49	198600407	29.16	+0,85
9.	Robert Dekker	De Veene	28.60	198400443	29.54	+0,80
10.	Jim Geestman	RSW (SG)	29.65	198300699	29.76	+0,83
11.	Peter van de Bor	DWT	30.55	198402897	30.04	+0,83
12.	Bas v.d. Laan	WVZ	30.67	198302471	30.25	+0,81
13.	Frank van der Voordt	MGO (SG)	30.21	198302259	30.63	+0,73
14.	Mark Effing	Merlet	31.11	198600761	30.90	+0,80
15.	Mathijs Lenos	HPC	30.87	198401407	31.09	+0,89
16.	Sven Schutte	Zwemlust-den Hommel	31.69	198604713	32.08	+0,83
17.	Rick de Schutter	De Krabben	32.36	198202523	32.11	+0,91
18.	Matthijs van der Meulen	RSW (SG)	32.91	198602085	33.01	+0,78
19.	Sebastiaan Baars	WS Twente	33.76	198300053	33.93	+0,99
20.	Dyon de Greef	Budel	37.10	198202385	35.70	+0,69

Masters 35+

1.	Evgeny Ryzhov	Sprut	27.81	101628	27.07	+0,78
2.	Matteo Mattacchione	De Futen	26.92	197801847	27.31	+0,74
3.	Joost Hoetjes	DAW	29.29	197800425	27.53	+0,71
4.	Nol van Thull	d'ELFT WAVE (SG)	27.49	198001513	27.56	+0,77
5.	Jeroen Zelsmann	Upstream Amsterdam	28.09	197701551	28.09	+0,72
6.	Ronald Koeckhoven	Zwemvereniging Westland	28.35	198102017	28.47	+0,78
7.	Markus van Rest	WVZ	29.37	197701197	29.33	+0,75
8.	Freddie Geerlings	NIMO	29.50	197900379	29.55	+0,75
9.	Kars Luttk	DAW	29.25	197800675	30.06	+0,71
10.	Mark van der Schrier	BZ&PC	32.01	197800951	30.63	+0,83
11.	Rogier van Gent	IJZPC	32.55	198000405	30.82	+0,81
12.	Pieter Broek	Zwemvereniging Westland	30.82	197701637	31.41	+0,76
13.	Marco van Antwerpen	Strijen	32.11	198000027	32.42	+0,88

Programmanr. 37, Heren, 50m vlinderslag

Masters 40+

1.	Sergey Petrov	Poseidon	28.84	102211	28.74	+0,72
	Kelvin Isselt	RZ	28.65	197601119	28.74	+0,71
3.	Michael Bes	MSV-Zeemacht	29.29	197201205	29.10	+0,69
4.	Alex Damen	DAW	29.04	197501371	29.13	+0,76
5.	Joeri Stoffels	AZC	29.53	197300851	29.15	+0,84
6.	Heiner Stevens	ZIGNEA	29.55	197201299	30.46	+0,86
7.	Gertjan van der Knaap	De Duck	30.56	197300459	30.85	+0,78
8.	Michael Go	AZC	31.45	197501397	31.80	+0,76
9.	Harold Brouwer	De Gelenberg	34.29	197201569	32.93	+0,82
10.	Johan Wezenberg	Swo1 1894	33.59	197601023	33.04	+0,90
11.	Bas van Gool	De Geul	36.50	197201435	35.56	+0,82
12.	Mohamed Abou Gebba	CNSW	35.01	005045/75	36.93	+1,08

Masters 45+

1.	Harry Cornet	De Biesboschzwemmers	27.90	197100175	27.92	+0,75
2.	Marcel van Winssen	De Gelenberg	28.57	197101477	28.81	+0,80
3.	Glen le Clercq	De Rog	28.54	196800177	29.27	+0,69
4.	Antwan van Engen	De Ward	30.46	197101577	29.86	+0,73
5.	Paul Jurcka	WS Twente	29.76	196901599	29.90	+0,79
6.	Pieter van Gemeren	DAW	30.26	196901779	29.97	+0,69
7.	Richard Ricksen	NIMO	29.87	197000841	30.26	+0,77
8.	Martin Kaptein	DWK	30.01	196701677	30.27	+0,79
9.	Arjon de Bok	De Biesboschzwemmers	30.46	196900125	30.28	+0,73
10.	René Beetsma	HZ&PC Heerenveen	30.39	196900069	30.33	+0,75
11.	Kees Akershoek	MGO (SG)	30.43	196900009	30.39	+0,78
12.	Jeroen Kort	DAW	30.89	196801543	30.45	+0,79
13.	Robin Mäkel	WS Twente	30.76	196801259	30.51	+0,89
14.	Arno Hofmeijer	WS Twente	30.28	196900409	30.65	+0,88
15.	Jos Wensink	WS Twente	30.30	196901719	30.71	+0,69
16.	Jeroen den Boer	TRB-RES	31.00	196701475	31.30	+0,81
17.	Richard Lucas	De Dinkel	32.19	197001687	32.72	+0,75
18.	Hans Schoenmakers	DAW	32.49	196900863	33.09	+0,79
19.	Nico Swart	Den Doorn	32.56	196801475	33.64	+0,90
20.	Harald Mulder	WVZ	33.71	196701459	33.78	+0,98
21.	Marcel Brittijn	De Duinkickers	32.70	196900159	34.08	+0,71
22.	Albert Roosenboom	Budel	33.91	197101599	34.31	+0,91
23.	Sander Nieuwenhuys	De Fuut	35.09	196801423	34.51	+0,75
24.	Ferdinand Teitink	Montferland	36.06	197001583	34.59	+0,89
25.	Edward van Nijmweegen	Budel	35.66	197001635	36.94	+0,96
26.	Mario Cuelenaere	ZPC De Zeeuwse Kust	35.23	196901569	37.55	+0,90
AFGEM	Stefan Holmstrom	DAW	31.18	196701671		

Masters 50+

1.	Peter Bernsen	De Rog	28.92	196301119	28.47	+0,69
2.	Johan Remmits	ZPC Woerden	28.82	196201159	28.88	+0,77
3.	Kees-Jan van Overbeeke	WWV	30.03	196200489	29.96	+0,81
4.	Wiljam Nijenhuis	De IJssel	30.79	196400547	30.25	+0,80
5.	Phil Trethewie	Old Dutch	33.07	196501315	30.87	+0,79
6.	Rob Verheul	TRB-RES	31.49	196601571	31.34	+0,73
7.	Mark Beijer	Zwemvereniging Westland	31.32	196601593	31.38	+0,72
8.	Erik Wetsteijn	Swo1 1894	32.42	196501019	31.59	+0,67
9.	Fred Heemstra	DAW	30.96	196500357	31.68	+0,87
10.	Rene de Jong	ZVVS	32.63	196600351	31.73	+0,85
11.	John Stokx	DAW	30.97	196401341	31.77	+0,75
12.	Ivo Buchholz	WS Twente	31.46	196401165	32.08	+0,72
13.	Erik Saan	De Duck	31.69	196500769	32.13	+0,94
14.	Geert van Duinhoven	RZC	33.16	196401263	32.46	+0,86
15.	Robert de Brauwier	De Duinkickers	33.32	196401383	34.35	+1,00
16.	Fred Dijkshoorn	Zwemvereniging Westland	33.77	196501539	34.55	+0,84
17.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	33.70	196501027	34.94	+0,84
18.	Roy le Clercq	De Rog	35.57	196401041	36.45	+0,88
19.	Willem Jannink	Swo1 1894	40.29	196500423	38.93	+0,78
20.	Peter Schielen	De Fuut	38.60	196501531	39.60	+0,78

Programmanr. 37, Heren, 50m vlinderslag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
RES	Simon Franken	ZV Haerlem	33.24	196601581		
AFGEM	Hans Westerhof	WS Twente	30.66	196200743		

Masters 55+

1.	Lionel Godeaux	CNSW	29.28	000217/60	28.95	+0,68
2.	Fred Ketting	PSV	29.80	196000289	30.01	+0,88
3.	Joop Ariaens	PSV	30.22	195900747	30.91	+0,85
4.	Nico van Maanen	De Duck	32.50	196100371	33.03	+0,77
5.	Adrian Ortiz Buitrago	WIDEX GZC DONK	33.09	196000931	33.33	+0,74
6.	Rudolf Meijer	Zwemvereniging Hoogland	38.05	196000995	33.53	+1,03
7.	Wim de Lange	AZC	36.69	195800533	36.64	+1,01
8.	André Schutte	ZPC De Zeeuwse Kust	38.30	196000521	37.32	+0,87
9.	Jaap de Boer	De Duinkickers	36.51	195800691	39.67	+0,77
10.	Jan Timmerman	IJZPC	41.51	195700347	43.48	+0,80

Masters 60+

1.	Nartano Glijn	UZSC	32.29	195500449	32.06	+0,84
2.	Ruud Ruiter	WWV	34.21	195300169	35.22	+0,93
3.	Wim Scherpenisse	UZSC	35.60	195500447	35.60	+1,15
4.	Laurens Klein Breteler	WWV	39.39	195400109	38.47	+0,86
5.	Dré Klaassen	ZOB'66	43.68	195600141	45.52	+1,02

Masters 65+

1.	Ale van Veen	HPC	31.75	194900159	32.95	+0,82
2.	Piet Schop	De Bevelanders	35.12	195000109	35.64	+0,68
3.	Jaap Kwakkel	DAW	41.87	194700157	41.92	+0,88
4.	Jos Kamps	Zwemvereniging Hoogland	47.51	195100085	44.45	+0,77

Masters 70+

1.	Han Roos	ZV De Bron	37.73	194500081	42.75	+1,05
2.	Peter Ouweneel	RSW (SG)	1:11.16	194500077	1:09.22	+1,15

Programmanr. 38
24-01-2016 - 14:15

Dames, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
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Masters 20+

1.	Chantal van der Horst	De Meer	199400616	2:45.70	+0,77	37.20	1:19.04	2:01.94	2:45.70
2.	Henriette ten Bokkel	NDD	199402764	2:51.38	+0,82	38.68	1:22.17	2:06.36	2:51.38
3.	Lindi Verkooijen	ZC Aquadream	199503826	2:54.62	+0,78	39.28	1:23.81	2:09.28	2:54.62
4.	Beau Rijpers	Swol 1894	199402638	2:57.17	+0,78	39.02	1:22.80	2:09.13	2:57.17
5.	Wendy de Bruin	ZOB'66	199206320	2:57.30	+0,63	40.02	1:25.29	2:11.22	2:57.30
6.	Fraukje Puts	HZ&PC Heerenveen	199206470	2:57.64	+0,83	40.27	1:25.79	2:11.56	2:57.64
7.	Aylin van Uffelen	ZPB H&L Productions	199600352	2:58.50	+0,76	39.89	1:24.62	2:10.89	2:58.50
8.	Sanne de Roo	ZZ&PC De Devel	199501934	3:08.66	+0,82	40.89	1:28.25	2:18.35	3:08.66
9.	Rebecca Evers	ZOB'66	199207916	3:09.21	+0,81	41.72	1:28.82	2:18.74	3:09.21

Masters 25+

1.	Marlijn Hendriksen	Arethusa	198806828	2:39.55	+0,76	36.46	1:16.93	1:57.77	2:39.55
<i>Nederlands Masters Record</i>									
2.	Maike Vooren	DAW	199103324	2:47.34	+0,87	37.77	1:20.01	2:03.38	2:47.34
3.	Aniek Huijsman	De Lansingh	198801932	2:48.50	+0,77	37.52	1:19.77	2:03.69	2:48.50
4.	Jacyntha Plat	De Golfbreker	199002956	2:50.24	+0,76	38.17	1:21.59	2:05.93	2:50.24
5.	Maike de Boer	De Duinkickers	199000362	2:54.16	+0,80	39.60	1:23.72	2:08.85	2:54.16
6.	Susanne van der Linden	DIO	198802736	2:56.70	+0,83	40.58	1:25.84	2:11.47	2:56.70
7.	Charlotte Six	CNSW	003821/88	2:59.84	+0,85	39.98	1:25.91	2:13.12	2:59.84

Programmanr. 38, Dames, 200m schoolslag, Masters 25+

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
8. Linda Janssen	ZPB H&L Productions	198802088	3:00.17	+0,93		41.17	1:26.48	2:12.88	3:00.17
9. Liesbeth van Mill	DWK	198702786	3:08.42	+0,89		42.70	1:30.29	2:18.82	3:08.42
10. Wendy Mets	De Lansingh	199105176	3:14.15	+0,79		42.01	1:30.92	2:22.69	3:14.15
11. Janneke Wynia	WS Twente	199005500	3:27.62	+0,93		46.68	1:39.79	2:34.92	3:27.62
AFGEM Tara Keijzer	Steenwijk 1934	199108498							

Masters 30+

1. Nadya Putter	ZVVS	198301630	2:55.23	+0,75		40.02	1:24.03	2:08.99	2:55.23
2. Roos van Esch	d'ELFT WAVE (SG)	198200468	2:57.03	+0,81		40.99	1:26.36	2:11.79	2:57.03
3. Angela Giezen	Montferland	198302796	3:10.73	+0,87		43.29	1:32.13	2:21.83	3:10.73
4. Lieke Godschalk	De IJssel	198601244	3:12.47	+0,82		42.10	1:30.19	2:20.28	3:12.47
5. Aafke Groot	De Geul	198302748	3:12.56	+0,91		42.83	1:31.77	2:22.31	3:12.56
6. Josse van Geffen	GZVW	198604730	3:20.72	+0,80		44.64	1:36.11	2:28.13	3:20.72
7. Margriet Aan het Rot	Octopus	198603088	3:21.50	+0,77		44.32	1:34.43	2:27.10	3:21.50

Masters 35+

1. Yvonne Gerritsen	WVZ	198000342	3:07.57	+0,86		41.81	1:29.87	2:19.64	3:07.57
2. Eveline Hacquebord	IJZPC	197901206	3:14.38	+0,98		44.18	1:34.01	2:24.53	3:14.38
3. Ilja Janssen	ESCA Zwemmen	198102234	3:16.40	+1,00		43.97	1:33.40	2:24.01	3:16.40
NG Andrea Gerbrands	WVZ	198100904							

Masters 40+

1. Nadège van Meeteren	De Meer	197400736	3:01.96	+0,87		40.63	1:26.96	2:14.59	3:01.96
2. Liselotte Joling	PSV	197500268	3:03.14	+0,85		41.22	1:28.49	2:16.66	3:03.14
3. Pascale Janssen	De Roersoppers	197300852	3:18.03	+0,97		43.74	1:33.05	2:24.97	3:18.03
4. Marian Nederlof	DWF	197600950	3:26.66	+0,84		45.29	1:37.63	2:31.88	3:26.66
5. U. Spoelstra-de Groot	WS Twente	197200952	3:41.90	+1,02		49.04	1:45.63	2:44.00	3:41.90

Masters 45+

1. Trudy Ketting	PSV	197000268	2:55.02	+0,84		39.19	1:23.75	2:09.04	2:55.02
2. Karin Stein	ZVVS	197100554	2:55.61	+0,80		40.43	1:25.41	2:10.81	2:55.61
3. Annette Wijnja-Visser	De Biesboschzwemmers	196700528	3:01.04	+0,86		40.05	1:26.16	2:12.65	3:01.04
4. A. Korving-Leijenaar	Aqualero	196700662	3:16.26	+0,82		44.06	1:33.88	2:25.50	3:16.26
5. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	197000054	3:16.61	+0,96		44.07	1:32.97	2:24.44	3:16.61
6. Iris van Aurich	DWK	196900866	3:18.79	+0,85		45.29	1:36.87	2:28.99	3:18.79
7. Annet Kootstra	Swol 1894	197100344	3:30.69	+0,87		48.00	1:41.84	2:37.76	3:30.69
8. Helena Mels	ZVVS	196901036	3:35.44	+0,87		46.01	1:39.07	2:37.15	3:35.44
9. Ingeborg Stokx	DAW	196700666	3:37.56	+0,77		49.79	1:45.57	2:42.40	3:37.56
10. Greta Wyma-Teitsma	DWK	197100696	3:43.90	+0,88		49.43	1:47.05	2:46.41	3:43.90

Masters 50+

1. Annemarie Vuist	Swol 1894	196300282	3:14.28	+0,90		44.04	1:32.92	2:23.35	3:14.28
2. Jacqueline Tuin	DAW	196600690	3:20.73	+0,76		43.39	1:33.26	2:27.47	3:20.73
3. K. van Nassau van den	Old Dutch	196600188	3:30.24	+0,82		47.12	1:39.73	2:34.26	3:30.24
4. Yoka de Vegt- van Dijk	ESCA Zwemmen	196200420	3:34.65	+0,90		48.43	1:42.64	2:38.91	3:34.65
5. Friderika Kerekes	ZPC AMERSFOORT	196500540	3:42.47	+0,83		50.50	1:47.67	2:45.87	3:42.47
AFGEM Yvette Kilian	WVZ	196600534							

Masters 55+

1. Petra Tossings	DAW	196100376	3:23.19	+0,95		46.63	1:39.40	2:32.18	3:23.19
<i>Kampioenschaps Record</i>									
2. Marijke van Hoek	ZPC De Zeeuwse Kust	195800050	3:25.71	+0,94		45.95	1:38.33	2:32.06	3:25.71
3. Marjan Spoelstra	Swol 1894	196000236	3:53.93	+0,91		52.36	1:51.31	2:52.19	3:53.93
DIS Olga Kedrova	Poseidon	037010							

SS - Touched turn or finish with hands over each other

Programmanr. 38, Dames, 200m schoolslag

Masters 60+

1. Ineke Weekers	PSV	195300050	3:20.30	+0,85	46.56	1:37.61	2:29.92	3:20.30
<i>Nederlands Masters Record</i>								
2. Tineke van Diggelen	ZPCH	195200048	4:11.09	+0,98	57.61	2:01.50	3:07.11	4:11.09
3. Geerdien Meerwaldt	De Geul	195200058	4:37.92	+1,09	1:01.27	2:10.51	3:22.35	4:37.92

Masters 65+

1. Gonnie Bak	PSV	195100064	4:06.79	+0,94	57.88	2:01.80	3:06.41	4:06.79
AFGEM N. van Dongen-de Paepe	ZZ&PC De Devel	195100044						

Masters 70+

1. Mieke Strijbis-v.d.Kroft	DAW	194500004	4:21.03	+1,21	1:02.68	2:10.13	3:16.08	4:21.03
2. Loekie v. Huissteden	ZPC AMERSFOORT	194500002	4:21.16	+1,14	59.42	2:05.98	3:13.62	4:21.16
3. Matty van der Veen	Old Dutch	194400020	4:39.48	+1,23	1:03.25	2:13.12	3:26.87	4:39.48

Masters 85+

DIS Agnes Van Obberghen	AZSC	20696/31						
<i>SK - Did not touch turn or finish simultaneously with two hands</i>								

Programmanr. 39
24-01-2016 - 14:47

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Roald Blok	Octopus	199302685	2:27.08	+0,77		32.29	1:08.77	1:46.99	2:27.08
2. Pieter Pijnenburg	De Warande	199305227	2:30.43	+0,75		34.39	1:13.09	1:51.87	2:30.43
3. Romero Hennep	De Kempvis	199304929	2:34.17	+0,68		32.19	1:10.77	1:53.28	2:34.17
4. Jordy Jongenelen	ZC Aquadream	199504995	2:45.96	+0,64		36.67	1:19.26	2:03.03	2:45.96
Masters 25+									
1. Kevin Eltink	DWK	199100589	2:22.63	+0,77		30.72	1:06.97	1:44.85	2:22.63
<i>Nederlands Masters Record</i>									
2. Maik Steenkamp	Montferland	199103847	2:34.67	+0,78		33.65	1:13.21	1:53.72	2:34.67
3. Patrick Creemers	RZ	199000579	2:38.23	+0,75		35.59	1:16.28	1:57.35	2:38.23
4. Herman van Dijk	De Wellerobben	198900691	2:40.16	+0,90		35.16	1:15.94	1:58.69	2:40.16
5. Joost Schasfoort	De Dinkel	199002649	2:46.87	+0,73		35.65	1:17.20	2:01.49	2:46.87
6. Paul Notenboom	Strijen	198805513	2:54.73	+0,71		38.76	1:23.45	2:09.08	2:54.73
7. Harmen Reemst	ZOB'66	198702715	3:02.52	+0,73		39.54	1:25.81	2:14.51	3:02.52
8. Sven van Zanten	De Duinkickers	199003405	3:10.50	+0,79		42.15	1:30.19	2:19.92	3:10.50
Masters 30+									
1. Tim van den Berg	MNC Dordrecht	198500157	2:29.79	+0,86		34.35	1:12.71	1:51.14	2:29.79
2. Kristiaan Lenos	LZ 1886	198301331	2:38.30	+0,72		34.38	1:14.09	1:55.90	2:38.30
3. Yuri van Omme	Zwemvereniging Hoogland	198501887	2:39.35	+0,80		35.97	1:16.49	1:58.24	2:39.35
4. Ivan van Omme	De Geul	198201263	2:43.48	+0,66		35.16	1:17.28	2:00.92	2:43.48
5. Thommy Nickel	Van Vliet-Barracuda	198401627	2:44.78	+0,76		37.18	1:18.36	2:01.11	2:44.78
6. Mathijs Lenos	HPC	198401407	2:50.77	+0,90		37.95	1:21.58	2:06.34	2:50.77
7. Frank van der Voordt	MGO (SG)	198302259	2:51.14	+0,75		38.93	1:22.40	2:06.72	2:51.14
8. Sebastiaan Baars	WS Twente	198300053	2:57.22	+0,95		39.60	1:25.26	2:11.29	2:57.22
DIS Rob van Wanrooy	Gay Swim Amsterdam	198202627							
<i>SK - Did not touch turn or finish simultaneously with two hands</i>									

Programmanr. 39, Heren, 200m schoolslag

Masters 35+

1. Vincent Versteeg	Zwemlust-den Hommel	197701003	2:33.89	+0,78	34.16	1:13.70	1:53.85	2:33.89
2. Freddie Geerlings	NIMO	197900379	2:39.96	+0,80	35.78	1:16.28	1:57.99	2:39.96
3. Kars Luttkik	DAW	197800675	2:46.71	+0,69	37.28	1:20.08	2:03.63	2:46.71
4. Harm Jan Otter	De Zandstuve	198101283	2:50.41	+0,90	37.56	1:21.16	2:06.17	2:50.41
5. Arjan Buijsse	Sassenheim	197901767	2:55.30	+0,77	38.20	1:21.77	2:07.65	2:55.30

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	197600889	2:32.43	+0,81	34.03	1:12.56	1:52.43	2:32.43
2. Jiri Geers	AZK	10011/74	2:41.29	+0,73	36.47	1:17.39	1:59.43	2:41.29
3. Michael Bes	MSV-Zeemacht	197201205	2:42.50	+0,79	36.53	1:18.30	2:00.56	2:42.50
4. Michael van Bekkum	Swol 1894	197200051	2:48.39	+0,77	37.19	1:19.80	2:03.29	2:48.39
5. Heiner Stevens	ZIGNEA	197201299	2:56.33	+0,82	39.50	1:24.10	2:10.80	2:56.33
6. Kasper van den Berghe	Swol 1894	197301125	3:01.77	+0,73	41.97	1:28.12	2:14.93	3:01.77
7. Arjan Aalbers	Swol 1894	197500001	3:06.28	+0,81	41.51	1:28.89	2:17.15	3:06.28
8. Erik Huisman	De Biesboschzwemmers	197401405	3:17.76	+0,78	43.71	1:33.66	2:25.64	3:17.76
9. Mike Molenaar	Zoetermeer	197201493	3:25.44	+1,00	45.73	1:38.41	2:33.08	3:25.44
10. Roan Doves	ZVVS	197501427	3:36.24	+1,09	48.12	1:43.19	2:39.95	3:36.24

Masters 45+

1. Erlend Alstad	I.L. Varg		2:32.41	+0,69	34.49	1:13.25	1:52.62	2:32.41
<i>Kampioenschaps Record, Norwegian Masters Record</i>								
2. Harry Cornet	De Biesboschzwemmers	197100175	2:33.86	+0,77	33.97	1:13.54	1:54.24	2:33.86
3. Harold Matla	PSV	196800591	2:40.14	+0,91	35.70	1:16.71	1:59.43	2:40.14
4. Hans Schoenmakers	DAW	196900863	2:55.79	+0,79	38.64	1:23.89	2:10.47	2:55.79
5. Bert de Weerd	RZC	196701283	3:00.68	+0,82	40.22	1:25.64	2:14.12	3:00.68
6. Joop Weenink	WS Twente	196801535	3:03.60	+0,99	41.06	1:27.69	2:16.23	3:03.60
7. Huyb Stegeman	Steenwijk 1934	196701535	3:14.57	+0,92	42.05	1:30.82	2:23.18	3:14.57
8. Gertjan van der Vaart	ZVVS	196801529	3:27.48	+0,77	43.98	1:37.15	2:32.23	3:27.48
9. Henk van Zetten	Octopus	196701261	3:38.76	+0,97	48.27	1:42.60	2:39.78	3:38.76
AFGEM Korstiaan de Boer	Steenwijk 1934	197101629						

Masters 50+

1. Jan Gert Notenbomer	Upstream Amsterdam	196600557	2:37.23	+0,82	35.62	1:14.80	1:55.51	2:37.23
2. Edwin v. Norden	ZPC AMERSFOORT	196300563	2:38.33	+0,70	35.46	1:15.63	1:56.84	2:38.33
3. Arno Schrauwen	De Roersoppers	196501355	2:49.05	+0,81	38.34	1:21.08	2:04.55	2:49.05
4. Hans Kwaks	De Krabben	196400443	2:49.63	+0,84	37.66	1:21.42	2:05.28	2:49.63
5. Bertjan Schelhaas	DWT	196501577	2:50.75	+0,82	37.82	1:20.80	2:05.36	2:50.75
6. Arnold de Rover	De Futen	196400645	2:56.42	+0,73	39.39	1:23.93	2:09.97	2:56.42
7. Geert van Duinhoven	RZC	196401263	3:02.32	+0,85	39.80	1:25.53	2:14.25	3:02.32
8. Jack Barends	WS Twente	196201011	3:13.57	+0,90	42.96	1:32.13	2:23.16	3:13.57
9. Roy le Clercq	De Rog	196401041	3:15.64	+0,95	43.42	1:33.53	2:25.69	3:15.64
10. Jan Smalheer	SCOM	196400701	3:21.68	+1,01	45.45	1:38.00	2:31.69	3:21.68
11. Marco Schoenmakers	ZVVS	196401375	3:35.14	+0,88	44.08	1:37.81	2:36.75	3:35.14
12. Hans van Scheepen	Steenwijk 1934	196201245	3:39.23	+0,90	48.43	1:42.32	2:39.50	3:39.23
13. Merlijn Weber	Nautilus	196201261	3:40.63	+0,95	46.52	1:42.78	2:42.25	3:40.63
14. Jeffrey van Doormalen	DZ&PC	196501563	3:48.86	+0,97	51.61	1:48.79	2:49.18	3:48.86

Masters 55+

1. Ralph Caster	RZ	196100069	2:56.64	+0,77	39.08	1:23.96	2:10.22	2:56.64
2. Ronald Grove	Oceanus	196100161	2:56.73	+0,74	39.56	1:25.70	2:12.15	2:56.73
3. Rob Hemesath	PSV	196100189	3:09.36	+0,92	41.77	1:29.32	2:20.43	3:09.36
4. Jan Willem Heuten	WS Twente	196000883	3:24.84	+0,97	46.48	1:39.94	2:34.21	3:24.84
5. Bart van Calker	WS Twente	196100067	3:25.10	+0,94	44.75	1:35.28	2:30.53	3:25.10
6. Harry Paas	ZVVS	195800689	3:34.15	+0,96	48.37	1:43.47	2:39.62	3:34.15
7. Sorin Beschia	De Geul	195700573	3:40.50	+0,92	49.12	1:45.12	2:44.78	3:40.50
8. Herbert Katgert	WS Twente	195900739	3:49.55	+1,24	50.47	1:49.18	2:50.19	3:49.55

Programmanr. 39, Heren, 200m schoolslag

Masters 60+

1. Paul Bunnik	Triton	195600413	3:12.43	+0,97	41.19	1:29.84	2:21.25	3:12.43
2. Bart van Doesburg	PSV	195600463	3:16.07	+0,80	44.49	1:34.29	2:25.25	3:16.07
3. Laurens Klein Breteler	WWV	195400109	3:17.30	+0,94	41.78	1:32.46	2:26.63	3:17.30
4. Dré Klaassen	ZOB'66	195600141	3:35.22	+1,04	49.10	1:43.60	2:39.70	3:35.22
5. Nello Spiteri	DAW	195200295	4:06.62	+0,89	52.75	1:55.30	3:01.64	4:06.62
6. Frans Suijkerbuijk	PSV	195600499	4:17.45	+0,83	59.99	2:07.03	3:14.16	4:17.45
RES Nikolay Dronov	Troyka	003037						

Masters 65+

1. Oleg Ershov	Meshera		3:18.74	+0,89	42.98	1:32.34	2:25.48	3:18.74
<i>Russian Masters Record</i>								
2. Mar van Geel	Old Dutch	194700135	4:13.46	+1,23	56.48	2:02.19	3:09.14	4:13.46
AFGEM Nico van Dongen	ZZ&PC De Devel	194800159						

Masters 70+

1. Rob Hanou	PSV	194300109	3:36.41	+1,10	47.39	1:44.03	2:41.79	3:36.41
2. Nico Baay	Old Dutch	194200053	3:42.52	+0,82	48.19	1:44.99	2:44.87	3:42.52
3. Kevork Boyrazian	CNSW	002620/44	4:27.77	+1,11	58.07	2:06.84	3:18.30	4:27.77

Masters 75+

AFGEM Jan Eichhorn	ZV Haerlem	193700015						
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Programmanr. 40
24-01-2016 - 15:39

Dames, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Tamara Grove	De Dolfijn	26.52	199601266	27.05	+0,72
<i>Kampioenschaps Record</i>						
2.	Maud Hoofs	The Hague Swimming (SG)	26.89	199501206	27.50	+0,68
3.	Femke Swier	Zwemvereniging Hoorn	27.17	199305122	27.52	+0,83
4.	Carmen Seesing	NDD	27.54	199406220	27.76	+0,76
5.	Adaja Stoetman	TriVia	27.76	199600348	27.81	+0,77
6.	Kim Loeffen	Merlet	27.27	199403432	27.82	+0,80
7.	Merel van der Kieft	EZC	28.23	199200920	28.15	+0,68
8.	Marissa Minkman	ZC Aquadream	29.70	199306054	28.43	+0,79
9.	Karin Groen	Nova	27.62	199502440	28.52	+0,67
10.	Suzanne Lange	De Zwoer	29.58	199202998	28.82	+0,73
11.	Eva Kattouw	De Ward	28.95	199407168	28.88	+0,71
	Karen Stolk	TriVia	28.08	199403950	28.88	+0,74
13.	Daphne Lankhorst	The Hague Swimming (SG)	27.77	199405762	28.94	+0,65
14.	Maike Korthout	TRB-RES	28.95	199406034	28.99	+0,67
15.	Julia Wortman	AZC	28.67	199603666	29.06	+0,87
16.	Eva Engelen	NDD	28.09	199405514	29.11	+0,68
17.	Lianne Molkenboer	EZC	28.60	199602034	29.20	+0,79
18.	Amber Reijm	The Hague Swimming (SG)	28.57	199405434	29.41	+0,78
19.	Denise van Zetten	Octopus	29.47	199600932	29.50	+0,70
20.	Karen van Dee	SCOM	28.45	199604074	29.70	+0,82
21.	Mariëtte Bulman	ZC Aquadream	30.60	199506846	30.28	+0,67
22.	Denise Otjes	Aquarius	30.06	199601378	30.90	+0,74
23.	Marijke Pras	GZVW	31.12	199203700	31.03	+0,97
24.	Ramona Noordermeer	ZVVS	31.66	199401746	31.30	+0,80
25.	Charine de Ruiter	Steenwijk 1934	32.38	199403668	31.34	+0,84
26.	Lieke Janssen	NIMO	32.71	199305954	31.93	+0,80
27.	Nieske Janssen	NIMO	32.24	199601328	32.18	+0,73
28.	Sanne de Roo	ZZ&PC De Devel	32.23	199501934	33.29	+0,82
29.	Daphne Meijer	Montferland	33.11	199303850	33.47	+0,95
30.	Ilse Blankvoort	Steenwijk 1934	33.93	199204458	33.58	+0,90

Programmanr. 40, Dames, 50m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
31.	Elske Eikholt	Merlet	33.98	199305032	33.71	+0,83
32.	Chadassa Mannee	De Geul	34.05	199501044	34.09	+0,85
	Sanne Kruijer	Sassenheim	33.74	199505958	34.09	+0,73
34.	Maaïke Hofland	Sassenheim	34.26	199203754	34.14	+0,67
35.	Cynthia van Veen	ZPC Woerden	33.14	199606736	34.30	+0,71
36.	Talitha Boelen	DWF	34.87	199502910	34.99	+0,84
37.	Daniëlle de Klein	DWF	33.83	199404786	35.07	+0,86
38.	Yvette Senden	De Rog	40.85	199307812	38.61	+0,79
AFGEM	Nadieh Kikstra	Orca	36.07	199302794		
AFGEM	Anouchka Hoogstraten	De Veene	30.33	199600824		
AFGEM	Carmen Muilwijk	De Geul	29.16	199502700		
AFGEM	Evy Ulijn	Arethusa	27.55	199604100		

Masters 25+

1.	Jolanda Post	DIO	26.97	199004848	27.33	+0,79
2.	Cora van Dorst	De Krabben	28.94	199106218	27.77	+0,68
3.	Monique Lindenberg	De Bevelanders	28.14	199002360	27.87	+0,73
4.	Tessa Mosch	MSV-Zeemacht	28.13	199102172	28.23	+0,67
5.	Sabine Lina	ZPC Woerden	28.13	198902680	28.34	+0,70
6.	Isabelle Massar	WVZ	28.22	199102034	28.73	+0,76
7.	Rianne Hofland	Sassenheim	28.78	198801820	29.11	+0,74
8.	Mandy Verbakel	ZPC Woerden	29.21	199003908	29.30	+0,83
9.	Sabine Gaspersz	DSZ	29.61	199100972	29.31	+0,78
10.	Evelien Terpstra	EZC	30.22	199005654	29.32	+0,81
11.	Myrthe Talsma	De Golfbreker	29.34	199106844	29.35	+0,75
12.	Ilse van den Wijngaard	ZPC Woerden	29.35	198904736	29.47	+0,76
13.	Nienke van Stipriaan	PSV	29.16	198703970	29.60	+0,93
14.	L. van der Heide - Andeweg	Zuiderzeewimmers	28.91	198800092	29.63	+0,81
15.	Fanny Koenig	CNSW	29.96	003083/89	30.14	+0,75
16.	Joyce Raemaekers	Budel	29.95	199106106	30.28	+0,76
17.	Wendy Mets	De Lansingh	31.28	199105176	30.59	+0,76
18.	Marlous de Jong	Zwemlust-den Hommel	31.24	199001782	30.64	+0,78
19.	Laura Lutjes	WS Twente	30.29	199002424	30.68	+0,79
20.	Brenda Geestman	ZPB H&L Productions	30.87	198701276	31.10	+0,81
21.	Lindsey Hol	De Meer	30.79	199008088	31.20	+0,70
22.	Diana Lammers	De Veene	30.92	198902572	31.39	+0,74
23.	Senna van Dongen	De Geul	31.58	199100760	31.41	+0,84
24.	Julie Thomassen	Merlet	31.39	198804278	31.65	+0,89
25.	Jacoline van den Beukel	Zwemvereniging Westland	30.77	199100238	31.72	+0,79
26.	Whitley Rens	MGO (SG)	31.76	199007520	31.79	+0,82
27.	Sabine Duijst	Zwemvereniging Hoogland	32.39	198701032	31.87	+0,83
28.	Lonneke Oenema	Steenwijk 1934	31.77	199102314	31.95	+0,77
29.	Fleur Maas	WVZ	32.73	198902768	32.02	+0,97
30.	Tessa Lukassen	GoSwim	32.02	198702620	32.49	+0,88
31.	Mariska Zaal	AZC	33.35	198806916	32.66	+0,83
32.	Kelly Bockting	Montferland	33.11	199104050	32.69	+0,84
33.	Carola Hompes	Budel	31.28	198801868	32.89	+0,87
34.	Tessa Verheijdt	WVZ	32.72	198904290	32.90	+0,79
35.	Elly Scheepers	Budel	33.26	199102728	33.25	+0,92
36.	Kyra Camerijk	TRB-RES	33.13	198800742	33.30	+0,83
37.	Relinda Baas	GZVW	33.24	198900144	33.51	+0,80
38.	Elodie Siroen	Merlet	35.10	199003414	33.72	+0,75
39.	Manouk Ticheler	De Duinkickers	34.28	198705416	33.73	+0,74
40.	Claudia de Win	De Geul	36.07	199103554	35.82	+0,90
41.	Kirsten de Vries	EZC	36.46	199004090	36.05	+1,01
AFGEM	Eline den Boer	Strijen	38.54	199104948		
AFGEM	Kirsten Oosterhuis	Eemsrobben	29.01	198903136		
NG	Thouraya Mennen	Budel	40.87	198905450		

Programmanr. 40, Dames, 50m vrije slag

Masters 30+

1.	Pauline Gouwens	DWK	26.49	198400790	26.60	+0,72
2.	Marije Jansen	Aquarijn	27.18	198504088	27.37	+0,70
3.	Olga Volman-Maiorova	NDD	32.08	1985504188	28.46	+0,72
4.	Annelette Reefhuis-de Vries	WS Twente	28.50	198603908	29.19	+0,72
5.	Marije van Manen	ZPC AMERSFOORT	29.96	198602386	29.29	+0,66
6.	Nadya Putter	ZVVS	29.04	198301630	29.43	+0,76
7.	Auke de Lange	AZC	29.13	198602226	29.65	+0,83
8.	Sandra Zwaanswijk	DAW	29.18	198503934	30.01	+0,73
9.	Renee de Kok	PSV	31.23	198403350	30.12	+0,74
10.	Sandra Schellekens	SWNZ (SG)	30.91	198503416	30.64	+0,85
11.	Lieke Godschalk	De IJssel	31.89	198601244	31.90	+0,90
12.	Evy van Kempen	TRB-RES	38.07	198605286	38.15	+0,75

Masters 35+

1.	Anke Lamboij	De Vliet (SG)	28.79	198001182	28.33	+0,82
2.	Angela Koekkoek	Triton	29.52	197901516	29.03	+0,73
3.	Chantal Verhoeff	Old Dutch	30.55	197900912	29.79	+0,85
4.	Sabrina Boekhout	De Biesboschwimmers	29.61	198100120	30.31	+0,82
5.	Natasja Forat	ZPC De Zeeuwse Kust	31.01	197701186	30.69	+0,81
6.	Patricia Vos	TRB-RES	31.40	198001730	31.27	+0,79
7.	Petra Verstegen	WVZ	31.43	197700906	32.62	+0,89
8.	Kirsten Savelberg	AZC	32.02	197901192	33.00	+0,69
9.	C. van der Straate de Jong	Old Dutch	33.31	198001750	33.13	+0,95
10.	Inge Otter	De Bevelanders	32.61	197801242	33.74	+0,95
11.	Severine Bayre	CNSW	33.85	004275/78	34.33	+1,05
12.	Paula 't Hart-Buitelaar	ZVVS	32.81	197701132	34.56	+0,74
13.	Sandra de Bruijne	Onderdak	35.56	197801310	35.53	+0,80
14.	Clementine van Bruxvoort	ZPB H&L Productions	38.10	197700138	39.11	+0,86
AFGEM	Laura Ensing	De Fuut	40.20	197801326		

Masters 40+

1.	Yvette Ratering	De Ward	31.25	197200990	30.28	+0,90
2.	Jacqueline de Ruiters-Wijnolst	WIDEX GZC DONK	29.87	197400446	30.89	+0,81
3.	Marian Nederlof	DWF	30.83	197600950	32.01	+0,82
4.	Sandra Peeters-Wiermans	De Rog	35.61	197401032	33.20	+0,86
5.	Denise van Dongen	De Geul	33.68	197201004	33.40	+0,75
6.	Jantiene Hannessen	Zwemvereniging Hoogland	37.74	197300946	35.44	+1,01
7.	Evelien Naatje	WS Twente	36.71	197200838	36.06	+1,05
8.	Inge Lolkema-Soeters	Steenwijk 1934	36.51	197300934	36.47	+0,78
9.	Natasja Linderhof	De Dinkel	35.90	197500786	36.57	+0,99
10.	Ursula Spoelstra-de Groot	WS Twente	38.12	197200952	36.90	+0,96
DIS	Jessica Riemsdijk	ZPCH	29.11	197600830		
<i>AA - Started before the starting signal</i>						
AFGEM	Ilona Hogerheyde	DAW	29.81	197400224		
NG	Annet Miltenburg	De Fuut	32.23	197300926		

Masters 45+

1.	Marjo Goelema-Koek	De Biesboschwimmers	29.23	196900192	29.30	+0,73
2.	Ilse Harms	De Geul	29.69	196900858	29.38	+0,81
3.	Heidi van Stein	LZ 1886	29.66	196900864	30.11	+0,73
4.	Marja Verwoerd	ZPC Woerden	31.14	196900954	30.65	+0,72
5.	Rita van der Horst	RZC	30.46	196900260	31.03	+0,77
6.	Valerie Rolland	CNSW	31.37	004276/71	31.53	+0,69
7.	Jolanta Duleviciene	Kauno Takas	32.66		31.93	+0,86
<i>Lithuanian Masters Record</i>						
8.	Ariane Hamakers	De Rog	32.12	196700714	32.38	+0,96
9.	Marion Broekhuis	WS Twente	32.27	196800060	32.52	+0,72
10.	Suze Roodenburg	De Geul	34.72	196800682	33.33	+0,93
11.	Marijke Campfens	De Geul	38.19	196900960	33.42	+0,99
12.	Joyce Brummelkamp	ZVVS	36.99	197000952	33.60	+0,88
13.	Helena Mels	ZVVS	34.75	196901036	33.65	+0,88
14.	Wendy van der Kruk	MSV-Zeemacht	33.11	197100960	34.62	+0,98

Programmanr. 40, Dames, 50m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
15.	Sandra Daamen-Posma	AZC	35.10	196800854	35.34	+0,98
16.	Hetty Smalheer	SCOM	36.77	196700352	36.09	+0,98
17.	Judith van der Heijden	Budel	39.59	197001012	36.52	+0,71
18.	Annette van Dok	MSV-Zeemacht	37.14	196800742	36.66	+0,79
19.	Miriam Stevens	Budel	36.11	196900988	36.68	+1,04
20.	Ageeth Westenbrink	De Rog	37.18	196700712	36.76	+0,81
21.	Françoise Duran	ZPC AMERSFOORT	37.16	196900222	37.57	+0,83
22.	Ciska Wagter	Steenwijk 1934	44.25	197000978	44.83	+0,84
23.	Ineke Branderhorst	Den Doorn	41.82	196900918	45.32	+1,06
DIS	Antoinette Kant	Den Doorn	34.08	196900920		
<i>AA - Started before the starting signal</i>						
AFGEM	Alexandra de Jong	HPC	30.05	196900926		
AFGEM	Kristien Van de Moortel	ShaRK	34.68	20315/69		

Masters 50+

1.	Katrien Delaender	BZK	29.77	20525/66	29.31	+0,73
<i>Kampioenschaps Record, Belgisch Masters Record</i>						
2.	Anja Tijink	De Dinkel	29.38	196400296	29.75	+0,79
3.	Marjan Remmits-De Lange	ZPC Woerden	30.20	196300518	29.91	+0,73
4.	Wilma van Velsen	Montferland	30.95	196400444	30.82	+0,81
5.	Jacqueline Tuin	DAW	31.75	196600690	31.30	+0,77
6.	Judith Heijdens-Schasfoort	De Dinkel	32.79	196500112	32.49	+0,93
7.	Francine Sommer	Triton	33.11	196200384	32.67	+0,82
8.	Sandra Hoofs-Buil	The Hague Swimming (SG)	33.32	196600678	33.13	+0,89
9.	Yvette Kilian	WVZ	33.46	196600534	33.86	+0,88
10.	Myra Vink	De Fuut	36.13	196600526	35.45	+0,87
11.	Monique Munnik	AZC	34.71	196200328	35.50	+0,85
12.	Els Brenkman-Gerritse	De Lansingh	35.88	196400612	36.95	+0,91
13.	Yoka de Vegt- van Dijk	ESCA Zwemmen	37.10	196200420	37.97	+0,87
14.	Jolanda Knippenberg	Budel	38.30	196600688	39.83	+0,85
15.	Cora Smulders	ESCA Zwemmen	40.61	196600668	40.86	+0,75
16.	Riekie Schra	Steenwijk 1934	52.10	196400404	56.54	+1,47
AFGEM	Haya van Blommestein-Mellema	Aquapoldro	46.52	196600482		S7

Masters 55+

1.	Marijke Kraak-Beckers	WS Twente	33.08	196000240	32.90	+0,81
2.	Marijke van Hoek	ZPC De Zeeuwse Kust	36.93	195800050	33.08	+0,85
3.	Ada de Voogd	ZVVS	33.19	195900280	33.81	+0,78
4.	Claire Anthony	CNSW	34.09	001351/57	34.74	+0,84
5.	Annette Rikhof	De Dinkel	38.11	195900268	38.72	
6.	Anje Manuputty	De Dolfijn	45.86	195700176	43.79	+0,87
7.	Karien Musters	Old Dutch	45.61	195800236	47.45	+0,87
AFGEM	Marja Bloemzaad	ZPC AMERSFOORT	29.33	196100014		

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	31.00	195600048	30.11	+0,77
<i>Europees Masters Record</i>						
2.	Alison Gilbert	De Futen	33.34	195300068	35.65	+1,01
3.	Patty Krupiarz	PLONS	34.93	195400074	36.03	+0,79
4.	Corine Kalbfeisch	DWT	38.24	195200024	42.58	+1,04
5.	Fernande Gourmet-Blondeel	CNSW	44.00	004901/52	44.59	+0,85
6.	Geerdien Meerwaldt	De Geul	50.64	195200058	50.58	+1,08

Masters 65+

1.	Conny Boer-Buys	ZVVS	32.08	195000006	31.85	+0,93
<i>Europees Masters Record</i>						
2.	Christien Nieuwenhuis	Swol 1894	32.71	195100022	32.41	+0,72
<i>Kampioenschaps Record</i>						
3.	Iris E. van Glinstra Bleeker	De Lansingh	43.73	194800032	55.14	+1,09
AFGEM	Nini van Dongen-de Paepe	ZZ&PC De Devel	1:03.31	195100044		

Programmanr. 40, Dames, 50m vrije slag

Masters 70+

1.	Corrie Verhoeven	PSV	34.29	194600026	34.77	+0,85
	<i>Nederlands Masters Record</i>					
2.	Annet Verhoeven - Steggerda	De Duinkickers	44.50	194600024	44.85	+1,07
3.	Mieke Strijbis-v.d.Kroft	DAW	51.86	194500004	47.23	+1,23

Masters 75+

1.	Truus Ruiter	Old Dutch	55.24	194000004	56.80	+0,79
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Masters 80+

1.	Lottie Geurts	PSV	40.23	193500006	43.80	+1,06
2.	Alice Lindhout	PSV	54.33	193500010	54.91	+0,92

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24-01-2016 - 16:04

Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Wimar Lindenberg	Hieronymus	23.65	199601857	23.64	+0,61
2.	Sven Dogger	De Zwoer	24.86	199600617	24.76	+0,69
3.	Jasper de Win	De Geul	25.05	199301293	25.12	+0,76
4.	Frank Beijering	De IJsel	25.34	199304311	25.20	+0,73
5.	Mike Koelewijn	Steenwijk 1934	24.98	199303597	25.27	+0,70
6.	Roel Rademaker	SPONS	26.44	199406633	25.36	+0,73
7.	Teun Strijbosch	Merlet	25.11	199603041	25.46	+0,66
8.	Tim Muller	De Geul	25.34	199501019	25.49	+0,71
9.	Vincent de Vries	WVZ	25.96	199602189	25.53	+0,74
10.	Auke Koops	De Zwoer	26.13	199502455	25.86	+0,74
11.	Dieder Schuurmans	Merlet	25.39	199500447	25.90	+0,67
12.	Pieter Ytsma	De Zwoer	25.78	199501809	25.95	+0,74
13.	Jesse de Win	De Geul	25.56	199600191	25.96 *	+0,68
14.	Sam Beer	Strijen	26.23	199605521	26.13	+0,75
15.	Nick Sijmons	De Amstel	26.16	199500491	26.22	+0,67
16.	Niels Versteeg	De Ward	26.92	199502697	26.32	+0,76
17.	Robin Eltink	DWK	26.11	199406147	26.39	+0,81
18.	Jeffrey Camphens	DWT	26.46	199503113	26.41	+0,64
19.	Hans Stoffers	Triton Putten	26.47	199604027	26.80	+0,70
20.	Martino Valentijn	DIO	26.98	199403913	26.87	+0,70
21.	Dan Doan	Zwemvereniging Hoogland	26.35	199504317	27.21	+0,64
22.	Jesper Honken	Nova	27.13	199600085	27.26	+0,75
23.	Yorick Kreuwel	De Veene	27.32	199402225	27.63	+0,81
24.	Ramon van Huizen	MGO (SG)	28.07	199400945	27.67	+0,76
	Leon de Vries	ZPB H&L Productions	26.89	199603371	27.67	+0,76
26.	Arjen Zijlstra	Hydrofiel	27.36	199203309	27.98	+0,76
27.	Lex Wortman	AZC	28.11	199503563	28.12	+0,88
28.	Tom den Hollander	d'ELFT WAVE (SG)	27.96	199403619	28.21	+0,88
29.	Yannick van Opdorp	De Krabben	28.17	199306521	28.57	+0,81
30.	Thomas Grudelbach	ZVVS	28.06	199500355	28.60	+0,92
31.	Michiel van Vliet	ZPC Woerden	27.92	199503875	28.81	+0,82
32.	Rens Mahler	Merlet	30.37	199206411	31.10	+0,72
33.	John van Heteren	DWF	31.94	199305017	31.67	+0,78
AFGEM	Lukas Schouten	AZC	27.49	199602515		
AFGEM	David Kroon	Wiekslag	28.04	199505495		S10

Programmanr. 41, Heren, 50m vrije slag

Masters 25+

1.	Robbert Donk	Wiekslag	24.05	198900745	23.60	+0,65
2.	Hjalmar de Ruiters	NDD	23.98	198902695	24.49	+0,66
3.	Lorenzo Cavallini	De Futen	24.29	199007465	24.86	+0,69
4.	Pascal van Haren	Van Vliet-Barracuda	25.55	198704101	25.48	+0,72
5.	Edo Pieters	Aquarius	26.11	198802749	25.97	+0,71
6.	Erik van der Heide	Zuiderzeewimmers	25.42	198801337	26.08	+0,76
7.	Jeffrey van 't Schip	De Amstel	26.33	199102035	26.12	+0,79
8.	Jelte Schuurmans	Merlet	25.52	199104841	26.28	+0,87
9.	Bas Berndes	Merlet	25.64	198900217	26.51	+0,88
10.	Martijn van Hoorn	MGO (SG)	25.78	198901343	26.53	+0,80
	Patrick Creemers	RZ	25.94	199000579	26.53	+0,75
12.	Joël Dam	EZC	26.72	198800699	26.56	+0,61
13.	Joppe Schuurmans	Merlet	26.00	198905447	26.74	+0,68
14.	Brian Narain	DSZ	26.62	198904363	26.75	+0,80
15.	Mark Pijtak	ZPC AMERSFOORT	26.35	199002287	26.79	+0,77
16.	Ronald Vullings	Merlet	26.08	198703655	26.99	+0,83
17.	Huub Mars	EZC	27.51	198702169	27.09	+0,70
18.	Ruben Stolk	ZPB H&L Productions	26.46	199005665	27.23	+0,72
19.	Davy Vermaas	ZPB H&L Productions	26.90	199003041	27.27	+0,79
20.	Leander van Diggelen	Zwemvereniging Hoorn	27.22	198800763	27.36	+0,86
21.	Martijn de Win	De Geul	27.50	198803873	27.52	+0,91
22.	Bart van der Zwaan	De Amstel	27.45	199005149	27.56	+0,70
23.	Boy Heijnekamp	LZ 1886	27.24	198901161	27.57	+0,74
24.	Patrick de Jonge	ZPC Woerden	27.20	198906635	27.67	+0,76
25.	Nick Drenth	De Amstel	27.47	199105605	27.75	+0,80
26.	Patrick Holthuizen	d'ELFT WAVE (SG)	28.61	199107681	28.01	+0,67
27.	Wessel Everloo	De Veene	27.68	198906597	28.23	+0,90
28.	Niels van Dam	WIDEX GZC DONK	28.82	199007495	28.29	+0,76
29.	Ferdy van Mastrikt	RSW (SG)	28.26	198802315	28.43	+0,76
30.	Gerben Rozie	MSV-Zeemacht	27.88	199002507	29.05	+0,66
31.	Maik Helgers	WVZ	29.49	199106961	29.24	+0,74
32.	Wouter van 't Klooster	ZPC AMERSFOORT	29.98	198806159	29.72	+0,76
33.	Twan Rozie	MSV-Zeemacht	30.90	199107371	30.53	+0,87
34.	Tom Pijnappel	Merlet	35.07	198906837	32.71	+0,91
AFGEM	Alex Schelvis	LZ 1886	25.00	198702927		

Masters 30+

1.	Lauren Vis	Steenwijk 1934	24.72	198201883	24.80	+0,67
2.	Roderik Meijers	d'ELFT WAVE (SG)	24.79	198602063	24.84	+0,70
3.	Paul Brinkman	ZVVS	25.69	198400309	25.27	+0,80
4.	Wouter de Win	De Geul	25.69	198603559	25.50	+0,71
5.	Jan van Opstal	Hieronymus	25.36	198602291	25.79	+0,72
6.	Robert Dekker	De Veene	25.40	198400443	25.88	+0,82
7.	Rick Driezen	Steenwijk 1934	25.87	198600713	25.97	+0,81
8.	René Koedooder	ZV De Bron	26.44	198200919	26.01	+0,82
9.	Jim Geestman	RSW (SG)	25.42	198300699	26.08	+0,84
10.	Finn van der Bas	ZVVS	26.27	198400067	26.17	+0,71
11.	David Wendt	Zwemvereniging Hoogland	27.29	198202599	26.33	+0,87
12.	Ruben van den Tol	MNC Dordrecht	27.63	198202667	27.18	+0,82
13.	Mark Effing	Merlet	27.81	198600761	27.92	+0,78
14.	Bas v.d. Laan	WVZ	27.68	198302471	28.09	+0,87
15.	Rick de Schutter	De Krabben	29.31	198202523	28.80	+0,88
16.	Sven Schutte	Zwemlust-den Hommel	28.48	198604713	29.28	+0,84
17.	Dyon de Greef	Budel	30.12	198202385	30.21	+0,75
18.	Constant van Ewijk	De Gelenberg	33.54	198303025	33.55	+0,78
19.	Jesper de Lange	De Fuut	38.80	198604491	39.19	+0,97

Programmanr. 41, Heren, 50m vrije slag

Masters 35+

1.	Nol van Thull <i>Nederlands Masters Record</i>	d'ELFT WAVE (SG)	24.25	198001513	23.96	+0,75
2.	Jeroen Zelsmann	Upstream Amsterdam	24.65	197701551	24.66	+0,69
3.	Matteo Mattacchione	De Futen	24.84	197801847	25.10	+0,72
4.	Evgeny Ryzhov	Sprut	25.28	101628	25.15	+0,80
5.	Joost Hoetjes	DAW	30.14	197800425	25.60	+0,72
6.	Martijn Beglinger	Old Dutch	26.82	197801869	25.87	+0,82
7.	Bas v.d. Nouwelant	ZVVS	26.95	198001103	26.11	+0,74
8.	Ronald Koeckhoven	Zwemvereniging Westland	27.05	198102017	26.22	+0,81
9.	Vincent Versteeg	Zwemlust-den Hommel	26.55	197701003	26.87	+0,72
10.	Victor Barnar	GoSwim	26.50	197801805	27.03	+0,77
11.	Rutger Stam	Zwemvereniging Hoogland	26.76	198102463	27.11	+0,75
12.	Harm Jan Otter	De Zandstuve	27.39	198101283	27.16	+0,88
13.	Pieter Broek	Zwemvereniging Westland	28.12	197701637	27.27	+0,79
14.	Markus van Rest	WVZ	27.94	197701197	27.71	+0,79
15.	Marco van Antwerpen	Strijen	27.78	198000027	27.97	+0,89
16.	Rogier van Gent	IJZPC	30.82	198000405	28.90	+0,82
17.	Peter Lommert	Swol 1894	29.74	197900787	29.38	+0,91
18.	Marnix Cornelisse	LZ 1886	32.54	198002343	32.65	+0,86

Masters 40+

1.	Joeri Stoffels	AZC	25.92	197300851	25.52	+0,97
2.	John Cobussen	De Gelenberg	27.10	197501323	26.36	+0,68
3.	Erik Lamers	De Gelenberg	27.02	197500507	27.01	+0,67
4.	Sergey Petrov	Poseidon	28.19	102211	27.06	+0,71
5.	Kelvin Isselt	RZ	26.75	197601119	27.07	+0,66
6.	Michael van Bekkum	Swol 1894	27.88	197200051	27.90	+0,80
7.	Johan Wezenberg	Swol 1894	28.85	197601023	28.73	+0,87
8.	Harold Brouwer	De Gelenberg	29.19	197201569	28.82	+0,78
9.	Rogier Becker	De Dinkel	28.72	197301439	28.99	+0,86
10.	Erik Smink	Zwemvereniging Hoogland	29.91	197301467	29.53	+0,79
11.	Michael Go	AZC	29.32	197501397	29.65	+0,79
12.	Wouter van der Stelt	Den Doorn	29.78	197200889	30.74	+0,72
13.	Bas van Gool	De Geul	32.70	197201435	32.66	+0,78
14.	Roan Doves	ZVVS	33.54	197501427	33.00	+1,00
15.	Mohamed Abou Gebba	CNSW	33.35	005045/75	33.24	+1,09
DIS	Arnold Kiburg	Steenwijk 1934	30.77	197501423		

AA - Started before the starting signal

Masters 45+

1.	Glen le Clercq	De Rog	25.47	196800177	25.69	+0,74
2.	Marcel van Winssen	De Gelenberg	25.84	197101477	26.04	+0,75
3.	Richard Ricksen	NIMO	26.39	197000841	26.18	+0,72
4.	Arno Hofmeijer	WS Twente	26.51	196900409	26.52	+0,93
5.	Robin Mäkel	WS Twente	27.10	196801259	26.88	+0,94
6.	Pieter van Gemeren	DAW	27.86	196901779	27.12	+0,74
7.	Martin Kaptein	DWK	27.39	196701677	27.40	+0,75
8.	Kees Akershoek	MGO (SG)	27.88	196900009	27.49	+0,77
9.	Bert de Weerd	RZC	26.80	196701283	27.56	+0,84
10.	Arjon de Bok	De Biesboschzwemmers	27.26	196900125	28.02	+0,78
11.	Richard Lucas	De Dinkel	27.64	197001687	28.28	+0,80
12.	Jos Wensink	WS Twente	28.33	196901719	28.64	+0,73
13.	Jeroen den Boer	TRB-RES	28.48	196701475	28.75	+0,84
14.	Jeroen Kort	DAW	28.61	196801543	28.79	+0,75
15.	Wiljo Mackus	Budel	28.62	197101557	29.05	+0,88
16.	Philip van der Gaag	Zwemvereniging Westland	29.53	196801627	29.90	+0,83
17.	Marcel Brittijn	De Duinkickers	29.42	196900159	29.92	+0,73
18.	Rob Janssen	De Gelenberg	30.56	197001467	30.26	+0,83
19.	Mario Cuelenaere	ZPC De Zeeuwse Kust	29.93	196901569	30.32	+0,94
20.	Roland Schol	BZ&PC	31.80	196901543	30.73	+0,84
21.	Sander Nieuwenhuys	De Fuut	31.13	196801423	32.01	+0,80
22.	Albert Roosenboom	Budel	31.11	197101599	32.05	+0,91
23.	Joost van Eerd	Budel	32.09	196901723	32.11	+0,83

Programmanr. 41, Heren, 50m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.		tijd	RT
24.	Edward van Nijmweegen	Budel	31.11	197001635		32.39	+0,96
25.	Gertjan van der Vaart	ZVVS	32.72	196801529		33.27	+0,76
26.	Jan-Pieter Broos	Budel	36.83	196801597		36.68	+1,23
27.	Jeff van Loon	De Geul	39.18	197001687	S7	38.05	
28.	Henk van Zetten	Octopus	35.64	196701261		38.15	+0,92

Masters 50+

1.	Peter Bernsen <i>Nederlands Masters Record</i>	De Rog	25.49	196301119		25.18	+0,66
2.	Hans Kroes	ZV Haerlem	26.81	196501585		26.11	+0,81
3.	Jan Brink	ZPC De Zeeuwse Kust	26.39	196200091		26.52	+0,74
4.	Phil Trethewie	Old Dutch	26.38	196501315		27.36	+0,72
5.	Rob Verheul	TRB-RES	27.68	196601571		27.59	+0,77
6.	Bob de Vries	Aquapoldro	28.05	196601101		27.60	+0,67
7.	Arnold de Rover	De Futen	27.14	196400645		27.62	+0,75
8.	Kees-Jan van Overbeeke	WWV	27.45	196200489		27.71	+0,80
9.	Rob Spetter	De Rog	28.63	196201239		27.89	+0,67
10.	Otto Jansen	LZ 1886	29.02	196501403		28.42	+0,80
11.	Arthur van Strien	WVZ	29.16	196301401		28.46	+0,86
12.	Robert Vink	WWV	27.79	196301075		28.52	+0,96
13.	Ivo Buchholz	WS Twente	28.56	196401165		28.73	+0,75
14.	Erwin Beringen	GoSwim	28.61	196601515		28.93	+0,67
15.	Freddy v.d. Veen	ZVVS	29.00	196601161		29.09	+1,04
	Erik Saan	De Duck	28.33	196500769		29.09	+1,02
17.	Mark Beijer	Zwemvereniging Westland	29.02	196601593		29.16	+0,59
18.	Marcel Tuerlings	TRB-RES	29.36	196601577		29.33	+0,72
19.	Jan Willem Nederveen	DWF	29.87	196600541		29.57	+0,84
20.	Paul Wijnja	De Biesboschzwemmers	29.59	196301403		29.60	+0,70
21.	Henry Brouwer	Aqualero	29.77	196301223		29.83	+0,84
22.	Willem Jannink	Swol 1894	31.53	196500423		30.10	+0,79
23.	Ruud Kennis	Budel	29.87	196501555		30.38	+0,72
24.	Cees Kersten	De Rog	30.71	196401435		30.42	+0,72
25.	Bob Nieuwenhuys	De Fuut	30.20	196201227		30.55	+0,85
26.	Willem Jan Ribberink	WIDEX GZC DONK	30.56	196501327		30.79	+0,80
27.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	30.60	196501027		31.28	+0,80
28.	Pierre de Groot	WIDEX GZC DONK	31.86	196401431		31.94	+0,83
29.	Peter Schielen	De Fuut	32.82	196501531		32.58	+0,77
30.	Jeffrey van Doormalen	DZ&PC	33.12	196501563		33.86	+0,85
31.	Merlin Weber	Nautilus	35.17	196201261		35.01	+0,85
32.	Hans van Scheepen	Steenwijk 1934	38.54	196201245		39.22	+0,93
AFGEM	Ronald Richardson	WS Twente	28.19	196300623			
AFGEM	Hans Westerhof	WS Twente	27.24	196200743			

Masters 55+

1.	Lionel Godeaux <i>Kampioenschaps Record, Belgisch Masters Record</i>	CNSW	25.95	000217/60		25.93	+0,67
2.	Arno Wouters	ZPC De Zeeuwse Kust	28.03	195800667		27.49	+0,92
3.	Adrian Ortiz Buitrago	WIDEX GZC DONK	29.00	196000931		28.88	+0,72
4.	Joop Ariaens	PSV	28.56	195900747		28.96	+0,83
5.	Rudolf Meijer	Zwemvereniging Hoogland	30.55	196000995		30.21	+0,95
6.	Wim de Lange	AZC	31.73	195800533		30.66	+0,93
7.	Rob Hemesath	PSV	31.77	196100189		30.72	+0,96
8.	Frederik Eshuis	UZSC	32.86	195900821		32.60	+0,79
9.	Jos van Sleuwen	Nautilus	36.56	195700323		35.86	+1,03
10.	Jan Timmerman	IJZPC	33.92	195700347		36.06	+0,83

Programmanr. 41, Heren, 50m vrije slag

Masters 60+

1.	Nartano Glijn	UZSC	29.34	195500449	28.71	+0,84
2.	Ruud Ruiters	WWV	29.23	195300169	29.85	+1,05
3.	Evertjan Masurel	PLONS	30.92	195600495	31.11	+0,86
4.	Jan Vonk	Zwemvereniging Hoogland	31.07	195400237	31.12	+0,87
5.	Wim Scherpenisse	UZSC	34.23	195500447	33.88	+1,14
6.	Frans Antonissen	Old Dutch	34.61	195500451	34.93	+1,24
7.	Sjoerd van de Berg	De Rog	36.43	195400355	37.80	+0,78
8.	Frans Suijkerbuijk	PSV	52.24	195600499	52.32	+0,83

Masters 65+

1.	Ale van Veen	HPC	28.39	194900159	29.42	+0,77
2.	Piet Schop	De Bevelanders	31.38	195000109	31.93	+0,69
3.	Jaap Kwakkel	DAW	33.42	194700157	33.20	+0,81
4.	Jos Kamps	Zwemvereniging Hoogland	33.16	195100085	33.45	+0,90
5.	Vladimir Abrosimov	Meshera	34.38		34.25	+1,06
6.	Mar van Geel	Old Dutch	38.55	194700135	42.22	+1,26
7.	Etienne Languillier	CNSW	1:00.65	000228/50	1:00.68	+1,29
AFGEM	Nico van Dongen	ZZ&PC De Devel	40.53	194800159		

Masters 70+

1.	Alexander Bashmakov	Poseidon	30.75	037001	30.68	+0,92
	<i>Kampioenschaps Record, Russian Masters Record</i>					
2.	Theo Schouten	WWV	31.14	194600161	32.16	+0,92
3.	Willem Putter	ZVVS	33.82	194500135	34.28	+1,05
4.	Han Roos	ZV De Bron	32.10	194500081	35.67	+1,05
5.	Geza Kaltenecker	AZC	35.88	194200065	36.72	+0,93
6.	Rob Hanou	PSV	36.48	194300109	36.87	+1,06
7.	Peter Ouweneel	RSW (SG)	43.29	194500077	45.00	+1,08
8.	Kevork Boyrazian	CNSW	45.45	002620/44	45.65	+1,14
9.	Nico Baay	Old Dutch	46.03	194200053	48.13	+0,85
NG	Aad Grapendaal	OEZA	43.50	194200063		

Masters 75+

1.	Frans van Enst	WS Twente	33.44	194000011	35.25	+1,02
2.	Nic Geers	Z&PC De Gouwe	33.57	193800007	37.37	+0,97
3.	Gregor Pompen	Aqua-Novio'94	41.26	193700021	40.94	+1,11

Programmanr. 42
24-01-2016 - 16:32

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m		
Masters 20+								
1.	Jamilla van Veen	ZPC Woerden	1:04.28	199603192	1:05.11	+0,68	31.28	1:05.11
	<i>Nederlands Masters Record</i>							
2.	Melissa van der Geld	AquAmigos	1:07.43	199506250	1:05.92	+0,80	32.35	1:05.92
3.	Stéphanie Bergsma	Dedemsvaart-AC	1:08.10	199203374	1:07.63	+0,59	32.66	1:07.63
4.	Aniek Resink	DIO	1:08.06	199500738	1:08.23	+0,64	32.83	1:08.23
5.	Sigrid Dogger	De Zwoer	1:07.21	199200452	1:09.13	+0,84	33.61	1:09.13
6.	Manon van Strien	WVZ	1:09.39	199400770	1:09.30	+0,80	33.16	1:09.30
7.	Désirée Emmen	De Warande	1:08.55	199204862	1:09.41	+0,68	33.63	1:09.41
8.	Henriette ten Bokkel	NDD	1:06.36	199402764	1:09.66	+0,78	33.73	1:09.66
9.	Iris Pijtak	ZPC AMERSFOORT	1:10.29	199300602	1:10.01	+0,68	33.51	1:10.01
10.	Heleen Arends	TriVia	1:09.88	199404416	1:10.20	+0,65	33.96	1:10.20
11.	Janine de Groot	Nova	1:14.10	199500092	1:12.33	+0,66	34.87	1:12.33
12.	Suzanne Mosch	MSV-Zeemacht	1:09.21	199400548	1:12.56	+0,65	34.52	1:12.56
13.	Maike Korhouth	TRB-RES	1:12.02	199406034	1:12.85	+0,62	35.51	1:12.85
14.	Karen van Dee	SCOM	1:12.59	199604074	1:13.43	+0,79	36.19	1:13.43

Programmanr. 42, Dames, 100m rugslag, Masters 20+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
15. Wendy de Bruin	ZOB'66	1:11.89	199206320	1:15.29	+0,55	36.30	1:15.29
16. Giulia Rolloos	Van Vliet-Barracuda	1:15.53	199500946	1:15.37	+0,66	36.89	1:15.37
17. Krista Kostwinder	SCOM	1:15.03	199401058	1:16.09	+0,71	35.86	1:16.09
18. Eline van Gemert	De Meer	1:17.90	199505458	1:17.09	+0,60	37.18	1:17.09
19. Nikki Hoogeboom	De IJsel	1:15.37	199301196	1:17.66	+0,63	37.58	1:17.66
20. Getrude Corporaal	ZVZ	1:14.31	199200380	1:17.83	+0,75	36.99	1:17.83
21. Naomi van Gool	LZ 1886	1:15.57	199505166	1:18.45	+0,78	38.18	1:18.45
22. Ramona Noordermeer	ZVVS	1:20.55	199401746	1:20.80	+0,71	39.47	1:20.80
23. Debby Kraaijeveld	DWF	1:14.76	199601358	1:21.84	+0,83	38.56	1:21.84
24. Rebecca van Eeren	SCOM	1:21.83	199306910	1:22.45	+0,68	40.67	1:22.45
25. Nadine Blouw	GZVW	1:19.47	199302314	1:22.80	+0,74	40.23	1:22.80
26. Cynthia van Veen	ZPC Woerden	1:27.47	199606736	1:27.43	+0,58	41.13	1:27.43

Masters 25+

1. Charlotte Groeneveld	UZSC	1:07.77	198701404	1:07.55	+0,75	32.21	1:07.55
2. Aniek Huijsman	De Lansingh	1:11.55	198801932	1:11.03	+0,79	34.35	1:11.03
3. Sabine Lina	ZPC Woerden	1:09.77	198902680	1:11.35	+0,82	35.25	1:11.35
4. Ilse van den Wijngaard	ZPC Woerden	1:12.08	198904736	1:11.99	+0,79	34.88	1:11.99
5. Rianne Hofland	Sassenheim	1:10.88	198801820	1:13.50	+0,74	36.15	1:13.50
6. Tamara Caspers	LZ 1886	1:12.88	199007272	1:13.53	+0,76	35.28	1:13.53
7. Esther van Maastrigt	Montferland	1:14.22	198802836	1:18.46	+0,69	38.79	1:18.46
8. Diana Lammers	De Veene	1:15.86	198902572	1:18.50	+0,79	38.43	1:18.50
9. Tamara Nordin	ZPC De Zeeuwse Kust	1:20.19	198702996	1:18.63 *	+0,72	38.55	1:18.63
10. Cora Vinagre Sendino	CNSW	1:19.56	003824/88	1:20.23	+0,69	38.34	1:20.23
11. Tessa Lukassen	GoSwim	1:18.23	198702620	1:20.49	+0,83	39.69	1:20.49
12. Annebeth van Ark	Octopus	1:27.31	198805588	1:24.92	+0,73	42.01	1:24.92
13. Lonke Oenema	Steenwijk 1934	1:19.86	199102314	1:25.07	+0,71	41.38	1:25.07
14. Elodie Siroen	Merlet	1:26.68	199003414	1:27.65	+0,67	43.48	1:27.65
AFGEM Xandra Otter	WIDEX GZC DONK	1:35.14	199006046				

Masters 30+

1. Roos van Esch	d'ELFT WAVE (SG)	1:11.03	198200468	1:09.77	+0,79	34.50	1:09.77
2. Marije Jansen	Aquarijn	1:09.50	198504088	1:10.27	+0,74	34.23	1:10.27
3. Marije van Manen	ZPC AMERSFOORT	1:15.89	198602386	1:14.24	+0,65	36.05	1:14.24
4. Esther Versteeg	Van Vliet-Barracuda	1:13.76	198302112	1:15.06	+0,71	36.18	1:15.06
5. Wieteke Elzinga	DAW	1:13.81	198601038	1:15.90	+0,79	36.82	1:15.90
6. Olga Volman-Maiorova	NDD	1:17.34	1985504188	1:16.47	+0,69	37.50	1:16.47
7. Ramona Linting	AZC	1:17.60	198301274	1:17.06	+0,81	37.28	1:17.06
8. Paulien Schokker	WS Twente	1:16.31	198302876	1:21.08	+0,71	39.64	1:21.08
9. Angela Giezen	Montferland	1:20.00	198302796	1:22.09	+0,82	40.81	1:22.09
10. Fabienne Jekens	Zwemvereniging Hoogland	1:32.20	198401156	1:30.15	+0,88	44.02	1:30.15
AFGEM Franca Johannink-Willeme	De Dinkel	1:14.49	198402760				
AFGEM Jepke van der Werf	ESCA Zwemmen	1:20.55	198201832				
NG Sylvia Reijers	De Gelenberg	1:13.40	198201360				

Masters 35+

1. Marjon van Kempen	MGO (SG)	1:12.16	198000578	1:12.26	+0,74	35.21	1:12.26
2. Tonia Ruybroek	Poseidon'56	1:13.61	198101290	1:14.78	+0,70	36.07	1:14.78
3. Anke Lamboij	De Vliet (SG)	1:21.71	198001182	1:19.60	+0,75	38.24	1:19.60
4. Jolanda van Gendt	PSV	1:21.03	197800266	1:20.25	+0,63	39.26	1:20.25
5. Clementine van Bruxvoort	ZPB H&L Productions	1:36.67	197700138	1:43.42	+0,80	49.93	1:43.42
AFGEM Laura Ensing	De Fuut	1:37.96	197801326				

Masters 40+

1. Gudule van der Meer	PSV	1:09.70	197200396	1:10.38	+0,63	33.93	1:10.38
<i>Kampioenschaps Record</i>							
2. Edith Janssen-Koolen	TRB-RES	1:15.59	197300898	1:15.02	+0,82	36.45	1:15.02
3. Geraldine Trainor	De Duck	1:17.83	197500544	1:16.57	+0,74	37.04	1:16.57
4. Evelien Meeuwissen	Sassenheim	1:17.53	197500360	1:19.39	+0,77	38.47	1:19.39
5. Mirjan den Drijver-Aarse	Zwemvereniging Westland	1:20.36	197500884	1:20.67	+0,69	40.09	1:20.67

Programmanr. 42, Dames, 100m rugslag, Masters 40+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
6. Nadège van Meeteren	De Meer	1:21.47	197400736	1:24.08	+0,87	40.91	1:24.08
7. Jule Verschoor-Holland	RZC	1:25.66	197500874	1:26.16	+0,74	42.01	1:26.16
8. Claudia Broeke	De Fuut	1:29.62	197300058	1:32.49	+0,83	44.67	1:32.49
9. Natasja Linderhof	De Dinkel	1:35.71	197500786	1:37.06	+0,83	45.42	1:37.06

Masters 45+

1. Heidi van Stein	LZ 1886	1:16.86	196900864	1:17.16	+0,71	37.39	1:17.16
2. Annette Wijnja-Visser	De Biesboschwemmers	1:21.07	196700528	1:20.00	+0,83	38.81	1:20.00
3. E. van Wingerden-Dijkhuizen	DWK	1:23.91	196900970	1:20.35	+0,75	39.06	1:20.35
4. Laura Staal	Oceanus	1:20.01	196700358	1:20.71	+0,71	39.69	1:20.71
5. Valerie Rolland	CNSW	1:22.29	004276/71	1:20.77	+0,69	39.04	1:20.77
6. Annette van Dok	MSV-Zeemacht	1:28.69	196800742	1:26.89	+0,76	42.37	1:26.89
7. Sylvia van den Berg	De Fuut	1:29.77	197000688	1:29.15	+0,73	43.33	1:29.15
8. Françoise Duran	ZPC AMERSFOORT	1:30.76	196900222	1:30.90	+0,73	45.24	1:30.90
9. Nathasja Konijn	WIDEX GZC DONK	1:35.45	197100992	1:34.54	+0,70	46.11	1:34.54

Masters 50+

1. Allie Price	Cardiff Masters	1:13.97	547582	1:15.13	+0,74	36.71	1:15.13
<i>Kampioenschaps Record</i>							
2. Wilna Heijman	Steenwijk 1934	1:20.28	196400506	1:22.68	+0,81	40.77	1:22.68
3. Susanne Prins - Molenwijk	De Geul	1:25.99	196600284	1:22.86	+0,70	39.54	1:22.86
4. Feikje Wittermans	WIDEX GZC DONK	1:22.68	196400408	1:22.90	+0,74	39.50	1:22.90
5. Jeannette Ruesink	WS Twente	1:23.07	196300212	1:24.81	+0,79	41.62	1:24.81
6. Annemarie Vuist	Swol 1894	1:26.24	196300282	1:27.47	+0,93	43.71	1:27.47
7. Monique Munnik	AZC	1:29.19	196200328	1:32.25	+0,86	44.87	1:32.25
8. Cora Smulders	ESCA Zwemmen	1:46.92	196600668	1:45.86	+0,67	50.75	1:45.86
AFGEM H. van Blommestein-Mellema	Aquapoldro	1:54.95	196600482				
AFGEM Judith Cromjongh	De Zwoer	1:16.38	196400054				

Masters 55+

1. Mathilde Vink	Swol 1894	1:27.71	195800128	1:30.73	+0,95	44.50	1:30.73
2. Hannie Poletiek	TriVia	1:37.51	195900278	1:36.13	+0,81	46.84	1:36.13
3. Jennie Resink-Lindeboom	DWK	1:38.63	196000142	1:39.20	+0,79	48.62	1:39.20
4. Lia Bijkerk	WIDEX GZC DONK	1:48.98	196000014	1:45.70	+0,66	51.22	1:45.70

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	1:20.51	195600048	1:23.83	+0,83	40.84	1:23.83
<i>Nederlands Masters Record</i>							
2. Anne De Sauvage	CNSW	1:33.59	005093/55	1:29.69	+0,82	43.25	1:29.69
<i>Belgisch Masters Record</i>							
3. Monica Bakker	ZVZ	1:31.71	195600082	1:32.69	+0,77	45.43	1:32.69
4. Ineke Meijer	HZ&PC Heerenveen	1:42.46	195200034	1:47.10	+0,69	52.24	1:47.10

Masters 65+

1. Antoinette Gilding-Tussaud	WS Twente	1:42.12	195000038	1:47.22	+0,79	51.85	1:47.22
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Masters 70+

1. Loekie v. Huissteden	ZPC AMERSFOORT	2:01.72	194500002	2:04.83	+0,91	58.42	2:04.83
2. Leny Kamp	Aquapoldro	2:07.61	194400008	2:12.76	+0,71	1:02.85	2:12.76

Masters 75+

1. Truus Ruiter	Old Dutch	2:20.80	194000004	2:17.98	+0,74	1:07.96	2:17.98
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Programmanr. 42, Dames, 100m rugslag

Masters 80+

1. Alice Lindhout	PSV	2:02.73	193500010	2:09.89	+0,82	59.59	2:09.89
<i>Nederlands Masters Record</i>							
2. Annie de Vos	Old Dutch	2:18.07	193400004	2:17.69	+0,73	1:06.17	2:17.69
AFGEM Lottie Geurts	PSV	2:02.75	193500006				

Programmanr. 43
24-01-2016 - 16:58

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Melvin Prins	Wiekslag	57.89	199500201	57.80	+0,67	28.16	57.80
2. Nick Cleintuar	ZVVS	58.74	199503781	1:00.32	+0,55	29.06	1:00.32
3. Lars Schoffelmeyer	ZPB H&L Productions	1:03.69	199501907	1:05.21	+0,78	31.67	1:05.21
4. Joey Stokx	DAW	1:09.30	199301251	1:05.95	+0,75	32.14	1:05.95
5. Thijs van den End	ZPC Woerden	1:05.50	199306803	1:06.32	+0,73	32.28	1:06.32
6. Michiel van Vliet	ZPC Woerden	1:10.06	199503875	1:10.01	+0,72	33.49	1:10.01
7. Pieter Pijnenburg	De Warande	1:10.99	199305227	1:11.69	+0,71	35.12	1:11.69
8. Yannick van Opdorp	De Krabben	1:16.51	199306521	1:17.16	+0,74	37.78	1:17.16
9. Maarten Steekelenburg	Aquamania	1:23.56	199300479	1:22.34	+0,70	39.84	1:22.34
NG Coen de Bruijn	Hieronymus	1:02.17	199205151				
Masters 25+							
1. Hjalmar de Ruiter	NDD	59.42	198902695	1:00.98	+0,63	30.10	1:00.98
2. Tim Bunnik	Triton	1:04.00	199000505	1:03.39	+0,80	30.83	1:03.39
3. Juan Vinagre Sendino	CNSW	1:09.34	005255/90	1:05.63	+0,72	31.85	1:05.63
4. Jeffrey van 't Schip	De Amstel	1:06.17	199102035	1:06.73	+0,73	32.08	1:06.73
5. Erik van der Heide	Zuiderzeezwemmers	1:03.85	198801337	1:07.56	+0,72	32.55	1:07.56
6. Twan Rozie	MSV-Zeemacht	1:13.69	199107371	1:13.09	+0,83	35.77	1:13.09
7. Robin Eggenkamp	De Duinkickers	1:16.73	198700847	1:17.55	+0,79	37.30	1:17.55
Masters 30+							
1. Martijn Giezen	Montferland	1:02.03	198500813	1:01.74	+0,63	29.79	1:01.74
<i>Kampioenschaps Record</i>							
2. Thommy Nickel	Van Vliet-Barracuda	1:04.14	198401627	1:05.19	+0,75	32.01	1:05.19
3. Ivan van Omme	De Geul	1:03.99	198201263	1:05.98	+0,68	31.60	1:05.98
4. Robert Braad	Steenwijk 1934	1:04.69	198600407	1:06.40	+0,88	31.95	1:06.40
5. David Wendt	Zwemvereniging Hoogland	1:07.48	198202599	1:07.75	+0,72	32.52	1:07.75
6. René Koedoeder	ZV De Bron	1:09.65	198200919	1:08.41	+0,77	33.01	1:08.41
7. Peter van de Bor	DWT	1:13.73	198402897	1:11.60	+0,75	34.80	1:11.60
Masters 35+							
1. Marcel Reefhuis	WS Twente	1:06.09	198101381	1:07.10	+0,54	32.26	1:07.10
2. Mark van der Schrier	BZ&PC	1:09.77	197800951	1:08.42	+0,78	33.12	1:08.42
3. Arjan Buijsse	Sassenheim	1:07.62	197901767	1:09.83	+0,73	34.08	1:09.83
4. Peter Lommert	Swol 1894	1:18.70	197900787	1:17.11	+0,77	37.36	1:17.11
Masters 40+							
1. Egbert Stolk	d'ELFT WAVE (SG)	1:00.41	197600889	1:04.30	+0,78	31.49	1:04.30
2. John Cobussen	De Gelenberg	1:09.10	197501323	1:06.41	+0,71	31.68	1:06.41
3. Alex Damen	DAW	1:07.78	197501371	1:09.62	+0,78	33.46	1:09.62
4. Remco Plass	De Lansingh	1:10.19	197300687	1:10.80	+0,68	35.01	1:10.80
5. Arjan Aalbers	Swol 1894	1:14.32	197500001	1:13.65	+0,72	35.70	1:13.65
6. Gertjan van der Knaap	De Duck	1:14.36	197300459	1:15.64	+0,72	36.53	1:15.64
7. Kasper van den Berghe	Swol 1894	1:16.14	197301125	1:16.13	+0,73	37.11	1:16.13
8. Mike Molenaar	Zoetermeer	1:25.31	197201493	1:24.78	+0,77	42.38	1:24.78
NG Ramon de Bondt	ZPB H&L Productions	1:09.87	197300105				

Programmanr. 43, Heren, 100m rugslag

Masters 45+

1. Jan Goossens	GZVN	1:02.97	11003/68	1:01.75	+0,59	29.73	1:01.75
<i>Kampioenschaps Record, Belgisch Maters Record</i>							
2. Guido Keutgen	AZC	1:07.27	196801551	1:06.97	+0,78	32.46	1:06.97
3. René Beetsma	HZ&PC Heerenveen	1:07.84	196900069	1:09.49	+0,77	33.61	1:09.49
4. Antwan van Engen	De Ward	1:17.39	197101577	1:10.55	+0,75	34.47	1:10.55
5. Nico Swart	Den Doorn	1:14.25	196801475	1:13.66	+0,67	35.42	1:13.66
6. Ferdinand Teitink	Montferland	1:21.75	197001583	1:22.35	+0,68	39.08	1:22.35
<i>50m*</i>							
7. Jeff van Loon	De Geul	1:39.76	197001687	1:42.74	+0,77	48.36	1:42.74
AFGEM Korstiaan de Boer	Steenwijk 1934	1:20.61	197101629				

Masters 50+

1. Edwin v. Norden	ZPC AMERSFOORT	1:02.20	196300563	1:04.01	+0,77	31.28	1:04.01
2. Jan Gert Notenbomer	Upstream Amsterdam	1:05.73	196600557	1:06.09	+0,71	32.22	1:06.09
3. Johan Remmits	ZPC Woerden	1:08.22	196201159	1:07.78	+0,74	32.89	1:07.78
4. Wiljam Nijenhuis	De IJssel	1:13.29	196400547	1:11.78	+0,84	35.12	1:11.78
5. John Stokx	DAW	1:11.95	196401341	1:12.35	+0,69	34.44	1:12.35
6. Ron Korzelius	ZPC AMERSFOORT	1:11.72	196500513	1:12.55	+0,71	35.42	1:12.55
7. Otto Jansen	LZ 1886	1:12.40	196501403	1:12.95	+0,86	35.52	1:12.95
8. Wim van Mil	LZ 1886	1:17.98	196501597	1:15.67	+0,73	37.31	1:15.67
9. Fred Heemstra	DAW	1:14.14	196500357	1:16.56	+0,69	36.08	1:16.56
10. Erik Wetsteijn	Swol 1894	1:17.64	196501019	1:17.84	+0,78	38.38	1:17.84
11. Robin Prins	De Geul	1:18.52	196200515	1:18.07	+0,64	38.27	1:18.07
12. Fred Dijkshoorn	Zwemvereniging Westland	1:17.94	196501539	1:18.78	+0,78	37.60	1:18.78
13. Casper Dollekamp	Steenwijk 1934	1:17.28	196301341	1:19.70	+0,54	38.20	1:19.70
14. Freddy v.d. Veen	ZVVS	1:18.74	196601161	1:21.48	+0,81	39.68	1:21.48
15. Robert de Brauwer	De Duinkickers	1:24.15	196401383	1:24.06	+0,72	38.82	1:24.06
16. Jack Barends	WS Twente	1:23.06	196201011	1:24.30	+0,89	41.57	1:24.30

Masters 55+

1. Erik Kamphuis	De Rog	1:20.63	196001035	1:14.60	+0,73	37.00	1:14.60
2. Nico van Maanen	De Duck	1:27.42	196100371	1:22.66	+0,68	39.99	1:22.66
3. André Schutte	ZPC De Zeeuwse Kust	1:25.71	196000521	1:25.10	+0,84	40.92	1:25.10
4. Bart van Calker	WS Twente	1:26.63	196100067	1:25.71	+0,74	42.64	1:25.71
5. Harry Paas	ZVVS	1:32.39	195800689	1:28.51	+0,68	41.65	1:28.51
AFGEM Dmitry Kromskiy	Poseidon	1:10.43	037011				

Masters 60+

1. Evertjan Masurel	PLONS	1:18.42	195600495	1:19.53	+0,76	37.86	1:19.53
2. Paul Bunnik	Triton	1:19.45	195600413	1:24.91	+0,75	40.63	1:24.91

Masters 65+

1. Veniamin Zhitlovskiy	Poseidon	1:20.51	101753	1:18.89	+0,78	38.54	1:18.89
<i>Russian Masters Record</i>							
2. Ludwig Lorenz	SV Gladbeck 13	1:38.73	127866	1:35.08	+1,11	46.64	1:35.08

Masters 70+

1. Mikhail Ulybyshev	Poseidon	1:29.54	037037	1:29.58	+0,78	43.10	1:29.58
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Masters 75+

1. Frans van Enst	WS Twente	1:24.00	194000011	1:28.36	+0,67	42.89	1:28.36
2. Jan Eichhorn	ZV Haerlem	1:48.13	193700015	1:47.59	+0,87	51.40	1:47.59

Programmanr. 44
24-01-2016 - 17:19

4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames					
1.	NDD	1:55.43		1:52.65	+0,73
	<i>Kampioenschaps Record</i>				
	Carmen Seesing 94 +0,73 27.66	Eva Engelen 94 +0,44 28.53			
	Olga Volman-Maiorova 85 +0,56 28.38	Henriette ten Bokkel 94 +0,47 28.08			
2.	Merlet	2:07.74		2:06.87	+0,91
	Julie Thomassen 88 +0,91 31.48	Elodie Siroen 90 +0,10 33.86			
	Elske Eikholt 93 +0,37 34.23	Kim Loeffen 94 +0,52 27.30			
3.	De Geul	2:10.86		2:08.70	+0,79
	Senna van Dongen 91 +0,79 31.11	Claudia de Win 91 +0,43 34.26			
	Chadassa Mannee 95 +0,60 34.02	Carmen Muilwijk 95 +0,33 29.31			
4.	Steenwijk 1934	2:08.97		2:09.89	+0,86
	Ilse Blankvoort 92 +0,86 33.51	Charine de Ruiter 94 +0,59 31.33			
	Tara Keijzer 91 +0,44 33.38	Lonneke Oenema 91 +0,36 31.67			
5.	DWF	2:08.88		2:11.06	+0,75
	Anne de Heer 96 +0,75 31.83	Talitha Boelen 95 +0,36 34.09			
	Daniëlle de Klein 94 +0,22 34.05	Debby Kraaijeveld 96 +0,36 31.09			
80+, Heren					
1.	De Kempvis	1:42.94		1:40.39	+0,66
	Romero Hennep 93 +0,66 24.52	Erik Wegman 92 +0,38 24.90			
	Jory Sloof 90 +0,25 26.17	Dennis Doove 92 +0,32 24.80			
2.	Merlet	1:41.66		1:41.21	+0,79
	Bas Berndes 89 +0,79 26.43	Jelte Schuurmans 91 +0,36 25.25			
	Dieder Schuurmans 95 +0,12 24.63	Teun Strijbosch 96 +0,30 24.90			
3.	De Amstel	1:46.93		1:46.09	+0,71
	Nick Sijmons 95 +0,71 26.13	Bart van der Zwaan 90 +0,30 27.02			
	Nick Drenth 91 +0,54 27.31	Jeffrey van 't Schip 91 +0,49 25.63			
80+, Gemengd					
1.	De Zwoer	1:48.81		1:45.77	+0,67
	Sven Dogger 96 +0,67 24.29	Suzanne Lange 92 +0,25 28.19			
	Sigrid Dogger 92 +0,16 28.40	Auke Koops 95 +0,24 24.89			
2.	ZPB H&L Productions 1	1:52.68		1:56.55	+0,76
	Aylin van Uffelen 96 +0,76 31.67	Brenda Geestman 87 +0,60 31.37			
	Ruben Stolk 90 +0,63 27.49	Lars Schoffelmeer 95 +0,41 26.02			
AFGEM	De Veene 1	1:52.72			
100+, Dames					
1.	ZPC Woerden	1:54.04		1:54.59	+0,82
	Ilse van den Wijngaard 89 +0,82 29.45	Mandy Verbakel 90 +0,50 28.80			
	Sabine Lina 89 +0,55 28.81	Jamilla van Veen 96 +0,57 27.53			
2.	The Hague Swimming (SG) 1	1:56.55		1:58.50	+0,90
	Sandra Hoofs-Buil 66 +0,90 33.44	Amber Reijm 94 +0,60 29.28			
	Daphne Lankhorst 94 +0,28 28.42	Maud Hoofs 95 +0,34 27.36			
3.	WS Twente	2:00.43		2:02.58	+1,06
	Henriette de Vries 89 +1,06 31.64	Laura Lutjes 90 +0,52 31.09			
	Paulien Schokker 83 +0,64 31.04	Annelette Reefhuis-de Vries 86 +0,40 28.81			
4.	GZVW	2:07.68		2:08.79	+0,75
	Josse van Geffen 86 +0,75 32.58	Relinda Baas 89 +0,52 33.55			
	Nadine Blouw 93 +0,35 32.30	Marijke Pras 92 +0,35 30.36			
5.	CNSW	2:08.26		2:10.32	+0,87
	Melina Dejonckheere 91 +0,87 32.23	Charlotte Six 88 +0,65 32.67			
	Sandra Koenig 86 +0,27 33.81	Isaline Manchel 85 +0,34 31.61			
6.	Sassenheim	2:08.20		2:11.87	+0,72
	Sanne Kruijer 95 +0,72 34.75	Evelien Meeuwissen 75 +0,42 32.28			
	Maaïke Hofland 92 +0,38 35.32	Rianne Hofland 88 +0,43 29.52			

Programmanr. 44, 4 x 50m vrije slag

100+, Heren

1. Steenwijk 1934 1 Mike Koelewijn Rick Driezen	Steenwijk 1934 93 +0,71 86 +0,58	25.23 25.31	1:41.87 Robert Braad Lauren Vis	86 +0,28 82 +0,36	26.24 24.47	1:41.25 +0,71
2. De Geul 1 Jesse de Win Martijn de Win	De Geul 96 +0,67 88 +0,44	25.70 26.72	1:43.80 Wouter de Win Jasper de Win	86 +0,21 93 +0,23	24.90 24.34	1:41.66 +0,67
3. MSV-Zeemacht 1 Twan Rozie Gerben Rozie	MSV-Zeemacht 91 +0,94 90 +0,16	30.80 28.25	1:53.63 Michael Bes Christiaan Zwaal	72 +0,37 95 +0,14	26.92 23.95	1:49.92 +0,94
4. Merlet 2 Tom Pijnappel Ronald Vullings	Merlet 89 +0,81 87 +0,13	32.59 26.63	1:54.96 Mark Effing Joppe Schuurmans	86 +0,46 89 +0,13	27.48 25.59	1:52.29 +0,81

100+, Gemengd

1. Wiekslag 1 Robbert Donk Heijmen van Vliet	Wiekslag 89 +0,68 80 +0,53	23.74 25.81	1:49.55 Sylvana Kusters Milou Julicher	94 +0,58 93 +0,10	30.17 26.38	1:46.10 +0,68
2. EZC 1 Merel van der Kieft Huub Mars	EZC 92 +0,67 87 +0,34	28.31 26.26	1:51.69 Lianne Molkenboer Joël Dam	96 +0,43 88 +0,23	28.80 25.95	1:49.32 +0,67
3. AZC 2 Julia Wortman Auke de Lange	AZC 96 +0,83 86 +0,29	29.14 28.88	1:51.21 Lex Wortman Joeri Stoffels	95 +0,31 73 +0,19	27.26 24.72	1:50.00 +0,83
4. WVZ 1 Isabelle Massar Manon van Strien	WVZ 91 +0,77 94 +0,64	28.75 28.27	1:50.13 Bas v.d. Laan Vincent de Vries	83 +0,15 96 +0,63	27.43 25.83	1:50.28 +0,77

120+, Dames

1. PSV 1 Elles van Leeuwen Renee de Kok	PSV 86 +0,88 84 +0,09	31.07 29.99	2:04.24 Jolanda van Gendt Nienke van Stipriaan	78 +0,51 87 +0,34	32.06 28.84	2:01.96 +0,88
2. WVZ 1 Petra Versteegen Fleur Maas	WVZ 77 +0,74 89 +0,44	31.61 31.12	2:06.55 Linda Hoogendam Yvonne Gerritsen	83 +0,40 80 +0,62	31.01 29.68	2:03.42 +0,74
3. DAW 1 Sandra Zwaanswijk Ingeborg Stokx	DAW 85 +0,77 67 +0,22	29.79 35.06	2:06.69 Wieteke Elzinga Maaïke Vooren	86 +0,40 91 +0,42	30.88 28.61	2:04.34 +0,77
4. MSV-Zeemacht 1 Wendy van der Kruk Annette van Dok	MSV-Zeemacht 71 +0,94 68 +0,70	33.18 36.26	2:06.36 Suzanne Mosch Tessa Mosch	94 +0,31 91 +0,17	27.75 27.26	2:04.45 +0,94
5. De Meer 1 Lindsey Hol Christa Verploeg	De Meer 90 +0,75 74 +0,47	31.44 33.98	2:10.42 Nadège van Meeteren Eline van Gemert	74 +0,56 95 +0,23	32.81 28.93	2:07.16 +0,75
6. Budel 1 Jolanda Knippenberg Miriam Stevens	Budel 66 +0,80 69 +0,66	41.70 37.29	2:17.62 Elly Scheepers Joyce Raemaekers	91 +0,55 91 +0,15	35.44 29.96	2:24.39 +0,80
DIS De Lansingh 1 <i>EA - Took over too quickly**</i> Els Brenkman-Gerritse Jacqueline Rolloos-Bakkers	De Lansingh 64 +0,82 63 +0,02	36.53 33.15	2:11.53 Wendy Mets Aniek Huijsman	91 +0,59 88 -0,07	30.40	2:11.53 +0,82
AFGEM ESCA Zwemmen 1	ESCA Zwemmen		2:16.48			

Programmanr. 44, 4 x 50m vrije slag

120+, Heren

1.	d'ELFT WAVE (SG) 1 <i>Nederlands Masters Record</i>	d'ELFT WAVE (SG)	1:38.61			1:37.28	+0,70
	Roderik Meijers	86 +0,70	24.82	Erik Simons	89 +0,37	23.72	
	Egbert Stolk	76 +0,42	25.02	Nol van Thull	80 +0,42	23.72	
2.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	1:46.70			1:45.09	+0,78
	Dan Doan	95 +0,78	26.62	David Wendt	82 +0,55	25.91	
	Yuri van Omme	85 +0,24	26.09	Rutger Stam	81 +0,25	26.47	
3.	ZVVS 1	ZVVS	1:46.17			1:45.90	+0,94
	Rene de Jong	66 +0,94	28.68	Thomas Grudelbach	95 +0,34	27.53	
	Bas v.d. Nouwelant	80 +0,19	25.70	Nick Cleintuar	95 +0,35	23.99	
4.	MGO (SG) 1	MGO (SG)	1:48.91			1:47.78	+0,78
	Kees Akershoeck	69 +0,78	27.36	Niels Albrechts	88 +0,34	26.78	
	Ramon van Huizen	94 +0,35	27.01	Martijn van Hoorn	89	26.63	
5.	LZ 1886 1	LZ 1886	1:46.14			1:49.40	+1,68
	Boy Heijnekamp	89 +1,68	27.30	Otto Jansen	65 +0,31	27.81	
	Kristiaan Lenos	83 +0,32	25.18	Nick van der Krogt	95 +0,44	29.11	
6.	De Duinkickers 1	De Duinkickers	1:58.56			1:58.98	+0,66
	Marcel Brittijn	69 +0,66	30.27	Sven van Zanten	90 +0,23	28.72	
	Robin Eggenkamp	87 +0,69	30.61	Robert de Brauwer	64 +0,36	29.38	

120+, Gemengd

1.	ZVVS 2	ZVVS	1:52.48			1:50.10	+0,74
	Nadya Putter	83 +0,74	29.61	Manon van Rooijen	82 +0,47	29.97	
	Finn van der Bas	84 +0,44	25.73	Paul Brinkman	84 +0,42	24.79	
2.	DWK 1	DWK	1:52.78			1:51.44	+0,93
	Liesbeth van Mill	87 +0,93	32.69	Pauline Gouwens	84 +0,61	26.73	
	Martin Kaptein	67 +0,48	26.68	Robin Eltink	94 +0,42	25.34	
3.	De Ward 1	De Ward	1:53.86			1:52.41	+0,94
	Yvette Ratering	72 +0,94	30.01	Eva Kattouw	94 +0,33	28.54	
	Niels Versteeg	95 +0,61	26.37	Antwan van Engen	71 +0,64	27.49	
4.	Montferland 1	Montferland	1:56.15			1:55.26	+0,80
	Martijn Giezen	85 +0,80	26.13	Wilma van Velsen	64 +0,44	30.48	
	Angela Giezen	83 +0,53	32.25	Maik Steenkamp	91 +0,40	26.40	
5.	NIMO 1	NIMO	1:58.63			1:57.10	+0,74
	Freddie Geerlings	79 +0,74	26.83	Richard Rickson	70 +0,41	26.21	
	Lieke Janssen	93 +0,63	31.75	Nieske Janssen	96 +0,47	32.31	
6.	MGO (SG) 1	MGO (SG)	2:02.17			1:57.87	+0,88
	Addie Vroegindewej	78 +0,88	28.46	Marjon van Kempen	80 +0,55	29.91	
	Whitley Rens	90 +0,25	31.53	Frank van der Voordt	83 +0,33	27.97	
7.	CNSW	CNSW	2:05.83			2:05.44	+0,85
	Juan Vinagre Sendino	90 +0,85	26.57	Severine Bayre	78 +0,84	34.12	
	Cora Vinagre Sendino	88 +0,47	32.06	Mohamed Abou Gebba	75 +0,06	32.69	
8.	DWF 1	DWF	2:08.65			2:06.73	+0,76
	Lisette Van Sintruijse	91 +0,76	34.54	Marian Nederlof	76 +0,53	31.62	
	John van Heteren	93 +0,48	31.37	Jan Willem Nederveen	66 +0,57	29.20	
9.	GoSwim 1	GoSwim	2:08.27			2:11.89	+0,97
	Linda Kerkmeester	74 +0,97	41.02	Martin van Vaardegem	82 +0,61	29.37	
	Tessa Lukassen	87 +0,65	32.75	Erwin Beringen	66 +0,22	28.75	
10.	Octopus 1	Octopus	2:07.02			2:12.10	+0,81
	Margriet Aan het Rot	86 +0,81	36.14	Annebeth van Ark	88 +0,37	35.81	
	Henk van Zetten	67 +0,16	35.40	Casper Muselaers	96 +0,52	24.75	
11.	Budel 1	Budel	2:27.41			2:16.63	+1,23
	Jan-Pieter Broos	68 +1,23	37.08	Judith van der Heijden	70 +0,47	36.49	
	Carola Hompes	88 +0,54	33.23	Dyon de Greef	82 +0,22	29.83	

Programmanr. 44, 4 x 50m vrije slag

160+, Dames

1.	ZVVS 1	ZVVS	2:16.73	2:11.55	+0,88
	Ada de Voogd	59 +0,88	33.65	Joyce Brummelkamp	70 +0,51
	Ramona Noordermeer	94 +0,68	31.86	Helena Mels	69 +0,55
2.	Old Dutch 1	Old Dutch	2:15.52	2:12.68	+0,88
	Chantal Verhooff	79 +0,88	30.16	Karin van Nassau van den Heuvel	66 +0,50
	Claudia van der Straate de Jong	80 +0,62	33.03	Chantal Gerritsen-Driesen	76 +0,64
3.	De Geul 2	De Geul	2:25.34	2:12.77	+0,90
	Marjke Campfens	69 +0,90	33.17	Aafke Groot	83 +0,45
	Denise van Dongen	72 +0,44	33.45	Susanne Prins - Molenwijk	66 +0,29
4.	De Rog 1	De Rog	2:18.83	2:14.94	+0,75
	Sandra Peeters-Wiermans	74 +0,75	33.44	Catarina Matos	72 +0,28
	Ageeth Westenbrink	67 +0,39	36.15	Arianne Hamakers	67 +0,26
5.	DWK 1	DWK	2:24.63	2:23.44	+0,82
	Iris van Aurich	69 +0,82	32.95	Jennie Resink-Lindeboom	60 +0,48
	Greta Wyma-Teitsma	71 +0,69	39.73	Ellen van Wingerden-Dijkhuizen	69 +0,44
DIS	Zwemvereniging Westland 1	Zwemvereniging Westland	2:12.50		
	<i>AA - Started before the starting signal</i>				
	Eike Nuijten, Jacqueline van den Beukel, Petra Schoon-Spaans, Mirjan den Drijver-Aarse				
NG	De Fuut 1	De Fuut	2:21.06		

160+, Heren

1.	De Golenberg 1	De Golenberg	1:46.26	1:44.72	+0,75
	Geert Wijn	67 +0,75	26.86	John Cobussen	75 +0,17
	Erik Lamers	75 +0,36	26.54	Marcel van Winssen	71 +0,28
2.	DAW 1	DAW	1:49.37	1:45.63	+0,72
	Kars Luttik	78 +0,72	26.84	Alex Damen	75 +0,42
	Pieter van Gemeren	69 +0,43	26.93	Joost Hoetjes	78 +0,21
3.	WS Twente 1	WS Twente	1:48.45	1:47.02	+0,84
	Paul Jurcka	69 +0,84	27.13	Robin Mäkel	68 +0,33
	Marcel Reefhuis	81 +0,51	27.25	Arno Hofmeijer	69 +0,42
4.	ZV Haerlem 1	ZV Haerlem	1:51.38	1:48.90	+0,89
	Villi Adam	69 +0,89	28.55	Hans Kroes	65 +0,46
	Simon Franken	66 +0,46	28.72	Ron Dekker	66 +0,26
5.	Zwemvereniging Westland 1	Zwemvereniging Westland	1:53.72	1:51.22	+0,74
	Mark Beijer	66 +0,74	29.78	Philip van der Gaag	68 +0,19
	Pieter Broek	77 +0,38	26.91	Ronald Koeckhoven	81 +0,15
6.	Swol 1894 1	Swol 1894	1:56.00	1:54.29	+0,74
	Erik Wetsteijn	65 +0,74	29.70	Peter Lommert	79 +0,25
	Johan Wezenberg	76 +0,54	28.41	Michael van Bekkum	72 +0,36
7.	Budel 1	Budel	2:01.69	2:03.26	+0,86
	Joost van Eerd	69 +0,86	32.46	Ruud Kennis	65 +0,09
	Albert Roosenboom	71 +0,27	31.56	Wijjo Mackus	71 +0,61
8.	De Fuut 2	De Fuut	2:12.95	2:15.88	+0,86
	Bob Nieuwenhuys	62 +0,86	30.79	Jesper de Lange	86 +0,86
	Peter Schielen	65 +0,75	32.89	Sander Nieuwenhuys	68 +0,61
AFGEM	Upstream Amsterdam 1	Upstream Amsterdam	1:44.00		

160+, Gemengd

1.	De Biesboschzwemmers 1	De Biesboschzwemmers	1:53.41	1:53.95	+0,76
	Harry Cornet	71 +0,76	25.59	Annette Wijnja-Visser	67 +0,32
	Arjon de Bok	69 +0,44	28.04	Marjo Goelema-Koek	69 +0,33
2.	TRB-RES 1	TRB-RES	1:54.59	1:54.92	+0,73
	Edith Janssen-Koolen	73 +0,73	29.65	Marcel Tuerlings	66 +0,15
	Maike Korthout	94 +0,40	28.91	Rob Verheul	66 +0,13
3.	De Dinkel 1	De Dinkel	1:57.68	1:54.99	+0,92
	Franca Johannink-Willeme	84 +0,92	29.98	Anja Tijink	64 +0,44
	Richard Lucas	70 +0,47	27.75	Rogier Becker	73 +0,43
4.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	1:58.11	1:56.95	+0,73
	Jan Brink	62 +0,73	26.88	Natasja Forat	77 +0,40
	Tamara Nordin	87 +0,62	32.90	Arno Wouters	58 +0,23
5.	Triton 1	Triton	1:58.51	1:57.72	+0,74
	Angela Koekkoek	79 +0,74	29.20	Paul Bunnik	56 +0,22
	Francine Sommer	62 +0,42	33.38	Tim Bunnik	90 +0,29

Programmanr. 44, Gemengd, 4 x 50m vrije slag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
6.	RZC	2:00.91		2:00.79	+0,86
	Bert de Weerd	67 +0,86 27.76	Rita van der Horst	69 +0,20 30.84	
	Geert van Duinhoven	64 +0,43 29.70	Jule Verschoor-Holland	75 +0,16 32.49	
7.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	2:01.54	2:00.94	+1,08
	Ronald Pijtak	61 +1,08 34.47	Atie Pijtak-Radersma	56 +0,41 30.61	
	Iris Pijtak	93 +0,18 28.72	Mark Pijtak	90 +0,44 27.14	
8.	WVZ 2	WVZ	2:05.86	2:05.14	+0,80
	Tessa Verheijdt	89 +0,80 32.99	Harald Mulder	67 +0,45 31.07	
	Yvette Kilian	66 +0,35 33.37	Arthur van Strien	63 +0,39 27.71	
9.	WIDEX GZC DONK 2	WIDEX GZC DONK	2:04.00	2:06.28	+0,78
	Nathasja Konijn	71 +0,78 36.52	Jacqueline de Ruiter-Wijnolst	74 +0,45 31.36	
	Niels van Dam	90 +0,39 28.79	Adrian Ortiz Buitrago	60 +0,38 29.61	
10.	AZC 3	AZC	2:09.50	2:07.34	+0,86
	Mariska Zaal	88 +0,86 32.69	Wim de Lange	58 +0,39 30.51	
	Sandra Daamen-Posma	68 +0,37 34.99	Michael Go	75 +0,47 29.15	
11.	De Gelenberg 1	De Gelenberg	2:03.95	2:07.99	+0,88
	Debby Wagenveld	72 +0,88 34.15	Sylvia Reijers	82 +0,71 35.24	
	Rob Janssen	70 +0,44 30.27	Harold Brouwer	72 +0,48 28.33	
12.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	2:15.11	2:10.97	+0,76
	Ron Korzelius	65 +0,76 28.58	Wouter van 't Klooster	88 +0,47 29.99	
	Françoise Duran	69 +0,42 36.82	Friderika Kerekes	65 35.58	
13.	Steenwijk 1934 2	Steenwijk 1934	2:13.26	2:19.24	+0,93
	Arnold Kiburg	75 +0,93 31.92	Inge Lolkema-Soeters	73 +0,37 35.72	
	Hans van Scheepen	62 +0,35 37.17	Wilna Heijman	64 +0,34 34.43	
14.	Den Doorn 1	Den Doorn	2:14.49	2:20.97	+0,77
	Nico Swart	68 +0,77 29.90	Antoinette Kant	69 +0,22 34.17	
	Ineke Branderhorst	69 +0,51 46.54	Wouter van der Stelt	72 +0,43 30.36	

200+, Dames

1.	PSV 2	PSV	2:21.00	2:18.43	+0,88
	Corrie Verhoeven	46 +0,88 35.99	Gudule van der Meer	72 +0,58 30.30	
	Gonnie Bak	51 +0,46 41.13	Liselotte Joling	75 +0,74 31.01	
2.	Swol 1894 1	Swol 1894	2:26.94	2:22.47	+0,78
	Annet Kootstra	71 +0,78 35.71	Marjan Spoelstra	60 +0,54 38.39	
	Annemarie Vuisst	63 +0,33 35.91	Christien Nieuwenhuis	51 +0,27 32.46	
AFGEM	De Dinkel 1	De Dinkel	2:22.78		

200+, Heren

1.	De Rog 1	De Rog	1:48.65	1:47.04	+0,65
	<i>Nederlands Masters Record</i>				
	Peter Bensen	63 +0,65 25.30	Rob Spetter	62 +0,34 27.60	
	Erik Kamphuis	60 +0,38 28.64	Glen le Clercq	68 +0,39 25.50	
2.	Zwemvereniging Hoogland 2	Zwemvereniging Hoogland	2:02.57	2:02.93	+0,79
	Paul de Boer	68 +0,79 29.16	Jos Kamps	51 +0,21 33.09	
	Rudolf Meijer	60 +0,46 30.43	Jan Vonk	54 +0,49 30.25	
3.	De Rog 2	De Rog	2:23.03	2:13.95	+0,88
	Roy le Clercq	64 +0,88 31.35	Joost Kasper	79 +0,54 35.08	
	Sjoerd van de Berg	54 +0,31 37.66	Cees Kersten	64 +0,11 29.86	
4.	ZVVS 2	ZVVS	2:15.05	2:14.56	+1,05
	Willem Putter	45 +1,05 34.48	Marco Schoenmakers	64 +0,42 35.17	
	Gertjan van der Vaart	68 +0,64 32.46	Roan Doves	75 +0,73 32.45	
AFGEM	Poseidon 1	Poseidon	1:50.00		
AFGEM	WS Twente 2	WS Twente	1:53.21		
AFGEM	DAW 2	DAW	1:54.61		

Programmanr. 44, 4 x 50m vrije slag

200+, Gemengd

1.	ZPC Woerden 1	ZPC Woerden	2:03.21	1:58.70	+1,19
	John Brandsen	65 +1,19	31.83	Johan Remmits	62 +0,47
	Marjan Remmits-De Lange	63 +0,33	30.05	Marja Verwoerd	69 +0,48
2.	De Futen 1	De Futen	2:12.75	2:11.01	+0,91
	Alison Gilbert	53 +0,91	34.44	Anne Waller	61 +0,38
	Arnold de Rover	64 +0,40	27.29	Matteo Mattacchione	78 +0,27
3.	AZC 1	AZC	2:13.76	2:13.63	+0,91
	Geza Kaltenecker	42 +0,91	36.88	Kirsten Savelberg	79 +0,38
	Monique Munnik	62 +0,67	36.43	Guido Keutgen	68 +0,20
4.	WIDEX GZC DONK 1	WIDEX GZC DONK	2:10.67	2:17.52	+1,01
	Lia Bijkerk	60 +1,01	39.19	Feikje Wittermans	64 +0,55
	Pierre de Groot	64 +0,51	32.29	Willem Jan Ribberink	65 +0,64
5.	ZVVS 1	ZVVS	2:20.92	2:18.76	+0,81
	Paula 't Hart-Buitelaar	77 +0,81	35.11	Harry Paas	58 +0,44
	Gonnie Paas	62 +0,63	37.56	Emiel van Elderen	56 +0,76
6.	Steenwijk 1934 1	Steenwijk 1934	2:34.22	2:45.89	+0,73
	Casper Dollekamp	63 +0,73	32.59	Huib Stegeman	67 +0,56
	Ciska Wagter	70 +0,64	44.38	Riekje Schra	64 +0,52
7.	De Geul 1	De Geul	2:52.32	2:48.96	+0,89
	Annemarie Straetemans	63 +0,89	44.36	Sorin Beschia	57 +0,54
	Geerdien Meerwaldt	52 +0,43	49.58	Jeff van Loon	70 +0,28

240+, Heren

1.	WWV 1	WWV	1:59.38	1:57.84	+0,96
	<i>Nederlands Masters Record</i>				
	Theo Schouten	46 +0,96	32.61	Robert Vink	63 +0,43
	Ruud Ruiters	53 +0,30	29.24	Kees-Jan van Overbeeke	62 +0,29
2.	PSV 1	PSV	2:10.91	2:06.90	+0,81
	Bart van Doesburg	56 +0,81	32.35	Rob Hemesath	61 +0,52
	Rob Hanou	43 +0,56	36.30	Joop Ariaens	59 +0,55
3.	UZSC 1	UZSC	2:14.43	2:10.43	+0,93
	Tom Meijnen	44 +0,93	36.04	Wim Scherpenisse	55 +0,47
	Frederik Eshuis	59 +0,53	32.64	Nartano Gilijn	55 +0,52

240+, Gemengd

1.	WS Twente 1	WS Twente	2:14.58	2:13.77	+0,76
	Jeannette Ruesink	63 +0,76	33.88	Frans van Enst	40 +0,57
	Marjke Kraak-Beckers	60 +0,32	32.84	Bart van Calker	61 +0,22
2.	CNSW	CNSW	2:21.66	2:21.43	+0,70
	<i>Belgisch Masters Record, startzwemmer Belgisch Record</i>				
	Lionel Godeaux	60 +0,70	25.74	Anne De Sauvage	55 +0,72
	Claire Anthony	57 +0,51	34.93	Kevork Boyrazian	44 +0,53
3.	Poseidon 1	Poseidon	2:18.00	2:22.49	+1,20
	Mikhail Ulybyshev	46 +1,20	33.97	Valentina Ulybysheva	48 +0,81
	Olga Kedrova	60 +0,75	34.18	Veniamin Zhitlovskiy	51 +0,71
4.	DAW 1	DAW	2:35.96	2:31.86	+0,83
	Petra Tossings	61 +0,83	33.89	Mieke Strijbis-v.d.Kroft	45 +0,78
	Nello Spiteri	52 +0,53	37.40	Jaap Kwakkel	47 +0,49
5.	Old Dutch 1	Old Dutch	2:38.71	2:40.81	+0,79
	Phil Trethewie	65 +0,79	27.33	Nancy Lee	69 +0,65
	Frans Antonissen	55 +0,36	34.40	Annie de Vos	34 1:03.44

280+, Gemengd

1.	Old Dutch 2	Old Dutch	3:12.78	3:16.60	+1,15
	<i>Kampioenschaps Record</i>				
	Matty van der Veen	44 +1,15	48.84	Nico Baay	42 +0,74
	Mar van Geel	47 +0,72	45.12	Truus Ruiters	40 +0,64